



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOR THE LOVE OF THE GAME



Here at the Y, we believe every kid deserves the opportunity to learn a sport, develop fundamentals, build confidence and continue in the game. We want to keep kids participating in physical activity regardless of ability to play or pay. In doing so, we encourage healthy competition, the value of participation, team building, individual development, positive self-image, and a sense of fair play.

INDIANOLA PLAYERS— NEW Opportunity

Due to this being the first year for Indianola, we want to make sure the program runs. This means that Indianola players will be placed on teams at other branches, and practices and games will not be played at Indianola. We are hoping to build a solid foundation to be able to have our own teams in the fall of 2020.

RATES

Preschool - \$54 Members/\$74 Non Members
5 Year Old/Kindergarten - \$65 Members/\$95 Non-Members
1st & 2nd Grade - \$79 Members/\$110 Non-Members
3rd & 4th Grade - \$89 Members/\$120 Non-Members
5th - 8th Grade - \$99 Members/\$125 Non-Members
Early Bird Special! Register before September 16 save \$10
Financial assistance is available to any family in need, contact local branch for details.

Registration deadline: October 14

REGIONAL GAME LOCATIONS:

West Des Moines Area Schools | Waukee Area Schools | Grubb YMCA
South Suburban YMCA | Wellmark YMCA | Indianola YMCA

ADDITIONAL INFORMATION:

Registration August 1 - October 14
You may request a specific teammate/coach.
**YMCA All Sports jersey required to participate. ** (\$15)

Register online, over the phone, or visit the branch.
Waukee: 515-987-9996 | Walnut Creek: 515-224-1888
Wellmark: 515-282-9622 | South Suburban: 515-285-0444
Indianola: 515-777-7746 | Grubb: 515-246-0791
Register Online: register.dnymca.org

AGES

Rookies Programs (5 weeks)
Preschool (3-4 year olds)

- Preschool practices and games are held on Saturday mornings.

Practices: November 16 & 23
Games: December 7, 14, & 21

Basketball Leagues (8 weeks)

- 5 year old/Kindergarten (Coed) Bi-weekly practices on Sunday
- 1st & 2nd Grade **Boys and Girls Divisions** Bi-weekly practices on Sunday
- 3rd - 8th Grade **Boys and Girls Divisions** Weekly practices, location and time determined by coach.

Games: Nov. 16, 23, Dec. 7, 14, 21, Jan. 11, 18, and 25.

Volunteer coaches are needed for all age groups. Contact your local branch if you are interested in coaching.

For more information visit dmymca.org or contact:

Ryan Westerkamp - ryan.westerkamp@dmymca.org - 515 224 9901 x242

Jeff Lauridsen - jeff.lauridsen@dmymca.org - 515 868 0510