

# Allendale Wrestling DK-8th Grade Sign-Ups

Season starts  
Dec. 5th



Practices:  
Tuesdays &  
Thursdays



**Allendale MS Cafeteria/MPRoom**  
***November 6th-7th***  
***6pm - 7pm***



For more info go to our  
Allendale Youth Wrestling Facebook page

Marlo Silveira 616-287-5236 or [allendaleyouthwrestlingclub@gmail.com](mailto:allendaleyouthwrestlingclub@gmail.com)

**Levels:**  
**Beginner**  
**Intermediate**  
**Advanced**

