

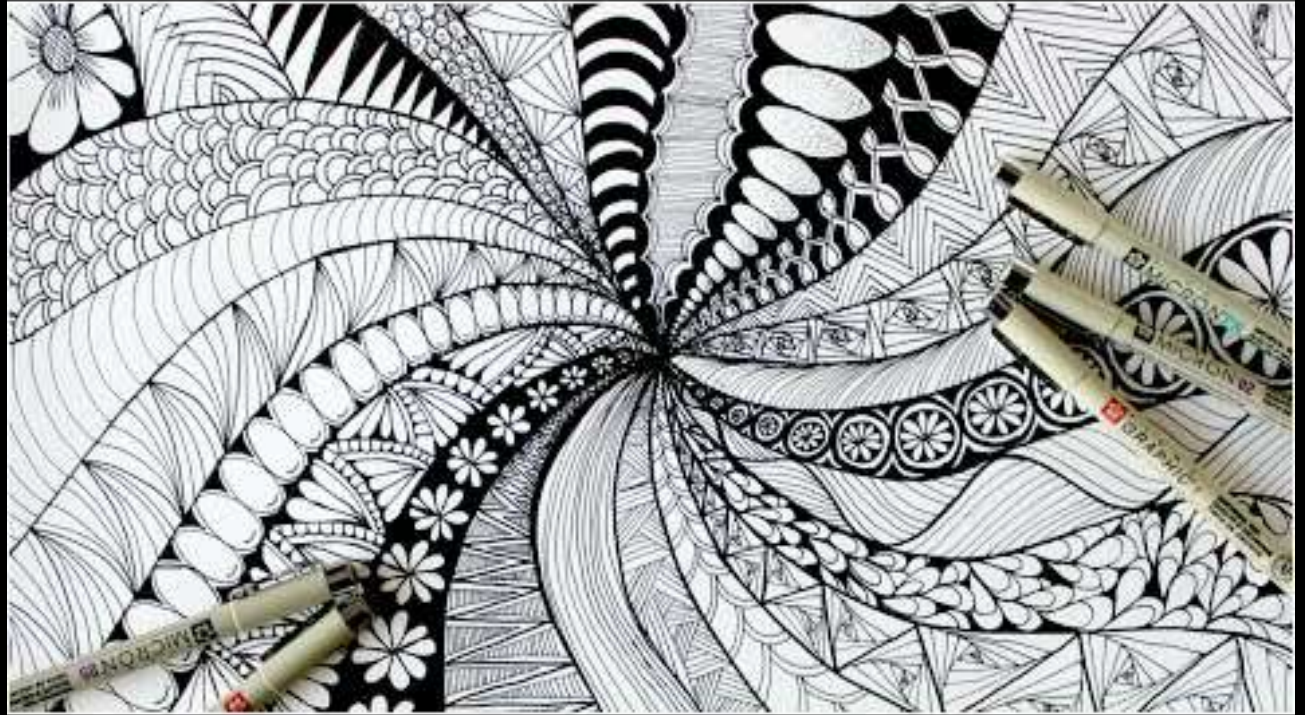


Zentangles

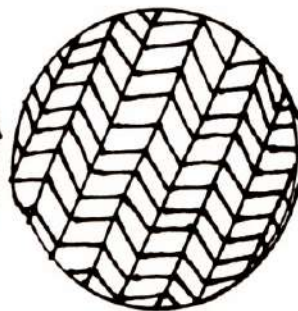
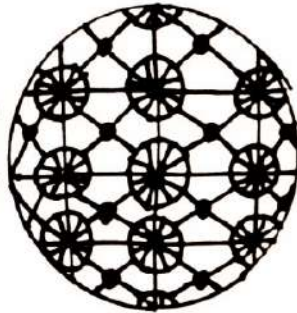
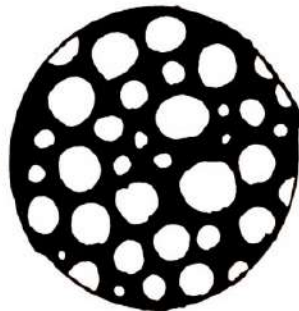
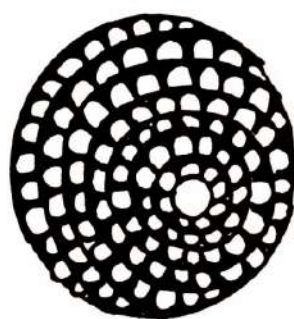
**Video:
Practice
Zentangle**



Video: Zentangle Patterns



ZENTANGLES





Video: Zentangle History



History of Zentangles

Zentangle is an American method for drawing, which not only promotes concentration and creativity but at the same time increases personal well-being.

It was invented by a monk named Rick Roberts and an artist named Maria Thomas.

With Zentangle, they created a combination of meditation and art. This drawing method is suitable for beginners as well as for passionate hobby artists.

For the sake of simplicity, you paint in 9x9cm tiles – to reduce the complexity of the drawing process.

Through different patterns (like strokes or waves) you can see your progress within a short time.

Zentangles are made with repetition shapes often making the same movements over and over.

**Zentangle consists of a combination the 5 types of line.
These 5 lines are found in every pattern:**

Curved: S -shaped lines, dots, and circles; lines that are always bending turning

Vertical: Lines that are straight up and down

Horizontal: Lines parallel to the horizon

Diagonal: Lines that slant

Flow: Lines that flow from one shape to the next

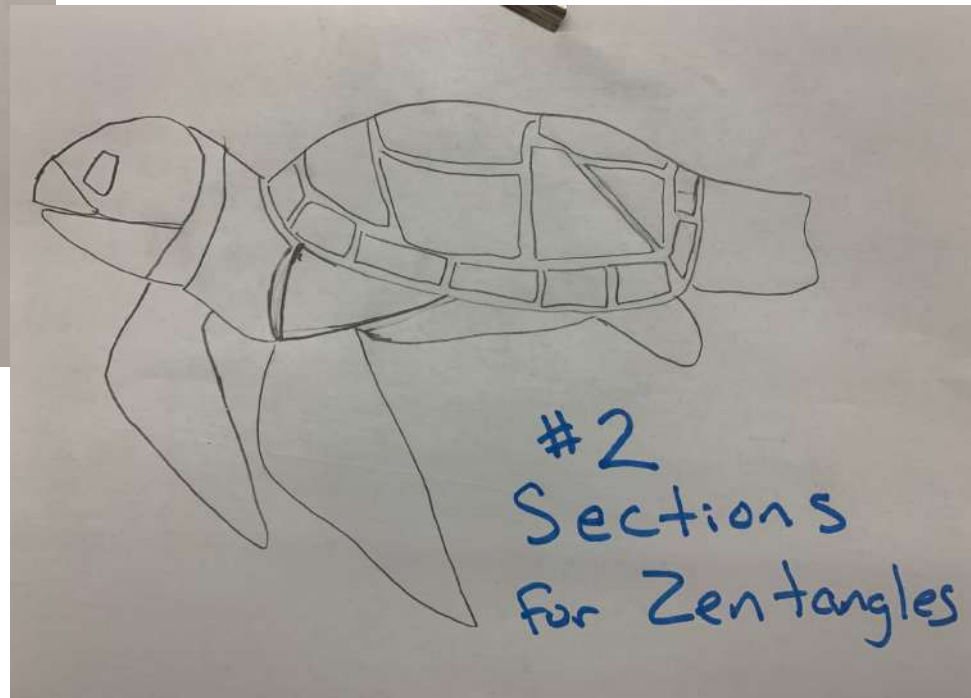
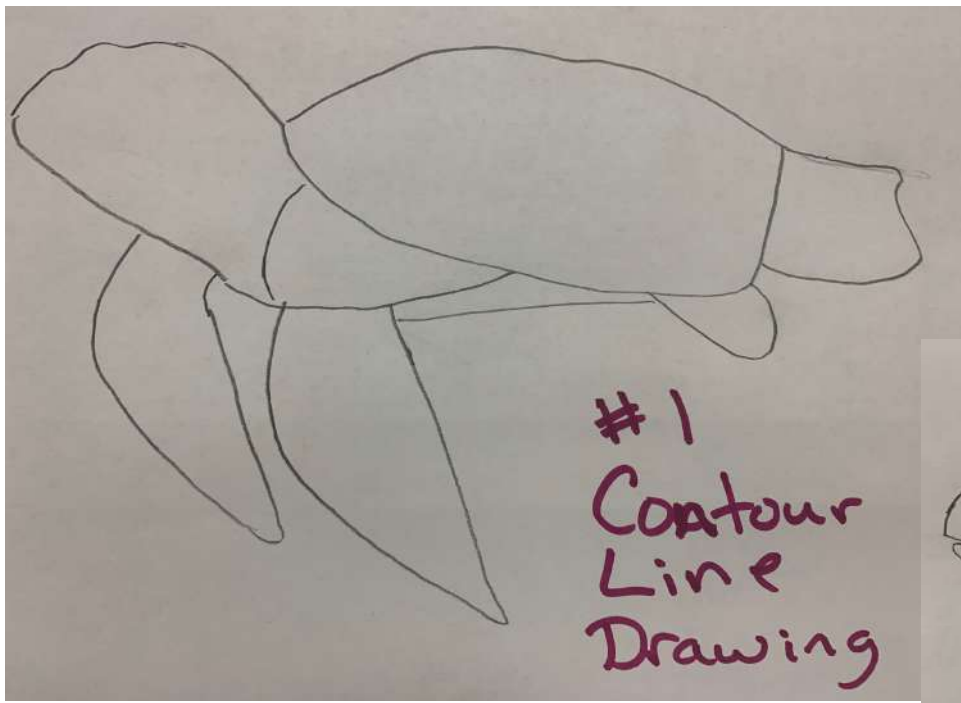
Zentangle Directions-Steps

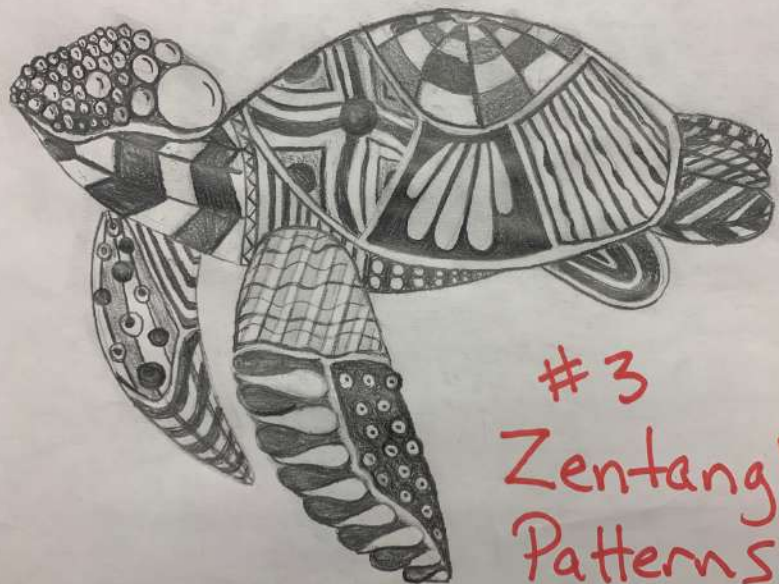
Decide on which you want to draw

- a. Animal Zentangle**
- b. Portrait Zentangle**
- c. Fashion Zentangle**
- d. Tree Zentangle**

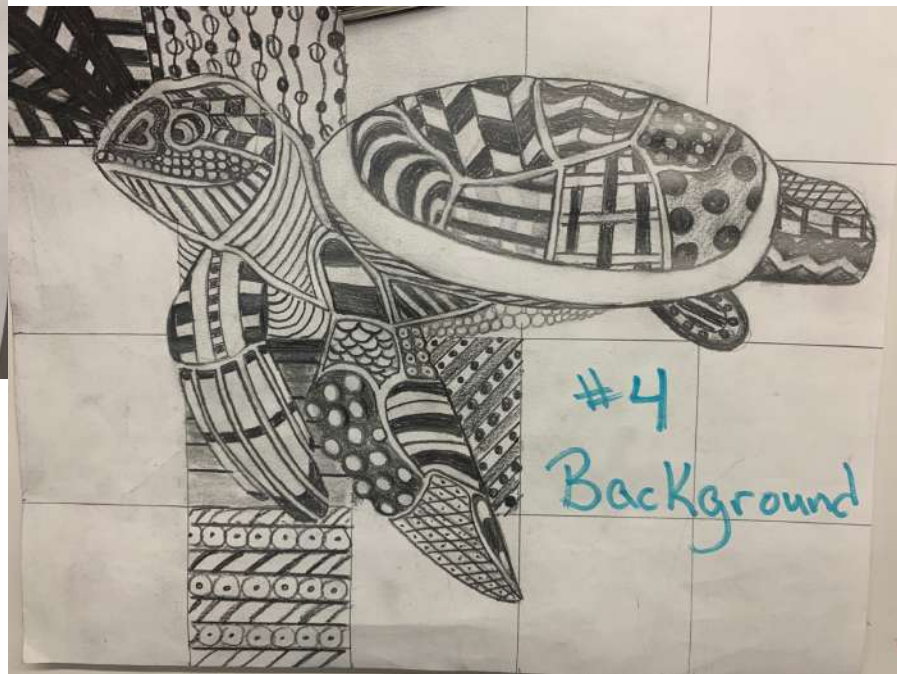
...Continued Zentangle Directions-Steps

- 1. Use 8.5x11 white paper; prefer non-lined**
- 2. Draw a contour line of your image; silhouette.**
- 3. Divide the existing space into 8 or more smaller parts**
- 4. Draw each part with a zentangle patterns.**
- 5. Drawing the 5 types of line to create your pattern.**
- 6. Add value and/or color to each zentangle pattern.**

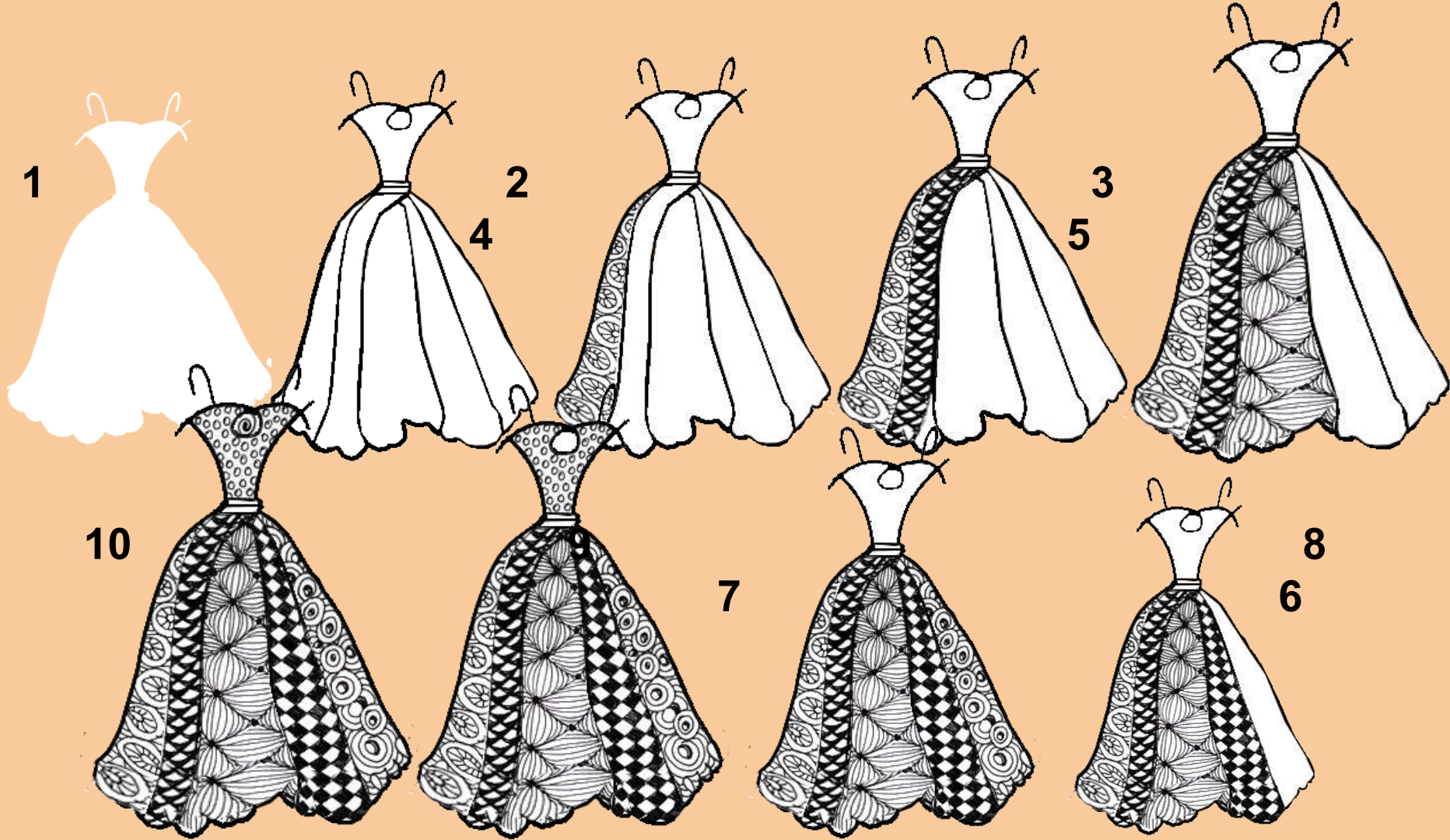


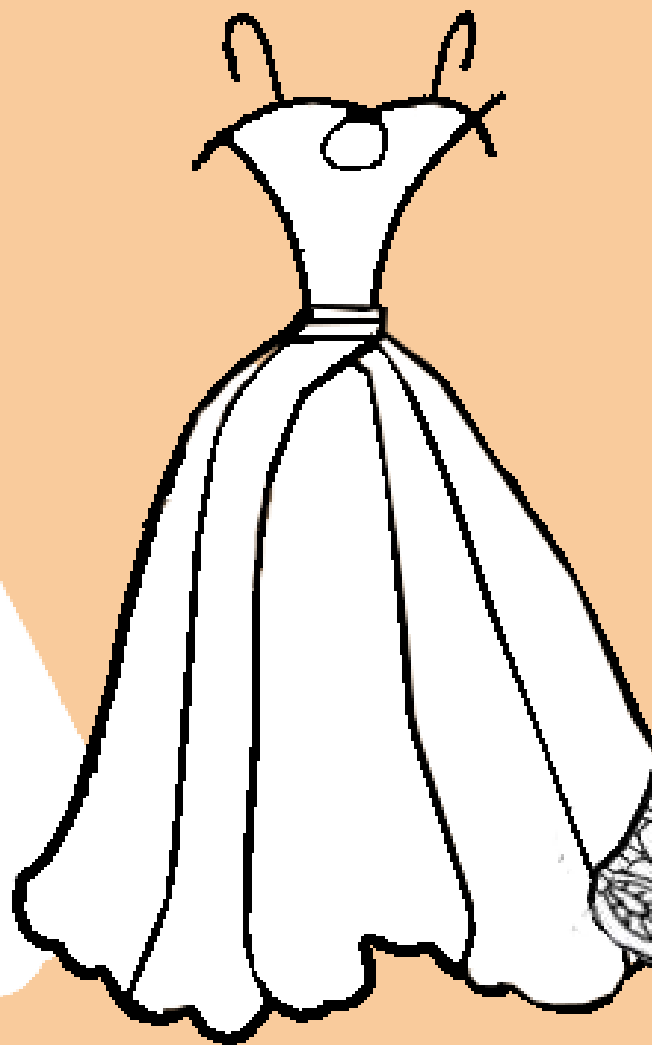


#3
Zentangle
Patterns



#4
Background





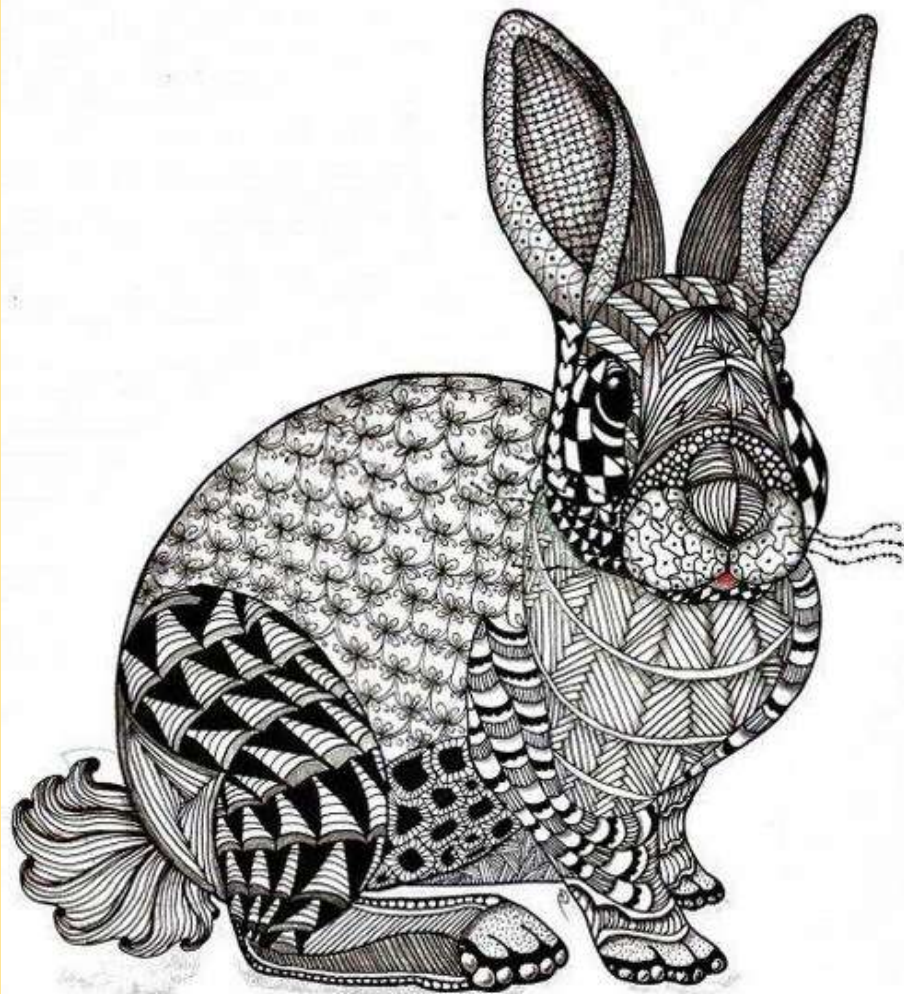


Animal Zentangles

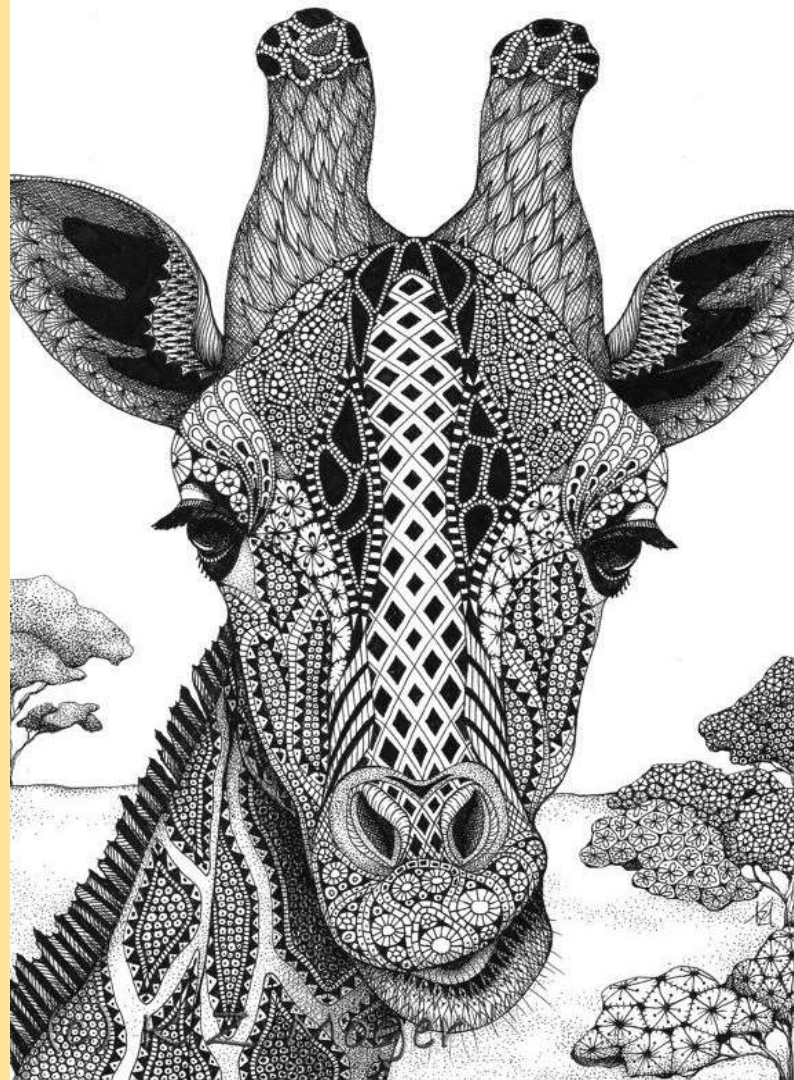
Video: Animal Zentangles

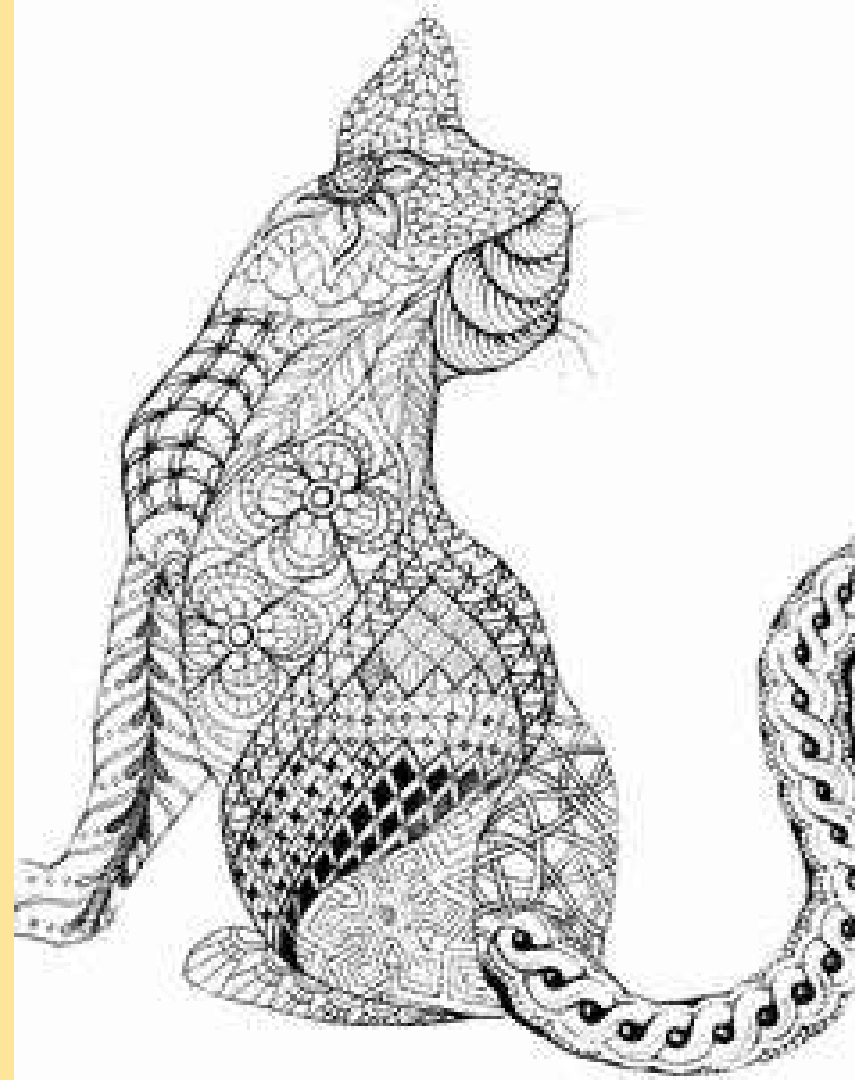


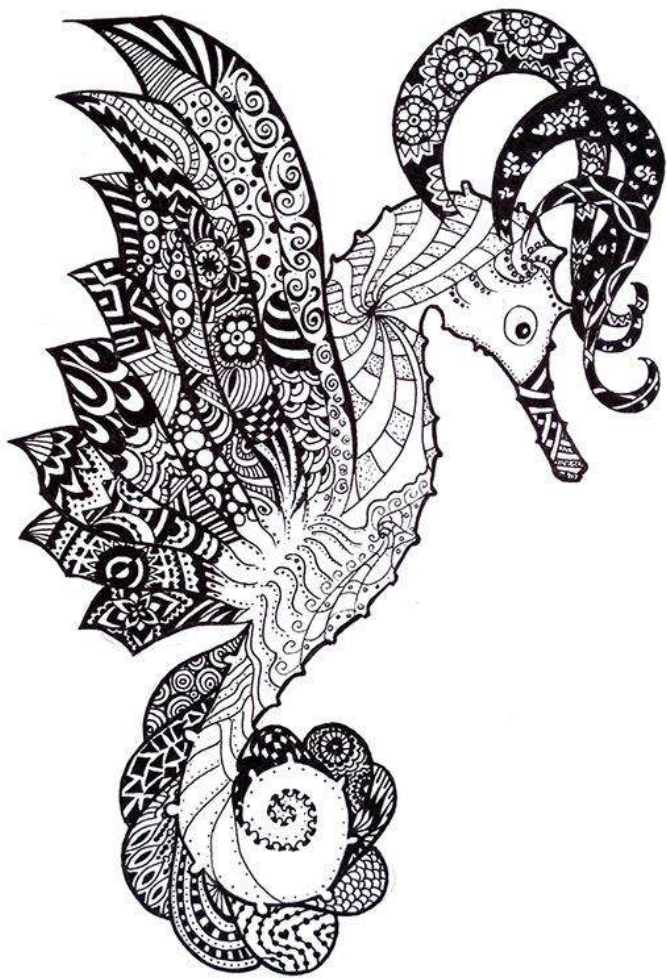




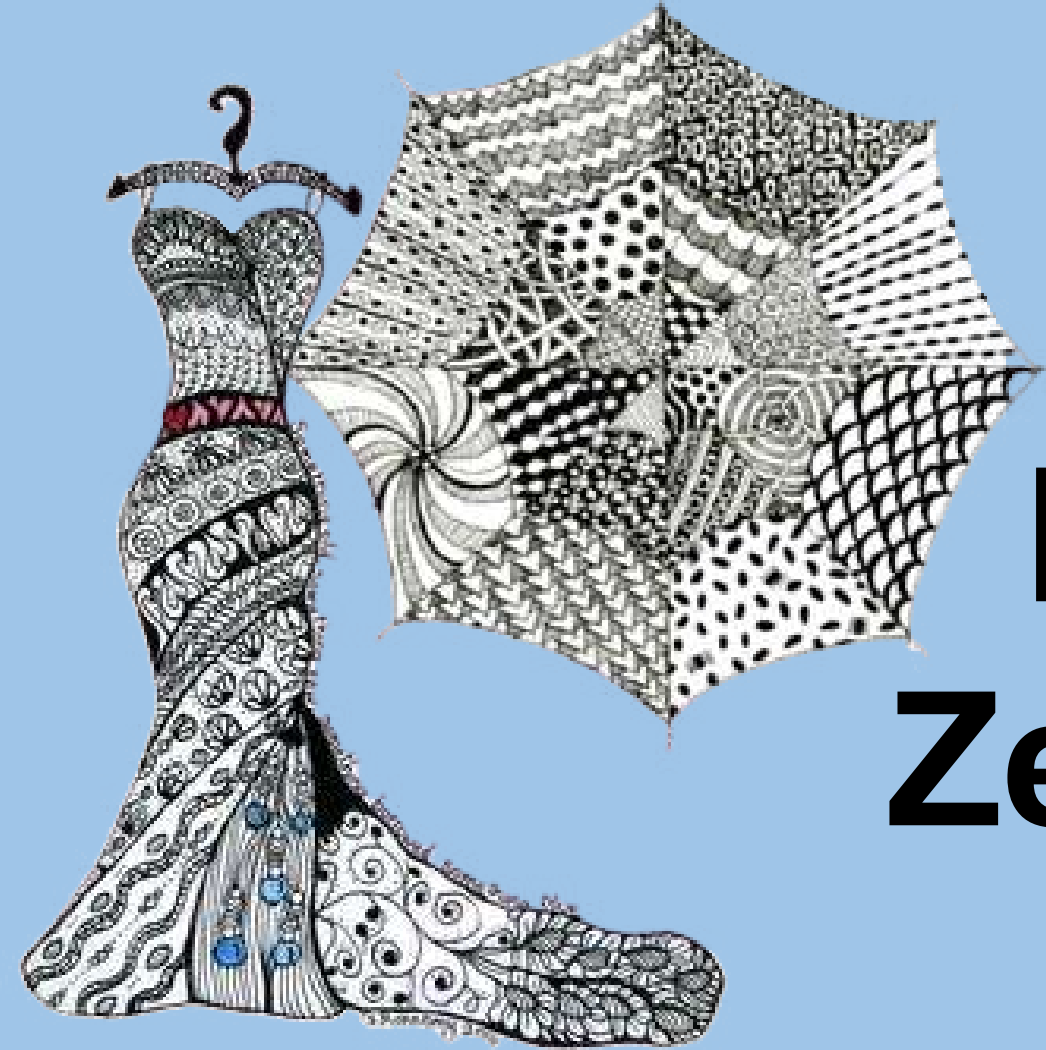
Autism Spectrum Disorder











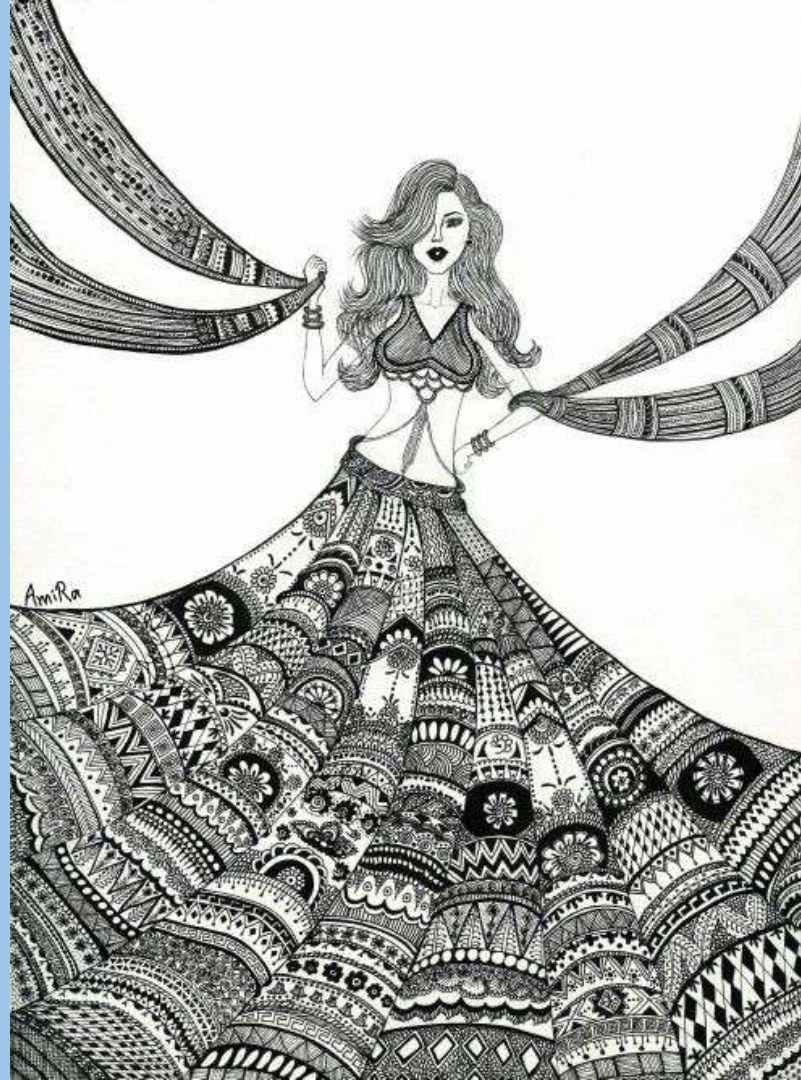
Fashion Zentangles

**Video:
Fashion
Zentangles**











Portrait Zentangles

Video: Portrait Zentangle



Video: Portrait Zentangle









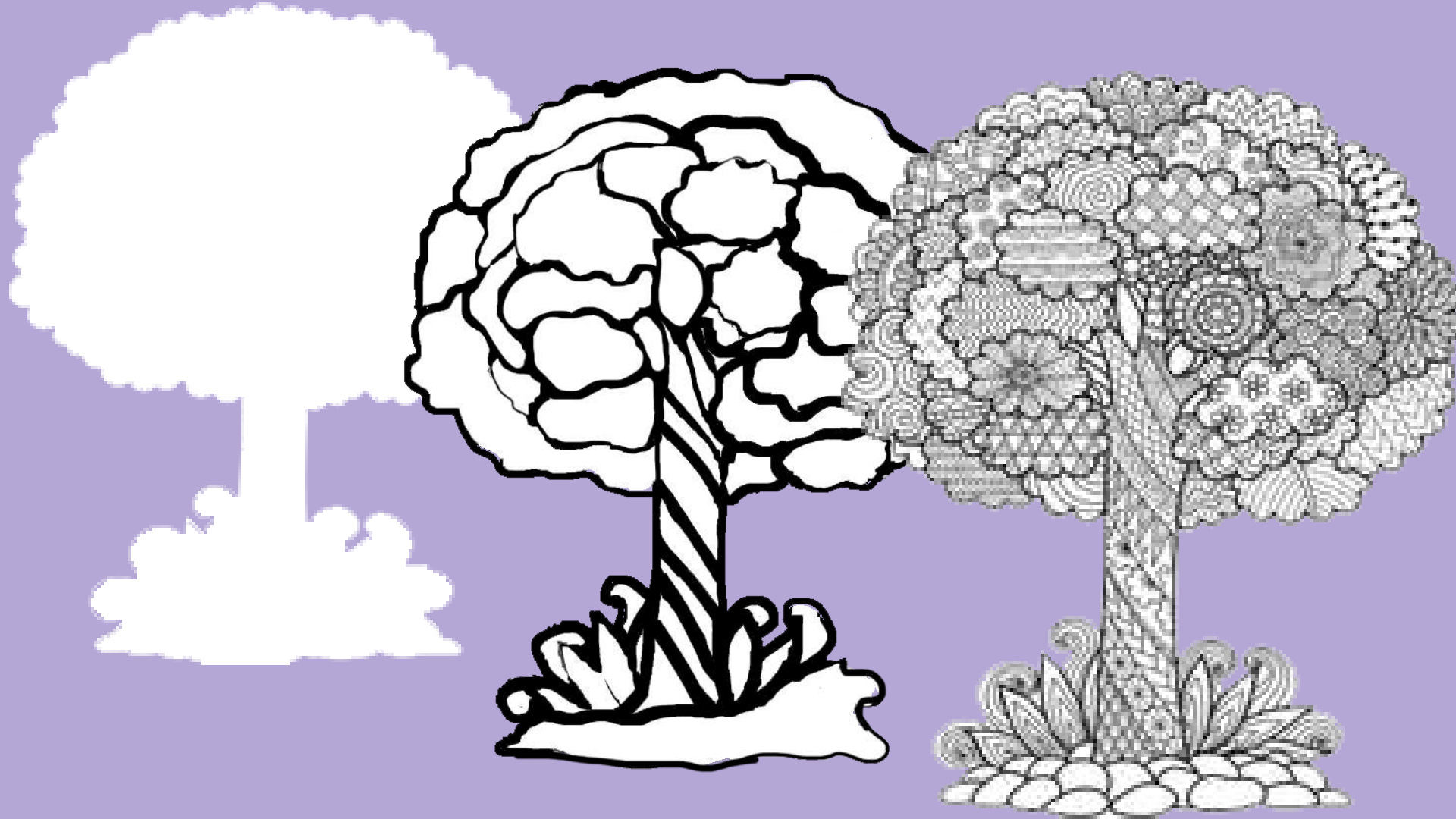


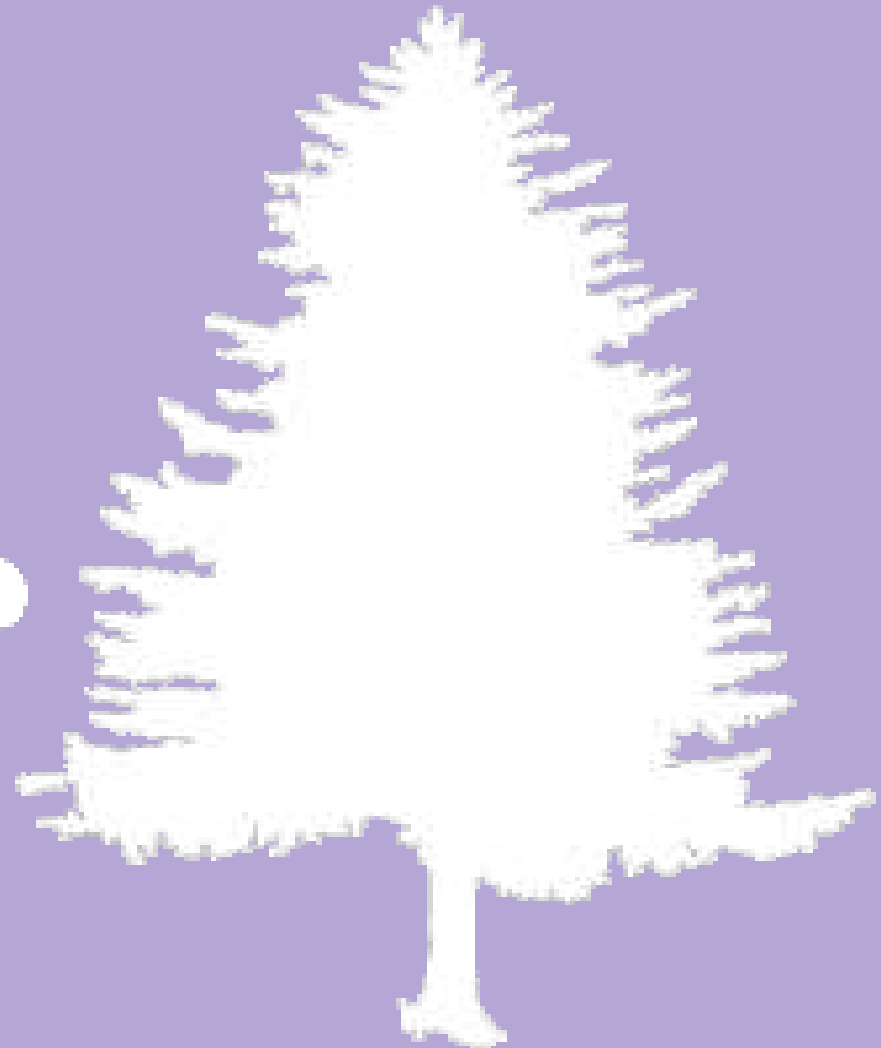


Tree Zentangles

Video: Tree Zentangle











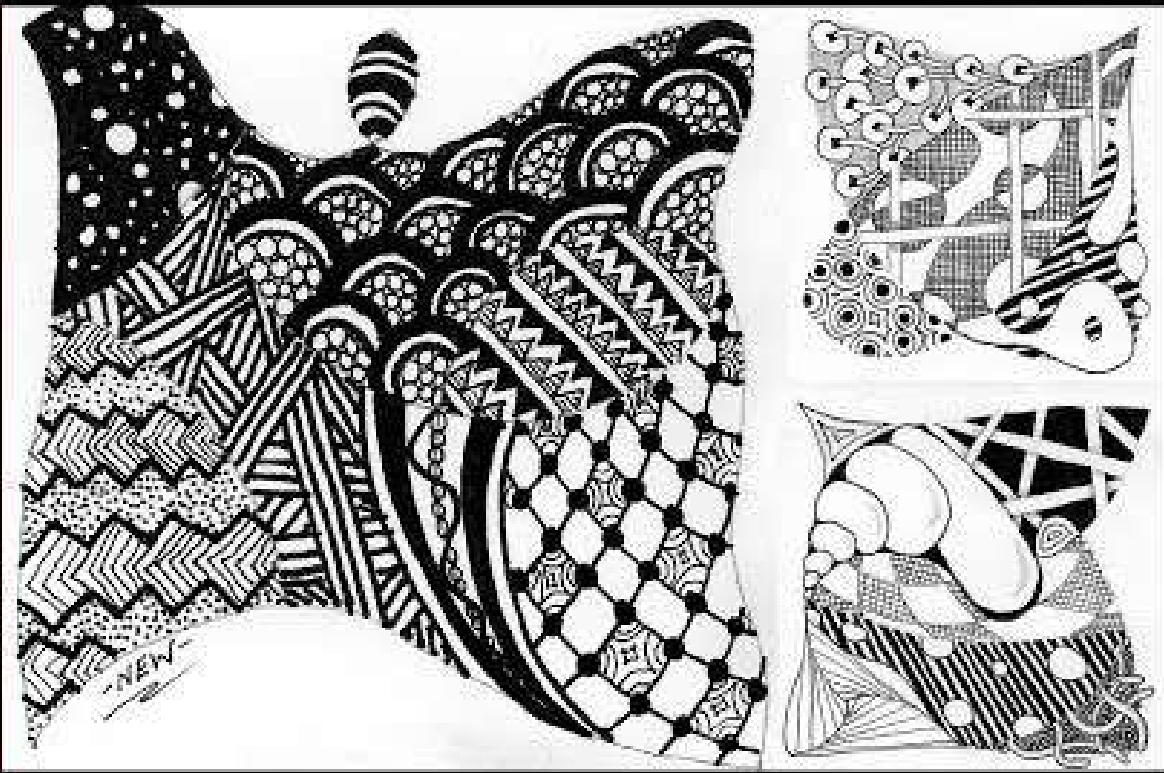
Sue Goode





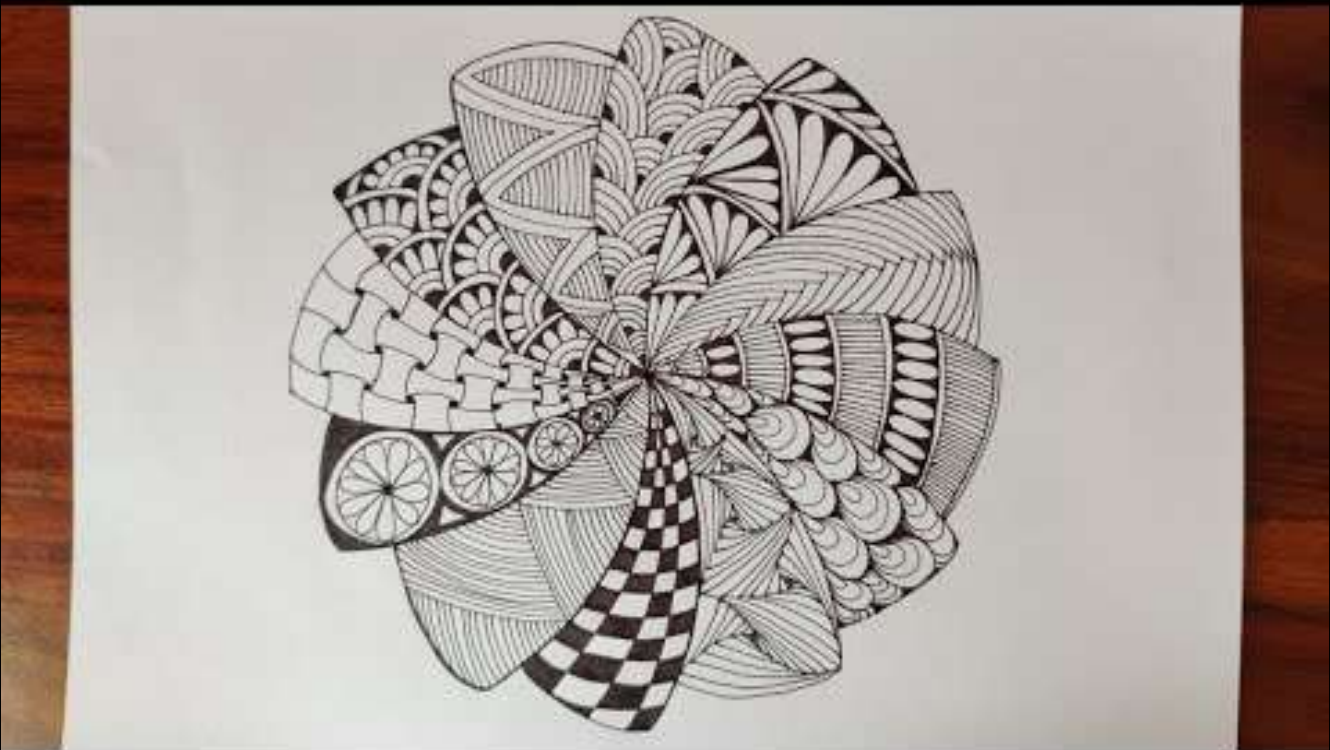
VIDEO ZENTANGLE TITLE

MR. NEW



VIDEO

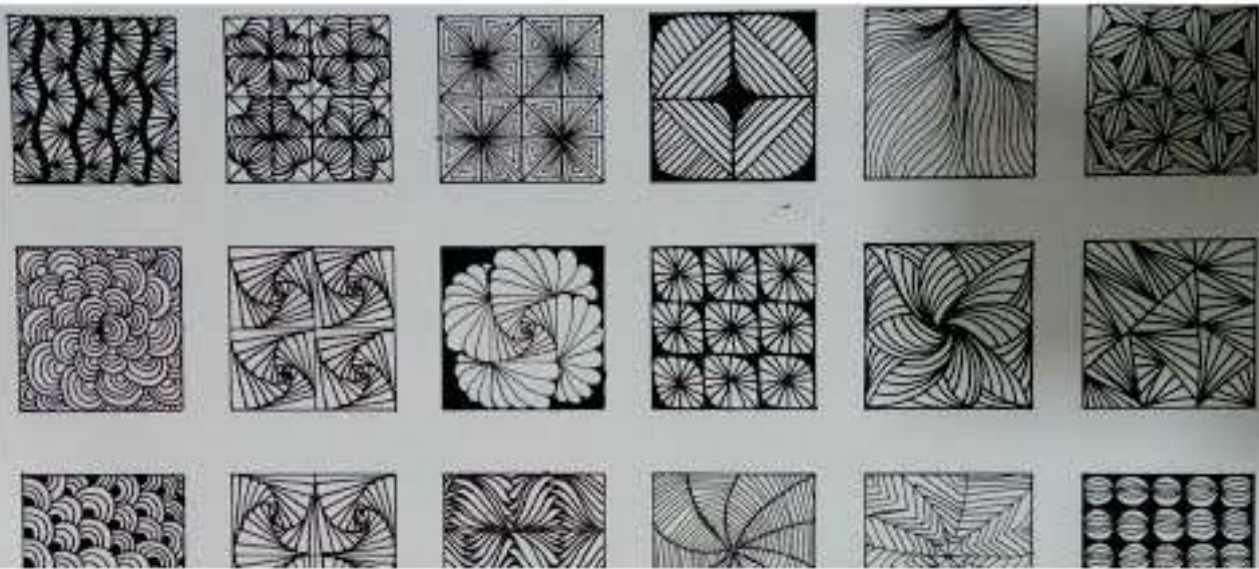
ZENTANGLE ART



VIDEO

24 ZENTANGLES

24 zentangle patterns



VIDEO

ZENTANGLES

FLOWERS

