




# Bank/ River Game



Get a towel, you have 30  
seconds.....

**GO!!!!!!**



# Game Rules:

## Rules:

1. In front of the line (towel) is the river.
2. Behind the line is the bank.
3. Must jump with both feet.
4. If I say “river”, hop with both feet over the line.
5. If I say “bank”, hop backwards with both feet behind the line.



# Demo Video:



# Challenges

*The*  
**RIVER**  
*and the*  
**BANK**  
LEVEL 1

*The*  
**RIVER**  
*and the*  
**BANK**  
LEVEL 2

*The*  
**RIVER**  
*and the*  
**BANK**  
LEVEL 3

*The*  
**RIVER**  
*and the*  
**BANK**  
LEVEL 4



The background is a vibrant, abstract composition. A thick, white, horizontal brushstroke runs across the center, creating a stark contrast with the surrounding colors. The background is a gradient of purple and pink, with darker purple at the top and bottom, and a lighter, more saturated pink in the middle. The texture is grainy and painterly, with visible brushstrokes and a bokeh-like effect of light spots. The overall mood is energetic and artistic.

# Juggling Day 2:

# Day 2: Review and Add on

2 SCARVES/ 2 HANDS



3 SCARVES/ 2 HANDS







1 HAND JUGGLING

“

2 SCARVES/ 1 HAND





# JUGGLING CHALLENGE: 1 UP 2 UP



# FINAL CHALLENGE FOR THE DAY





# For Next Class: Have 3 Juggling Balls

Ideas:

