

Upcoming Events

February 2: Yearbook Sale Ends

February 2: K, 1 celebrate 100th Day

Feb. 5: Math-A-Thon Pledges due

Feb. 7: Global Day Of Play

Feb 8: Gifted Seminar Grades 3-5

Feb.8: 5th Grade Camp Meeting

Feb. 9: Interim Reports

Feb. 13: Friends of Wiggin Street Mtg.

Feb. 15: Valentine Day Parties

Feb. 15: Fifth House Music Assembly

Feb. 16: No School for Students

Feb. 19: Presidents' Day No School

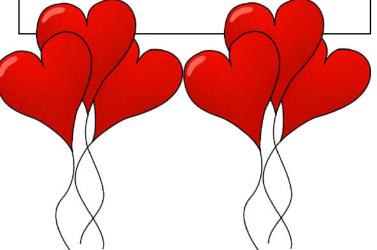
Feb. 23: 5th Grade STEM class assembly



Crunch Out Obesity Essay Winner

Congratulations to Sala Glandon and Marin Clendaniel on their award winning essays. Crunch OUT Obesity is a six week unit which focuses on healthy nutrition and physical activity

for students in fourth grade. More than 600 children in Knox County participate in the program. As a part of the program, students wrote an essay on the theme "How I am Living Healthy." Sala Glandon and Marin Clendaniel were the Wiggin Street class essay winners. Each classroom winner received two day passes to the YMCA and the school winner won a one month membership for a family. Marin's essay was chosen as the 2017 Knox County essay winner. Marin's creative essay was written in the form of a work-out video. Marin told the Mount Vernon News, "I was very shocked to win. There were a lot of people. I wrote this essay because my mom uses PiYo exercise videos and we've been doing that together. It's a lot of fun!" You can read all the winning essays at uwayknox.org or on the United Way of Knox County Facebook page. Mr. Evans, Wiggin Street PE teacher, and Ms. Parker, 4th grade teacher, attended the celebration ceremony with Marin.



Second Grade Testing

Students in second grade will participate in CoGat Tests on March 5-9. The students will take both a reading and a math test. The testing will take place in the morning. It is important that your child be well rested, have a nutritious breakfast, and be healthy to do their best on this assessment of their reading and math skills. Please try not to schedule appointments during this time and make every effort to have your student to school on time for these dates.



Happy Campers

Mount Vernon City School District fifth grade students will be going to Heartland Camp again this year. The dates for camp are May 7-9, 2018.

An informational meeting will be held for parents in the theater of Mount Vernon High School at 6:30 pm on Thursday, February 8. This is an important meeting for you to attend as the Camp Heartland staff will introduce you to their faculty, discuss what your child will be doing at camp, and answer any questions you may have.

Have you had a change of address or phone number, please be sure to keep your ONEVIEW student emergency form up to date so we can reach you if your student needs your help at school.

Kindergarten registration will take place on May 4 from 8 a.m. to 12 p.m. This event is for children who will enroll in Kindergarten for the **2018-2019** school year. A Kindergarten search form will be attached to this newsletter. Please feel free to share it with friends or family who may not yet be on our mailing list.

As we are having a very active winter season, you will want to be sure to get the latest updates and school information. The Knox County Commissioners have made this very easy for you. They have implemented a system called "Knox County Alerts." To sign up for the alerts simply go to www.mvcsd.us and click the orange communications button. You will see the Knox County symbol shown here. When you click that symbol you will link to the page which will allow you to sign up for the alerts you would like to receive. Be sure to choose Mount Vernon City Schools and Wiggin Street Elementary.

SALT

Everyday Preventive Actions That Can

Help Fight Germs, Like Flu





CDC recommends a three-step approach to fighting the flu.

CDC recommends a three-step approach to fighting influenza (flu). The first and most important step is to get a flu vaccination each year. But if you get the flu, there are prescription antiviral drugs that can treat your illness. Early treatment is especially important for the elderly, the very young, people with certain chronic health conditions, and pregnant women. Finally, everyday preventive actions may slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu. This flyer contains information about everyday preventive actions.

How does the flu spread?

Flu viruses are thought to spread mainly from person to person through droplets made when people with flu cough, sneeze, or talk. Flu viruses also may spread when people touch something with flu virus on it and then touch their mouth, eyes, or nose. Many other viruses spread these ways too. People infected with flu may be able to infect others beginning 1 day before symptoms develop and up to 5-7 days after becoming sick. That means you may be able to spread the flu to someone else before you know you are sick as well as while you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than 5-7 days.

What are everyday preventive actions?

- Try to avoid close contact with sick people.
- If you or your child gets sick with flu-like illness, CDC recommends that you (or your child) stay home for at least 24 hours after the fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.
- If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and other measures.





FUN FEST NEWS

Planning for the Wiggin Street Fun Festival is well underway! The Fun Festival will take place on Friday, April 6. Friends of Wiggin Street is looking for individuals to volunteer for this event. We are in need of people to bake goods, help solicit donations for raffles and silent auctions or to donate items themselves. We need people to help run games. This event is very special and great fun for our families, but it does rely on the giving of time and donations from our community for us to achieve success. If you would like to become involved in the Fun Festival, you can attend the next meeting on Feb. 13 at 4:30 p.m. or look for the volunteer sign up sheet that will be coming through email soon. We need you to make this event a success!

Schedule A Pre-School Screening Now

Do you have a child who will be new to pre-school for the 2018-2019 school year? It is time to schedule a screening for any student who will be new to pre-school.

screening dates:

April 9 New Hope

April 23 Danville

April 30 Centerburg

May 7 Fredricktown

A screening appointment will last about one hour. You should bring a \$20 registration fee, \$5 t-shirt fee, birth certificate, shot record, family financial information and custody papers as appropriate to your screening appointment.

For more information or to schedule an appointment, contact New Hope Learning Center at 740-393-6980 between the hours of 8:30-2:00 or email www.knoxesc.org.



State Testing Dates Are Set for Grades 3, 4, 5

THIRD GRADE will take the English Languate Arts test on April 18, 19 and their Math test on May 1, 2. Both tests will take place from 9:30-11 a.m.

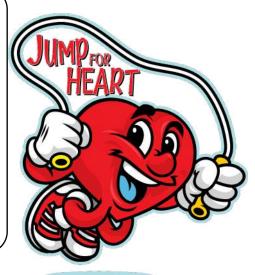
FOURTH GRADE will take the English Language Arts Test on April 10, 11 from 9:30-11:00. Their Math test will take place on April 24, 25 from 9:30-11:00 a.m.

FIFTH GRADE will take the English Language Arts test on March 19, 23 from 9:30-11. They will take their Math test on April 26, 27 with Mrs. Grandstaff's class testing from 9:30-11 and Mrs. Croswell's class testing from 1:00-2:30 pm. The Science portion will be on April 18, 19. Mrs. Croswell's students will test from 9-10:30. Mrs. Grandstaff's class will test from 10:30-12.

Please help us with testing by having great attendance on your child's testing dates. It is important to try not to schedule appointments or vacations during this time.

Jump Rope for Heart

We are excited to announce Wiggin Street Elementary K-5 is kicking off our Jump Rope for Heart Program during the week of February 12. We will be raising funds for the American Heart Association. Family and friends can support your child's Jump Rope for Heart efforts by making contributions. Collection of donations will take place during the week of Feb. 26. More information will be coming home in a flyer from Mr. Evans, our PE teacher. It will explain how your child can raise money for a great cause and earn prizes







Sala Glandon and Marin Clendaniel wrote class winning essays for the Crunch Out Obesity contest.

At least someone is enjoying all this snow! 5th graders sledding on the school hill.

Global Day of Play

February 4, 2015, was the first annual Global School Play Day for students in schools around the world. In year one, over 65,000 students participated! Over 177,000 students took part in 2016. In 2017, over 283,000 kids celebrated Global School Play Day. Can we reach 500,000 students in 2018?

Students may bring toys from home to play with on Feb. 7, the global day of play. The only rule is that the toys must not need batteries and no play weapons are permitted.

More on the Global Day of Play

Students will be free to move around to different areas to explore science, math, music, and art, as well as playing with toys. At different grade levels some activities may be more structured, but there will be plenty of time for exploration by all. Board games, dolls, Legos, blocks, trucks, cars, racetracks, playing cards, empty cardboard boxes, markers, jigsaw puzzles, blankets (for forts), social games (charades, Pictionary, etc.) are examples of the types of toys students may bring for play. We recommend putting names on items brought to schoool and not choosing a favorite toy that your child would be upset at getting lost or broken.



























Each Friday 5th grade students participate in an exciting STEM (Science, Technology, Engineering, Math) activity. Could you beat their amazing tower design?