This week we have three regular school days (Tuesday – Thursday) and exams begin Friday, January 20, 2022. Students need to talk with their teachers about attendance, exam exemption, and any work they need to make up.

Remember to follow us on social media:

Follow us on Facebook: ParkwoodHSNC

Follow us on Twitter: @ParkwoodHSNC

Follow us on Instagram: @ParkwoodHSNC



Important Exam Information

- Exam exemptions are only for teacher-made exams, when:
 - The student has an average of 90 or above the week prior to the exam administration and the student has no more than 2 unexcused absences in the class.
 - The student has an average of 80 or above the week prior to the exam administration and the student has no more than 1 unexcused absence in the class.
- The exams are scheduled as follows:
 - 1st block exams will be administered Friday, 1/20/2023.
 - 2nd block exams will be administered Monday, 1/23/2023.
 - o 3rd block exams will be administered Tuesday, 1/24/2023.
 - 4th block exams will be administered Wednesday, 1/25/2023.
 - Thursday, 1/26/2023 is reserved for makeup exams.
- Students taking exams administered on their ChromeBooks need to be at school early to get their computers to their teachers. We are making every effort to start exams without delay at the very beginning of the day.
- Dismissal on exam days:
 - We anticipate that exams will be completed around 12:45, but that is an estimated time. We will not dismiss students until all exams have been completed in order to maintain an environment conducive to students performing at their very best.
 - School will dismiss daily after the exam period has concluded.
 Car-riders and student drivers will be dismissed first, followed by students who are riding the bus.
 - Buses will run Friday 1/20/23, Monday 1/23/2023, Tuesday
 1/24/2023, and Wednesday 1/25/2023 at approximately 1:15 pm.
 - Thursday 1/26/2023 is exam makeup day. While students will be dismissed after the exam period, buses will run at 3:30 pm.



PWHS Calendar

Week of January 15 - January 21 School Events

| Monday 1/16 | Tuesday 1/17 | Wednesday 1/18 | Thursday 1/19 | Friday 1/20 | Saturday 1/21 |
|---------------------------------|--|--|----------------------|---|---|
| MLK Holiday- No School | Men's Wrestling vs Anson/ Montgomery Central 6 PM Basketball @ Forest Hills 4/5/6/7:30 PM | Indoor Track Polar Bear Meet 2 @ Monroe 3:45 PM Mini Cheer Clinic | Mini Cheer Clinic | 1st Semester Exam for 1st block class Basketball vs CATA 4/5/6/7:30 PM Mini Cheer Clinic cheers at tonight's Varsity game | Men's Wrestling @ West Stanly 10 AM |



Important Information

Please see the information below regarding our Attendance Recovery for 1st Semester.

PARKWOOD HIGH SCHOOL ATTENDANCE RECOVERY

2022-2023

Fall Semester

Attendance recovery will start on Tuesday January 3, 2023. It will take place in the Parkwood High School cafeteria. The specific dates and times for attendance recovery are as follows:

January 3st through January 19st from 3:45pm-5:15pm Monday through Friday

On Saturday January 7 & January 14 there will be attendance recovery from 8:00 am to 2:00 pm in the media center.

Attendance recovery is for students who have accumulated more than 7 unexcused absences in any class. For any absences beyond the 7° unexcused absence, the student is responsible for attendance recovery.

No Recovery on January 16th

Your child should reach out to their administrator to set up a plan for attendance recovery.

Absences and attendance notes for T3 should be turned in as soon as possible but no later than Friday December 9°. Any absences that occur after December 9°, please hand in notes as soon as possible.

There is only a total of 30 recovery hours available. Please see your administrator if you have questions.

Mr. Mayes A - F Mr. Moore G - M Mrs. Adams N - Z

Note: If you fail a class for attendance, you will not have the opportunity to make that class up in summer school.



Important Information

Bell Schedule 2022-2023

Breakfast 8:00-8:25

Block 1 8:30-10:05

Block 2 10:10-11:45

Block 3 11:50-1:49

ANNOUNCEMENTS 11:50-11:53

1st Lunch 11:53-12:19

2nd Lunch 12:23-12:49

3rd Lunch 12:53-1:19

4th Lunch 1:23-1:49

Block 4 1:54-3:30

UCPS students will no longer receive free breakfast and/or lunch for the 2022-23 school year.

Lunch and breakfast prices will be as follows:

Breakfast \$1.75 per day

Lunch \$3.85 per day

If you feel your family may qualify for free or reduced meals, UCPS encourages parents to complete the meal application before the start of the school year.

Breakfast and lunch account charges will begin on the first day of school, which is August 29. If your application is approved, families may be eligible for the following benefits:

- Free or reduced-priced breakfast and lunch meals

Click <u>here</u> for more information on meal prices.

Click <u>here</u> to set up an account to make payments and monitor your child's lunch account.

If you have questions or need a paper copy of the application, please contact School Nutrition at 704-296-3000



Important Information

Advisory Bell Schedule (On Wednesdays) 2022-2023

Breakfast 8:00-8:25

Block 1 8:30-9:55

Advisory 10:00-10:25

Block 2 10:30-11:55

Block 3 12:00-1:59

ANNOUNCEMENTS 12:00-12:04

1st Lunch 12:04-12:30

2nd Lunch 12:34-1:00

3rd Lunch 1:04-1:30

4th Lunch 1:34-2:00

Block 4 2:05-3:30





Mark your calendars:

Semester 1 Exams (cont.) January 23-26

Teacher Workday- No School January 27

Cheer Alumni Night January 27

State Cheer Competition January 28

2nd Semester Starts January 30

Senior Cheer Night February 10

College/Career/Military Fair February 15

ACT Blitz 10-12 PM PWHS Auditorium March 4

Prom May 6

Graduation June 13 at 8 AM in Wolf Pack Stadium



Athletics

PWHS Athletic Website

Fmail

Email

Michael Helms Athletic Director michael.helms@ucps.k12.nc.us All Sports Passes on sale for students! Can be purchased on ticket site. \$50 to enter all in season home games for the year! The passcode is your student ID #. It is good for the purchase of 1icket.

Purchase Tickets Here: https://parkwoodathleticzone.com/event-tickets

Head Coach

| Willter Sports | riedu Coacii | Lillali |
|---------------------------------------|-------------------|----------------------------------|
| Men's Varsity Basketball Head Coach | Mike Helms | michael.helms@ucps.k12.nc.us |
| Women's Varsity Basketball Head Coach | Jesse Boyce | jesse.boyce@ucps.k12.nc.us |
| Wrestling Head Coach | Chris Linthicum | chris.linthicum@ucps.k12.nc.us |
| Swimming/Diving Head Coach | Susan Rhoads | susan.rhoads@ucps.k12.nc.us |
| Indoor Track Head Coach | Astrid Weddle | astrid.weddle@ucps.k12.nc.us |
| Cheerleading Varsity Head Coach | Heather McWhorter | heather.mcwhorter@ucps.k12.nc.us |
| | | |

Spring Sports

Men's Golf Head Coach

Baseball Varsity Head Coach

Men's Lacrosse Head Coach

Winter Sports

Chad Nichols

Samuel Mobley

Head Coach

Chad.Nichols@ucps.k12.nc.us

samuel.mobley@ucps.k12.nc.us

TBD TBD

Men's Tennis Head Coach Kristy Erdelyi <u>kristy.erdelyi@ucps.k12.nc.us</u>

Men's Track and Field Head Coach Grover Moore <u>grover.moore@ucps.k12.nc.us</u>

Softball Varsity Head Coach Mary Hughes <u>mary.hughes@ucps.k12.nc.us</u>

Women's Lacrosse Head Coach Nicole Gress <u>nicole.gress@ucps.k12.nc.us</u>

Women's Track and Field Head Coach TBD TBD



Have a teacher you'd like to recognize? This is the place! Please give a shout-out to a teacher who makes a difference in your student's life!

https://bit.ly/PWHSTeacherThankYou





Entering Parkwood High School now that the Roundabout is open

- Parents dropping off their students will need to use the main Parkwood School Road entrance to the high school.
- All student drivers will need to enter campus from Crow Road and will need to display their 2022-2023 PWHS parking pass to be admitted at that entrance. All other drivers will need to use the entrance at Parkwood School Road.
- Students will need to be in their classes by 8:30 to begin their day.



 Remind your student(s) when they have parent permission to leave campus, they need to sign out with Ms. Reeder at the front of the school.



Parents & Guardians

With a new school year comes a need to make sure that we have the correct contact information for all our families. Please take a moment and verify in PowerSchool that the following are still correct:

- Contact Names
- Contact Numbers
- Contact Emails

Keep in Mind- You will need to show your ID when coming to the school so please remember to bring it with you.



Parents & Guardians

Parents and Guardians: Please use this link to view a video regarding Vaping that was presented at the UCPS Parent Education Series event at Monroe High School on October 27, 2023. If you have any questions regarding this valuable information, please feel free to reach out to the school or your student's counselor. Thank you.



The focus of the PWHS Counseling Center is to provide students with support in their academic, career, and personal/social development. The counselors assist students with scheduling, course selection, career exploration, college and scholarship advising, coping with peer pressure and stress, developing time management skills and more.

Counseling Department Staff

Troy Harris - 9th Grade and 10th Grade last names A-F troy.harris@ucps.k12.nc.us

Shari Davison - 10-12th Last names G-M & 12th A-F shari.davison@ucps.k12.nc.us

Terri Onley - 10-12th Last names N-Z & 11th A-F terri.onley@ucps.k12.nc.us

Lisa Cauthen - Student Support Counselor lisa.cauthen@ucps.k12.nc.us

Shawn Johnston - Counseling Center Administrative Assistant shawn.johnston@ucps.k12.nc.us

Valerie Simmeth - Career Development Coordinator valerie.simmeth@ucps.k12.nc.us

Upcoming University Visits

We are bringing colleges, universities and trade schools to Parkwood to visit with you. You are allowed to sign up for 3 visits per semester and you must be passing the class that you will be missing to attend the information session. Please use Scoir to sign up for the visits you are interested in attending. This <u>Google Form</u> is updated when we have new opportunities for you so make sure you check it often. On the day of the visit, we will bring a hallway pass to your teacher for you to use to attend the session.



Scholarship Information

Visit our <u>Wolf Pack Scholarship</u> page to see scholarship opportunities. We update this document frequently so visit this page to make sure you don't miss something that interests you.

This Week's Highlighted Scholarships

SECU Foundation "People Helping People" Scholarships

- \$10,000 - Deadline: February 21,

All eligible high school seniors must meet the following requirements:

- Must be a senior at a North Carolina public high school
- Must be an SECU member or is eligible for membership through a parent/guardian
- Must be a United States citizen, a resident of North Carolina, and eligible for in-state tuition
- Must be accepted to attend one of the 16 UNC system universities as a full-time undergraduate
- Must have demonstrated scholastic achievement with a 2.5 or higher unweighted GPA on a 4.0 scale
- Must have demonstrated leadership, excellence of character, integrity and community involvement
- Must file FAFSA as part of the application

Interested in becoming nominated?

<u>Complete this Interest Form</u>

2023 Weddington Optimist Club Essay Contest

- Deadline: February 14, 2023

Essay Topic: Who is an Everyday Hero that brings out the Optimist in you? 700-800 words. Submit essay to Mrs. Johnston at

shawn.johnston@ucps.k12.nc.us

Daughters of the American Revolution

(Deadline: January 31, 2023)

To be eligible for the many scholarships that they offer, a student must: A) Be a United States Citizen B) Must attend or plan to attend an accredited college or university in the USA. To apply for Daughters of the American Revolution's Scholarships, please visit the <u>DAR</u> website

The Monroe-Union Breakfast Rotary Club Scholarship

Deadline:January, 31, 2023

To be eligible for this scholarship students must: Write an essay of 250-300 words answering the question: "What have you done in the area of service to people, the community and the world to deserve this scholarship?"

Visit www.monroebreakfastrotary.org or see Mrs. Johnston in the counseling office for the formal application



Counseling Meeting Request form:

https://forms.gle/KD2NpkKz8g31xQxZ8

(must be logged into your school google account)

Students fill out the form to request a meeting with their school counselor

SPCC CAREER AND COLLEGE PROMISE INFORMATION SESSION

Join us for an information session about Career and College Promise (CCP) program at SPCC.

Topics covered:

- · Pathways
- · Eligibility
- Steps to Enrollment
- · Career Coach vs. High School Counselor
- SPCC Technology
- · Course Load
- · Course Instructional Formats.
- Accommodations
- · Benefits of CCP
- * and more

DATES August 23, 2022 September 13, 2022 October 11, 2022 November 8, 2022 January 17, 2023 February 14, 2023 March 14, 2023

April 11, 2023 All info sessions begin at 6 PM. (Virtual Microsoft Teams Sessions

HOW TO ATTEND?

Simply click the link below to join: Microsoft Teams meeting Join on your computer or mobile app CLICK HERE

CONTACT INFO

For more information, please contact Secondary Education Partnerships at sep@spcc.edu or 704,290,5090



School Counseling Support - Support is available for students for mental health concerns. Parents/guardians reach out to your students' school counselor who can assist with a referral to the school social worker or mental health therapist. Robyn Mobley - School Social Worker Thais Yeon - Mental Health Therapist Atrium Health School-Based Virtual Therapy



2022-2023 UCPS College Readiness Parent & Student Sessions

| Scoir for Seniors | . August, 2022 |
|----------------------------------|------------------------------|
| College Entrance Exams 101 | September, 2022 |
| Paying for College | O ctober, 2022 |
| Finish the FAFSA On Demand | . O ctober, 202 2 |
| ACT/SAT Blitz | . Oc tober, 2022 |
| Union County College Fair | . October, 2022 |
| Scoir for Underclassmen Parents | . November, 2022 |
| Choosing the Right Path in HS | . December, 2022 |
| Getting Ready for College | January, 2023 |
| College Recruiting for Athletes | . February, 2023 |
| ACT Blitz | . March, 2023 |
| SAT Blitz | . April, 2023 |
| Paying for College | April, 2023 |
| What Makes a Good College Essay. | May, 2023 |
| Scoir for Juniors & Parents | May, 2023 |

For info and registration, visit https://bit.ly/collegereadysessions.









2022-2023 Parent Series

Paying for College

January 24, 2023 6:00 PM - Virtual

To register visit: https://bit.ly/collegereadysessions

Don't let sticker shock keep you from going to college! Come learn about the true cost of college, the FAFSA, various types of loans and investments, and more!











SCHOLARSHIPS

2023-2024 APPLICATION WINDOW

January 2 - April 2







APPLICATION REQUIREMENTS

2.5+ GPA: 3.0 GPA for Renewals

Letters of Recommendation

Personal Essay

Live in the Charlotte Area

Proof of Income

Transcript

College or Trade School Acceptance Letter

Community Involvement

We Accept all Legal Statuses

Contact scholarships@lawanc.org for more





BECAS 2023 - 2024

PRESENTACION DE SOLICITUDES

Enero 2 - Abril 2







REQUISITOS GENERALES

Promedio mayor a 2.5+; 3.0 para Renovaciones

3 cartas de Recomendación

Ensayo Personal

Recidir en a Área de Charlotte

Comprobante de Ingreso

Calificaciones

Carta de Aceptación al Colegio o Escuela de Comercio

Servicios Prestados a la Comunidad

Aceptamos a Todos los Estatutos Migratorios

Para más información contacte: scholarships@lawanc.org

CA MISSION HE LAW A SS A VANZABI LA ADUC ACIONA Y CALISSAD DE VIDA DE LOS LATINOS VIDA DESCRIPCIO.

LIGADO PER P. LIGADO PER P. MARIO PER P. M. SECULO. P. M





<u>Counseling</u>

Looking for Summer Education Options?



Students can now apply online for the 2023 Summer Term High School Programs at Boston University, via <u>our website</u>. This coming summer, they are offering five pre-college programs, each of which provides rigorous and collaborative college life experiences that will enable students to gain a strong sense of their personal and academic potential. Here is a brief overview of each:

<u>High School Honors</u> is a six-week residential, commuter, or online program in which students take Boston University undergraduate courses and earn up to 8 transferable college credits. Students must be entering their junior or senior year of high school in fall 2023.

<u>RISE Internship/Practicum</u> is a six-week, non-credit residential or commuter program in which students conduct scientific research in a university lab under the guidance of a faculty mentor. Students must be entering their senior year of high school in fall 2023.

Academic Immersion (AIM) is a three-week, non-credit residential or commuter program for students to focus intensively on a single academic topic while experiencing life on a college campus. This summer we are offering three AIM tracks: Introduction to Experimental Psychology; Introduction to Medicine; and Creative Writing. Each track combines classroom work in the subject area with hands-on experiential learning activities. Students must be entering their junior or senior year of high school in fall 2023.

<u>Summer Challenge</u> is a two-week residential or online program in which students take two non-credit seminars of their choice and experience college life. Students must be entering their sophomore, junior, or senior year of high school in fall 2023.

<u>Summer Preview</u> is a one-week, non-credit residential or commuter program in which students explore one subject of interest while previewing the college experience. Students must be entering eighth grade or their freshman or sophomore year of high school in fall 2023.



Looking for Summer Education Options?



For students curious about what it means to be a journalist, reporting and producing news that informs communities, the Scripps Howard Emerging Journalists Program at Elon University provides the ideal platform to explore their media interests.

Visit Elon University's website at <u>Elon University / School of Communications / Scripps Howard Emerging Journalists</u>

<u>Program at Elon</u> for more information on the application.

The goal is to engage hundreds of high school students from around the country, providing hands-on journalism experience. Through the program's virtual Exposure component, students will participate in four interactive learning sessions and build foundational journalism skills.

The second phase of the program, Immersion, brings high school juniors to Elon for a summer on-campus residential learning workshop.

Additionally, students who complete the Immersion program will be assigned two mentors — an Elon communications student and a professional journalist — to help identify, report and produce multimedia stories during their senior year of high school.

There are countless opportunities in journalism, and the Exposure component of the Emerging Journalists Program is designed to give you the foundational skills to see what a collegiate or professional career could look like as a storyteller.

What's involved

Participants in the Exposure experience get access to virtual educational opportunities throughout spring 2023 to learn about journalism and communications careers and the importance and power of their voice. Although each session assumes no previous journalism knowledge, even students who already are involved in high school publications will walk away with new skills and perspectives.

What you get

- *Four learning sessions on foundational journalism skills, including News Gathering & Writing; Editing & Design; Photojournalism & Multimedia Broadcast; and Law & Ethics.
- *A certificate of completion for completing all four session assessments.
- *High school juniors from diverse socio-economic, racial or ethnic backgrounds who successfully complete the Exposure experience will be invited to apply for the Immersion experience, a 12-day, experiential learning workshop on Elon University's campus with travel, lodging, meal and instructional expenses paid for by EJP.

Who's eligible

Anyone may apply to take part in the Exposure experience. There is no cost, although participants will need to have access to technology for accessing virtual sessions and completing assessments.



COLLEGE PLANNING TIMELINE

For 9th Grade & 10th Grade

- · Take courses that challenge you.
- · Use Major Clarity to explore course options such as honors, AP, and Career Pathways.
- · Pursue extracurricular interests such as clubs, sports or community service.
- · Take the PreACT in fall, required school test.
- · Start using free ACT and SAT test prep resources.
- · Review your goals for the future with your counselor.
- · Use Major Clarity and SCOIR (on high school start up page) to begin exploring careers and colleges.
- · Check admission requirements for colleges that interest you.

For 11th Grade

- · Take the PSAT in October. Must sign up through school, as test is optional.
- · Prep for the ACT & SAT tests using ALBERT in high school start up page.
- · Attend college fairs and financial aid workshops.
- · Visit colleges.
- · Use SCOIR & CFNC.org to start researching scholarships, grants and loans.
- Talk with coaches about college sports and scholarship eligibility.
- · Take required school day test for ACT in spring.
- · To take an additional ACT or SAT register online to take on a Saturday.
- Narrow down list of colleges.
- Plan your senior year courses carefully.



Helpful Hints from the Counseling Department



Strategies to Staying Calm During Tests (continued)

At the exam:

- *Approach the exam with confidence. View the exam as an opportunity to show how much you've studied and to receive a reward for the studying you have done.
- *Read the directions carefully
- *Budget your test taking time
- *Change positions to help you relax
- *If you go blank, skip the question and go on. Remember that you do not have to take the test in any order. If you find essays easiest, do these first. If you prefer the multiple choice section, do these first. If you want, work on the questions that are easiest for you... oftentimes they will trigger answers for other questions. If you ever blank on an essay, jot down anything you can recall on scratch paper or on the back of a page to stimulate your memory and get your mind working.
- *Don't hesitate to ask for clarification from the teacher if you have questions about directions, procedure, etc., rather than let anxiety build up because you aren't sure about what you are expected to do.
- *Relax yourself physically during the test, if you notice that you are not thinking well or are tight. Pause, lay your test aside, and take several slow, deep breaths. Concentrate on your breathing. Do this if you notice that you are worrying excessively about one problem, not reading carefully, forgetting information you know.
- *Pay attention to the test, not to yourself and others. Don't waste time worrying, doubting yourself, wondering how other people are doing, blaming yourself, etc. Don't worry about what you should have done; pay attention to what you can do now.
- *Don't panic when students start handing in their papers. Take the whole period if you need to. There's no reward for being the first done and test-taking is not a race. Often the thoughtful, slower students do better than the fast, careless ones.



Quick Links

Office Phone: 704-296-0154

PWHS & UCPS Information

- Counseling Department
- PWHS CTE
- UCPS Calendar
- Media Center
- School Calendar
- Transportation Bus App (New!)
- Volunteer Information

Instructional Support

- Student Technology Help Desk
- <u>Technology Tutorials for Parents and Students</u>
- EmpowerEd Parent Portal
 - Mobile Apps, Attendance and Grades, Canvas Access and Tutorials
 - Tutorial Video

Back to School Forms

- Free and Reduced Lunch Application (If Applicable)
- Military Connected (If Applicable) *
- Notice of Right to Withhold Consent (If Applicable) *
- Request for Medical Information (Required) *
- Authorization to Carry Medicine (If Applicable) *

^{*} Indicates physical copy. Please print, complete and return to homeroom teacher, if applicable. Physical copies are available in front office, upon request.



Quick Links

PWHS Student Handbook

- Attendance Policy
- Student Dress Code

Edulog for Bus Transportation Zone

Parking Pass Info

Yearbook Information

Say Something Anonymous Reporting System

Chromebook issues:

- New students report to media center to collect new computer
- Broken computers/computer issues, see Mr. Gaither between 12:00 - 4:00