

Wolves Wire

An e-mail newsletter from Michigan City High School

September 2019

Volume 12, Number 1

In This Issue

- From the Principal
- Counselors' Corner
- Student Support Services
- Social Studies
- PE/Health Department
- Music Department
- Business Department
- Family Consumer Science Department
- Student Tech Zone
- JROTC
- Way to Go!
- Dates to Remember
- Flver

From the Desk of the Principal...

Dear students, parents and friends of Michigan City High School, Welcome to the 2019-2020 School Year! I am extremely thankful and blessed to have the opportunity to work with everyone as Principal of Michigan City High School. Please join me in welcoming Julie Fregien MCHS Associate Principal, Brett St. Germain, MCHS Assistant Principal, Sylvester Mabone, MCHS Assistant Principal, Karen Puchalski MCHS Assistant Principal and Aaron Garrett, MCAS K-12 College & Career Coordinator. Our goals are to work together to create a safe learning environment for the staff and students as well as working with the staff to raise student achievement scores, attendance and graduation rates. We are working with our students holding them accountable for being where they are supposed to be throughout the week and being on time to class. We are taking steps as a staff to ensure that our students are receiving the best possible education at MCHS. Students will be taking Edmentum Study Island Common Assessment in Math and English. We will be using that data to "meet the students where they are at" in order for them to have success at MCHS.

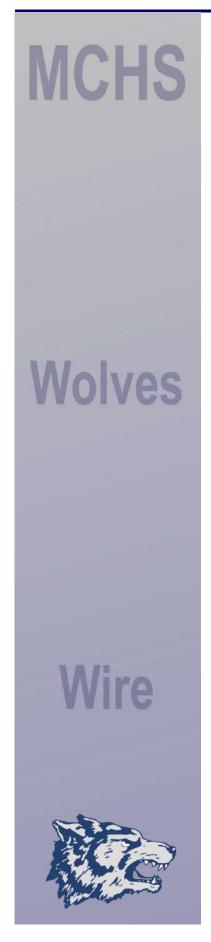


L-R: Kevin Goralczyk, Aaron Garrett, Julie Fregien, Karen Puchalski, Sylvester Mabone, Brett St. Germain



Contact Us

Comments? Suggestions? Contact Joyce Westphal jwestphal@mcas.k12.in.us



Homecoming will be on September 20, vs Merrillville at Ames Field. We hope that you will all come out and support the MCHS Wolves. All MCHS students should consider getting involved in some sort of activity. There are so many wonderful activities that are offered, from athletics, to fine arts, and the many clubs. There truly is something for everyone.

Michigan City Area Schools has a new app! It can be downloaded from the app store. There is a lot of great information on the app and I invite everyone to download the app to their iPhone or device.

Please mark your calendars for October 16. Michigan City High School will be hosting parent/teacher conferences from 2:30 PM-6:30 PM. I invite all of our parents to schedule and attend conferences. Please come to hear how well your student is doing in school so far this school year.

Michigan City High School is a wonderful school with so much potential. We can accomplish many great things with our students. Please support the staff and students of Michigan City High School. We are asking for students to come daily prepared to learn and on time, respect themselves and one another, dress for success and give the best effort possible. Our staff is committed to our students and serve the community. Excellence for Everyone can be achieved if we work with one another. Here is to a wonderful school year. Go Wolves!

Kevin Goralczyk, Principal

Counselors' Corner

Welcome Back, Wolves!!! The counseling department is so excited to welcome all of our former students and new students to MCHS. We look forward to working with all of you and are available to help you with your academic needs, career and college exploration, and even personal issues.

Honors College – Linda Meyer (extension 4451) Early College – Rhonda LaMarr (extension 4316) Academy – Denise Ndukwu (extension 4344)

Core Academy

A – G – Judy Kovalcik (extension 4579)

H - M - Theresa Galloway (extension 4345)

N - O - Linda Meyer (extension 4451)

P - W - Danielle Reed (extension 4341)

X – Z – Denise Ndukwu (extension 4344)

Counselors visited with seniors this week to discuss the college application process and requirements for graduation. Students should begin completing their college applications. Most universities prefer on-line applications, but students may request paper copies from the university. Students may log onto their Naviance account to request transcripts. Senior students and parents, please check the Guidance Department website frequently for information on college visits, college fairs, and scholarships. We



will host the SAT and ACT tests in October. Students should register on line for the SAT by September 6th through sat.collegeboard.org. Students interested in the October ACT test should register by September 20th through actstudent.org

Check out the Guidance Office Website for upcoming opportunities and information.



Student Support Services

Department of Student Support Services

Parents/Guardians of students with an IEP, here is our contact information. We are happy to help.



Ms. Amy Wojasinski-Labis, Department Head/ Resource alabis@mcas.k12.in.us

Ms. L. Patterson, Multi-Curriculum: lori.patterson@mcas.k12.in.us

Ms. N. Bormet, Co-taught English 9: nbor-met@mcas.k12.in.us

Ms. L. Abbey, Multi-Curriculum: labbey@mcas.k12.in.us

Mr. T. Blakney, Multi Curriculum: tblakney@mcas.k12.in.us

Mrs. S Long, Co-taught English 12, Resource: slong@mcas.k12.in.us

Ms. S. Krachinski, Multi-Curriculum: skrachinski@mcas.k12.in.us

Ms. K. Varnhagen, Credit Recovery: kvarnhagen@mcas.k12.in.us

Ms. A. Hartog, Co-taught Algebra II and Geometry, Resource: ahartog@mcas.k12.in.us





MCHS Wolves

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Mr. M. Ard, Co-taught Algebra II and Geometry: mard@mcas.k12.in.us

Ms. C. Quinn, Co-taught English 11 and Resource, cquinn@mcas.k12.in.us

Ms. A. Deksnis, Co-taught Biology, Resource, Multi-Curriculum, <u>adeksnis@mcas.k12.in.us</u>

Ms.A. Henrich, Co-taught Algebra I: ahenrich@mcas.k12.in.us

Mrs. E Stahl, Social Worker: estahl@mcas.k12.in.us

Mrs. S Baldwin, Deaf and Hard of Hearing: sbaldwin@mcas.k12.in.us

Mrs. L Jones, Deaf and Hard of Hearing: <u>ljones07@mcas.k12.in.us</u>

Mrs. M. Sheppard, Visually Impaired:: mdougherty@mcas.k12.in.us

Ms. A Hauser, Speech Therapist, allison.hauser@mcas.k12.in.us

Ms. M Landess, Paraprofessional, Ms. M Llorens, Paraprofessional,
Ms. Childers, Paraprofessional, Ms. C. Stephens, Paraprofessional
Ms. Evans, Paraprofessional, Ms. A. Carlson, Paraprofessional
Ms. A. Sausberry, Paraprofessional, Ms. T. Carey, Paraprofessional
Ms. Tarra Garner-Jones, Parprofessional, Ms. Diana Weiss, Paraprofessional



MCHS Wolves

Social Studies

Welcome to Social Studies. My name is **Kristin Freitag** and I am currently the Economics teacher at the high school. I am excited to teach this course, as I do believe it has a ton of real world information that will help the students right now and after they graduate from MC. I am also the Class of 2023 class sponsor as well as the current Social Studies Department Head. If you need anything at all please feel free to email me at kfreitag@mcas.k12.in.us. I am excited for the potential of this school year!

Hello! My name is **Amanda Stolarz** and this is my 3rd year teaching at Michigan City High School. This school year I am teaching World History, Geography & History of the World, as well as AP World History. Along with teaching, I also coach the MC girls' tennis team. This year is going to be a great one and I am eager to see the students learn and grow. One City, One Pack!

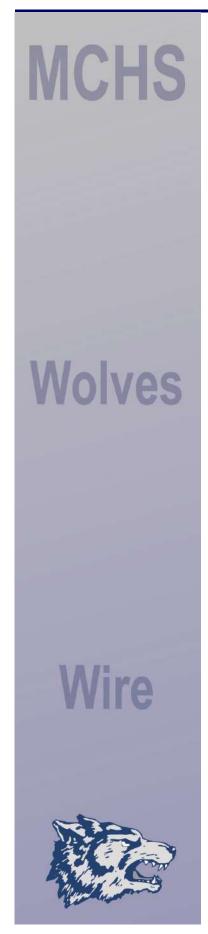
My name is **Cathy Lindgren** and this is my 15th year teaching. This year, I will be teaching AP Human Geography in the Early College program. My goal as an educator is to make geography interesting, meaningful, and relevant to the lives of my students while at the same time improving their skills in analysis, writing, and critical thinking. I do everything I can to get to know my students and create a fun, comfortable educational environment. Every year, I strive to make every period of the day feel like a small family. My favorite things are the color green, gardening, quilting and training my dogs.

Brian Richards – AP US History, AH US History, US History, AP Government

This is the beginning of my 27th year in MCAS and my 18th at MCHS. I was born and raised in Michigan City and graduated from Rogers High School. I received my Bachelors degree for Indiana University. I have two children who are both graduates of MCHS. If you need to contact me my e-mail is brichards@mcas.k12.in.us



Hey, what a great start to the new school year! This is **Mr. Stahl**, I am currently teaching Psychology, Sociology, and AP Psychology. Great-googlymoogly! The students in my classes are the best. We are going have a great year and do some exciting things. Field Trips, One Flew Over The Cockoo's Nest, and possibly some exciting experiments. I have enclosed a photo of my new look for 2019-20. Also I have the honor of being involved with the Improv Club! See you soon......



Andrea Frederick

Early College is off to a great start! This year marks the sixth cohort at MCHS and we have a lot planned already! In our ninth grade Skills and Resource class, students worked on a "We Are a Community" project. Each student visually represented themselves as a piece of a puzzle and the puzzle was put together to create a sense of community. Also, in ninth grade Skills, the students wrote a letter to their future self. This letter is printed and will be presented to them upon graduation at our Early College recognition ceremony. It'll be exciting for them to see how much they have grown from freshman year to senior year.

The ninth graders have a field trip planned for September 20 to take a boat ride on the Emita II. This tour will include information and history of Michigan City. It will be a lot of fun to cruise Lake Michigan. The ninth graders first college visit will be to Purdue Northwest in Westville later this fall. We have so much more ahead this year! It's an incredible time to be a part of the Michigan City Early College High School!

Hi! My name is **Suzann Tice** and I teach AP Human Geography and Geography and History of the World. I graduated from Indiana University South Bend and this is my 7th year at MCHS! I am most easily contacted at stice@mcas.k12.in.us. This is going to be a great year!



Hello! My name is Mrs. Rebecca Shaman, and I am the sophomore Early College AP US History teacher. This is my fifth year teaching at MCHS and eleventh year teaching overall. I earned my Bachelor of Arts degree in Classical Civilizations and Theology from Loyola University of Chicago. Afterwards, I attended Calumet College of St. Joseph and earned a Masters in Teaching. I am certified in Historical Perspectives and Government and Citizenship. I enjoy drinking coffee, reading, and spending time with my family. I am very excited about this new school year!





MCHS









Physical Education and Health Department



Greetings from the Physical Education and Health Department! We are very excited to welcome staff and students back from summer vacation. We are prepared for another year and the journey begins to teach students the benefits of staying active and healthy!

The goal of our department this year is to increase our use of technology in the classroom. Last year, our E - learning days were a huge success as we used google classroom to assign students activities to watch and record progress. This year we hope to further that success by using google classroom as the main tool for all written material concerning our classes. Any announcements that we need to share with students will be done through google classroom as well! We hope that this helps students and parents get questions answered quickly!

As students enroll in physical education class it becomes a participation class for the entire semester. We study sports, fitness, and games by doing, and then written material comes along as a study tool. We call this teaching "across the curriculum." PLEASE make sure that your child is prepared for class! They must have a gym uniform that we sell at MCHS for 13 dollars. Once they pay, we put their name on it, and it is theirs to keep! We cannot replace lost or stolen uniforms so please be sure your child keeps uniforms safe with the lock and lockers we provide.

We look forward to having a great year! If you have any questions please do not hesitate to contact our department!



Our staff (pictured left to right):

Coach Wells - Physical Education

Coach Richards - Health

Coach Feare - Physical Education **Coach Mason** - Strength Training

Coach Karpinski - Physical Education/Health Not pictured: **Miss Katie Daniels** - Lifeguard

MCHS Wolves

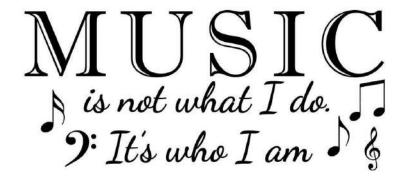
Music Department

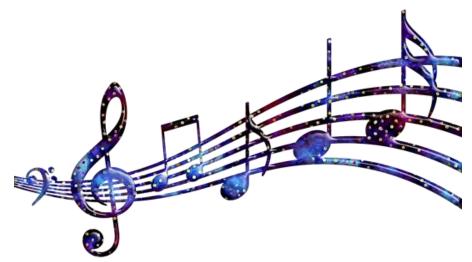
Welcome back to all of the students (and extremely supportive parents)! We know that the 2019-2020 school year promises to hold many musical challenges and successful performances for our students. We are looking forward to making some wonderful music together!!

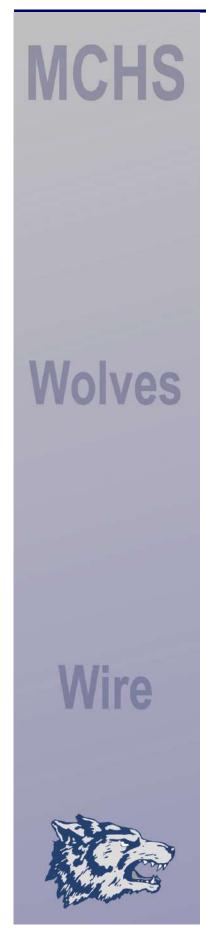
The Wolfpack Marching Band had an extremely busy summer of performances. They kicked off their marching season with the Michigan City Memorial Day parade in May. Their next performance was at the Michigan City Summer Festival Parade on June 29. On July 4, the band marched in the LaPorte Jaycees 4th of July Parade and their final parade of the summer was on August 3rd where they performed in the Michigan City Grand Prix Boat Parade.

The drum line welcomed everyone back to school during the Back to School Rally held at Elston and the Marching Band introduced the fight song to the freshmen at Freshmen Orientation.

Stay tuned for more exciting news from our music department as the year progresses! **Our first concert is Thursday, October 10 at 7 pm in the auditorium.** We hope to see you there!!!







Takin' Care of Business

-Submitted by Mrs. Stark

Why take a high school business class?

Studying business will help you to choose a career, become a successful employee or manager, start your own business, and become a more informed consumer and better investor. Learning about business may spark the "inner entrepreneur" in you.

The MCHS business department offers the following business classes: Introduction to Accounting, Advanced Accounting, Banking and Investment Capstone, Business Law and Ethics, Web Design, Digital Applications and Responsibility, Introduction to Computer Science, Computer Science 1, Cyber Security, AP Computer Science Principles, Business Math, Personal Financial Responsibility, Principles of Business Management, Introduction to Business, Computer Tech Support and Preparing for College and Careers

NEW Business classes this year -

Cyber Security – Cybersecurity introduces the secure software development process including designing secure applications, writing secure code designed to withstand various types of attacks, and security testing and auditing. We are currently looking at our own digital footprint.

Entrepreneurship– introduces entrepreneurship, and develop skills and tools critical for starting and succeeding in a new venture. We are currently learning about creating a Business Plan.

Principles of Marketing - Principles of Marketing provide a basic introduction to the scope and importance of marketing in the global economy.

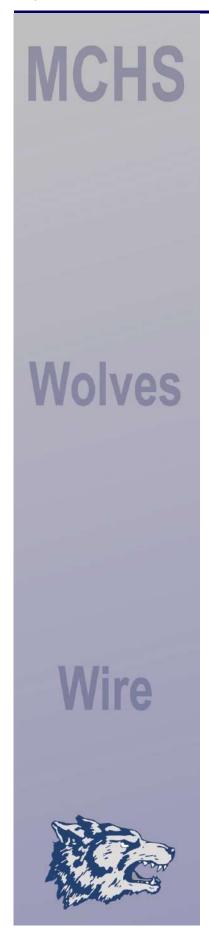
Marketing in Hospitality & Tourism – Marketing in Hospitality and Tourism is a specialized marketing course that develops student understanding of marketing in the hospitality, travel, and tourism industry.

Business Professionals of America is making a return to Michigan City High School.



BPA otherwise known as Business Professionals of America, is the number one cocurricular organization in the United States. What students learn in Business classes is then turned into a competition with other schools in the region. There are three levels of competition with the final stop being nationals which will be held on Washington DC in May. **Ms. Melendez** who is new to MCAS will be the advisor as she brings over ten years of experience being a part

of BPA. If you are interested or would like to learn more about BPA, Ms. Melendez is in room A206 and she will be having a call out in September, so be listening.



Family Consumer Science

-Submitted by Mrs. Stark

The MCHS family consumer science department at Michigan City High School offers a wide variety of classes. These exciting class will prepare students for multiple roles and responsibilities in their family, career, and community lives. This year we are offering the following classes:

- Adult Roles & Responsibilities
- Interpersonal Relationships
- Nutrition & Wellness
- Advanced Nutrition & Wellness
- Introduction to Culinary Arts and Hospitality
- Child Development
- Advanced Child Development
- Introduction to Fashion and Textiles

In our *Culinary* classes we have been focusing on safety and sanitation. We will soon be developing our culinary skills. Our *Child Development* classes will provide students with knowledge of how parents and child care providers meet the needs of infants and young children to provide for healthy growth and development. Prominent theories of child psychology will be studied.



Student Tech Zone

-Submitted by Mrs. Stark

The Student Tech Zone is up and running for the third straight year. This class allows the students to learn and run the Student Tech Zone. The Student Tech Zone is the high school help desk for all the Chromebooks. Students will learn how to reimage chromebooks and troubleshoot hardware and software problems. We started the year with a number of machines that needed repairs. The repairs range from random shut off, bad batteries, cracked screens or keyboard fixes. Once we troubleshoot the problem we fix the chromebook, test to ensure the fix worked and then return the chromebook back to its owner. We are happy to report that the Student Tech Zone support room is open from 7:00 a.m. to 2:25 p.m. in room A215. When we are not fixing chromebooks we will be studying for our A+ certification exam.

Sophomore Chromebooks – if your son or daughter has not received their new chromebook they can pick it up in room A215. They must have their Parent/Guardian Chromebook Consent and Insurance Form filled out and signed. While insurance is optional it is highly recommended that you purchase it. This insurance cost is \$30.00 for the year. Replace and repair cost if you choose not to take insurance is: entire chromebook: \$180.00, repair of the screen - \$80.00 and repair of the keyboard - \$45. Prices for repairs are subject to change.

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Wire



JROTC

MCHS MCJROTC HONORS OUR NATION



As most Americans were beaching, barbecuing, or watching fireworks during Independence Day week, the cadets of the Michigan City High School (MCHS) Marine Corps Junior Reserve Officer Training Corps (MCJROTC) were honoring our Nation by participating in two patriotic events. They carried an oversized flag in the Michigan City Patriotic Parade on June 29 with the help of the Michigan City Police Department summer campers. They also marched in the LaPorte Independence Day Parade on July 4th. Additionally in June, the cadets

provided the Color Guard for the Indiana Vol-

unteer Firefighters Association convention at the Blue Chip Casino in Michigan City and assisted the Salvation Army in a fundraiser.

"This time of year is of course a big vacation period. I admire our cadets for their unselfishness to participate in events that remind us that our country's freedom is not something that we should take for granted," said Senior Marine Instructor Major Tom McGrath.



Master Sergeant Jeff Benak, the Marine Instructor, commented on the patriotism of the cadets. "Many people today say that kids don't appreciate the sacrifices made by those who fought and died for our country. They need to look at our cadets and the number of public affairs events in which they participate, reminding every-

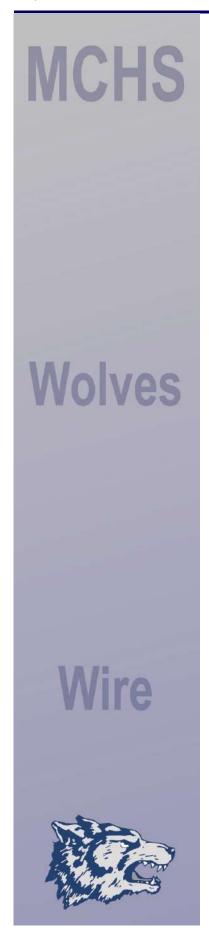
one of the great country in which we live." Last school year, the MCHS cadets participated in 45 events which involved their

Color Guard. Additionally, they were involved with 68 different community service activities.

Cadets have been working over the summer to improve their military drill skills for the upcoming year. Four cadets will be attending a drill camp at Texas A&M







University in College Station, Texas from July 7th-13th. "Our goal is to not only qualify for the Marine National Championship as we have done in the last two years, but to win it," said McGrath. The camp, to include the round-trip flight, will not cost MCHS or the cadets anything. It is completely funded by the Marine Corps. Additionally, three more cadets will attend a Senior Leadership Camp in Boswell, PA from July 21st-28th. Similarly, this camp is also fully funded by the Marine Corps.

The capstone event for the cadets' summer activities will be to assist in the preparation and running of the Back-To-School Rally on August 8th. This is an opportunity for Michigan City Area School students to obtain free school supplies donated by generous stores In Michigan City.

MCHS MCJROTC CADETS ATTEND

NATIONAL MILITARY DRILL CAMP

Cadets from the Michigan City High School (MCHS) Marine Corps Junior Reserve Officer Training Corps (MCJROTC) attended the National Drill Camp conducted by Sports Network International (SNI) at Texas A&M University in College Station, Texas from July 7-13.. SNI also conducts the National Marine and All-Service Drill Championship meets. Cadets 1st Lieutenant Bohdan Walker, 2nd Lieutenants Jessica Wilhelm and Julia Ringstad, and Lance Corporal Hanna Lucas participated in the camp at no cost to them or MCHS. The Marine Corps funded the camp, to include the round trip flight.



The objective of the camp was to provide the techniques and strategies that make a champion drill team. The instructors at the camp came from schools that have been perennial competitors at national championship meets. MCHS cadets came away

from the camp with the knowledge of what it takes to win a national champion-ship, and the motivation and confidence that it can be done at Michigan City.

"We have qualified the last two years for the Marine National Championship," said Senior Marine Instructor Major Tom McGrath. "This year, we want to do more than qualify. It is a great honor to be one of 16 schools out of the 250 nationally to make it, but I have the confidence that our cadets can win the whole thing."

Master Sergeant Jeff Benak, the Marine Instructor, also was optimistic about next

MCHS

year's drill team. "Although we lost many seniors, we have some really motivated underclassmen ready to take their place."

The cadets will remain busy through the summer. In addition to voluntary drill practices, three cadets will be attending a Senior Leadership Camp in Boswell, PA, from July 21-27. Cadets will be assisting with the set-up and running of the Michigan City Area Schools (MCAS) Back-To-School Rally on August 8th at the old Elston practice football field. The rally provides free school supplies for all MCAS students. Cadets will also assist with Freshmen Orientation on August



13th, the day prior to classes starting for all MCAS schools.

Wolves





Wire



Michigan City High School (MCHS) Marine Corps Junior Reserve Officer Training Corps (MCJROTC) cadets Captain Thomas Mizer, 1st Lieutenant Bohdan Walker, and Corporal Josh Wilhelm attended the MCJROTC Senior Leadership Camp in Boswell, PA from July 21-27. Top quality cadets from all of the country participated in the camp, incorporating leadership skills into high adventure training. The development of trust, communication, cooperation and acceptance of all members of the team were emphasized throughout the camp. The cadets attended the camp at no cost to themselves or MCHS. All costs, to include transportation, were funded by the Marine Corps.

"These cadets are going to be some of the leaders in our program for this year," said Senior Marine Instructor Major Tom McGrath. "This camp really provided them with experiences that they can build upon to lead our program."

MCHS

Master Sergeant Jeff Benak, the Marine Instructor, stated that the cadets represented MCHS well. "Our cadets showed that Michigan City cadets can hold their own with the best cadets in the country."

While most students will be enjoying the last few weeks of their summer vacation, the MCHS MCJROTC cadets will be supporting the community and Michigan City Area Schools (MCAS). The cadets will be helping out at the Grand Prix Boat Races at Washington Park on August $3^{\rm rd}$ and $4^{\rm th}$. The following week, they will be assisting in the set-up and functioning of the Back-To-School Rally on August $8^{\rm th}$ at the Elston football field, where students from all MCAS schools can obtain free school supplies. On the day before classes begin at MCHS (August $14^{\rm th}$), cadets will provide support for the Freshmen Orientation.

Wolves











MCHS

Way to Go!



Way to go **MCHS students** on a great start to the 2019-2020 school year! You rock!



Congratulations to MCHS Counselor, **Rhonda LaMarr**, who has been selected as Indiana's Exemplary High School Counselor of the Year by the Indiana School Counseling Association. She will be honored at an awards luncheon in November.



Congratulations to MCHS teacher, **Mark Marz**, who was named Indiana Division Teacher of the Year for 2019 by th Izaak Walton League of America.



Congratulations to MCHS teacher, **Kristen Freitag**, who received the Olin W. Davis ward for Exemplary Teaching of Economics. She was honored by the Indiana Council for Economic Education this summer.



Congratulations to MCHS teacher, **Ashley Kohler**, who was honored by the premier volleyball news and recruiting website, PrepVolleyball. Ashley was named to their list of top 20 athletes nationwide over the last 20 years.

Congrtulations to College and Career Readiness Coordinator

Aaron Garrett and the entire MCHS Guidance team for
being recognized at the Indiana State House by the Indiana
Commission for Higher Education and INvestEd for obtaining
over 70% completion of the FAFSA, the Free Application for Federal
Student Aid.









09/16

10/26

MCHS

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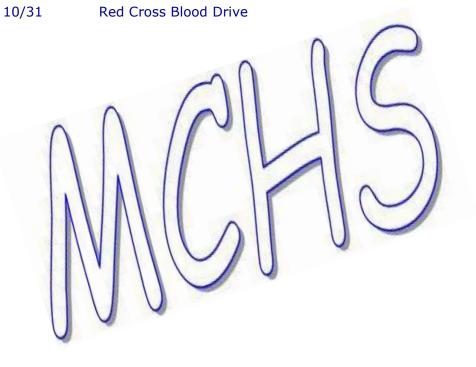
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Dates to Remember

School Pictures

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09/20	Homecoming
9/23-9/27	College Go! Week
09/30	E-Learning Day
10/02	Cap & Gown Assembly
10/05	SAT Testing
10/08	Honor Society Induction - 7:00 p.m.
10/10	Premier Concert (Music Dept.) - 7:00 p.m.
10/11	End of 1st Grading Period
10/15	Cap & Gown orders - lunch periods
10/16	PSAT (juniors); ASVAB (seniors)
10/16	Parent/Teacher Conferences - 2:30-6:30 p.m.
10/16	Cap & Gown orders - lunch periods & P/T conferences
10/17	Fall Break (no school)
10/18	Fall Break (no school)
10/21-10/22	Foreign Language Film Festival - 2:30 p.m.
10/24	Howl-O-Ween - 6:00-8:00 p.m. at Ames Field
10/24-10/25	Foreign Language Film Festival - 2:30 p.m.
10/26	ACT Testing



Sadie Hawkins Dance - 7:00-11:00 p.m.



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If you are interested in purchasing a new spirit wear t-shirt to show your school spirit, please come on down to the MCHS

Student Store during your lunch period. Act now while supplies last! (Store location: Room# O-108)

