

Weekly News



"Inspiring all to develop a growth mindset and the joy of learning in a creative, safe, and inclusive environment."

Principal's Corner:

- Please remember to take your child's temperature every morning before coming to school and to check for signs of illness. Students should **not go to school** if they have any of the following:
 - A temperature of 100.4 degrees or higher.
 - Signs of illness such as: ☐ Chills/shivers ☐ Muscle aches ☐ Headache ☐ Sore Throat ☐ Nausea or Vomiting ☐ Diarrhea ☐ Fatigue ☐ Congestion or runny nose
 - The child had close contact with a COVID-19 case.
- Back to School Night will be on Tuesday, September 29, 2020. It will be virtual this year and more information will be communicated to you shortly.
- If your child will be absent from school due to illness or possible COVID-19 symptoms, please communicate this information through our district's established report form: <https://sites.google.com/summit.k12.nj.us/virtualhealthoffice/reporting>
- Please remember that pets should not be in your car during drop off or pick up as you enter the car line.
- Remote Learners' Materials-We are working to create a procedure to distribute materials for our young learners. We will be sure to communicate with you as soon as the procedures are finalized. Please know the teachers and aides are working feverishly in order to plan lessons, prepare the materials, and distribute them to you in a timely manner while teaching at the same time.
- If you are walking your child to school or on the school grounds, be cognizant of the cars moving through the car line. Safety is paramount! We have seen children and adults walking in the middle of the car line and this should not occur.

PTO: Please remember to sign up for the directory.

Nurse's Corner: Flu Vaccines are available already, call your healthcare provider or local pharmacy to make your appointment.

It's that time again to get ahead of the flu season this fall!

Getting a flu vaccine is more important than ever during 2020-2021 to protect yourself and your family from the flu, and to help reduce the strain on healthcare systems responding to the COVID-19 pandemic.

The FLU vaccine is also **required for children 6 mos to age 5** if they are attending preschool or daycare in New Jersey. **Call your child's pediatrician to make your appointment now!**

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Good hand washing is the single most effective way to prevent the spread of germs as it is now the use of facemasks and social distancing.

Some additional prevention tips include:

- Wiping down the fridge, faucet handles and doorknobs.
- Avoid sharing cups, utensils and cell phones.
- Always cover your mouth with a tissue when you cough and sneeze, and if you don't have a tissue handy, use your upper arm, not your hands to cover your mouth.
- Avoid touching your eyes, mouth or nose because your hands transfer bacteria and viruses between your hands and face.

Most importantly, if your child is feeling under the weather, **PLEASE KEEP THEM HOME FROM SCHOOL!** A fever (or lack of) should not always be the deciding factor.

More information on when to "Keep me Home Sick if..." see newsletters attached.

Beverly Verdi, RN and Beatriz Mendez, RN
The Primary Center's School Nurses

Guidance: Please see attached information about the THRIVE lesson for kindergartners.

Safe Learning Setting Grant: Please see attached information from the Union County Board of Chosen Freeholders.

Coming Soon:

No School: Schools will be closed on September 28th in observance of Yom Kippur.

Back to School Night: Please mark your calendar for Tuesday, September 29th for Back to School Night. Details to follow.



Think...
Have Empathy
Respect Differences
Identify Feelings
Value Yourself
Emanate Kindness

Dear Parents & Guardians,

Since 2008, the K-5 *Take a Stand* proactive anti-bullying program has been taught in all primary and elementary schools in Summit, two years prior to New Jersey's official Anti-Bullying Bill of Rights Act.

In order to be more attentive to the social-emotional needs of our students, we have expanded this program to focus on anti-bullying strategies, as well as friendship and problem-solving skills. Research shows that having these skills helps children feel more confident and ready to learn thus leading to higher levels of academic success.

The philosophy of the program has always relied on the partnership of all staff members to create a safe environment in which all children are able to learn. Teachers, in collaboration with counselors, share the lessons at every grade level. Parents and guardians are provided with lesson objectives and a link to the curriculum in order to reinforce the lessons at home, making this a truly collaborative effort.

We've renamed the program *THRIVE* because to thrive is to be successful, healthy, and strong. We believe that the combination of the anti-bullying skills being taught and the addition of various social-emotional skills added to our curriculum will help ensure that all of our students will thrive!

Each month teachers will deliver *THRIVE* lessons in every K-5 classroom in the district. Lessons are adapted to the developmental level of each grade and are organized across all grades.

FAQs:

1. ***Where do I find the lessons?*** Click here: [THRIVE website](#)
2. ***Why can't I view some of the videos?*** Some videos may contain pictures of Summit students. This is a privacy issue since our website is live on the internet.
3. ***What if my child was absent on the day of the lesson?*** You can access the lesson and materials on the website and review it with your child.
4. ***What if I have questions about a lesson?*** You can contact your child's teacher or school counselor.

The first *THRIVE* lesson was recently taught in your child's classroom. The topic was ***Flexible Thinking: Growing Resilient Children***. Please take this opportunity to begin

an ongoing discussion in your household. To keep track of what your child discussed today, you can access all lessons on the THRIVE website (link is above in FAQ).

Here's wishing everyone a safe and successful school year!

~The Summit K-5 Thrive team



Las vacunas contra la influenza (GRIPE) ya están disponibles, llame a su proveedor de atención médica o farmacia local para programar su cita.

¡Es el momento de volver a adelantarse a la temporada de gripe este otoño! **Vacunarse** contra la gripe es más importante que nunca durante 2020-2021 para protegerse y proteger a su familia de la gripe, y para ayudar a reducir la tensión en los sistemas de salud que responden al COVID-19 pandemia.

La vacuna contra la influenza también se requiere para los niños de 6 meses a 5 años si asisten a un programa preescolar o guardería en Nueva Jersey. **¡Llame al pediatra de su hijo para programar su cita ahora!**

Lavarse bien las manos es la forma más eficaz de prevenir la propagación de gérmenes, como es ahora también es el uso de mascarillas y el distanciamiento social.

Algunos consejos de prevención adicionales incluyen:

- Limpiar el refrigerador, las manijas de los grifos y los pomos de las puertas. Evite compartir vasos, utensilios y teléfonos celulares.
- Siempre cubra su boca con un pañuelo cuando tosa y estornude, y si no tiene un pañuelo a la mano, use la parte superior del brazo, no las manos, para cubrirse la boca.
- Evite tocarse los ojos, la boca o la nariz porque sus manos transfieren bacterias y virus entre las manos y la cara.

Lo más importante es que si su hijo se siente mal, **¡MANTÉNGALO EN CASA Y NO LO LLEVE A LA ESCUELA!** La fiebre (o la falta de fiebre) no siempre debe ser el factor decisivo.

KEEP

ME

HOME

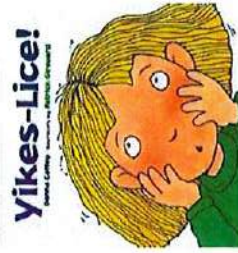
IF...

I am vomiting



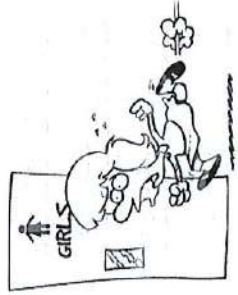
I must not have any vomiting for 24 hours before returning to school

I have head lice



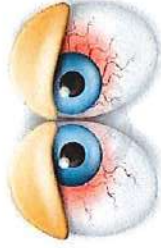
AND I have not had my first treatment yet

I have diarrhea



2 or more watery stools.

I have an eye infection



red eyes with white or yellow mucus AND have not seen a doctor yet I need



Note

I started antibiotics



for strep throat, pink eye or impetigo AND it has not been 24 hours since I started taking them

I have a sore throat



with fever or swollen glands, I need



Note

I am not feeling well



pale, unusually tired, confused, not eating, very irritable or cranky

I have pain



toothache or earache or any other pain

I have nasal drainage



that is thick and constant AND I have a cough or fever

I have a rash



AND fever, or have severe itching, or look ill



Note

I have a cough



that will not stop, is productive or I have a fever

I have a fever
100° F or 37.5° C



I MUST be fever free for 24 hours without taking any fever reducing medicine

WHEN YOUR CHILD IS SICK: HAVE PLANS FOR BACK UP CHILDCARE

LET YOUR SCHOOL NURSE KNOW WHY YOUR CHILD IS HOME

KEEP ME HOME IF...



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I went to the during the night or if I had a recent stay and not

feeling well. I must bring to school a copy of the discharge instructions or a



Note

that lets me return to school. If I was injured make sure that the note

says how long I cannot participate in gym.

If I have crutches the doctor

MUST write in the note that I can return

to school with crutches.

If I will need a cast and have not seen the

orthopedic doctor, let me stay

home until I'm seen.



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I was prescribed a nebulizer or inhaler to use every 4 hours, will need to have a treatment and I don't have medicine at school.

WHEN YOUR CHILD IS SICK: HAVE PLANS FOR BACK UP CHILDCARE

LET YOUR SCHOOL NURSE KNOW WHY YOUR CHILD IS HOME

DEJAME

EN

CASA

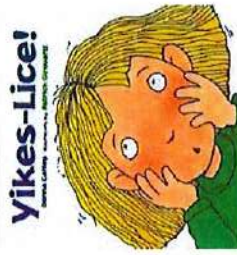
SI...

Tengo Vomito



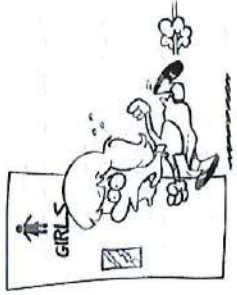
No puedo vomitar por 24 horas para poder volver a la escuela

Tengo Piojos



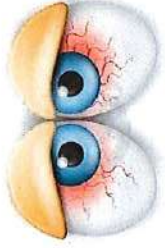
Y no tuve mi primer tratamiento todavía

I have diarrhea



2 o mas evacuaciones liquidas o muy sueltas

Tengo infección de los ojos



Ojos rojos y muchas lagañas o costras y no he visto al medico

Estoy tomando antibiotico



Por infección a la garganta, a los ojos o en la piel y no han pasado 24 horas

Me duele la garganta



Tengo fiebre, glándulas inflamadas, necesito



Note

No me siento bien



palido, muy cansado, confundido, no como, o estoy muy irritado

Tengo dolor



de muelas, oídos o cualquier otro dolor

Tengo mocos nasales



que son espesos y constantes Y tengo tos o fiebre

Tengo sarpullido



Y fiebre, o me pica mucho, o no luzco muy bien

Necesito



Note

Tengo Tos



que no para, y mucha congestion, silvido en el pecho o tengo fiebre

Tengo Fiebre
100° F or 37.5° C



TENGO que no tener fiebre por 24 horas sin tomar ninguna medicina

CUANDO SU HIJO(A) ESTE ENFERMO: TENGA UN PLAN PARA SU CUIDADO Y DEJAR SABER A LA ENFERMERA ESCOLAR PORQUE SU HIJO(A) ESTA EN CASA

DEJAME EN CASA SI...



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Fuimos a la durante la noche o estuve en el **y no me siento**

bien todavía. Tengo que traer a la escuela una copia de las instrucciones del Hospital o



que dice puedo volver a la escuela. Si tuve un accidente la nota tiene que

decir cuanto tiempo yo no puedo hacer

TIENE que escribir en la nota que puedo

Si necesito enyesar un pie o brazo y no me

dejame quedar en casa hasta que me vea el especialista.



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gimnasia. Si tengo muletas el doctor

volver a la escuela con muletas.

ha visto el ortopedico especialista



Si me mandaron hacer un tratamiento de nebulizador, o un inhalador (pompa)

cada cuatro horas, voy a necesitar un tratamiento y no tengo medicina en la escuela.

CUANDO SU HIJO(A) ESTE ENFERMO: TENGA UN PLAN PARA SU CUIDADO Y DEJAR SABER A LA ENFERMERA ESCOLAR PORQUE SU HIJO(A) ESTA EN CASA

TAKE 3 ACTIONS TO

FIGHT FLU

Influenza (flu) is a contagious disease that can be serious. Every year, millions of people get sick, hundreds of thousands are hospitalized, and thousands to tens of thousands of people die from flu. CDC urges you to take the following actions to protect yourself and others from flu.

GET YOURSELF AND YOUR FAMILY

VACCINATED!

A yearly flu vaccine is the first and most important step in protecting against flu viruses.

Everyone 6 months or older should get an annual flu vaccine. Protect Yourself. Protect Your Family. Get Vaccinated. #FightFlu

STOP THE SPREAD

Take everyday preventive actions to help stop the spread of flu viruses!

Avoid close contact with sick people, avoid touching your eyes, nose, and mouth, cover your coughs and sneezes, wash your hands often (with soap and water).



ASK YOUR DOCTOR ABOUT FLU ANTIVIRALS

Take antiviral drugs if your doctor prescribes them!

Antiviral drugs can be used to treat flu illness and can make illness milder and shorten the time you are sick.



WWW.CDC.GOV/FLU

#FIGHT FLU



Join the Wilson Primary Center Directory!

In order to help Wilson families communicate with each other, the PTO generates an annual directory made available to the members of the Wilson community. Please click the link below and input your contact information only **IF** you would like your information to be included in the Wilson Directory. If you **DO NOT** want to be included, no further action is required. As soon as we have gathered contact information from everyone who would like to be included, we will share the Directory with the Wilson community.

Thank you!

The Wilson PTO

Click [**HERE**](#) to access the Wilson Primary Center Directory form!



PTO Dues

Wilson Families,

This year may not be typical, but the PTO still needs your support to make our children's year memorable and exciting! Your contribution will be used to celebrate and thank our staff during Teacher Appreciation week and throughout the year, to purchase PPE and extra cleaning supplies and to hopefully fund virtual assemblies and online learning experiences. Please consider donating to the PTO by filling out the form below and returning it to your child's teacher with cash or a check. A PayPal link is also available this year to make the process easier.

Thank you for your support!

Wilson Primary Center PTO Dues

Child's Name: _____

Teacher: _____

Parent(s) Name(s): _____

Cash: _____

Check: _____ (made payable to Wilson Primary Center PTO)

PayPal: _____ [PayPal link](#)

PARENT(S):

Do you need childcare for your school-age child(ren) during all-remote or hybrid classroom instruction?

THE UNION COUNTY BOARD OF CHOSEN FREEHOLDERS has established the SAFE LEARNING SETTING GRANT.

To qualify, your child(ren) must be enrolled in a Union County public school, and qualify for the free/reduced lunch program.

To apply, visit:

ucnj.org/safe-learning-settings-grant-family-application

Questions? Please email

uccaresSLSG@ucnj.org

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Board of Chosen Freeholders

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www.ucnj.org



PADRES:

¿Necesita cuidado para su(s) niño(s) en edad escolar durante la instrucción en el aula híbrida o totalmente remota?

LA JUNTA DE FREEHOLDERS ELEGIDOS DEL CONDADO DE UNION ha establecido la BECA DE APRENDIZAJE SEGURO.

Para calificar, su(s) hijo(s) debe(n) estar inscrito(s) en una escuela pública del Condado de Union, y calificar para el programa de almuerzo gratuito/reducido.

Para aplicar, visite:

ucnj.org/safe-learning-settings-grant-family-application

¿Preguntas? Por favor envíe un correo electrónico a:

uccaresSLSG@ucnj.org

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