

# Winter/Spring 2020



**Youth and Adult  
Enrichment Registration  
opens  
December 18, 2019**



Leap Into Books on February 29!

**Preschool  
& ECCE  
registration  
opens  
March 9, 2020**



**EARLY LEARNERS**



**YOUTH LEARNERS**



**ADULT LEARNERS**



Greetings....

Welcome to our Winter/Spring 2020 catalog! There are many great classes to choose from for both Youth and Adult learners, including new cooking classes, fitness classes, and several opportunities for adults and children to paint art masterpieces together.

As you page through the classes in this catalog, take a look at the Early Learning Services section. Registration for Fall 2020 ECFE and Preschool classes begins at 8:00 a.m. on March 9, 2020. This is the perfect time to enroll your early learner in the great early learning programs provided by Bloomington Public Schools.

We are so excited to announce that the Second Annual Bloomington Bookfest has been scheduled for Saturday, February 29th from 9:00 a.m. - Noon at Oak Grove Middle School. Our theme will be "Leap Into Books" as February 29

is Leap Day! Come join us for all the fun-filled reading activities, costumed characters, and reading-themed rooms. All children attending will receive a free book!



Thank you for your continued support of the programs under the umbrella of Community Education....from fitness classes to building reservations, swim lessons to after school child care, Community Education is your local resource to continue your lifelong learning.



### Noteables

This is the first year we have combined our winter and spring programming into one catalog. We hope you enjoy the layout of the catalog as well as all the great new classes being offered. Our next catalog will combine our summer camp program with Youth and Adult Enrichment classes. Look for the catalog to come out in February 2020.

Due to the many weather-related school closings Bloomington Public Schools had last winter, we will be issuing vouchers for classes cancelled due to inclement weather. This year the vouchers will apply only to classes that have multiple sessions where a make up date cannot be scheduled. Refunds will still be given for single session classes that cannot be rescheduled.

Thank you for filling out the electronic surveys that are sent out once a class is finished. We do read your comments and take them to heart when planning our classes. Your feedback is very important to us!

For more information on any of our programs or services, please give us a call at 952-681-6108.

### Mission Statement

The mission of Bloomington Community Education is to provide engaging high-quality lifelong learning opportunities that enrich the lives of our diverse community.

### Community Education Advisory Council

Interested in learning more about what's going on in the community? Would you like to be involved in a group that supports programming from our youngest learners to adult enrichment classes? We would like to hear from you! The CEAC meets for 1 1/2 hours, five times during the school year, September, November, January, March and April. During a typical meeting you may hear from leaders at local non-profits or businesses and be informed, as well as asked for your input, on Community Education offerings. If this sounds interesting to you, please contact the Community Education office at 952-681-6103.

### School Board Members (starting in 2020)

Beth Beebe, Tom Bennett, Nelly Korman, Mia Olson, Jim Sorum, Heather Starks, and Dawn Steigauf

School Board meetings take place on the second and fourth Monday of each month at 7 p.m. Meetings are held in the Arlene Bush Board Room at the Educational Services Center, 1350 West 106th Street, Bloomington, MN. (Exception: If a holiday falls on a Monday, the Board session will be on Tuesday.) The third Monday of the month is reserved for a study session, a board meeting or a combination thereof at 7 p.m. unless determined otherwise.



Register for classes with  
your Visa, MasterCard or  
Discover Card  
24 hours a day!  
[bloomington.ce.eleyo.com](http://bloomington.ce.eleyo.com)

Bloomington Community  
Education  
2575 W. 88th Street, Suite 200  
Bloomington, MN 55431

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## Bloomington Community Education Staff

### EXECUTIVE DIRECTOR

952-681-6102

### Early Learning

Director of Early Learning Services	952-681-6214
Administrative Secretary	952-681-6213
Preschool Program Secretary	952-681-6212
ECFE and Screening Secretary	952-681-6203

### Youth Learning

Swim Coordinator	952-681-6134
Kids' SAFARI and ELA Secretary	952-681-6125
Kids' SAFARI Billing/Registration	952-681-6128
Inclusion Liaison	952-681-6105/6120
Youth Enrichment, Driver's Ed Admin.	952-681-6111
Youth & Adult Services Director	952-681-6129
Youth Enrichment Coordinator	952-681-6108
Swim Admin.	952-681-6113

### Adult Learning

CHOICE Admin. Clerk	952-681-6172
Learning Exchange	952-681-6121
Adult Enrichment Coordinator	952-681-6108
Metro South Director	952-681-6107
Adult Enrichment/Swim Admin.	952-681-6113
Metro South Information Desk Secretary	952-681-6170

## Bloomington Public Schools District Website

[www.bloomingtonschools.org](http://www.bloomingtonschools.org)

## Community Education Class Registration

[bloomington.ce.eleyo.com](http://bloomington.ce.eleyo.com)

952-681-6132

952-681-6101 (fax)

## Community Education General Phone Number

952-681-6100



Bloomington Community Education



@BloomingtonCe



Look for our youth class flyers on Peachjar. Go to our website home page at [ce.bloomington.k12.mn.us](http://ce.bloomington.k12.mn.us).

Click on the peachjar flyers button on the right hand side of the page.

## Early Learning Services Registration

Information on Early Learning Services starts on page 5 in this catalog. You will find classes designed for all stages of early learning. Early Childhood Family Education provides classes for both children and parents/caregivers. Preschool classes are available to prepare your child for kindergarten.

## Youth and Adult Class Registration

In this catalog you will find Youth and Adult Enrichment classes. Whether you are looking for a class to enhance your child's experience in our after school Kids' SAFARI program or are looking to get your children involved in non-competitive sports, we offer a fantastic array of youth classes. For adults, our classes can help you get your mind and body in shape, teach you to express yourself through arts and crafts, or provide sound financial advice. To get started, take a look through this catalog and pick your class. The next step is to register. **You can register for classes five ways:**

- Call us at 952-681-6132 and we can register you by phone.
- Stop by our office at 2575 West 88th Street, Suite 200, and we can register you in person.
- Mail in the registration form from this catalog, along with your check or credit card information.
- Fax the filled out registration form to 952-681-6101.
- Register online at <https://bloomington.ce.eleyo.com>.

## Financial Assistance

Bloomington Community Education recognizes that some of our families may need financial assistance to participate in our classes. That's why we offer financial assistance for our Youth and Adult Enrichment classes, our Swim classes, coupons to use for children in Kids' SAFARI, and a sliding fee scale for ECFE classes and Preschool classes.

### Here's how you can obtain financial assistance:

- For Youth and Adult Enrichment classes, please send an email to [mglynn@isd271.org](mailto:mglynn@isd271.org) or call 952-681-6108 and request a financial aid form.
- For Swim classes, send an email to [thetland@isd271.org](mailto:thetland@isd271.org) or call 952-681-6113.
- If your child is in Kids' SAFARI, you are eligible to use the coupon found on page 20 in this catalog.
- For ECFE classes and Preschool classes, use the sliding fee scale to determine what you will pay for the class.

## Education Foundation of Bloomington

The Education Foundation of Bloomington provides financial support for our financial assistance program for Youth Enrichment classes. Their continued support and generous donation ensures that more students receive needed financial assistance to participate in Bloomington Youth Enrichment classes. We thank them for their support and contribution to Bloomington Community Education!

## About Our Cover Photos

Photos are from our Community Education programs: Early Childhood Family Education, SLAM Guitar Camp, and Metro South Level One English as a Second Language class.

## How to register for classes

### Online

[bloomington.ce.eleyo.com](https://bloomington.ce.eleyo.com)  
Register anytime, 24 hours a day.  
Immediate credit card processing  
and class confirmation.

### In Person

2575 W. 88th Street, Suite 200  
Bloomington  
Monday - Friday  
7:30 a.m. - 4:30 p.m.  
Pay by credit card, check or cash. If  
paying by cash, have exact amount.

### Phone

952-681-6132  
Monday - Friday  
8:00 a.m. - 4:30 p.m.

### Fax

952-681-6101  
Fax your registration along with your  
credit card information.

### Mail

Community Education  
2575 W. 88th Street, Suite 200  
Bloomington, MN 55431  
Make checks payable to ISD 271

Registration opens December 18 and  
remains open until at least a week  
before the class starts. Please call us if  
registration is closed to see if we can fit  
you in. If the class is filled or cancelled,  
registration immediately closes.  
Registrations are accepted on a first-  
come, first-served basis.

Don't delay registering for the class you  
want to take. Decisions to cancel a class  
based on low enrollment are made the  
week before the class starts.

Don't miss your chance to register!

### Please note:

You will only hear from us in the event  
of a class change, class cancellation, or  
if the class is full. Online registrants will  
receive an email confirmation.



# Cancellations

## Adults

Customer-initiated cancellations received within 5 or more business days prior to the start of the class will qualify for a refund minus a non-refundable \$10 processing fee, per person, for each class cancelled. Cancellations made less than 5 business days prior to the start date of the class will not be eligible for a refund. There are no refunds issued after the class has begun. Remember, if you are unable to attend a class, you can notify us and send another adult to take your place. Community Education reserves the right to cancel any class that does not meet the minimum enrollment. You will be contacted and complete refunds will be given when this occurs.

## Youth

Registration is due prior to the start of class. Cancellations received within 5 or more business days prior to the start of the class will qualify for a refund minus a non-refundable \$10 processing fee, per child, per class. Cancellations made less than 5 business days prior to the start date of the class will not be eligible for a refund. There are no refunds issued after the class has begun. There are no make-ups for missed classes by the student. Community Education may cancel a class due to low enrollment. A parent or guardian will be contacted in the event a class is cancelled.

## Vouchers

Vouchers will be issued for cancellations by Community Education due to inclement weather. This will apply to multi-session classes only, where a make-up date cannot be set. Check or credit card refunds will no longer be given. Vouchers are limited to the same type and price of class. Examples of a class cancellation where a participant would receive a voucher: Swimming Lessons, Piano Lessons, Fitness Classes.

## Registration Notes

Adults with disabilities who need a sign language interpreter, note taker or other accommodations to participate in Community Education classes should call Learning Exchange at 952-681-6121 or email [jclarke@isd271.org](mailto:jclarke@isd271.org) at least 10 business days prior to the start of class.

Class confirmations are only sent to those who enroll in classes online. You will receive an immediate receipt/confirmation message. For all other registrations, assume you are in the class unless you hear from us.

Adult classes have a minimum age requirement of 16 years or older (unless otherwise indicated).

Financial aid is available for low income youth and adults. Call 952-681-6108 for more information.

In the event of bad weather, you will receive either a call, email, or text from Bloomington Community Education if classes are cancelled.

UCare MN members may take a discount of up to \$15 on most classes. If class is less than \$15, members may take the class free of charge. Members must be on UCare at the time of registration and need to include their member ID number on the registration. Some limitations may apply. Participants must register by phone, mail, or in person to receive discount.

Your privacy is important to us. The registration information you provide to Bloomington Community Education is considered private data under state and federal law. We use the information you provide for the purposes of administering the activity and to contact you about upcoming activities. While you may choose to withhold this information, there may be consequences that could limit the distribution of information to the participant (e.g. no team roster or class confirmation.) Access to contact information is limited to individuals involved in the activity.

Unless you notify Bloomington Community Education, photos and videos taken within Bloomington Community Education classes, programs and activities may be included in Community Education publications in print and online



Don't forget to share your cell phone number with us. We can now text you when classes cancel, but only if we know your cell number.

Update your user profile in Eleyo to include your cell phone number and click on "can receive SMS." We will only text you in case of last minute class cancellations.

Help us keep you informed by being able to receive our texts!

# Bloomington Bookfest

Leap Into Books!



Join us on  
**Saturday, February 29**  
**9:00 a.m. - 12:00 p.m.**  
**for Bloomington Bookfest!**

**Oak Grove Middle School**  
**1300 West 106th Street**  
**Bloomington, MN**

## New This Year!

Belinda Jensen

KARE 11 Meteorologist and author of *Bel the Weather Girl*



## Returning authors!

Douglas Wood

Author of *The Old Turtle*



Nancy Carlson

Author of *I Like Me!*



- Explore literacy with local children's book authors
- Visit reading-themed rooms
- Meet costumed characters based on popular children's books
- Every child goes home with a free book!
- Check out summer camps for children
- Participate in fun art activities

**For more information visit**  
**[bloomingtonbookfest.org](http://bloomingtonbookfest.org)**

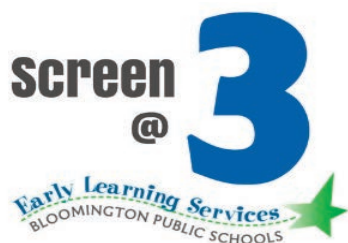
**or call:**

**952-681-6108**





# Early Learners



## Early Childhood Screening

Early Childhood Screening is a free program in Minnesota that checks how a child is developing and growing. Included are vision and hearing tests, as well as screening for development, health, and other factors that may affect your child's growth. Screening is FREE and should be completed as soon as possible after your child's 3rd birthday. Call: 952-681-6200.



## Early Learning Services

Early Learning Services is a Four-Star Parent-Aware rated program encompassing Early Childhood Family Education (ECFE), Early Childhood Screening, and Preschool programming for three-year-olds and four-year-olds. Programming is located at Pond Center and Southwood Center offering both ECFE and preschool classes, as well as preschool programming at four of Bloomington Public Schools elementary schools: Valley View Elementary, Washburn Elementary, Indian Mounds Elementary and Oak Grove Elementary. For more information call 952-681-6200.

## Early Learners Academy

Early Learners Academy is a Four-Star Parent-Aware rated, all-day early



education program for children ages 3-5 that focuses on child care and preparing students for kindergarten. The Academy is housed within three Bloomington Public Schools award-winning elementary schools. All sites are open from 6:30 a.m. to 6 p.m.

- **Hillcrest Community School:**

Five-day program

- **Poplar Bridge Elementary School:**

Five-day program

- **Westwood Elementary School:** Two-, three-, and five-day programs. For more information call 952-681-6128.

# Early Childhood Family Education: ECFE

Early Childhood Family Education (ECFE) is based on the idea that parents provide their child's first and most significant learning environment and parents are children's first and most enduring teachers. ECFE works to support you as a parent/caregiver and to strengthen and empower families. The goal is to enhance the ability of all parents and other family members to provide the best possible environments for their child's learning and development.

## Typical ECFE Classes

Classes include learning for everyone! Every class provides learning for both children and parents/caregivers.

- A licensed early childhood teacher and paraprofessional are with your child the whole class time. Each classroom is designed to provide learning toys and materials that are just right for your child's age and development.
- Your child's teacher will provide learning activities and experiences that support the Minnesota state standards for children ages birth to 5-years-old.
- Whether your ECFE class is a separating class or a class with gradual separation, each class has time for parent education and a time for parent/child learning activities.



## Preschool

Preschool is an exciting time in your child's life. The Bloomington preschool program is committed to preparing your child for success in kindergarten and beyond! Curriculum is based on the MN Early Childhood Indicators of Progress. Parent involvement sessions are held throughout the year. Our licensed teachers help children discover a love for learning!



### Three-Year-Old Preschool

Three-year-olds are bursting with energy and enthusiasm for learning and for making friendships. It is a time of physical, emotional and intellectual change. At 3, your child may be going to school for the first time. Our preschool program will provide a positive introduction to school. Opportunities to practice social skills, math, language, art and music activities will help build a foundation for school success.

We offer 3-year-old preschool for 2.5 hours a day for 3 days per week (M/W/F) or 2 days per week (T/Th) at both Pond and Southwood Centers.

### Four-Year-Old Preschool

The year before kindergarten is an exciting time, as your child's abilities and independence grow by leaps and bounds! Preschool classes for 4-year-olds focus on providing a foundation for lifelong learning and to help create social relationships. Children have both large and small group learning experiences in literacy, writing, math, music, art, and science.

We offer 4-year-old preschool 5 days per week (M-F) for 2.5 hours at Pond and Southwood Centers and for those who live in the attendance areas of Valley View, Washburn, Indian Mounds, and Oak Grove Elementary sections at those schools.



# How to register for classes

## Preschool registration for 2020-2021

opens at 8 a.m.  
on March 9th

### Checklist:

- ☐ **Class Registration** <https://bloomingtonschools.org/startnow>
- ☐ **Online Student Enrollment** <https://www.bloomingtonschools.org/OLR>
- ☐ **Early Childhood Screening**  
Please call 952-681-6200.  
To make an appointment visit:  
[ecscreening.youcanbook.me](https://ecscreening.youcanbook.me)



**Online**  
[bloomington.ce.eleyo.com](https://bloomington.ce.eleyo.com)



**Phone**  
952-681-6200



**In Person**  
Pond Center,  
9600 3rd Ave S.  
Bloomington 55420

**Register early! Spots fill quickly!**

## Family Events at Pond Center

### Creative Play Night

January 16, 5:30-7 p.m.

Learning is messy! Come join other families with young children for an evening of creative playtime.

- Let your children enjoy a variety of ways to express their artistic side; paint, chalk, markers, dancing, puppets, make-believe are just a few of the creative activities kids will enjoy.
- Take simple objects, add some glue, paint or feathers and see what your child will create.
- Get ideas to do at home during the winter months!

## Family Literacy Night

February 13, 5:30-7 p.m.

Literacy is the key to success in school, and it begins at birth! Come learn ways to encourage talking, singing, reading and writing with your young children. Each child will receive a book of their own to keep!

The MORE that you READ,  
The MORE things you will KNOW.  
The MORE that you LEARN,  
The MORE PLACES you'll go!

— Dr. Seuss

### What If Bloomington Public Schools are closed or have an early release?

Early Learning Services will also be closed (ECFE, Screening and Preschool). There are no refunds for canceled classes due to weather or emergencies.

### EARLY CHILDHOOD SPECIAL EDUCATION

While all children grow at their own rate, some children experience delays in their development. Special health conditions may also affect children's development. Early Childhood Special Education (ECSE) offers (at no cost to families) information, support and referral services that may help a child and family. ECSE provides free special education services, including special education teacher support, occupational therapy, physical therapy, and/or speech and language therapy, to children from ages birth to kindergarten. These services can be provided in a variety of settings including in your home, in a school-based early childhood program, or in community-based childcare. Children are eligible for Early Childhood Special Education through a special education evaluation.

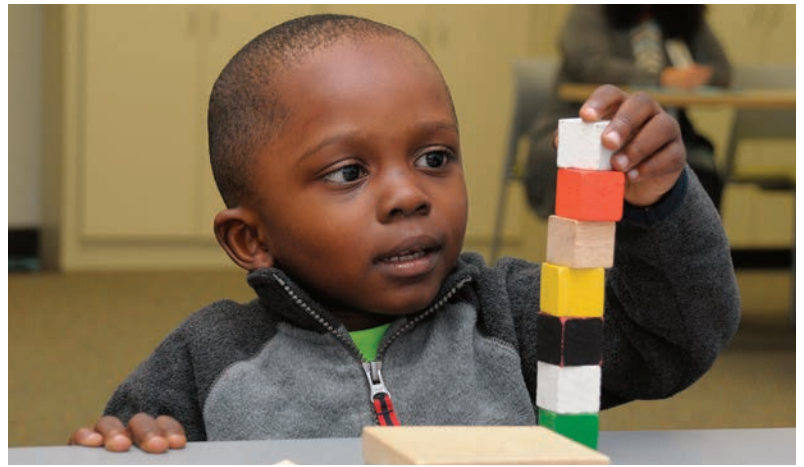
### Do you have concerns about your child's development?

#### HELP ME GROW

- Help Me Grow provides resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost. [Helpmegrowmn.org](https://helpmegrowmn.org)



For event information,  
like our Early Learning  
Services Facebook page.



## Early Childhood Screening

**Your child will be screened in these important developmental areas:**

- Preschool Concepts
- Communication Skills
- Motor Skills
- Social Skills

**What age should my child be screened?**

The screening is most valuable when completed as soon as possible after the child's third birthday, but must be completed before the child enters kindergarten.

**Where are screenings held?**

**Pond Center**

9600 3rd Avenue South  
Bloomington, MN 55420  
952-681-6200

### Early Childhood Screening

Las Escuelas Públicas de Bloomington recomiendan que los niños sean evaluados a la edad de tres años. La Evaluación es fácil y es buena para su hijo(a)

- Saber como está creciendo su niño.
- Conectar con programas de la niñez temprana y otros servicios.
- Contestar las preguntas que puedan tener los padres.

**Llame para hacer una cita:**  
**952-681-6219**

**How much  
does screening  
cost?**

**Early Childhood  
Screening is free!**

Trường Mầm Non của Bloomington khuyến khích các trẻ em nên có giám định vỡ lòng ở độ 3 tuổi. Giám định này miễn phí, dễ dàng và rất có lợi cho con của quý vị!

Giám Định Vỡ Lòng giúp

- Quý vị biết khả năng hiểu biết hiện tại của con quý vị.
- Nối Kết quý vị với các chương trình và giáo dục vỡ lòng.
- Giúp giải đáp các thắc mắc mà quý vị có về giáo dục các em.

**Xin gọi để lấy hẹn:**  
**952-681-6200**

Bloomington waxay ku talinayan in caruurta 3 jirka ah baaritan la mariyo.

Baaritankas oo ah mid lacag la'aan ah aadna u fudud una wanagsan cunugada!

Baaritaanka hore ee carruurnimada wuxuu ka caawiya

- Waxad oganaysa siduu ilmahaagu yahay.
  - Wuxuu kugu xiriya barnamijyada iyo adeegyada horaanta xananada caruurta.
  - Waxad jawaab u helesaa walid ahan su'aalaha aad qabtid.
- Soo wac si aad balan u qabsatid:**  
**952-681-6269**



# Youth Learners

## Youth Enrichment

Community Education Youth and Family Enrichment programs offer a variety of school-year, evening and summer education and recreation opportunities for children of all ages. Programs are available on an on-going basis at a variety of school locations throughout the district. For more information call: 952-681-6132.



### Kids' SAFARI

Kids' SAFARI accepts all students residing in or attending an elementary school in Bloomington. During the school year, Kids' SAFARI provides programming for students enrolled in kindergarten through grade 5. During the summer, Kids' SAFARI provides full-day programming for students entering kindergarten through the completion of grade 5. For more information call: 952-681-6128.



### Galaxy

Galaxy Middle School Youth Centers provide Bloomington youth in grades 6-8 a safe and fun place to be with friends after school. During unstructured time, youth can hang out together in the lounge, watch movies, play video games, or do homework in the computer lab. Galaxy is a joint program between Bloomington Public Schools and the City of Bloomington. For more information call: 952-681-6512.

**GALAXY  
YOUTH  
CENTER**



### SWIM

Bloomington Community Education takes great pride in our comprehensive swim program.

Lessons cover all ages from Parent & Child, Little Swimmers, Beginning, Intermediate and Advanced Swimmers, and Adults. Fitness and Open/Lap Swim is also available. For more information call: 952-681-6134.

### Driver's Education

Bloomington Community Education offers two options for Driver's Education: a package of classroom and behind the wheel training or a stand-alone behind the wheel training tailor-made for students taking classroom instruction at the high schools. For more information call: 952-681-6111.



### Parent/Child Cookies & Canvas, with Watch Me Draw!

**Gr K-5** Kids, bring your favorite grown up for a paint date! Have a blast together painting either the adorable bunny, the delectable cupcake (where cupcakes, instead of cookies, will be served), or the lovable puppy. You'll each paint your own canvas--so your own masterpieces! No experience necessary. Our instructor will lead you step by step through the painting. We will have cookies to share at the end while we display our beautiful works for the class. Come for the cookies and leave with a canvas!

*Instructor: Watch Me Draw!*

#### Cupcake Painting

**WMCP3-CEC** 1 Session - \$49/\$59/\$69  
Saturday, Feb. 22 9 -11 a.m.  
CEC 236-237

#### Bunny Love

**WMBL4-CEC** 1 Session - \$49/\$59/\$69  
Saturday, Apr. 4 9 -11 a.m.  
CEC 236-237

#### Puppy w/Bow

**WMPB4-CEC** 1 Session - \$49/\$59/\$69  
Saturday, May 16 9 -11 a.m.  
CEC 236-237

### For the Parent/Child Cookies & Canvas class:

\$49 is for 1 parent & 1 child

\$59 is for 1 parent & 2 children

\$69 is for 1 parent & 3 children



### Make Your Own Cards

**New Class!** **Gr. 2-5** Learn to make your own greeting cards to give to family and friends. Using ink stamps, craft paper, and markers, your child will create fun greeting cards for special holidays, birthdays, or just to give out for fun. All materials included.

*Instructor: ISD 271 - Community Education*

**CARD4-IM**  
Wednesday, Apr. 22  
IM Lunchroom

1 Session - \$7  
3:30-4:30 p.m.

**CARD4-VV**  
Thursday, Apr. 23  
VVE Lunchroom

1 Session - \$7  
3:30-4:30 p.m.



### Create A Dinosaur Garden

**New Class!** **Gr. K-3** Have fun creating a Dinosaur Garden using pebbles, plants, glass beads, volcanos, and of course, your very own dinosaur! Make your garden look real, or use your imagination to create a scene right out of Jurassic Park! All materials provided.....your student brings their creative skills to this fun art class.

*Instructor: ISD 271 - Community Education*

**DINO3-IM**  
Monday, Feb. 10  
IM Lunchroom

1 Session - \$7  
3:30-4:30 p.m.

**DINO3-VV**  
Tuesday, Feb. 25  
VVE Lunchroom

1 Session - \$7  
3:30-4:30 p.m.



### Olaf and Friends with Kidcreate Studio

**Gr K-5** If you're as excited for *Frozen 2* as we are, come join us on an Arendelle adventure! We'll travel through the kingdom with Olaf and his friends, using paint, clay, and so much more to create many icy masterpieces. We'll even get in touch with our ice powers and create our very own snow globes and Olaf bobble heads! This is a class that *Frozen* fans won't want to miss!

*Instructor: Kidcreate Studio*

**KSOF3-PB** 4 Sessions - \$69  
Thursdays, Jan. 9-30 3:30-4:30 p.m.  
PB Lunchroom

**KSOF3-OL** 4 Sessions - \$69  
Tuesdays, Jan. 21-Feb. 11 3:30-4:30 p.m.  
OLE Lunchroom

**KSOF3-NH** 4 Sessions - \$69  
Fridays, Jan. 24-Feb. 21 3:30-4:30 p.m.  
(No Class Feb. 14)  
NH Lunchroom

**KSOF3-HC** 4 Sessions - \$69  
Thursdays, Feb. 6-Mar. 5 4-5 p.m.  
(No Class Feb. 27)  
HC Lunchroom

**KSOF3-RV** 4 Sessions - \$69  
Tuesdays, Feb. 25-Mar. 17 3:40-4:40 p.m.  
RV Lunchroom

**Education Foundation  
of Bloomington** provides financial support for our financial assistance program. Their continued support and generous donation ensures that more students receive needed financial assistance to participate in Bloomington Youth Enrichment programs.





### Unicorn Slime with Kidcreate Studio

**Gr. K-5** Come explore the magical, mystical unicorn universe with us! We'll learn the secret recipe for fabulous, glittery unicorn slime and take it home in a unicorn jar so sparkly that it's guaranteed to dazzle! If you love unicorns, you will LOVE this class.

*Instructor: Kidcreate Studio*

**KSUS4-IM** 1 Session - \$20  
Monday, Apr. 13 3:30-4:30 p.m.  
IM Lunchroom

**KSUS4-PB** 1 Session - \$20  
Thursday, Apr. 30 3:30-4:30 p.m.  
PB Lunchroom

**KSUS4-WB** 1 Session - \$20  
Wednesday, May 6 3:30-4:30 p.m.  
WB Lunchroom

**KSUS4-OL** 1 Session - \$20  
Tuesday, May 12 3:30-4:30 p.m.  
OLE Lunchroom

**KSUS4-WW** 1 Session - \$20  
Tuesday, May 19 3:30-4:30 p.m.  
WW Lunchroom

### Parent/Child Magic for All Ages

**New Class! Ages 10+** Have you ever been amazed by a magician? Are you looking for a new activity to introduce to your child....one that you can share together? Magic is a great way to "think outside the box" and to gain confidence in front of a group, building self-esteem! The tricks taught in this class are easy to master and suitable for all ages. Adults with a child over the age of 10 can attend the class or adults without a child can attend. All materials are provided by the instructor who hosts the television show "The Magic Book Nook."

*Instructor: Homeward Bound Theatre Company*

**MAGIC-1CEC** 2 Sessions - \$42 Adult only  
\$64/child/adult  
Saturdays, Mar. 14 & 21 10-11:30 a.m.  
CEC 230



### Slime-Tastic Art with Kidcreate Studio

**Gr K-5** It's a slime takeover! In this class, slime is the main event. We'll explore different slime recipes as we create tons of gooey, sparkly, stretchy, messy goo. From an out-of-this-world glitter solar system slime, to confetti cake slime to a bubblegum scented slime, we'll make a different slime during each day of class. We'll even throw in a little painting and sculpting on the side. Roll up your sleeves, and get ready for the Slime-Tastic time you've been waiting for!

*Instructor: Kidcreate Studio*

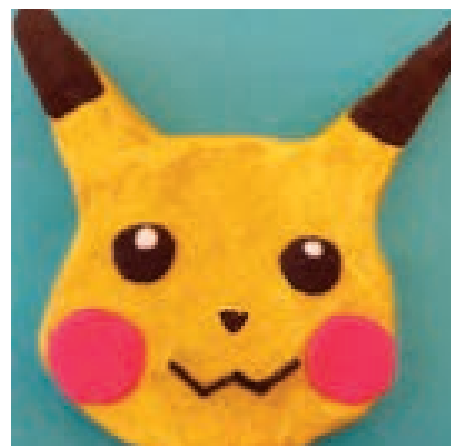
**KSST4-PB** 4 Sessions - \$69  
Tuesdays, Mar. 31-Apr. 21 3:30-4:30 p.m.  
PB Lunchroom

**KSST4-WW** 4 Sessions - \$69  
Thursdays, Apr. 9-30 3:30-4:30 p.m.  
WW Lunchroom

**KSST4-NH** 4 Sessions - \$69  
Fridays, Apr. 17-May 8 3:30-4:30 p.m.  
NH Lunchroom

**KSST4-WB** 4 Sessions - \$69  
Mondays, Apr. 27-May 18 3:30-4:30 p.m.  
WB Lunchroom

**KSST4-RV** 4 Sessions - \$69  
Tuesdays, Apr. 28-May 19 3:40-4:40 p.m.  
RV Lunchroom



### Pikachu & His Pokemon Pals with Kidcreate Studio

**Gr K-5** Is your child crazy for Pokemon? Do they love trading Pokemon cards? Then we have the perfect class for them! We'll use clay, sparkly paint, and Model Magic® to create everyone's favorite Pokemon, Pikachu!

*Instructor: Kidcreate Studio*

**KSPP3-HC** 1 Session - \$20  
Friday, Jan. 24 4-5 p.m.  
HC Lunchroom

**KSPP3-NH** 1 Session - \$20  
Monday, Jan. 27 3:30-4:30 p.m.  
NH Lunchroom

**KSPP3-OG** 1 Session - \$20  
Monday, Feb. 10 3:30-4:30 p.m.  
OGE Lunchroom

**KSPP3-RV** 1 Session - \$20  
Tuesday, Feb. 11 3:40-4:40 p.m.  
RV Lunchroom

**KSPP3-VV** 1 Session - \$20  
Thursday, Mar. 12 3:30-4:30 p.m.  
VVE Lunchroom

### Financial Assistance

A limited number of financial assistance scholarships are available for Youth Enrichment Program participants. Funds must be used to offset fees for a qualifying Bloomington Community Education class. Certain classes are exempt including Kids' SAFARI, ELA, Preschool, ECFE, Open Swim/Lap Swim, and Driver's Education. Students must be enrolled in a Bloomington public or

private school. A child may receive a reduction in fees for no more than one class per child, per quarter, or up to 4 times per year, July 1- June 30, for a maximum amount of \$200 per fiscal year or until fee assistance funds are no longer available. For information about financial assistance, call 952-681-6108 or email [mglynn@isd271.org](mailto:mglynn@isd271.org).



## Dance, Theater & Music

### Jazz and Hip-Hop, with Mayer Arts

**Gr. 1-4** Get into the Groove! Our dance classes will be sure to keep students active. Learn upbeat styles such as jazz and hip hop and move to your favorite songs. The students will also learn warm-ups such as stretching, isolations and across the floor exercises! Come learn to leap, turn and shine. This class is not only fun, but will improve posture, strength and flexibility in a positive and self-esteem-building atmosphere. Ballet or jazz shoes are required

*Instructor: Mayer Arts - Gina Mayer*

**DJHH3-CEC Gr. 1-4** 8 Sessions - \$74  
Tuesdays, Jan. 7-Mar. 3 6:45-7:30 p.m.  
(No Class Feb. 25)  
CEC 236/237

**DJHH4-CEC Gr. 1-4** 9 Sessions - \$83  
Tuesdays, Mar. 31-May 26 6:45-7:30 p.m.  
CEC 236/237

### Wish Upon A Ballet

**Ages 3-6** This is a dance program for children that incorporates popular children's stories as well as ballet stories to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves, students will create a complete fairy tale experience while they skip, leap, jump and spin. This way, an introduction to the movements and vocabulary of ballet are taught in a fun and creative manner. Stories and songs are always entertaining and preschool-friendly. Children will learn an appreciation of dance and music, while developing strength and flexibility. Parents, family, and friends will be invited to a special performance at the end of the session. Come join the fun! Girls and boys will need ballet shoes. Girls should wear a leotard and tights. Boys should wear comfortable clothes they can move around in. Ballet shoes will be available to order on the first day of class for an extra fee.

*Instructor: Mayer Arts - Gina Mayer*

**Snow Queen**  
**DWUB3-CEC** 8 Sessions - \$74  
Tuesdays, Jan. 7-Mar. 3 5:5-45 p.m.  
(No Class Feb. 25)  
CEC 236/237

**Circus Polka**  
**DWUB4-CEC** 9 Sessions - \$83  
Tuesdays, Mar. 31-May 26 5:5-45 p.m.  
CEC 236/237

### Wish Upon A Ballet and Tap

**Ages 4-7** This program offers the same curriculum as our Wish Upon a Ballet program with the added fun of tap dancing! Tap helps children develop rhythm and motor skills! An introduction to the movement and vocabulary of these disciplines are taught with the help of musical instruments, parachutes and scarves. Students will develop poise, strength, and flexibility. Children should wear comfortable clothes they can move around in. Ballet and tap shoes are required and will be available to order on the first day of class for an extra fee.

*Instructor: Mayer Arts - Gina Mayer*

**Snow Queen**  
**DWUB3- CEC** 8 Sessions - \$83  
Tuesdays, Jan. 7-Mar. 3 5:45-6:45 p.m.  
(No Class Feb. 25)  
CEC 236/237

**Circus Polka**  
**DWUB4- CEC** 9 Sessions - \$93  
Tuesdays, Mar. 31-May 26 5:45-6:45 p.m.  
CEC 236/237

### Beat Goes On

**Gr. K-3** By the use of rhythm instruments, hand clapping, musical games and songs, you'll be introduced to the rhythmic side of music. You'll leave this class with your toes tapping.

*Instructor: Homeward Bound Theatre Company*

**HBBG3-NH** 3 Sessions - \$50  
Fridays, Jan. 24-Feb. 7 3:30-5 p.m.  
NH Lunchroom

**HBBG3-WB** 3 Sessions - \$50  
Wednesdays, Feb. 5-19 3:30-5 p.m.  
WB Lunchroom

**HBBG3-OL** 3 Sessions - \$50  
Tuesdays, Mar. 3-17 3:30-5 p.m.  
OLE Lunchroom

### Imagination Station

**Gr. K-3** Do you like acting and pretending to be someone else by changing your voice, facial expression or the way you walk? Join us for some fun theatre exercises and games. Have fun using your imagination while expanding your favorite story.

*Instructor: Homeward Bound Theatre Company*

**HBIS4-WW** 3 Sessions - \$50  
Tuesdays, Apr. 14-28 3:30-5 p.m.  
WW Lunchroom

**HBIS4-HC** 3 Sessions - \$50  
Tuesdays, May 5-19 4:5-30 p.m.  
HC Lunchroom

**HBIS4-OG** 3 Sessions - \$50  
Thursdays, May 7-21 3:30-5 p.m.  
OGE Lunchroom



## Enrichment & Self Reliance

### Afterschool Chess Club with Russ Erickson and Sophorn Phang

**Gr. K-5** Why join chess club? In a series of studies, students who learn to play chess demonstrate improvement in math and science test scores, enhanced reading performance, increased motivation and school achievement, improve memory skills, enhance independence, and use their imagination and creativity more. And most of all, the game is fun and challenging! Please note....payment is for the entire winter and spring session of classes.

*Instructor: Chess with Russ - Sophorn Phang*

**ECRE3-NH** 16 Sessions - \$192  
Mondays, Jan. 6-May 18 3:30-4:30 p.m.  
(No Class Jan. 20, Feb. 17, Mar. 9 & Mar. 23)  
NH Lunchroom

**ECRE3-RV** 18 Sessions - \$216  
Tuesdays, Jan. 7-May 19 3:40-4:40 p.m.  
(No Class Feb. 18 and Mar. 24)  
RV Lunchroom

**ECRE3-WW** 18 Sessions - \$216  
Wednesdays, Jan. 8-May 13 3:30-4:30 p.m.  
(No Class Mar. 25)  
WW Lunchroom

### American Sign Language for Youth

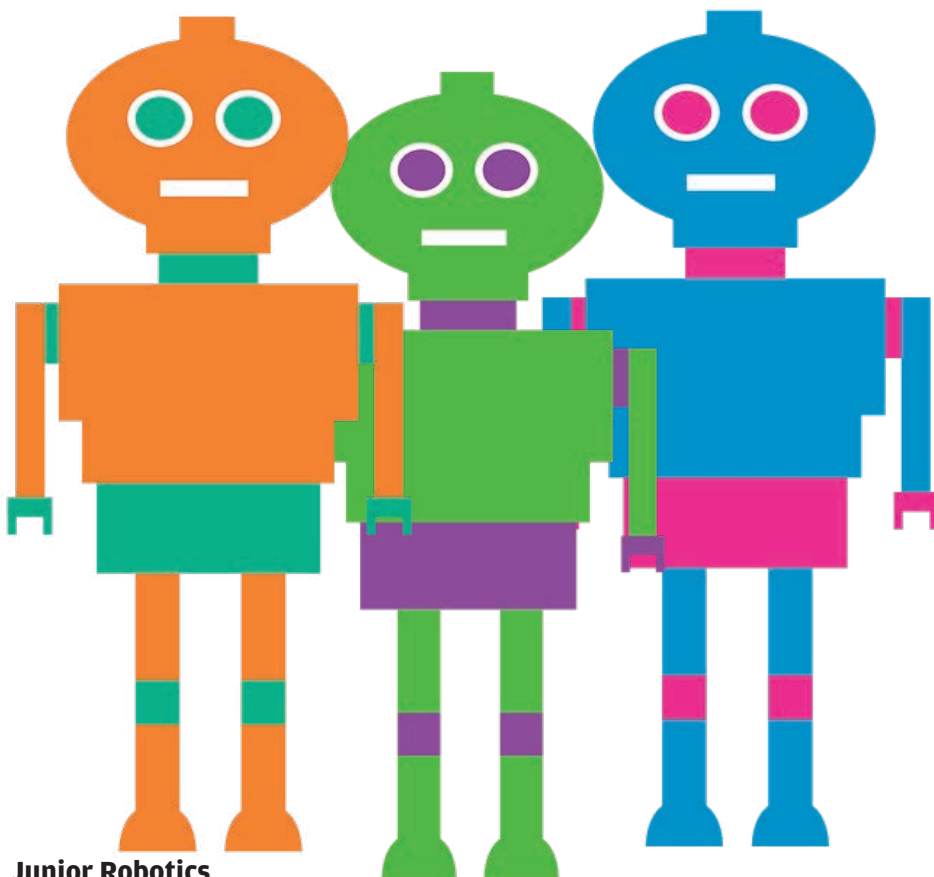
**New Class!** **Gr. 2-6** In this American Sign Language class, students will learn how to use American Sign Language to communicate with their peers who are hard of hearing or deaf. This class will include ASL Basics, the alphabet, numbers, and common language used by students who attend Bloomington Public Schools.

*Instructor: Jill Mann-Porvaznik*

**ASL-1NH** 8 Sessions - \$115  
Wednesdays, Jan. 22-Mar. 11 3:30-4:30 p.m.  
NH Lunchroom

**ASL-2NH** 8 Sessions - \$115  
Wednesdays, Apr. 8-May 27 3:30-4:30 p.m.  
NH Lunchroom





## Junior Robotics

**Gr. 1-5** Learn 21st Century Robotics! Robotics programs are certainly our most challenging, unique and instructive courses for 1st grade through 5th grade. The Youth Enrichment League uses the newest components and software available in Junior Robotics. In each class, students design, build, program, test and modify different robots to complete assigned tasks and compete in challenges. As the course progresses, projects and challenges become more complex. Students build on the concepts and designs they have tried in the previous class and they use process and reasoning to improve their robots. The final projects are challenging for even the most dedicated roboteer! Students work in teams of 2-4 with each team member covering different tasks each day. Teamwork is a huge component of these courses. Teams that work together succeed. Those that don't work together have difficulty completing the tasks. This class is comprehensive, fun, and as in depth as students would like to get!

*Instructor: Youth Enrichment League*

<b>ELJR3-NH</b> Mondays, Feb. 3-Mar. 2 (No Class Feb. 17) NH Lunchroom	<b>4 Sessions - \$63</b> 3:30-4:30 p.m.	<b>ELJR4-HC</b> Fridays, Apr. 3-May 1 (No Class Apr. 10) HC Lunchroom	<b>4 Sessions - \$63</b> 4-5 p.m.
<b>ELJR3-WW</b> Tuesdays, Feb. 4-25 WW Lunchroom	<b>4 Sessions - \$63</b> 3:30-4:30 p.m.	<b>ELJR4-NH</b> Mondays, Apr. 6-27 NH Lunchroom	<b>4 Sessions - \$63</b> 3:30-4:30 p.m.
<b>ELJR3-RV</b> Wednesdays, Feb. 5-26 RV Lunchroom	<b>4 Sessions - \$63</b> 3:40-4:40 p.m.	<b>ELJR4-WW</b> Tuesdays, Apr. 7-28 WW Lunchroom	<b>4 Sessions - \$63</b> 3:30-4:30 p.m.
<b>ELJR3-PB</b> Thursdays, Feb. 6-27 PB Lunchroom	<b>4 Sessions - \$63</b> 3:30-4:30 p.m.	<b>ELJR4-RV</b> Wednesdays, Apr. 8-29 RV Lunchroom	<b>4 Sessions - \$63</b> 3:40-4:40 p.m.
<b>ELJR3-HC</b> Fridays, Feb. 7-Mar. 13 (No Class Feb. 14 & Mar. 6) HC Lunchroom	<b>4 Sessions - \$63</b> 4-5 p.m.	<b>ELJR4-PB</b> Thursdays, Apr. 9-30 PB Lunchroom	<b>4 Sessions - \$63</b> 3:30-4:30 p.m.

## Stand Out with Spanish - ¡Vamos a Comer!

**Gr. K - 5** For eight jam-packed sessions, students will blaze new trails "visiting" a pet store, a family farm, the zoo, the ocean, and even the rainforest- All in Spanish! Your child will learn animal-related vocabulary, catch glimpses of some special animals who call Latin America their home, all while applying practical phrases and Spanish vocabulary to every topic. Let your student explore where the wild things are in this exciting, interactive Spanish class.

*Instructor: Futura Language Professionals*

**EFSS3-OG** **8 Sessions - \$139**  
Mondays, Feb. 10-Apr. 20 **3:30-4:30 p.m.**  
(No Class Feb. 17, Mar. 9 & Mar. 23)  
OGE Lunchroom

**EFSS3-OL** **8 Sessions - \$139**  
Tuesdays, Feb. 11-Apr. 7 **3:30-4:30 p.m.**  
(No Class Mar. 24)  
OLE Lunchroom

**EFSS3-PB** **8 Sessions - \$139**  
Thursdays, Feb. 13-Apr. 16 **3:30-4:30 p.m.**  
(No Class Mar. 5 & Mar. 26)  
PB Lunchroom

**EFSS3-RV** **8 Sessions - \$139**  
Thursdays, Feb. 20-Apr. 16 **3:40-4:40 p.m.**  
(No Class Mar. 26)  
RV Lunchroom

## Babysitting: American Red Cross Certified

**Ages 11-15** Get a leg up on the competition with this babysitting class that prepares you for a wide variety of babysitting situations. Learn the care of young children, including safety and responsibility, age-appropriate activities, and first aid. Must be 11+ to participate. Must complete the entire class to receive certification. Optional Red Cross Babysitting Training kit may be ordered in class for \$16.95.

*Instructor: Carly Vien*

<b>EBAR3-CEC</b> Saturday, Jan. 25 CEC 232	<b>1 Session - \$75</b> 9 a.m.-3 p.m.
<b>EBAR4-CEC</b> Saturday, Apr. 18 CEC 232	<b>1 Session - \$75</b> 9 a.m.-3 p.m.

## **CODING Club - Coding with Scratch: Basic Games**

**Gr. 3-6** Perfect for children who are new to coding, this class is a fun introduction to Scratch, a free computer coding programming language that will take kids from playing games to creating them. Simple and logical instructions help kids make their own Scratch Cat soccer game, design a ghost hunt that features a flying witch, animate a bouncing melon, or build a game to test reaction speeds. Children then can share the finished games with friends to see how they score.

*Instructor: Engineering For Kids*

**ECCC4-NH** 4 Sessions - \$105  
Wednesdays, Apr. 15-May 6 3:30-4:30 p.m.  
NH Lunchroom

**ECCC4-OL** 4 Sessions - \$105  
Tuesdays, Apr. 28-May 19 3:30-4:30 p.m.  
OLE Lunchroom

**ECCC4-PB** 4 Sessions - \$105  
Fridays, May 1-22 3:30-4:30 p.m.  
PB Lunchroom

## **CODING Club - Creative Storytelling & Game Design**

**Gr. 3-6** Calling all future writers, artists, designers and game developers! Students in this collaborative camp enjoy storyboarding their games with character, enemy and plot development. In this class, they turn their interactive stories and physical creations into a digital video game. They will use a special game board and blocks to design the characters, levels, and other art for their games. They then capture their creations using a tablet app where they edit and customize their game. Students will walk away with a fun playable game for tablets, and invaluable experience with logic and programming.

*Instructor: Engineering For Kids*

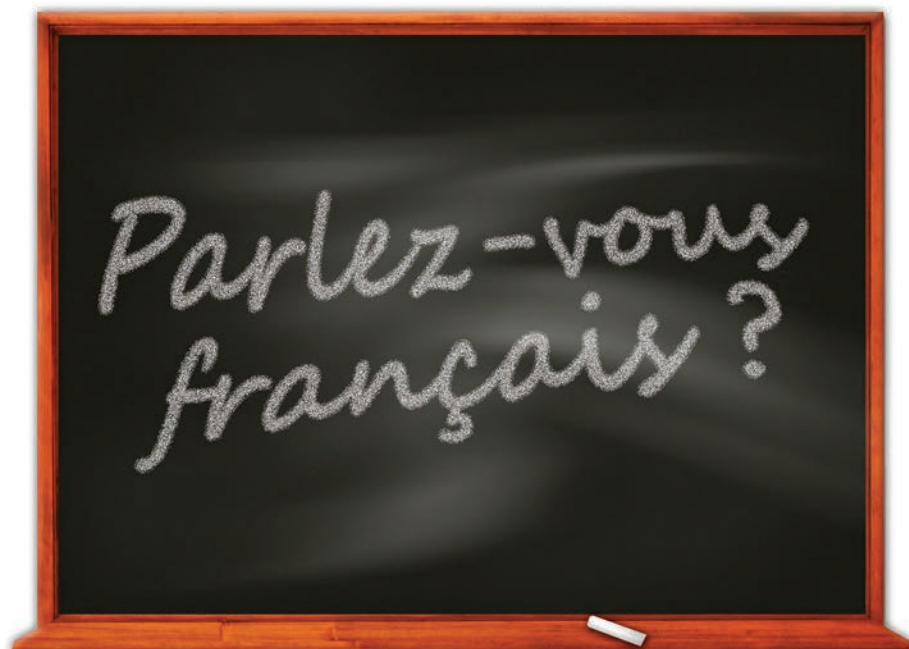
**ECCS3-NH** 4 Sessions - \$105  
Wednesdays, Feb. 5-26 3:30-4:30 p.m.  
NH Lunchroom

## **Math Games Club**

**Gr. K-5** Practice your math skills by learning and playing fun card and board games. Participants will receive playing cards and instructions to take home and share the fun with the whole family!

*Instructor: Deborah S. Carlson*

**EMGC3-OL** 3 Sessions - \$36  
Tuesdays, Feb. 4-18 3:30-4:30 p.m.  
OLE Lunchroom



## **Afterschool French Language with Alliance Francaise**

**Gr. K-5** Afterschool courses are an introduction to the French language and French-speaking cultures from around the world. Alliance Francaise is a non-profit French cultural center serving the Twin Cities. Instructors are French-speakers with training and experience helping children discover the French language. This class will be full of engaging activities centered around French vocabulary, grammar and communication.

*Instructor: Alliance Francaise Minneapolis/ St Paul*

**EAFP3-RV** 8 Sessions - \$145  
Thursdays, Jan. 16-Mar. 12 3:40-4:40 p.m.  
(No Class Feb. 13)  
RV Lunchroom

**EAFP4-RV** 8 Sessions - \$145  
Thursdays, Apr. 2-May 21 3:40-4:40 p.m.  
RV Lunchroom

## **Parent/Child French Baking with Alliance Francaise - Tout au chocolat!**

**New Class! Adult/Child 6+** Prepare for Valentine's Day by making delicious treats to share with loved ones. In this parent/child class learn cooking skills in a class led by a French instructor. No French experience required. The class is taught in English and French as appropriate for students. Ages 6+

*Instructor: Alliance Francaise Minneapolis/ St Paul*

**ECTC3-JHS** 1 Session - \$75/pair  
Tuesday, Feb. 11 5:30-7:30 p.m.  
JHS Food Lab - A100

## **Parent/Child French Baking with Alliance Francaise - Desserts from Brittany, France**

**New Class! Adult/Child 6+** Prepare a traditional Far Breton cake and learn how to make other specialties from Brittany, France. In this parent/child class, learn cooking skills in a class led by a French instructor. No French experience required. The class is taught in English and French as appropriate for students.

*Instructor: Alliance Francaise Minneapolis/ St Paul*

**ECDB4-JHS** 1 Session - \$75/pair  
Tuesday, Apr. 14 5:30-7:30 p.m.  
JHS Food Lab - A100



## Chess Club with Wizards of Chess

**Gr K-5** Join us right after school in learning this National Award Winning Program for chess club! Learning the game of chess promotes imagination, creativity, develops memory, teaches independence, inspires self-motivation, and develops a logical way of thinking. Students of all levels are welcome. Yes, even if your student does not know how to play, we will teach them! Each session is filled with different material, and all learning is done with encouragement and fun on an individual personal level! All in-class equipment and a snack is provided. Make new friends and see old ones!

*Instructor: Veronica Harrison*

**ECSW3-HC** 7 Sessions - \$106  
Mondays, Jan. 13-Mar. 16 4-5:15 p.m.  
(No Class Jan. 20, Feb. 17 & Mar. 9)  
HC Lunchroom

**ECSW3-OL** 7 Sessions - \$106  
Fridays, Jan. 31-Apr. 3 3:30-4:45 p.m.  
(No Class Feb. 14, Mar. 6 & Mar. 27)  
OLE Lunchroom

**ECSW3-OG** 7 Sessions - \$106  
Tuesdays, Feb. 4-Mar. 17 3:30-4:45 p.m.  
OGE Lunchroom

**ECSW3-PB** 7 Sessions - \$106  
Wednesdays, Feb. 5-Mar. 18 3:30-4:45 p.m.  
PB Lunchroom

**ECSW4-HC** 7 Sessions - \$106  
Mondays, Mar. 30-May 11 4-5:15 p.m.  
HC Lunchroom

**ECSW4-OG** 7 Sessions - \$106  
Tuesdays, Mar. 31-May 12 3:30-4:45 p.m.  
OGE Lunchroom

**ECSW4-PB** 7 Sessions - \$106  
Wednesdays, Apr. 1-May 13 3:30-4:45 p.m.  
PB Lunchroom

**ECSW4-OL** 7 Sessions - \$106  
Fridays, Apr. 17-May 29 3:30-4:45 p.m.  
OLE Lunchroom

## Wizards of Chess Middle School Chess Club

**Gr. 6-9** Join us on Tuesday evenings in learning this National Award Winning Program for chess club! Learning the game of chess promotes imagination and creativity, develops memory skills, teaches independence, inspires self-motivation, and develops a logical way of thinking. Students of all levels are welcome. We will be doing analysis of games, problem solving, and advanced study. Students will be asked to practice some chess in between each class. Each session is filled with different material and all learning is done with encouragement and fun on an individual, personal level! All in-class equipment is provided. Make new friends and see old ones in this very popular class!

*Instructor: Veronica Harrison*

**WCMS3-OLM** 10 Sessions - \$139  
Tuesdays, Feb. 4-Apr. 21 7:15-8:30 p.m.  
(No Class Feb. 11 & Mar. 24)  
OLM B102

## Wildflower Seed Bombs

**Gr. K-5** Bring some color to your own yard with Wildflower Seed Bombs! We will use Midwest wildflower seeds to create our own seed bombs to help our local pollinators. Be prepared to explore around the school to discover early flowering plants. Dress for the weather! Bring an empty egg carton to class to help you carry your seed bombs home.

*Instructor: Deborah S. Carlson*

**EWSB4-WB** 1 Session - \$14  
Monday, Apr. 6 3:30-4:30 p.m.  
WB Lunchroom

**EWSB4-PB** 1 Session - \$14  
Tuesday, Apr. 7 3:30-4:30 p.m.  
PB Lunchroom

**EWSB4-OG** 1 Session - \$14  
Monday, Apr. 13 3:30-4:30 p.m.  
OGE Lunchroom

**EWSB4-HC** 1 Session - \$14  
Tuesday, Apr. 14 4-5 p.m.  
HC Lunchroom

**EWSB4-OL** 1 Session - \$14  
Tuesday, Apr. 21 3:30-4:30 p.m.  
OLE Lunchroom



## All About Owls

**Gr. 2-5** Minnesota has many species of owls--barred and barn, long-eared and short-eared, and more. Come learn more about these local predators and what they eat. Dissect your own owl pellet and reconstruct the previous meal of an owl.

*Instructor: Deborah S. Carlson*

**EAAO3-RV** 1 Session - \$16  
Monday, Jan. 13 3:40-4:40 p.m.  
RV Lunchroom

**EAAO3-WW** 1 Session - \$16  
Tuesday, Jan. 14 3:30-4:30 p.m.  
WW Lunchroom

**EAAO3-HC** 1 Session - \$16  
Tuesday, Jan. 21 4-5 p.m.  
HC Lunchroom

**EAAO3-OG** 1 Session - \$16  
Monday, Jan. 27 3:30-4:30 p.m.  
OGE Lunchroom

**EAAO3-OL** 1 Session - \$16  
Tuesday, Jan. 28 3:30-4:30 p.m.  
OLE Lunchroom



## Engineering: Crazy Action Contraptions

**Gr. K-3** If you love LEGOS® bricks, making things move, building and experimenting, this class is for you. Learn about engineering and the physical science principles behind different action machines. Working in teams, students will build crazy-wheeled and geared contraptions that spring into action. Have fun while you learn the principles of mechanical engineering and simple machines. make tops, spinners, zip lines, rubber-band-powered cars, crimping cars, and other crazy contraptions. Please bring a drink & nut-free snack to class.

*Instructor: Tech Academy*

**EECA3-CEC** **1 Session - \$52**  
**Saturday, Feb. 15** **9 a.m.-12 p.m.**  
**CEC 236/237**

## Extreme Robotic Engineering

**Gr. 3-8** Students will be taught foundational building and introduced to programming concepts, while learning about the new Sensors, Motors, and Special Technics components. Working in small teams, students will build and program smart robots, including navigation and manipulation, using the different Sensors and Motors. Please bring a drink & nut-free snack to class.

*Instructor: Tech Academy*

**EERE4-CEC** **1 Session - \$52**  
**Saturday, Apr. 18** **9 a.m.-12 p.m.**  
**CEC 229**

## Multiplayer Minecraft: Colosseum Builder

**Gr. 2-6** Become the architect of three mini-game battle arenas! Build your own spleef arena, capture the flag base, and king of the hill stadium, then challenge your friends! Battle it out in spleef, plan your base in capture the flag, and have a snowball fight in king of the hill! Students will get a copy of the world map to take home and expand on. We will be using the PC/Java edition of Minecraft.

*Instructor: Tech Academy*

**EMCB4-CEC** **2 Sessions - \$102**  
**Saturdays, May 2 & 9** **9 a.m.-12 p.m.**  
**CEC 232**



## Multiplayer Minecraft: City Builder

**Gr. 1-5** Minecraft is a sandbox building game that's been dominating the world of video gaming for the past several years. Collaborate with fellow students to construct a city! Students will take home their completed world file at the end of class. Beginners and experienced Minecrafters alike will love this action-packed camp! Bring a USB drive, a drink, and a nut-free snack to class.

*Instructor: Tech Academy*

**EMMC3-CEC** **1 Session - \$52**  
**Saturday, Jan. 25** **9 a.m.-12 p.m.**  
**CEC 236/237**

## Robotic Builders: Gamer-bots

**New Class!** **Gr. 1-5** Let the Games Begin! Designed by the experts at M.I.T., LEGO® WeDo Robotics' unique system teaches students about simple machines, engineering, programming, and so much more. Students will be taught foundational building and introduced to programming concepts with learning about the Sensors, Motors, and Special Technics components. Working in small teams, students will build program-smart robots, based on the popular games: Angry Birds, Chutes and Ladders, Hockey, Just Dance, Pinball, Duck Hunt and more! Please bring a drink, and a nut-free snack to class.

*Instructor: Tech Academy*

**ERBG3-CEC** **1 Session - \$52**  
**Saturday, Mar. 14** **9 a.m.-12 p.m.**  
**CEC 232**

## STEM Foundations

**Gr. K-5** Level up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts. Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Motorcycles, Aircraft Carriers, Conveyor Belts, and Rail Racers! Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this class.

*Instructor: Play-Well TEKologies*

**ESFL4-HC** **6 Sessions - \$120**  
**Tuesdays, Apr. 7-May 12** **4-5:30 p.m.**  
**HC Lunchroom**

**ESFL4-OL** **6 Sessions - \$120**  
**Thursdays, Apr. 9-May 14** **3:30-5 p.m.**  
**OLE Lunchroom**

## STEM Explorations

**Gr. 2-5** Level up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Belt-Drive Cars, Truss Bridges, Rail Racers, and Pneumatic Forklifts! Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this class.

*Instructor: Play-Well TEKologies*

**ESEL3-RV** **6 Sessions - \$120**  
**Tuesdays, Feb. 4-Mar. 17** **3:40-5:10 p.m.**  
**(No Class Feb. 18)**  
**RV Lunchroom**

**ESEL3-OL** **6 Sessions - \$120**  
**Thursdays, Feb. 6-Mar. 19** **3:30-5 p.m.**  
**(No Class Mar. 5)**  
**OLE Lunchroom**

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## Rock Climbing Camp with Vertical Endeavors Bloomington

**Ages 6-13** Vertical Endeavors

Bloomington Rock Climbing Camps offer children ages 6 - 13 the opportunity to explore the sport of rock climbing in a controlled setting that is fun and exciting for kids of all skill levels. No experience necessary. In addition to the focus on fun, all of our camps place a strong emphasis on risk management in the sport of rock climbing. Activities include cooperative games, top rope climbing, and climbing activities. Your child will leave camp with a deeper understanding and appreciation of rock climbing. Climbing equipment and instruction is provided by Vertical Endeavors. Your child needs to bring the following to camp: Facility Waiver (available online at <https://smartwaiver.rockgympro.com/portal/sw/lw?kiosk=0&onlinekey=veduluth&swguid=5adf620d3a8bc&web=1>), comfortable clothing, water bottle, peanut-free lunch or snacks. Camp is at Vertical Endeavors in Bloomington, 9601 James Avenue South.

*Instructor: Vertical Endeavors - Bloomington*

<b>SERC3-VE1</b> <b>Monday, Jan. 20</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>
<b>SERC3-VE2</b> <b>Friday, Feb. 14</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>
<b>SERC3-VE3</b> <b>Monday, Feb. 17</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>
<b>SERC3-VE4</b> <b>Friday, Mar. 6</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>
<b>SERC3-VE5</b> <b>Monday, Mar. 23</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>
<b>SERC3-VE6</b> <b>Tuesday, Mar. 24</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>
<b>SERC3-VE7</b> <b>Wednesday, Mar. 25</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>
<b>SERC3-VE8</b> <b>Thursday, Mar. 26</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>
<b>SERC3-VE9</b> <b>Friday, Mar. 27</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>
<b>SERC4-VE1</b> <b>Friday, Apr. 10</b>	<b>1 Session - \$75</b> <b>9 a.m.-3 p.m.</b>



## Beginner's Archery Camp

**Ages 6+** ARCHERY for BEGINNERS, with

NASP (National Archery in Schools Program). Boys! Girls! Moms! Dads! Archery is among the top 5 fastest growing sports and NASP (National Archery in Schools Program) is the fast growing shooting sport in history! This beginner-level archery course will focus on fundamentals of archery. You will also learn eye dominance, stance, range rules, safety rules, and scoring. All Genesis Bow equipment is provided for class time. Have fun while learning this great sport that all ages can enjoy for a lifetime. Parents! Want to register for this unique sport too? Simply register for the same class section as your child. Meet in the Oak Grove Middle School Gym. Gail Whitcomb is a Minnesota DNR Region 3 Trainer/Coordinator and NASP/USA Certified Archery Instructor. She is excited to bring this special NASP, National Archery in the Schools Program, to Bloomington!

*Instructor: Gail Whitcomb*

**SABW4-10GM** **4 Sessions - \$93**  
**Mon./Tue./Wed./Thu., May 18-21 6:30-7:30 p.m.**  
**OGM Gym B**

**SABW4-20GM** **4 Sessions - \$93**  
**Mon./Tue./Wed./Thu., May 18-21 7:30-8:30 p.m.**  
**OGM Gym B**

## Badminton for Fun

**New Class!** **Gr. 3-5** This fun and exciting class brings an opportunity for elementary school aged children to be introduced to the world's fastest growing racquet sport. Learn the basics of swings, footwork, and the rules of badminton, all while having fun on the courts. Please bring your own graphite badminton racquet to class. Discount racquets are available for students. Contact: [coachkit@mnvbc.com](mailto:coachkit@mnvbc.com) for more information. \$5.00 supply fee paid to the instructor in class.

*Instructor: Kit and Didi Tran*

**SBFF4-JAC** **8 Sessions - \$85**  
**Saturdays, Apr. 18-Jun. 6** **1:30-2:15 p.m.**  
**JAC Court #3**

## Bloomington Try Hockey for Free!

**PK-Gr. 4** The Bloomington Try Hockey for Free! program is hosting 3 spring "Learn to Play" classes focused on PK - Grade 4 students who have an interest in ice hockey. These free classes are available to any Bloomington Preschooler, Kindergartener, and First through Fourth Grade student (public, private, or home-schooled) who would like to hit the ice. Classes will be held at the Bloomington Ice Gardens Rink 3. Parents - please transport your children to the site on the dates noted. Arrive at least 15 minutes before class starts. There will be certified USA Hockey Coaches and Volunteers to help them get equipped and on the ice. This "Learn to Play" class will last one hour. Please pick up your child after the class. Note: Register just once and you can attend all the sessions, or as many as you would like to attend! Parents are responsible for transportation to the rink and back home. Parents may stay for the class. No equipment needed, however if your child has skates, please bring them. Dress appropriately for ice hockey - no shorts or short sleeves. Free equipment is handed out at the first session. If you are unable to make the first session, please contact the course instructor and they will arrange for equipment to be picked up after the first day. Attendance at all the sessions is neither required or expected. Come when you can, leave when you must! Instructor contact: Stephanie Cossette ([scossette@comcast.net](mailto:scossette@comcast.net)).

**BYHA4-BIG** **3 Sessions - Free**  
**Tuesdays, Mar. 31, Apr. 7, Apr. 14**  
**4:30-5:30 p.m.**  
**Bloomington Ice Gardens - 3600 W 98th St.**

## Co-Ed Gymnastics Sampler with Legacy Gymnastics

**Ages 5-12** Legacy's four-week Sampler class is a great place to start! In this class your child will get a taste of all four Olympic events in gymnastics: floor, beam, bars, and vault. Improve coordination, balance, and have fun - all at the same time! Learn the basic gymnastics shapes and skills like cartwheels, rolls, handstands, and so much more. This class is held at Legacy Gymnastics, 7593 Corporate Way in Eden Prairie.

*Instructor: Legacy Gymnastics*

<b>SLGL3-1LG</b> Tuesdays, Jan. 7-28	<b>4 Sessions - \$109</b> 5:30-6:25 p.m.
<b>SLGL3-2LG</b> Thursdays, Jan. 9-30	<b>4 Sessions - \$109</b> 6:30-7:25 p.m.
<b>SLGL3-3LG</b> Saturdays, Jan. 11-Feb. 1	<b>4 Sessions - \$109</b> 10:30-11:25 a.m.
<b>SLGL3-4LG</b> Tuesdays, Feb. 4-25	<b>4 Sessions - \$109</b> 5:30-6:25 p.m.
<b>SLGL3-5LG</b> Thursdays, Feb. 6-27	<b>4 Sessions - \$109</b> 6:30-7:25 p.m.
<b>SLGL3-6LG</b> Saturdays, Feb. 8-29	<b>4 Sessions - \$109</b> 10:30-11:25 a.m.
<b>SLGL4-1LG</b> Tuesdays, Mar. 3-24	<b>4 Sessions - \$109</b> 5:30-6:25 p.m.
<b>SLGL4-2LG</b> Thursdays, Mar. 5-26	<b>4 Sessions - \$109</b> 6:30-7:25 p.m.
<b>SLGL4-3LG</b> Saturdays, Mar. 7-28	<b>4 Sessions - \$109</b> 10:30-11:25 a.m.
<b>SLGL4-4LG</b> Tuesdays, Apr. 7-28	<b>4 Sessions - \$109</b> 5:30-6:25 p.m.
<b>SLGL4-5LG</b> Thursdays, Apr. 9-30	<b>4 Sessions - \$109</b> 6:30-7:25 p.m.
<b>SLGL4-6LG</b> Saturdays, Apr. 4-25	<b>4 Sessions - \$109</b> 10:30-11:25 a.m.
<b>SLGL4-7LG</b> Tuesdays, May 5-26	<b>4 Sessions - \$109</b> 5:30-6:25 p.m.
<b>SLGL4-8LG</b> Thursdays, May 7-28	<b>4 Sessions - \$109</b> 6:30-7:25 p.m.
<b>SLGL4-9LG</b> Saturdays, May 9-23	<b>3 Sessions - \$85</b> 10:30-11:25 a.m.

### Parents!

Remember to notify your child's classroom teacher when your child is participating in an after school class. Also remember to pick up your child promptly following their class or a late fee will be applied, unless your child is scheduled to return to Kids' SAFARI.

## Preschool Gymnastics - Snow Queen

**Ages 3-6** Does your child like to jump and tumble? Then come join us while we stretch, hop and roll! We will use stories, parachutes, scarves and animals to bring out our creative side and add to the fun! Children will learn basic tumbling skills to develop strength, coordination and flexibility. Each session will review skills and introduce new skills to encourage motor development! Students should wear comfortable clothes for easy movement. Let's get moving!

*Instructor: Mayer Arts - Gina Mayer*

<b>Snow Queen</b> <b>SPGM3-CEC Ages 3-6</b> Tuesdays, Jan. 7-Mar. 3 (No Class Feb. 25) CEC 236/237	<b>8 Sessions - \$74</b> 4:15-4:45 p.m.
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<b>Circus Polka</b> <b>SPGM4-CEC Ages 3-6</b> Tuesdays, Mar. 31-May 26 CEC 236/237	<b>9 Sessions - \$83</b> 4:15-4:45 p.m.
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## Conquer Ninja Community Rec Team

**New Class! Ages 6-13** Ninja Obstacle Training is extremely popular with kids and is a fun, unique way to develop confidence, strength, endurance, balance, and friendships! Sign up today to see how Ninja is easily one of the fastest growing sports today! Not only is it the fastest growing sport, but it is the fastest growing cross-training sport as well. Athletes benefit from training in agility, power, perseverance, and resilience; attributes that all athletes strive to improve. Our Conquer Rec Team is designed for youth, ages 6-13 of all experience levels. During our weekly practice, our Rec Team will practice on real obstacles inspired by the TV show such as warped walls, salmon ladders, tilting ladders and so much more! Rec Team members will learn the styles and techniques to develop their Ninja Skills with over 40 different obstacles! This 8 week long Rec Team consists of 6 practices and 2 non-sanctioned competitions (week 4 & week 8). Class is held at the Conquer Ninja Gyms in Eden Prairie, 7000 Washington Avenue South.

*Instructor: Conquer Ninja Gyms*

<b>SCNC3-CNG</b> Fridays, Jan. 10-Feb. 28 Conquer Ninja Gyms	<b>8 Sessions - \$215</b> 5-6 p.m.
<b>SCNC4-CNG</b> Fridays, Apr. 10-May 29 Conquer Ninja Gyms	<b>8 Sessions - \$215</b> 5-6 p.m.

## Kung Fu-Wu Shu

**Ages 5+** Not just a punching, kicking, self-defense class. Kung Fu teaches awareness of self and surroundings, and improves self-esteem and confidence. Join a FUN, progressive, full participation class that focuses on helping students develop leadership, discipline, concentration and coordination skills for a healthy mind and body. Improve your strength, flexibility and endurance. Learn the lifelong benefits of Kung Fu, the Chinese art of self-defense and fitness from a Hong Kong champion. This is a skill-building, progressive training program for beginners through Black Belt. Optional uniform and certification from White to Black Belt is available. \*Parents, don't sit on the sidelines! Register and participate with your child!

*Instructor: National Treasure Kung Fu, Inc - Al Lam*

<b>(Beginner - Blue Belt)</b> <b>SKFBB3-OLM</b> Fridays, Jan. 24-Mar. 13 (No class Mar. 6) OLM Gym AB	<b>7 Sessions - \$86</b> 6:15-7 p.m.
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<b>(Instruments &amp; Sparring-Ages 8+)</b> <b>SKFIS3-OLM</b> Fridays, Jan. 24-Mar. 13 (No class Mar. 6) OLM Gym AB	<b>7 Sessions - \$86</b> 7-7:45 p.m.
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<b>(2nd Blue - Black Belt)</b> <b>SKFBBB3-OLM</b> Fridays, Jan. 24-Mar. 13 (No class Mar. 6) OLM Gym AB	<b>7 Sessions - \$86</b> 7:45-8:30 p.m.
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<b>(Beginner - Blue Belt)</b> <b>SKFBB4-OLM</b> Fridays, Apr. 3-May 22 (No Class Apr. 10) OLM Gym AB	<b>7 Sessions - \$86</b> 6:15-7 p.m.
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<b>(Instruments &amp; Sparring-Ages 8+)</b> <b>SKFIS4-OLM</b> Fridays, Apr. 3-May 22 (No Class Apr. 10) OLM Gym AB	<b>7 Sessions - \$86</b> 7-7:45 p.m.
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<b>(2nd Blue - Black Belt)</b> <b>SKFBBB4-OLM</b> Fridays, Apr. 3-May 22 (No Class Apr. 10) OLM Gym AB	<b>7 Sessions - \$86</b> 7:45-8:30 p.m.
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## Safety-Awareness Self-Defense, American Kenpo Karate

**Ages 5 and older.** This Champion Youth self-defense program is designed to enhance self-esteem, safety awareness, and self-discipline, using a well-planned blend of basic karate moves, self-defense combinations and role-playing. This course emphasizes communication skills, and responsible citizenship, while promoting self-discipline and defense.

*Instructor: American Kenpo Karate - Norm Rolando holds a 3rd Degree Black Belt with 13 years of experience teaching children and adults.*

### New Students K-8

**SSA3-10GM** 8 Sessions - \$52  
Wednesdays, Feb. 5-Apr. 1 5:30-6:10 p.m.  
(No Class Mar. 11)  
OGM Cafeteria

### Returning Students K-8

**SSA3-20GM** 8 Sessions - \$52  
Wednesdays, Feb. 5-Apr. 1 6:20-7 p.m.  
(No Class Mar. 11)  
OGM Cafeteria

### Advanced Students K-8

**SSA3-30GM** 8 Sessions - \$52  
Wednesdays, Feb. 5-Apr. 1 7:10-8 p.m.  
(No Class Mar. 11)  
OGM Cafeteria

### Teens to Adults

**SSA3-40GM** 8 Sessions - \$52  
Wednesdays, Feb. 5-Apr. 1 8:10-9 p.m.  
(No Class Mar. 11)  
OGM Cafeteria

### New Students K-8

**SSA4-10GM** 8 Sessions - \$52  
Wednesdays, Apr. 8-May 27 5:30-6:10 p.m.  
OGM Cafeteria

### Returning Students K-8

**SSA4-20GM** 8 Sessions - \$52  
Wednesdays, Apr. 8-May 27 6:20-7 p.m.  
OGM Cafeteria

### Advanced Students K-8

**SSA4-30GM** 8 Sessions - \$52  
Wednesdays, Apr. 8-May 27 7:10-8 p.m.  
OGM Cafeteria

### Teens to Adults

**SSA4-40GM** 8 Sessions - \$52  
Wednesdays, Apr. 8-May 27 8:10-9 p.m.  
OGM Cafeteria

## Flag Football with Skyhawks Sports

**Ages 4-9** Skyhawks flag football is the perfect program for your young athlete who wants a complete introduction to America's Game or for those who simply want to brush up on their skills in preparation for league play. Through our 'skill of the day,' campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning - all presented in a fun & positive environment. The class ends with the Skyhawks Sports Bowl, giving participants a chance to showcase their skills on the gridiron! Two age levels to choose from: 4-6 year olds; 7-9 year olds.

*Instructor: Skyhawks Sports*

**SFFS4-1JAC Ages 4-6**  
Saturdays, Apr. 4-25  
JAC Turf Track/Field

4 Sessions - \$89  
9-10 a.m.

**SFFS4-2JAC Ages 7-9**  
Saturdays, Apr. 4-25  
JAC Turf Track/Field

4 Sessions - \$89  
10:15-11:15 a.m.

## Golf with Skyhawks Sports

**Ages 4-9** One of our most popular programs, Skyhawks Golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. This class will focus on the fundamentals of form, swinging, putting and body positioning. To assist in this training, Skyhawks utilizes the ShortGolf® system, which uses modified equipment and a curriculum developed by PGA professionals. ShortGolf is specifically designed for the entry-level player and simplifies instruction so that young players can make an easy & effective transition onto the golf course. No need to bring your own clubs, all equipment is provided. Two age levels: 4-6 and 7-9.

*Instructor: Skyhawks Sports*

**SKG-1Turf Ages 4-6**  
Thursdays, Apr. 30-May 21  
JAC Turf Field

4 Sessions - \$89  
6:15-7:15 p.m.

**SKG-2Turf Ages 7-9**  
Thursdays, Apr. 30-May 21  
JAC Turf Field

4 Sessions - \$89  
7:30-8:30 p.m.

## Skyhawks Basketball

**Ages 4-12** Using our progressional curriculum and focusing on the whole player, we teach your child the skills they need for both on and off the court to be a better athlete. Our sport specific staff will focus on respect, teamwork and responsibility as they will start each class with a 'skill of the day' and progress into drills and games, making an unforgettable experience for your young athlete. After learning passing, shooting, dribbling and rebounding, you will see why this is one of our most popular programs. Two age classes: Ages 5-7 and Ages 8-10.

*Instructor: Skyhawks Sports*

**Ages 5-7**  
**SBB53-1OLE**  
Thursdays, Jan. 16-Feb. 13  
(No Class Jan. 30)  
OLE Gym

4 Sessions - \$89  
6:15-7:15 p.m.

**Ages 5-7**  
**SBB54-1OLM**  
Tuesdays, Mar. 31-Apr. 21  
OLM Gym CD

4 Sessions - \$89  
6:15-7:15 p.m.

**Ages 8-10**  
**SBB53-2OLE**  
Thursdays, Jan. 16-Feb. 13  
(No Class Jan. 30)  
OLE Gym

4 Sessions - \$89  
7:30-8:30 p.m.

**Ages 8-10**  
**SBB54-2OLM**  
Tuesdays, Mar. 31-Apr. 21  
OLM Gym CD

4 Sessions - \$89  
7:30-8:30 p.m.

## Skyhawks Baseball

**Ages 4-9** Skyhawks baseball takes the energy and excitement of this great all-American team sport and puts it all together into one 4-week class. All aspects of the game are taught through drills and exercises that focus on pitching, hitting, and catching. Two age levels: 4-6 year olds; 7-9 year olds. This co-ed program is designed for the beginner to intermediate player and will incorporate essential life-lessons such as teamwork and sportsmanship. Skyhawks Baseball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and daily play aimed at developing the whole player. The 6:15 p.m. class is for children ages 4-6. The 7:30 p.m. class is for children ages 7-9.

*Instructor: Skyhawks Sports*

**SBC4-1IM Ages 4-6**  
Tuesdays, May 19-Jun. 9  
IM Gym

4 Sessions - \$89  
6:15-7:15 p.m.

**SBC4-2IM Ages 7-9**  
Tuesdays, May 19-Jun. 9  
IM Gym

4 Sessions - \$89  
7:30-8:30 p.m.



## Lynch Little Shooters Basketball Camp

**New Class!** Gr. 2-5 Hoop it up and join Minnesota's premier basketball camp. This camp is led by Mike Lynch and is for boys and girls who are interested in learning and improving their skills while having fun playing. Players from beginning stage to advanced levels will work on basic skills, fundamentals and techniques of the game (more advanced skills for the more experienced player). Your child will be separated by age, size and skill level. Wear tennis shoes and bring a water bottle.

*Instructor: Sandy Lynch*

**SLSB3-OL** 4 Sessions - \$94  
Thursdays, Feb. 20-Mar. 19 6:15-7:45 p.m.  
(No Class Mar. 5)  
**OLE Gym**

## Lynch TENNIS, Junior Hitters

**Ages 8-11** Learn the game of tennis from a USPTA certified Tennis Professional and coaches. In a fun, energetic court atmosphere you will learn or improve on your stroke, strategies of the game, and also friendly competition between players. Bring your water bottle, age-appropriate sized tennis racquet and wear tennis shoes.

*Instructor: Sandy Lynch*

**SLTJ4-RV** 4 Sessions - \$72  
Tuesdays, Apr. 28-May 19 4:45-5:45 p.m.  
**RV tennis courts**

## Lynch TENNIS, Young Hitters

**Ages 5-7** Young Hitters - Start your kids off right with lessons from a USPTA certified tennis professional. In a fun and energetic atmosphere, your child will learn or improve upon stroke production, strategies of the game and play games using low compression, age-appropriate tennis balls. Bring your water bottle and age-appropriate sized tennis racquet.

*Instructor: Sandy Lynch*

**SLTY4-RV** 4 Sessions - \$72  
Tuesdays, Apr. 28-May 19 3:45-4:45 p.m.  
**RV tennis courts**



## Soccer Shots Classic Pre-School Soccer

**Ages 3-5** This class is for pre-school youngsters! Soccer Shots utilizes creative and imaginative games on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted during each class. Have your pre-schooler come join the fun with Soccer Shots!

*Instructor: Soccer Shots - Jon Swenson*

**SPSS4-1JAC** 7 Sessions - \$112  
Saturdays, Feb. 1-Mar. 21 11-11:30 a.m.  
(No Class Feb. 22)  
**JAC Dance Studio**

**SPSS4-2JAC** 7 Sessions - \$112  
Saturdays, Feb. 1-Mar. 21 12:10-12:40 p.m.  
(No Class Feb. 22)  
**JAC Dance Studio**

**SPSS1-1JAC** 8 Sessions - \$128  
Saturdays, Apr. 4-May 30 11-11:30 a.m.  
(No Class May 23)  
**JAC Dance Studio**

**SPSS1-2JAC** 8 Sessions - \$128  
Saturdays, Apr. 4-May 30 12:10-12:40 p.m.  
(No Class May 23)  
**JAC Dance Studio**

## Soccer Shots Mini Pre-School Soccer

**Ages 2-3** This class is for pre-school youngsters! Soccer Shots utilizes creative and imaginative games on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted during each class. Have your pre-schooler come join the fun with Soccer Shots!

*Instructor: Soccer Shots - Jon Swenson*

**SPSS4-3JAC** 7 Sessions - \$112  
Saturdays, Feb. 1-Mar. 21 11:35 a.m.-12:05 p.m.  
(No Class Feb. 22)  
**JAC Dance Studio**

**SPSS4-4JAC** 7 Sessions - \$112  
Saturdays, Feb. 1-Mar. 21 12:45-1:15 p.m.  
(No Class Feb. 22)  
**JAC Dance Studio**

**SPSS1-3JAC** 8 Sessions - \$128  
Saturdays, Apr. 4-May 30 11:35 a.m.-12:05 p.m.  
(No Class May 23)  
**JAC Dance Studio**

**SPSS1-4JAC** 8 Sessions - \$128  
Saturdays, Apr. 4-May 30 12:45-1:15 p.m.  
(No Class May 23)  
**JAC Dance Studio**



## ACT Preparation Classes

### Proctored ACT Practice Exam

This course provides a proctor, exam materials, a grading rubric, and other resources to help students be prepared for the real deal!

*Instructor: Maxwell Wagner*

**ACTP3-CEC** 1 Session - \$25  
Saturday, Jan. 18 9 a.m.-1 p.m.  
**CEC 236/237**

**ACTP4-CEC** 1 Session - \$25  
Saturday, Apr. 25 9 a.m.-1 p.m.  
**CEC 236/237**

### Kids' SAFARI Coupon

**\$5.00**

Is your child registered in Kids' SAFARI? If yes, use this coupon to help offset the fees for your child's after school (3-5 pm) on-site, youth enrichment class. Duplicate this coupon for as many classes as you choose, but remember your child must be registered for Kids' SAFARI on the same day as the class.

Attach this coupon to the registration form to receive your discount. Mail in or drop off only — not able to be used with online registration. One coupon per class! (No cash value).

Excludes Private Music Lessons or other classes as noted.



**Swim Lesson Registration: 952-681-6132**

Bloomington Pool Rental: 952-681-5283

**Valley View Middle School Pool**

8900 Portland Avenue South Bloomington

**Oak Grove Middle School Pool**

1300 West 106th Street Bloomington

**Aquatics Program Coordinator**

Betsy 952-681-6134

### Parent & Child Class: (6 months to 3 years)

Developed for children 6 months to 3 years of age, the Parent & Child class builds swimming readiness by emphasizing fun in the water. Parents & children learn together to increase children's comfort level and confidence in the water and build a foundation of basic aquatic and water safety skills. One adult per child required in the water.

**Class Fee: 8 Lessons \$76 \*5 Lessons \$48**

**Valley View Middle School Pool - Winter 2020**

Class#	Day	Date	Time	No Class
PC1W	M	1/13 - 3/16	5:35 - 6:05 p.m.	1/20 & 2/17
PC2W	Tu	1/14 - 3/10	6:05 - 6:35 p.m.	2/25
PC3W	Th	1/16 - 3/5	6:15 - 6:45 p.m.	
PC4W	S	1/18 - 3/7	9:00 - 9:30 a.m.	
PC5W	S	1/18 - 3/7	11:35 a.m. - 12:05 p.m.	

**Oak Grove Middle School Pool - Spring 2020**

Class#	Day	Date	Time	No Class
PC6SP	M	4/6 - 6/1	5:35 - 6:05 p.m.	5/25
PC7SP	Tu	4/7 - 5/26	6:05 - 6:35 p.m.	
PC8SP	Th	4/9 - 5/28	6:15 - 6:45 p.m.	
PC9SP*	S	4/18 - 5/16	9:00 - 9:30 a.m.	
PC10SP*	S	4/18 - 5/16	11:35 a.m. - 12:05 p.m.	

### Little Swimmer - 4 to 5 years old

Requirements for signing your child up for this level:

- Recommended participation in a recent Parent & Child Class
- Toilet trained
- Able to listen and follow directions for 30 minutes
- Child will be okay without parent or guardian in the pool
- Able to hold onto wall for 30 minutes

These classes provide children with their first pool experience without parental assistance in a safe, fun, and positive learning environment. The primary objective of the Little Swimmers Class is to promote developmentally appropriate learning of fundamental water safety and aquatic skills. Instructors help children adapt to the pool and learn how to move independently through the water. Three class level descriptions listed for each level.



**Bloomington Community Education Swim is now a partner of the USA Swimming Foundation's Make a Splash initiative.**

The Make a Splash initiative is a national child-focused water safety campaign, which aims to provide the opportunity for every child in America to learn to swim. Bloomington Community Education is proud to be a partner by providing swimming lessons and educating children and their families on the importance of learning how to swim.



### Little Swimmer - Level A: Beginner Swimmer

This level orients children to the aquatic environment and helps them gain basic aquatic skills (with assistance) by:

- Enter and exit water safely by using ladder
- Blow bubbles
- Submerge mouth, nose and eyes
- Front and back glides
- Float on front and back
- Swim on front and back using arms and legs

- Water safety topics

**Class Fee: 8 Lessons \$76 \*5 Lessons \$48**

**Valley View Middle School Pool - Winter 2020**

Class#	Day	Date	Time	No Class
PSA1W	M	1/13 - 3/16	5:35 - 6:05 p.m.	1/20 & 2/17
PSA2W	Tu	1/14 - 3/10	5:20 - 5:50 p.m.	2/25
PSA3W	Th	1/16 - 3/5	6:15 - 6:45 p.m.	
PSA4W	S	1/18 - 3/7	9:00 - 9:30 a.m.	
PSA5W	S	1/18 - 3/7	10:55 - 11:25 a.m.	

**Oak Grove Middle School Pool - Spring 2020**

Class#	Day	Date	Time	No Class
PSA6SP	M	4/6 - 6/1	5:35 - 6:05 p.m.	5/25
PSA7SP	Tu	4/7 - 5/26	5:20 - 5:50 p.m.	
PSA8SP	Th	4/9 - 5/28	6:15 - 6:45 p.m.	
PSA9SP*	S	4/18 - 5/16	9:00 - 9:30 a.m.	
PSA10SP*	S	4/18 - 5/16	10:55 - 11:25 a.m.	





### Little Swimmer - Level C: Advanced Swimmer

This level will build upon skills learned in Level A & B providing additional guided practice. Skills in this level are performed independently. • Enter water by jumping • Fully submerge and hold breath, bobbing • Front and back floats, and recoveries • Front and back glides • Tread water • Swim on front and back using combination of arms and legs • Change direction while swimming on front or back • Water safety topics

**Class Fee: 8 Lessons \$76 \*5 Lessons \$48**

#### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
PSC1W	Tu	1/14 - 3/10	6:40 - 7:10 p.m.	2/25
PSC2W	Th	1/16 - 3/5	5:30 - 6:00 p.m.	
PSC3W	S	1/18 - 3/7	10:15 - 10:45 a.m.	

#### Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
PSC4SP	Tu	4/7 - 5/26	6:40 - 7:10 p.m.	
PSC5SP	Th	4/9 - 5/28	5:30 - 6:00 p.m.	
PSC6SP*	S	4/18 - 5/16	10:15 - 10:45 a.m.	

### Level 1: Beginner Swimmer (Must be at least 6 years old)

Helps students feel comfortable in the water by: • Enter and exit water safely • Submerge mouth, nose and eyes • Blow bubbles • Swim on front and back using arm and leg action • Float on front and back • Front and back glides • Water safety topics

**Class Fee: 8 Lessons \$79 \*5 Lessons \$51**

#### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
A1W	Tu	1/14 - 3/10	5:20 - 6:00 p.m.	2/25
A2W	Tu	1/14 - 3/10	6:50 - 7:30 p.m.	2/25
A3W	Th	1/16 - 3/5	4:45 - 5:25 p.m.	
A4W	S	1/18 - 3/7	9:35 - 10:15 a.m.	
A5W	S	1/18 - 3/7	11:05 - 11:45 a.m.	

#### Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
A6SP	Tu	4/7 - 5/26	5:20 - 6:00 p.m.	
A7SP	Tu	4/7 - 5/26	6:50 - 7:30 p.m.	
A8SP	Th	4/9 - 5/28	4:45 - 5:25 p.m.	
A9SP*	S	4/18 - 5/16	9:35 - 10:15 a.m.	
A10SP*	S	4/18 - 5/16	11:05 - 11:45 a.m.	

### Level 2: Advanced Beginner

Gives students success with fundamental skills by: • Skills performed independently • Enter water by stepping or jumping from the side • Exit water safely by using ladder or side • Submerge entire head • Float on front and back • Perform front and back glides • Tread water using arm and leg actions • Swim front crawl and back crawl • Class taught in shallow end • Water safety topics

**Class Fee: 8 Lessons \$79 \*5 Lessons \$51**

#### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
B1W	Tu	1/14 - 3/10	5:20 - 6:00 p.m.	2/25
B2W	Tu	1/14 - 3/10	6:50 - 7:30 p.m.	2/25
B3W	Th	1/16 - 3/5	4:45 - 5:25 p.m.	
B4W	S	1/18 - 3/7	9:35 - 10:15 a.m.	

#### Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
B5SP	Tu	4/7 - 5/26	5:20 - 6:00 p.m.	
B6SP	Tu	4/7 - 5/26	6:50 - 7:30 p.m.	
B7SP	Th	4/9 - 5/28	4:45 - 5:25 p.m.	
B8SP*	S	4/18 - 5/16	9:35 - 10:15 a.m.	

### Little Swimmer - Level B: Intermediate Swimmer

This level will help children gain greater independence in their skills, become more comfortable in and around the water, and start to gain basic swimming propulsive skills (with assistance moving towards independence) by: • Enter water by safely using ladder • Fully submerge and hold breath • Front and back floats • Front and back glides • Tread water • Water safety topics

**Class Fee: 8 Lessons \$76 \*5 Lessons \$48**

#### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
PSB1W	Tu	1/14 - 3/10	6:05 - 6:35 p.m.	2/25
PSB2W	Th	1/16 - 3/5	4:45 - 5:15 p.m.	
PSB3W	S	1/18 - 3/7	9:35 - 10:05 a.m.	

#### Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
PSB4SP	Tu	4/7 - 5/26	6:05 - 6:35 p.m.	
PSB5SP	Th	4/9 - 5/28	4:45 - 5:15 p.m.	
PSB6SP*	S	4/18 - 5/16	9:35 - 10:05 a.m.	

### Level 3: Intermediate Swimmer

Builds on the skills with practice in deeper water by: • Jump into deep water from the sides • Bob with the head fully submerged • Perform front and back glide • Perform survival float • Perform front crawl with rotary breathing in horizontal position • Butterfly kick and scissors kick • Class taught in the middle of pool • Water safety topics

**Class Fee: 8 Lessons \$79 \*5 Lessons \$51**

#### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
C1W	M	1/13 - 3/16	5:35 - 6:15 p.m.	1/20 & 2/17
C2W	Tu	1/14 - 3/10	6:05 - 6:45 p.m.	2/25
C3W	Th	1/16 - 3/5	6:15 - 6:55 p.m.	
C4W	S	1/18 - 3/7	11:05 - 11:45 a.m.	

#### Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
C5SP	M	4/6 - 6/1	5:35 - 6:15 p.m.	5/25
C6SP	Tu	4/7 - 5/26	6:05 - 6:45 p.m.	
C7SP	Th	4/9 - 5/28	6:15 - 6:55 p.m.	
C8SP*	S	4/18 - 5/16	11:05 - 11:45 a.m.	

### Level 4: Advanced Intermediate

Develops confidence skills and improves other aquatic skills by:

- Swim underwater • Perform open turns on front and back using any stroke • Tread water using sculling arm motions and kick • Perform front crawl and back crawl • Perform breaststroke • Perform elementary backstroke and sidestroke • Water safety topics

**Class Fee: 8 Lessons \$79 \*5 Lessons \$51**

#### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
D1W	Th	1/16 - 3/5	5:30 - 6:10 p.m.	
D2W	S	1/18 - 3/7	10:20 - 11:00 a.m.	

#### Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
D3SP	Th	4/9 - 5/28	5:30 - 6:10 p.m.	
D4SP*	S	4/18 - 5/16	10:20 - 11:00 a.m.	

### Level 5/6: Advanced Swimmer

Provide further coordination and refinement of strokes by:

- Tread water with 2 different kicks • Perform front and back flip turn • Perform front crawl, back crawl butterfly, breaststroke, elementary backstroke and sidestroke • Sculling • Water safety topics

**Class Fee: 8 Lessons \$79 \*5 Lessons \$51**

#### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
EF1W	Th	1/16 - 3/5	5:30 - 6:10 p.m.	
EF2W	S	1/18 - 3/7	10:20 - 11:00 a.m.	

#### Oak Grove Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
EF3SP	Th	4/9 - 5/28	5:30 - 6:10 p.m.	
EF4SP*	S	4/18 - 5/16	10:20 - 11:00 a.m.	

### Adult Lessons - Beginner & Intermediate

This class is designed for individuals who are 16 years and older who would like to learn to swim or improve their existing skills. Adults will also experience the benefits of swimming as an exercise program, social activity and a support group for learning to swim with progression through the strokes and skills.

**Class Fee: 8 Lessons \$89**

#### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
G1W	M	1/13 - 3/16	7:50 - 8:30 p.m.	1/20 & 2/17

#### Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
G2SP	M	4/6 - 6/1	7:50 - 8:30 p.m.	5/25

### Private Swim Lessons (Must be at least 6 years old)

These lessons are designed to give extra instruction to individuals who may need help with moving to the next swim lesson level, beginning adults apprehensive about being in the water, and children with special needs.

**Class Fee: \$25 per 30 minute session**

#### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
PL1W	S	1/18 - 3/7	12:00 - 12:30 p.m. 12:30 - 1:00 p.m.	

#### Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
PL1SP	S	4/18 - 5/16	12:00 - 12:30 p.m. 12:30 - 1:00 p.m.	

Call 952-681-6134 to schedule your lesson or for more information.

## HELPFUL INFORMATION

Parent or Guardian must remain in the gallery during swim lessons.

### Valley View Middle School Pool Entrance

Winter 2020 Session – all participants need to park on west side (back of building), enter door 7.

### Oak Grove Middle School Pool Entrance

Spring 2020 Session - all participants need to park in the main parking lot, enter door 5.

### Financial Assistance Available

Low income Bloomington residents may be eligible for fee assistance. Call 952-681-6132 for more information.

### Class Makeups, Aquatic Cancellations & Refund Policy

There are no makeups for missed classes. There are no refunds or credits given for missed classes. Customer initiated cancellations received within 5 or more business days prior to the start of the class will qualify for a refund minus a non-refundable \$10 processing fee. All refunds given after the start of class are up to the discretion of management. A refund will not be given on the classes that have already been attended or passed. Community Education reserves the right to cancel any class that does not meet minimum enrollment. You will be contacted and complete refunds will be given when this occurs.

### Vouchers

Vouchers will be issued for cancellations by Community Education due to inclement weather. This will apply to multi-lesson classes (such as swimming lessons) only, when a make-up date cannot be scheduled. Check or credit card refunds will no longer be given. Vouchers are limited to the same type and price of class. Examples of a class cancellation in which a participant would receive a voucher: Swimming Lessons, Piano Lessons, and some Fitness Classes.



# FOCUS CLASSES

## 4:1 PARTICIPANT: INSTRUCTOR

During these classes the instructor will have the ability to FOCUS on individual attention, foster a fun learning environment, and flourish on fundamental skills essential to becoming a confident swimmer.

### Little Swimmer-Level B: Intermediate Swimmer

Class Fee: 8 Lessons \$86

Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
PSB7W	M	1/13 - 3/16	6:20 - 6:50 p.m.	1/20 & 2/17

Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
PSB8SP	M	4/6 - 6/1	6:20 - 6:50 p.m.	5/25

### Little Swimmer-Level C: Advanced Swimmer

Class Fee: 8 Lessons \$86

Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
PSC7W	M	1/13 - 3/16	6:55 - 7:25 p.m.	1/20 & 2/17

Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
PSC8SP	M	4/6 - 6/1	6:55 - 7:25 p.m.	5/25

### Level 1: Beginner Swimmer

(Must be at least 6 years old)

Class Fee: 8 Lessons \$89

Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
A11W	M	1/13 - 3/16	6:20 - 7:00 p.m.	1/20 & 2/17

Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
A12SP	M	4/6 - 6/1	6:20 - 7:00 p.m.	5/25

### Level 2: Advanced Beginner Swimmer

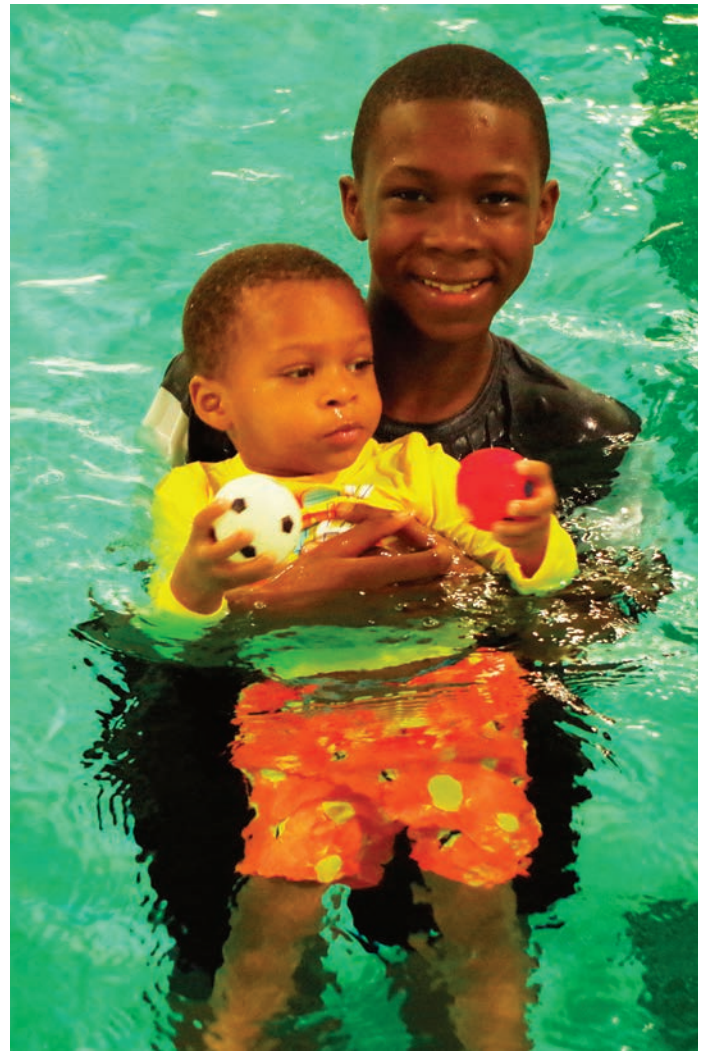
Class Fee: 8 Lessons \$89

Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
B9W	M	1/13 - 3/16	6:20 - 7:00 p.m.	1/20 & 2/17

Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
B10SP	M	4/6 - 6/1	6:20 - 7:00 p.m.	5/25



### Level 3: Intermediate Swimmer

Class Fee: 8 Lessons \$89

Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
C9W	M	1/13 - 3/16	7:05 - 7:45 p.m.	1/20 & 2/17

Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
C10SP	M	4/6 - 6/1	7:05 - 7:45 p.m.	5/25

### Level 4: Advanced Intermediate

Class Fee: 8 Lessons \$89

Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
D5W	M	1/13 - 3/16	7:05 - 7:45 p.m.	1/20 & 2/17

Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
D6SP	M	4/6 - 6/1	7:05 - 7:45 p.m.	5/25





## FITNESS

### Water Aerobics

Leap, jump, and kick to a better you with this one-hour class, which is a wonderful way to tone and strengthen muscles while developing cardiovascular endurance and increasing flexibility. By having the natural resistance of the water, participants receive a great workout that is gentle on the joints. Shallow end work out. No swimming skills necessary for this class. Registration is required.

**Class Fee: 8 Classes \$58 WAPCW \$72 (Punch Card)**

**Valley View Middle School Pool - Winter 2020**

Class#	Day	Date	Time	No Class
WA1W	Tu	1/14 - 3/10	7:35 - 8:35 p.m.	2/25
WA2W	Th	1/16 - 3/5	7:00 - 8:00 p.m.	

**Oak Grove Middle School Pool - Spring 2020**

Class#	Day	Date	Time	No Class
WA3SP	Tu	4/7 - 5/26	7:35 - 8:35 p.m.	
WA4SP	Th	4/9 - 5/28	7:00 - 8:00 p.m.	

WAPCW & WAPCSP – any 8 classes – the Punch Card allows the flexibility to choose your schedule. Card expires at the end of the session. Bring card to each class you attend.

### Aqua Zumba

Known as the Zumba “pool party”, Aqua Zumba gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting and laughing are often heard during a class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water-based workout that’s cardio-conditioning, body toning and most of all fun! It is not your typical aerobics class. You will dance in the water at your own speed. Aqua Zumba is exercise in disguise. Registration is required for this class (water fitness cards will not be accepted). Minimum: 8 Maximum: 20

**Class Fee: 8 1-Hour Classes \$64 \*8 45-Minute Classes \$48**

**Valley View Middle School Pool - Winter 2020**

Class#	Day	Date	Time	No Class
3582BW-1	M	1/13 - 3/16	4:30 - 5:30 p.m.	1/20 & 2/17 2/25
3582BW-2*	Tu	1/14 - 3/10	4:30 - 5:15 p.m.	

**Oak Grove Middle School Pool - Spring 2020**

Class#	Day	Date	Time	No Class
3582BSP-3	M	4/6 - 6/1	4:30 - 5:30 p.m.	5/25
3582BSP-4*	Tu	4/7 - 5/26	4:30 - 5:15 p.m.	
3582BSP-5	W	4/8 - 5/27	6:00 - 7:00 p.m.	

### Open & Lap Swim

Bring your friends and family for good times in the pool for open swim or to swim laps for a great low impact workout. Punch card expires 1 year after date of purchase.

**Drop In Fee: \$6 per person \$8 per family**

**Punch Card: \$60 12 times per person \$80 12 times per family**

**Valley View Middle School Pool - Winter 2020**

Day	Date	Time	No Class
W	1/15 - 3/4	4:30 - 6:30 p.m.	
Sa	1/18 - 3/7	12:00 - 1:00 p.m.	

**Oak Grove Middle School Pool - Spring 2020**

Day	Date	Time	No Class
W	4/8 - 5/27	4:30 - 6:00 p.m.	
Sa	4/18 - 5/16	12:00 - 1:00 p.m.	

Call the Registration Line at 952-681-6132 to make payment prior to coming to the pool. Office Hours are Monday – Friday from 8:00 a.m. - 4:30 p.m.

# SPECIALTY

## American Red Cross Lifeguard Training – Blended Learning

This comprehensive course is designed to instruct participants in the skills and knowledge needed to become a lifeguard. Course candidates will learn how to recognize, prevent and respond quickly to aquatic emergencies. The course also instructs participants in CPR for the Professional Rescuer, AED and First Aid. Participants will receive certifications in the above – certifications will be presented upon completion of attending all class sessions, passing all written exams, water skills and test. Prerequisites:

- Participant must be 15 years of age or older.
  - Ability to pass pretest. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Tread water for 2 minutes using only legs. Complete a timed event within 1 minute 40 seconds: starting in the water, swim 20 yards, surface, feet first or head first, to a depth of 7 to 10 feet to retrieve a 10 pound object, return to surface and swim 20 yards on back with both hands holding object, exit the water without using a ladder or steps.
  - Certifications received upon completion of course objectives and passing score of 80 percent correct on course final written exams. Lifeguard, CPR-PR with AED and First Aid are valid for 2 years. Will need to renew certifications every two years.
  - Blended Learning Class: a link will be emailed one week prior to class beginning with online class curriculum. There is an additional fee, \$37, paid directly to the American Red Cross for the online portion.
  - Bring swimsuit, towels, snacks, lunch, water bottle, writing utensil and paper.
- \* A minimum of 6 participants will be needed to run this class. \*

**Class Fee: 8 Classes \$250**

### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
LGT1W	Sa	2/22 & 2/29	8:30 a.m. - 7:30 p.m.	

### Oak Grove Middle School Pool - Spring 2020

Class#	Day	Date	Time	No Class
LGT2SP	Sa	5/9 & 5/16	8:30 a.m. - 7:30 p.m.	

Opportunity for employment upon completion of class – contact Aquatics Program Coordinator for further information 952-681-6134, if interested. Must be 16 years old.

## American Red Cross Lifeguard Instructor Training – Blended Learning

This course trains instructor candidates to teach the American Red Cross Lifeguard, First Aid and CPR/AED for the Professional Rescuer courses. Age Prerequisite: Students must be 17 years old by the last day of the class. Certification Prerequisite: Current American Red Cross Lifeguard certification. Skill Prerequisites: Successful completion of Lifeguarding swimming prerequisites, demonstration of competency with Lifeguarding skills, and demonstration of competency when responding to scenarios involving rescues and emergency care. Students must complete the online portion of the course (2-3 hours in length) before participating in the water skills sessions. Once registered, information for accessing the online portion of the course will be emailed to the student, approximately seven days before the class begins. Please note there is a \$37 fee paid directly to the American Red Cross for the online portion of the class. Attendance at all class sessions is mandatory, be prepared to be both in and out of the water each day.

**Class Fee: \$265**

### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
LGITW1	F	1/24	5:30 - 9:30 p.m.	
	Sa	1/25	8:30 a.m. - 7:00 p.m.	
	Su	1/26	8:30 a.m. - 7:00 p.m.	

## American Red Cross Lifeguard Instructor/Trainer Review

Renew your American Red Cross Lifeguard Instructor certification (students must complete the 2017 LGI program update to be eligible for this class). This in-person Instructor/Instructor Trainer review course is the required course for all Lifeguarding Instructors and Instructor Trainers to re-certify. During this course, Lifeguarding Instructors and Instructor Trainers will participate in an in-water practice and polish skills session with their peers and a classroom-based review of Red Cross administrative policies and procedures. Prerequisites: Current American Red Cross Lifeguard Instructor or Instructor Trainer (r2017) certification, Students must bring a copy of the 2017 LGI manual and the Student Lifeguard training book to class (Electronic or Hard Copy.) Please bring a swimsuit, paper towels, a pencil, bag lunch and/or snack to class.

**Class Fee: \$120**

### Valley View Middle School Pool - Winter 2020

Class#	Day	Date	Time	No Class
LGI/ITRW1	Sa	2/8	9:00 a.m. - 5:00 p.m.	

## Water Safety Instructor Training (WSI) - Blended Learning

This course trains instructor candidates to teach the American Red Cross Learn-to-Swim and other water safety programs.

Prerequisites: On the first day, you must be able to pass a swimming stroke test. Attendance is mandatory to all class sessions. Be prepared to be both in and out of the water each day of class. Students must complete the online portion of the course (7-9 hours) in addition to participating in the classroom and water skill sessions. Once registered, information for accessing the online course will be emailed to the student. Your email is required. There is an additional fee of \$37 paid directly to the Red Cross for the online portion. Please bring the following items: verification of birth date (students must be 16 years of age by the last day of class), swimsuit (one piece for females), towels, writing utensil, paper, water bottle, bag lunch and snacks.

\* A minimum of 6 participants will be needed to run this class. \*

**Class Fee: \$235**

**Valley View Middle School Pool - Winter 2020**

Class#	Day	Date	Time	No Class
WS1W	F	1/17	5:30 - 9:30 p.m.	
	Sa	1/18	8:30 a.m. - 6:30 p.m.	
	Su	1/19	8:30 a.m. - 7:30 p.m.	

**Oak Grove Middle School Pool - Spring 2020**

**Class Fee: \$235**

Class#	Day	Date	Time	No Class
WS2SP	F	4/17	5:30 - 9:30 p.m.	
	Sa	4/18	8:30 a.m. - 6:30 p.m.	
	Su	4/19	8:30 a.m. - 7:30 p.m.	

## Safety Training for Swim Coaches

The purpose of the American Red Cross Safety Training for Swim Coaches course is to teach those involved in competitive swimming, including coaches, officials, athletic trainers and aquatic exercise trainers, how to help maintain a safe and comfortable environment for swimmers, prevent accidents and emergencies, and respond to swimmers with illnesses or injuries in water or on land. This program is offered in a blended learning format.

The Adult and Child CPR is offered in the form of a Challenge course. Students should review their skills before the skill session. Prerequisites: Must be 15 years old on or before the final scheduled session of the course. Must be comfortable in chest-deep water.

Students must complete the online portion of the course before participating in the Water Skills Session.

Once registered information for accessing the online course will be emailed to the student. There is an additional fee of \$25 paid directly to the Red Cross for the online portion. Visit <http://www.redcross.org/take-a-class/swimming> to register and complete the online portion. Please bring a printed copy of your completion certificate with you to the water portion of the course.

**Class Fee: \$120 (with CPR) \$59 (without CPR)**

**Valley View Middle School Pool - Winter 2020**

Class#	Day	Date	Time
STSC-CPR-W1	W	1/15	6:30 - 9:30 p.m. (with CPR)
STSC-NCPR-W2	W	1/15	8:00 - 9:30 p.m. (without CPR)

**Class Fee: \$120 (with CPR) \$59 (without CPR)**

**Oak Grove Middle School Pool - Spring 2020**

Class#	Day	Date	Time
STSC-CPR-SP1	W	4/22	6:30 - 9:30 p.m. (with CPR)
STSC-NCPR-SP2	W	4/22	8:00 - 9:30 p.m. (without CPR)

## SWIM CLUBS

**The Piranhas Swim Club** is a year-round, competitive swim team serving the Richfield and Minneapolis area. We offer all levels of instruction from Novice (swimmers who have just completed lessons) through the elite Senior levels. For more information on how to become a part of our team that values Integrity, Sportsmanship, and Teamwork, please contact Head Coach, Lucas Baarlaer ([lucas.baarlaer@piranhaswimclub.org](mailto:lucas.baarlaer@piranhaswimclub.org)) or visit our webpage at [www.piranhaswimclub.org](http://www.piranhaswimclub.org).



Come see what **Barracuda Aquatics Club** is all about! We are a USA Swimming



competitive swim club for boys and girls ages 6 and older. The focus is on having fun, training, and competing with swimmers matching your own ability. For details and information please e-mail our Head Coach Jeff Lee at [MNFECDUDAS@aol.com](mailto:MNFECDUDAS@aol.com). Or call the BAC hotline and leave a message at 952-884-3703. Website: [www.baccudas.org](http://www.baccudas.org).





## Best Community Choir in MN

(WCCO-TV)

**NEW! Saturday Prep Music Class  
for Kindergarten–2nd Grade**

angelicacantanti.org | 952.563.8572



## Interested in advertising in our Bloomington Community Education Catalog?

Limited advertising spots are available.

Contact [mglynn@isd271.org](mailto:mglynn@isd271.org) or call  
952-681-6108 for information.



## KEEPING KIDS ACTIVE SINCE 1954!

Late Winter / Spring 2020

### Volleyball

Registration: January  
Season: March - Early May  
3rd - 7th grade  
8th - 12th grade Co-Rec

### Baseball

Registration: March  
Season: May - June  
Pre-K - 12th Grade

### Slow Pitch

### Softball

Registration: March  
Season: May - June  
Girls Pre-K - 8th Grade  
Co-Rec 9th - 12th Grade

### Golf

Registration: April  
Season: May - August  
Ages 8 - 18

### Track

Registration: At Events  
Two Events in May  
K - 5th Grade

### Traveling Slow

### Pitch Softball

Registration: March  
Season: April - July  
10u - 18u

### other BAA Sports

<i>sport</i>	<i>registration opens</i>
Football	June
Flag Football	June
Soccer	July
UniHockey	July
Girls Basketball	September
Wrestling	October
Boys Basketball	October
Floor Hockey	October

[www.baaonline.org](http://www.baaonline.org)

# LEARN TO SKATE!

Bloomington Ice Garden *Skate School* offers year-round skating lessons for all ages and abilities.

## Winter & Spring 2019/20

- Tuesdays, Dec 3 - Jan 28
- Saturdays, Dec 7 - Jan 25
- Tuesdays, Feb 11 - Mar 24
- Tuesdays, Apr 7 - May 19

## Mini Camp **NEW!**

- Saturday Feb 8 & 15

## Summer 2020

- Mondays, Jun 8 - Jul 27
- Wednesdays, Jun 10 - Jul 29

## ANNUAL ICE SHOW

March 13-14, 2020

Register in Nov. & Dec. Meet new friends and have a great time! All skate school students can participate, regardless of level!

LEARN TO  
**SKATE**  
USA

endorsed by



*Bring this ad to your first session and receive two additional free open skate passes!*

3600 W. 98th St., Bloomington, MN 55431 • [www.blm.mn/big](http://www.blm.mn/big) • [big@bloomingtonmn.gov](mailto:big@bloomingtonmn.gov) • 952-563-8441 • MN RELAY 711



# INTEGRATIVE HEALTHCARE FOR THE WHOLE FAMILY



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- Naturopathic Medicine
- Physical Therapy
- Therapeutic Massage



Specialties including pediatrics, pre- and post-natal care, neurology and orthopedics.  
Educating the community for better health with monthly classes.

Call **952-885-5444** for more information on classes or to schedule an appointment.

[nwhealth.edu](http://nwhealth.edu)



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[mnsu.edu/ext](https://mnsu.edu/ext)



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by calling University Extended Education at 507-389-1286 (V), 800-627-3529 or 711 (MRS/TTY). INMK106AD 05-19





## Support Student Learning by Volunteering!

- Assist children **in the classroom**, preschool through high school, helping with Reading, Math or in other academic areas.
- Assist children of all ages at the **Family Homework Connection**; Wednesdays 5:30-7:30 p.m. at Hennepin Oxboro Library: 8800 Portland Ave. S.
- Be a Buddy to a student each week as a **Westwood Reading Buddy**.
- Share your morning once a week as a **Breakfast Buddy** at Valley View Elementary.
- Assist students at one of our elementary Homework Connection sites.  
Volunteer one or more afternoons between 3:15 - 4:15 p.m. each week.
- Mentor an 8<sup>th</sup> grade student 3 hrs a month as a **Hope For Tomorrow Mentor**. The group meets once a month at Valley View or Oak Grove Middle School. <https://hopefortomorrowmentoring.org/>

**Make a positive difference in the life of a Bloomington student!**

**Call the Volunteer Connection: 952.681.6292**  
**[www.bloomingtonschools.org](http://www.bloomingtonschools.org)**

## Driver's Education

Bloomington Community Education partners with A+ Driving School to offer two driver's education class options:



### Option one:

A package of classroom instruction, plus behind the wheel training. Cost: \$395. A \$70 fee is paid to Bloomington Community Education when registering for the class. The additional \$325 is paid directly to A+ Driving School. Students pay \$85 in class to receive their Blue Card. The Blue card is needed to take the permit test. Then 3 payments of \$80 each is paid to A+ Driving School when taking behind the wheel lessons.



### Option two:

Behind the wheel training only. This class is for students who have taken classroom instruction as part of their high school curriculum. Cost: \$295. A \$35 fee is paid to Bloomington Community Education when registering for the class. The additional \$260 is paid directly to A+ Driving School when taking behind the wheel lessons.

Students must be 14 1/2 years of age to take driver's education classes. Option one registration can be done online at [bloomington.ce.eleyo.com](http://bloomington.ce.eleyo.com), by phone at 952-681-6111, by mail, or in person at the Bloomington Community Education office.

Print and fill out the registration form on our website at [bloomingtonschools.org](http://bloomingtonschools.org). Click on Community Education/Driver Education.

# **Adult Learners**



## **Adult Enrichment**

Bloomington Community Education offers classes for adults to continue their life long learning skills. Learn to make Italian meals, plan for retirement, or take one of our popular fitness classes - these classes and more are available to anyone over the age of 16.

In addition to the certified and professional instructors who teach our classes, we also have members of the community teach many of our classes. Do you have a hobby, craft, or skill you would like to share? Give our Enrichment Coordinator a call at 952-681-6108 for a class proposal.

## **Metro South Adult Basic Education**

Metro South is a consortium of the Bloomington, Eden Prairie, Edina, and Richfield School Districts. The program exists to serve the needs of adult learners who wish to improve their English skills or work toward their GED or Adult Diploma. Since 1979, Metro South has provided educational opportunities to nearly 3,000 adults annually. For more information call: 952-681-6170.



## **Learning Exchange**



Learning Exchange offers a wide variety of classes for adults with disabilities. Classes are open to

residents of Bloomington, Eden Prairie, Edina, and Richfield. Learning Exchange classes are for disabled adults, 18 years-old and older. For more information call: 952-681-6121.



## **Volunteers**

Metro South Volunteers play a vital role in helping adult learners enrolled in Metro South Adult Basic Education.

## **CHOICE**



CHOICE Alternative High School serves students age 17-21 who have fallen behind in high school or dropped out, but want to return to complete a high school education. Here you can attend high school in a way that better fits your needs. For more information call: 952-681-6172.



## All Occasion Hand-Stamped Cards

In this class we will be creating 25 hand-stamped cards (5 cards of 5 designs). A variety of themes will be created such as birthday, sympathy, thank you and others. All new card designs! Never be without a card for that special occasion. Class includes pre-cut materials, envelopes, use of instructor's stamps, inks and tools. Students should bring their own adhesive of choice to class (tombow, double stick tape, etc.); instructor will have adhesive to purchase as well.

*Instructor: Elizabeth Hawley*

**3049-W01** **1 Session - \$29**  
**Thursday, Jan. 16** **6-9 p.m.**  
**JHS A115**

**3049-S01** **1 Session - \$29**  
**Thursday, Apr. 2** **6-9 p.m.**  
**CEC 229**

## Beaded Spiral Wire Bracelet

In this class, you will learn how to make a one of a kind beaded bracelet. You will learn how to make decorative loops to join your pattern of beads together, along with a hoop and loop closure clasp that is uniquely yours. Jewelry tools will be provided by the instructor. Students should bring 18 gauge wire for making jewelry (no floral wire please). Also bring 8 to 10, 8mm beads of your choice for the bracelet.

*Instructor: Irene Sherman*

**3112-W01** **1 Session - \$35**  
**Thursday, Mar. 19** **6:30-8:30 p.m.**  
**JHS A115**

## Celtic 5-Strand Braided Bracelet

With this beginner friendly jewelry project, you can make a lovely braided Celtic Weave wire weave bracelet in no time at all! No experience needed. Instructor will supply the tools to make the bracelet. Students should bring to class masking tape, 5 or 6 mm beads or crystals, 18 gauge silver filled wire. Cut the wire into 5, 10 inch pieces (Artistic Wire is the recommended brand to use).

*Instructor: Irene Sherman*

**3113-W01** **1 Session - \$35**  
**Wednesday, Jan. 22** **6:30-8:30 p.m.**  
**CEC 229**

## Beginning and Refresher Crochet

Whether you are an absolute beginner or someone who learned to crochet in the past, but has forgotten how, this class is for you! We start at the beginning, looking at tools and materials, learn to make the chain, slip stitch, single, half-double, double and treble stitches, read patterns and follow diagrams. You will complete a dishcloth, scarf, granny squares and start on an additional project. \$10 cash supply fee collected by the instructor the first night of class to cover the costs of printing comprehensive crochet reference documents and some patterns for use in class. Please bring the following supplies to the first class: crochet hook, size H/8 (5mm); at least 2 ounces of worsted weight crochet cotton yarn (such as Sugar & Cream) in a light color, this type of yarn will have a paper band with the "#4 medium" written on it; a small amount of light colored acrylic (leftovers are fine); stitch markers (not the ring-type, but the type that clip closed like safety pins); scissors, and a bag to carry your project materials (a shopping bag is fine). You will need to purchase a couple of additional skeins of yarn and hooks in other sizes for projects as the class progresses, but that will be discussed in class. Stores frequently sell kits with a range of crochet hook sizes. Look for a kit that covers the size range from H through L.

*Instructor: Judy Goebel*

**3158-W01** **5 Sessions - \$69**  
**Tuesdays, Jan. 21-Feb. 18** **6:30-8:30 p.m.**  
**CEC 230**

**3158-S01** **5 Sessions - \$69**  
**Tuesdays, Apr. 28-May 26** **6:30-8:30 p.m.**  
**CEC 230**

## Intro to Wood Burning

**New Class!** Socialize, relax, and recharge with an art soiree. No experience necessary to have fun and enjoy this hands-on class. You'll receive a beautiful piece of wood to work on, several design templates to choose from, and the tools to complete your own project. Practice first with different burning tips on a training board, then pick a design to transfer to the wood. Finally, you will complete your project! You can even add some color with watercolor paint to make your piece really pop.

*Instructor: Art Innovators - Lisa Vitkus*

**3117-W01** **1 Session - \$55**  
**Thursday, Jan. 30** **6:30-9 p.m.**  
**JHS A115**

## Palette Up! Alcohol Ink Painting

Experiment with alcohol inks on Yupo paper. The non-absorbent nature of Yupo means it will not buckle, no matter how much water you put on it, and it makes colors more vibrant and brilliant than on standard papers as all the color sits on the surface. Alcohol inks are pigment-intense and vibrant, free-flowing and filled with energy all their own. You will leave the workshop with knowledge of a new technique that you can take home and expand your artistic interest.

*Instructor: Art Innovators - Lisa Vitkus*

**3018-W01** **1 Session - \$35**  
**Tuesday, Mar. 31** **7-8:30 p.m.**  
**JHS A115**



## Visible Mending Inspired by Boro

**New Class!** Utilize Boro patching and mending techniques to repair a beloved garment or piece of cloth. Students will learn ways to mend and repair a garment with visible mending and running stitch. Students will also learn how to stitch and patch a garment or piece of fabric. Supply fee of \$5.00 is paid to the teacher for needle, needle threader and sashiko thread. Bring embroidery scissors if possible to class.

*Instructor: Michelle Greenhouse*

**3107-W01** **1 Session - \$31**  
**Friday, Jan. 27** **6:30-8:30 p.m.**  
**CEC 236/237**

**3107-S01** **1 Session - \$31**  
**Thursday, Apr. 30** **6:30-8:30 p.m.**  
**CEC 236/237**





### Wrap Around Bracelet

In this class you will work with beads, cord, and buttons, learning to sew a bracelet together that will wrap around your wrist three times. This technique will create a beautiful piece of jewelry. . Students should bring to class 4 different sizes of beads that look nice together: 30 2mm, 20 3mm, 20 4mm and 10 5mm size beads. Also bring 1 button, size 15mm. A \$5.00 supply fee is paid to the instructor at the beginning of class.

*Instructor: Ann Beddow*

<b>3122-W01</b> <b>Monday, Jan. 13</b> <b>JHS A115</b>	<b>1 Session - \$35</b> <b>5:30-7:30 p.m.</b>
<b>3122-S01</b> <b>Monday, Apr. 27</b> <b>CEC 229</b>	<b>1 Session - \$35</b> <b>5:30-7:30 p.m.</b>

### Fresh Botanical Spring Soaps and Sugar Scrubs

Make beautiful moisturizing sulfate-free mango and cocoa butter soaps and sugar scrubs to gently cleanse and exfoliate your skin for spring. Blend botanical, fruit and floral phthalate-free fragrances to delight your spirit and add luxury to everyday! Perfect for Mother's Day, gardeners, and everyone who wants to safely, effectively and beautifully cleanse their skin. Take home soaps, sugar scrub shapes and DIY recipes to make more at home. Students pay the instructor a \$20 supply fee at the beginning of class.

*Instructor: Raulla S Mitchell*

<b>3108-S01</b> <b>Monday, Apr. 20</b> <b>JHS Food Lab - A100</b>	<b>1 Session - \$29</b> <b>6-9 p.m.</b>
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### Romantic Valentine's Day Soaps and Lotion Bars

Make beautiful moisturizing sulfate-free 3-butter base (shea, mango and cocoa butter) soaps and lotion bars in floral, warm and exotic phthalate-free fragrances. Fun holiday shapes like hearts, flowers and more. Gently cleanse and moisturize your skin all winter. Perfect for travels. Bring your friends, "date" or family to enjoy a fun creative night out. Take home soaps, lotion bars and DIY recipes to make more at home. \$20 supply fee paid to instructor in class.

*Instructor: Raulla S Mitchell*

<b>3036-W01</b> <b>Thursday, Jan. 23</b> <b>JHS Food Lab - A100</b>	<b>1 Session - \$29</b> <b>6-9 p.m.</b>
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### Bonsai - Introduction

Explore the ancient art of Bonsai. We will discuss the art and history of Bonsai, with a tree of your own to style. The first day covers style, art and branch placement. The second class covers potting the tree and additional refinement. \$40 supply fee collected by instructor in class.

*Instructor: Lionel Flood*

<b>3056-S01</b> <b>Thursdays, Apr. 9 &amp; 16</b> <b>CEC 236/237</b>	<b>2 Sessions - \$39</b> <b>7-9:30 p.m.</b>
<b>3056-S02</b> <b>Thursdays, May 21 &amp; 28</b> <b>CEC 236/237</b>	<b>2 Sessions - \$39</b> <b>7-9:30 p.m.</b>

### Bonsai II

A follow up class for ALL previous Introduction to Bonsai students. We will focus on removing existing wires and rewiring, and additional detail branch work. Tools will be available to use and wire available for purchase. Even if you have had your tree for a single season or many years, your tree can benefit from additional trimming and styling. Bring your tree and anything you would like assistance with, but no repotting or root work at this class.

*Instructor: Lionel Flood*

<b>3057-S01</b> <b>Wednesday, Jun. 3</b> <b>CEC 236/237</b>	<b>1 Session - \$42</b> <b>7-9:30 p.m.</b>
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### Glass Mosaic Garden Stepping Stone

Using precut glass, design and create a gorgeous stepping stone for your garden. Patterns are available or bring an outline of a child's hand to make a unique keepsake. 8" round and square molds are available. \$12 per stepping stone collected by instructor in class, there will be time to make multiple stones.

*Instructor: Lindsey Guetter*

<b>3163-S01</b> <b>Saturday, May 9</b> <b>CEC 236/237</b>	<b>1 Session - \$39</b> <b>9 a.m.-1 p.m.</b>
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### Glass Mosaic Mug Planter or Garden Stake

**New Class!** Create a unique mini planter or pen cup using a coffee mug. Or create a colorful garden stake. The choice is yours! The planter is a perfect fit for your desk or to grow herbs in your kitchen. The glass is all precut & stencils are available for making gorgeous designs. On the first night of class, students will design and glue the glass to the mug or stake. On the second night, your project is grouted and finished. Make a fabulous glass mosaic project and learn all about mosaics in this fun-filled class. There is a \$10 supply fee paid to the instructor for each project made. There will be enough time in the class to make multiple projects.

*Instructor: Lindsey Guetter*

<b>3109-W01</b> <b>Mondays, Feb. 24 &amp; Mar. 2</b> <b>CEC 236/237</b>	<b>2 Sessions - \$39</b> <b>6-9 p.m.</b>
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## **“Life After Work: How to Create a Good Life in Retirement”**

**New Class!** Whether you plan to stop all at once, or ease into retirement by working part-time, at some point you will need to arrange for multiple sources of income to replace your paycheck. What do you need to think about as you transition from work life to retired life? Where will you live? Where will your income come from? How can you make it last? Join us for an enlightening class that will get you thinking about your next phase of life and what you need to do to prepare for it. \$5 supply fee paid to instructor in class.

*Instructor: Robert Stai Davis*

**1340-W01** 1 Session - \$23  
**Thursday, Mar. 12** 6:30-8:30 p.m.  
**JHS C104**

**1340-S01** 1 Session - \$23  
**Thursday, May 7** 6:30-8:30 p.m.  
**CEC 232**

## **Communicating & Evaluating Staff for Success & Personal Satisfaction**

**New Class!** Providing employees performance expectations and goals is the most important contribution you can make to their ability to succeed with your company. Constructively evaluating performance is key to employee growth and satisfaction, both critical to any business. You'll receive preview and performance evaluation style options and a useful warning format.

*Instructor: Sheila Daly*

**1010-W01** 1 Session - \$29  
**Wednesday, Jan. 15** 7-9 p.m.  
**JHS C104**

## **Create a Meaningful Vocation**

**New Class!** Are you dissatisfied with your vocation and unsure of what to do next? Learn how you can tap into your soul's innate wisdom to discover your natural gifts; move past the issues keeping you stuck; and implement a plan to manifest your vision.

*Instructor: Barb Brodsho*

**1004-W01** 1 Session - \$25  
**Wednesday, Mar. 18** 7-9 p.m.  
**CEC 229**

**1004-S01** 1 Session - \$25  
**Tuesday, May 5** 7-9 p.m.  
**CEC 229**

## **How to Sell a Home for More Money - Confessions of a Real Estate Insider!**

Confessions of a real estate insider! The instructor will reveal: 4 sure ways to make buyers want your home, 10 techniques a professional would use to stage your home for sale, 21 simple cost-effective home improvements that can return thousands of dollars to you, 12 purchase agreement traps and how to avoid them, and the #1 secret that could clinch your sale.

*Instructor: George Bodnia*

**1345-W01** 1 Session - \$23  
**Wednesday, Feb. 5** 7-9:30 p.m.  
**JHS A101**

**1345-S01** 1 Session - \$23  
**Wednesday, Apr. 15** 7-9:30 p.m.  
**JHS A101**

## **How to Win with Investment Properties**

Have you ever considered becoming a landlord or investing in real estate, but needed more information? Learn about opportunities in today's Twin Cities marketplace, how to analyze a property, tax considerations, and things to put in a lease. We will review all aspects of becoming a landlord from buying, selling and renting.

*Instructor: John Mazzara*

**1322-W01** 1 Session - \$23  
**Wednesday, Feb. 12** 7-9 p.m.  
**JHS C104**

## **Prepare for the Bloomington Time-of-Sale Inspection**

Bloomington home owners who plan to sell their home are required to complete the Bloomington Time-of-Sale inspection prior to listing their house on the market. In this course, you will learn how the inspection process works, what the inspectors look for and how to best prepare for the inspection. You will also learn about well sealing requirements, radon testing and mitigation. After taking this course, you will be prepared to ace the Time of Sale test!

*Instructor: Steve Schneeberger*

**1334-S01** 1 Session - \$23  
**Thursday, Apr. 23** 7-9 p.m.  
**CEC 232**

## **Smart Home Buying - Secrets to Navigating a Turbulent Market**

Learn the aspects of buying a home in today's market. A basic overview will cover: what to look for in a home, best times to buy, price ranges, financing, loan qualifying, purchase agreements, foreclosures and short sales, tax advantages, and how to evaluate your options. Common pitfalls will also be discussed.

*Instructor: George Bodnia*

**1308-W01** 1 Session - \$23  
**Monday, Feb. 10** 7-9:30 p.m.  
**JHS A101**

**1308-S01** 1 Session - \$23  
**Monday, Apr. 13** 7-9:30 p.m.  
**JHS A101**



## Successful Selling of Your Home or Investment Property

Explore Twin Cities housing market data, an overview of loan programs that allow a buyer to escrow for improvements, appraisal issues that may affect your home sale, and small things to improve your chances of selling your property. Various updates such as paint, carpet, light fixtures and de-cluttering are just a few that will be discussed. An opportunity for a no obligation pinpoint price evaluation and room-by-room analysis of your home by the instructor is included with class tuition.

*Instructor: John Mazzara*

**1385-W01** 1 Session - \$23  
Tuesday, Mar. 10 7-9 p.m.  
CEC 229

## Voice-Overs... NOW Is YOUR Time!

YOU'VE HEARD BRIDGET RENSHAW ON TV AND RADIO! Now hear her LIVE as she illustrates how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! This exciting and fun class could be the game changer you've been looking for!

*Instructor: Bridget Renshaw*

**1504-S01** 1 Session - \$39  
Tuesday, Apr. 21 6:30-8:30 p.m.  
CEC 232

## Want to Be a Business Owner?

**New Class!** Thinking of starting or buying a business? Learn about the pros and cons of franchises vs. independent businesses, importance of a financial plan, and other aspects that need consideration such as Operations, Sales, Marketing and Accounting. Learn about resources available to businesses and a plan for an exit strategy.

*Instructor: Nisha Malaviya*

**1003-W01** 1 Session - \$50  
Thursday, Feb. 27 6-9 p.m.  
JHS C104

**1003-S01** 1 Session - \$50  
Tuesday, Apr. 21 6-9 p.m.  
CEC 230

## Work at Home as a Medical Transcriptionist

If you want to choose your own hours, have a business at home, find clients easily and make great money, this class will get you started. Discover a step-by-step guide to what medical transcription is, medical transcription versus medical billing and coding, learning medical transcription simply and cost effectively, avoiding expensive and common mistakes, and much more. \$20 workbook fee paid to instructor in class.

*Instructor: Deborah Burns*

**1009-W01** 1 Session - \$39  
Wednesday, Feb. 19 6-9 p.m.  
JHS C104

## Writing for Children

Have you thought about writing a picture book? Or an early chapter book? This class will help you understand what kinds of stories children love, and how you can be the author! We'll talk about the writing process and some tips on how to get published.

*Instructor: Lynn Garthwaite*

**1024-W01** 1 Session - \$25  
Tuesday, Jan. 28 6:30-8 p.m.  
CEC 232

**1024-S01** 1 Session - \$25  
Tuesday, Apr. 28 6:30-8 p.m.  
JHS C104

## I am Ready to Publish My Book, NOW WHAT?

You are ready to publish your book, now what should you do? This class will help you publish a book in today's market in 10 easy steps. Learn the most frequently asked questions a printer/publisher gets asked daily from self-publishing authors about what to do - and not do. If you have ever dreamed of seeing your book in print, this is the class for you! \$10 supply fee will be collected by instructor in class.

*Instructor: Ann M. Aubitz*

**1011-W01** 1 Session - \$29  
Thursday, Jan. 30 6-8 p.m.  
JHS C104

## Computers & Technology

### Discover Google

**New Class!** Google is more than just a search tool. With a Gmail account you have access to email, calendars, word processing, spreadsheets, slides and more! If you are new to Google or have only been using Gmail, come discover what else you could be doing and how it all works together.

*Instructor: Ann Marie Terpstra*

**2007-S01** 1 Session - \$34  
Friday, Apr. 17 6:30-9 p.m.  
CEC Computer Lab 328

### Google Docs and Drive

**New Class!** With a Gmail account you have access to a FREE word processor and a file storage service. Keep your documents on their servers available to you from anywhere and easy to share with other Google users. Need to make the switch from Word? Come see what that looks like.

*Instructor: Ann Marie Terpstra*

**2006-S01** 1 Session - \$34  
Friday, May 8 6:30-9 p.m.  
CEC Computer Lab 328





## How to Build Your Own Weebly Webpage with No Coding Skills Required

**New Class!** This class will guide learners on understanding the benefits of Weebly. You will learn how you can build your own Weebly website, and after the course, you will have a Weebly website up and running for your personal or business use. No coding skills required. Basic computer skills are a plus. Participants are asked to bring their own laptop to class - both a Mac and a PC platform will work for this class. Free wi-fi available onsite.

*Instructor: Jose Fulgencio*

**2015-W01** 2 Sessions - \$39  
**Wed./Thu., Jan. 15 & 16** 6-8 p.m.  
**JHS A101**

## How to Cut the Cable Cord

Cable (or satellite) television is the single most expensive utility for many households. This class will show you many viewing options that are free or much lower cost than cable. We'll discuss the pros and cons of cable, how to get internet without cable, how to get tv from your computer to your television, and much, much more. Find out why and how thousands of TV watchers are ditching cable forever! New - smaller class size!

*Instructor: Ron Timm*

**2040-W01** 1 Session - \$29  
**Tuesday, Mar. 3** 7-8:30 p.m.  
**CEC 232**

**2040-S01** 1 Session - \$29  
**Tuesday, Apr. 28** 7-8:30 p.m.  
**CEC 232**

## Use Your Smartphone to Communicate Without Making Calls

**New Class!** Approximately 97% of smartphone owners text. Are you part of the 3%? Bridge the gaps between generations, keep in touch with others across the room or across the globe! Connect with people via text/SMS messages. We will cover how to, and the language of texts and emojis.

*Instructor: Ann Marie Terpstra*

**2005-W01** 1 Session - \$34  
**Friday, Mar. 6** 6:30-9 p.m.  
**CEC Computer Lab 328**



## Learn to Love Your Android Phone or Tablet

Whether you have just gotten your Android device or you have had it for a while, but know you are not getting all you should from it, this class is for you! Learn how to customize your home page and settings, and how those little gestures with your fingers control this gadget. We will discuss the common applications that come with your phone and tablet and practice using some of them in class. You will learn how to safely download applications from online "stores" and how to manage them and will get recommendations and demonstrations of some that you may enjoy. Please note: This class will NOT make you into a rude person who is addicted to their phone. Bring your Android phone or tablet with a fully charged battery, and pen for taking notes. Android device should be set up with Google username by owner prior to class.

*Instructor: Judy Goebel*

**2115-W01** 3 Sessions - \$39  
**Mondays, Jan. 27-Feb. 10** 6:30-8:30 p.m.  
**CEC 230**

**2115-S01** 3 Sessions - \$39  
**Mondays, Apr. 20-May 4** 6:30-8:30 p.m.  
**CEC 230**

## The Amazing Power and Value of Your iPhone/iPad

Smartphones and tablet computers now outsell desktop computers, and, for all the right reasons. This is a three-hour, interactive workshop focused solely on the Apple iPad and iPhone that will certainly take you and your mobile device to a much higher level of mutual understanding and enjoyment. Bring your equipment to class and we supply the Wi-Fi.

*Instructor: Jonathan Freed*

**2104-S01** 1 Session - \$51  
**Monday, Apr. 6** 6-9 p.m.  
**CEC 236/237**

## Culinary Skills

### Artisan Bread in Five Minutes a Day

Think it's too hard to make bread? Not with dough you simply mix (no kneading required) and store in the refrigerator for up to two weeks prior to baking. Mix up a batch of dough to take home, get recipes for several artisan bread options and sample a variety of breads in class. Bring a 4-quart mixing bowl with cover, a set of measuring cups and spoons, and a large mixing spoon to class. Demonstration, hands-on and tasting are a part of this class. You will leave class with a batch of bread dough and a warm loaf of bread that you make and bake in class. \$8 supply fee paid to instructor in class. Carol Schaub, an avid "kitchen-creator", teaches in multiple districts, and thinks time in the kitchen should always be a fun and creative time.

*Instructor: Carol Schaub*

**4043-W01** 1 Session - \$36  
**Thursday, Mar. 5** 6:30-8:15 p.m.  
**JHS Food Lab - A100**

### Easy Ethiopian/Eritrean Recipes by Mimi

**New Class!** Ethiopian food is light, healthy and flavorful ranging from very mild to spicy. It can be addictive both in cooking it as much as eating it. Discover new cooking techniques, exotic spices, and ways to easily pair them with any kind of meat and vegetables. Very suitable for vegetarians. Mimi is very passionate about cooking in general and Ethiopian/Eritrean cuisine in particular. She finds cooking very relaxing and curative beyond its culinary advantages. She enjoys sharing her cooking skills, which includes a year of teaching through other Community Ed programs in the Twin Cities. \$20 supply fee collected by instructor in class.

*Instructor: Selam Asfaha*

**4044-W01** 1 Session - \$29  
**Thursday, Jan. 30** 7-9 p.m.  
**JHS Food Lab - A100**

**4044-S01** 1 Session - \$29  
**Thursday, Apr. 30** 7-9 p.m.  
**JHS Food Lab - A100**

## Jams, Jellies, Butters and Marmalades

Now is the time to prepare for the bounteous fruits of summer. Be ready to “jam” when the berries, peaches, rhubarb, herbs and more are at their peak of taste and availability. Learn the difference between the various preserves and have the opportunity to taste several different kinds. You will prepare a batch of jam/jelly from start to finish, learn basic “hot water bath” techniques that are applicable to other canning projects and take home 1-2 jars to enjoy. Tasting of and handout for multiple recipes included. Carol Schaub, skilled instructor, teaches in 15 districts. \$8 supply fee paid to instructor in class.

*Instructor: Carol Schaub*

**4009-W01** 1 Session - \$36  
Thursdays, Mar. 19 6:30-8:15 p.m.  
JHS Food Lab - A100

## Cake Decorating - Beginners

You can do it! It's fun and easy. Nancy will show you the tricks of the trade and have you decorating lovely cakes and desserts for family and friends in no time at all. Students will learn how to make borders, flowers, newer cake patterns, clowns, fancy designs and more. Join the fun! Park on the west side (back of school), enter Door 15. \$25 supply fee paid to instructor in class for kit.

*Instructor: Nancy Burgeson*

**4021-W01** 3 Sessions - \$45  
Tuesdays, Feb. 4-18 6-9 p.m.  
VVM B143 - Food Lab

## Cake Decorating Continues On

You have learned the basics so now you're ready to move on! We will begin with a review of the rose and then create many new flowers, sugar molding, borders and much more! We will also be working with royal icing. Finale on last night of class - a stunning cake! \$15 supply fee paid to instructor in class.

*Instructor: Nancy Burgeson*

**4024-S01** 3 Sessions - \$45  
Mondays, Mar. 30-Apr. 13 6-9 p.m.  
VVM B143 - Food Lab

## Fondant Covered Cake

**New Class!** Who hasn't oohed and awed at the lovely fondant covered cakes you see in bakeries and magazines, but most of them don't taste as good as they look. Nancy will show you how to make a wonderful rolled fondant that tastes as good as it looks! Each student will acquire some basic decorating techniques as well as learn how to bake a great cake and cover it with your own rolled fondant! Your friends will be oohing and aweing at you when you show them your finished cake! Just maybe they can have a piece! \$10 supply fee collected in class by instructor.

*Instructor: Nancy Burgeson*

**4025-S01** 2 Sessions - \$41  
Wednesdays, Apr. 29 & May 6 6-9 p.m.  
VVM B143 - Food Lab

## Asian Favorites

**New Class!** You'll begin by preparing delicious egg rolls stuffed with pork, shrimp and vegetables served with both hot mustard and sweet and sour sauce for dipping. You'll then prepare fried rice using chicken, shrimp, fresh vegetables and the secret sauce. Classic pork chow mien follows, served with crispy egg noodles, along with chicken egg foo young.

*Instructor: Jeff Sandino*

**4026-W01** 1 Session - \$39  
Friday, Jan. 17 6-9 p.m.  
JHS Food Lab - A100

## Bodacious Brunch Buffet

**New Class!** Begins with tender scones riddled with fresh berries and white chocolate. There will be the quintessential fresh fruit salad with a delightful dip. Featured are succulent crab cakes blended with fresh vegetables, herbs and spices, then lightly breaded and sautéed to perfection. You'll learn to prepare quiche using a delicious combination of meats and cheeses baked in a flaky pastry crust. Also, the classic eggs Benedict, poached eggs with tender Canadian bacon served on toasted English muffins with a velvety hollandaise sauce. French toast follows using fresh baked croissants soaked in a rich bath of eggs and milk, sautéed to a honey brown crispness with pure maple syrup.

*Instructor: Jeff Sandino*

**4029-S01** 1 Session - \$39  
Thursdays, Apr. 23 6-9 p.m.  
JHS Food Lab - A100

## Classic Italian Cuisine

**New Class!** Relish the flavors of Italian heritage starting with fresh garden greens tossed with vine ripe tomatoes, sweet red onion, kalamata olives, pan fried prosciutto and gorgonzola cheese. You'll enjoy “Chicken Parmigiana”, succulent breast of chicken lightly breaded, sautéed and baked with prosciutto ham, tomato relish and provolone cheese in a robust marinara sauce. To that, we'll add “Macaroni Rosa”, a wonderful combination of vegetables and pasta in a classic marinara sauce with a splash of cream. We'll finish with “Torta Formaggio”, a rich Italian style cheesecake topped with caramel, raspberry or chocolate sauce.

*Instructor: Jeff Sandino*

**4027-W01** 1 Session - \$39  
Thursdays, Feb. 20 6-9 p.m.  
JHS Food Lab - A100

## Tantalizing Thai Cuisine

**New Class!** You'll begin by preparing Vietnamese summer rolls served with both hoisin and peanut sauce for dipping. Vietnamese spring rolls follow with pork, shrimp, and glass noodles stuffed in rice paper and fried to a golden brown, served with the classic nuoc cham dipping sauce. You'll then prepare Pad Thai, blending the vibrant flavors of Thailand with rice noodles using shrimp, eggs, chilies, garlic, basil, scallions, bean sprouts, sesame oil, lemon and crushed red pepper flakes. For dessert, Thai lime custard topped with fresh whipped cream.

*Instructor: Jeff Sandino*

**4028-W01** 1 Session - \$39  
Monday, Mar. 30 6-9 p.m.  
JHS Food Lab - A100

## The Art of Sushi

**New Class!** Come explore the world of sushi as you create this Japanese delicacy yourself. We'll begin by preparing the coveted sushi rice, then you'll learn the art of “nigiri-sushi” (hand molded rice) topped with shrimp, unagi, and ahi tuna. You'll then learn how to prepare “maki-sushi” using a bamboo mat to roll rice with various fillings in and around Nori (seaweed sheets). Options and accompaniments will include surimi, cucumber, avocado, cream cheese, teriyaki chicken, tempura onions, spicy mayo, eel sauce, wasabi, pickled ginger and soy sauce.

*Instructor: Jeff Sandino*

**4030-S01** 1 Session - \$39  
Thursdays, May 28 6-9 p.m.  
JHS Food Lab - A100



## First Wedding Dance

Wow your guests with your first dance at your wedding or other special occasion! Get your feet moving to the Waltz, East Coast Swing, Rumba, and Hustle. Jay specializes in choreographing wedding dances. Register the whole family so you will all be comfortable on the dance floor. Reviewing the dance steps taught each week is what makes students look and feel more successful on the dance floor. Jay is one of the best dance instructors in the metro area and has taught dance on cruise lines around the world. Class size is limited, so register early. Singles are welcome. If you are unable to attend class on your scheduled night, see Jay about other options or call him at 952-830-0062.

*Instructor: Jay Dudding*

**7009-W01** 3 Sessions - \$24  
**Wednesdays, May 6-27** 7:45-9 p.m.  
**(No Class May 20)**  
**OLM Cafeteria**

## Latin Dance - Let's Begin

Learn Rumba, Salsa, Cha-Cha, Tango and Samba dances! Reviewing the previous week's dance steps helps you feel comfortable on the dance floor. "Patient, fun, helpful and best instructor ever!" are just a few of the comments describing Jay's teaching style from students. Jay compliments all of his students. He is one of the best dance instructors in the metro area and is recruited by cruise lines around the world because of his dance knowledge. You'll receive individual attention in a group setting, something you won't find in every dance class. Singles are welcome. If you are unable to attend class on your scheduled night, see Jay about other options or call him at 952-830-0062.

*Instructor: Jay Dudding*

**7079-W01** 4 Sessions - \$32  
**Wednesdays, Jan. 15-Feb. 5** 7:45-9 p.m.  
**OLM Cafeteria**

**7079-S01** 4 Sessions - \$32  
**Wednesdays, Apr. 8-29** 7:45-9 p.m.  
**OLM Cafeteria**

## Swing & Ballroom Dance - Let's Begin

Learn East Coast Swing, Hustle and Waltz dances! Reviewing the previous week's dance steps helps you feel comfortable on the dance floor. Patient, fun, helpful and best instructor ever!" are just a few of the comments describing Jay's teaching style from students. Jay compliments all of his students. He is one of the best dance instructors in the metro area and is recruited by cruise lines around the world because of his dance knowledge. You'll receive individual attention in a group setting, something you won't find in every dance class. Singles are welcome. If you are unable to attend class on your scheduled night, see Jay about other options or call him at 952-830-0062.

*Instructor: Jay Dudding*

**7005-W01** 4 Sessions - \$32  
**Wednesdays, Jan. 15-Feb. 5** 6:30-7:45 p.m.  
**OLM Cafeteria**

**7005-S01** 4 Sessions - \$32  
**Wednesdays, Apr. 8-29** 6:30-7:45 p.m.  
**OLM Cafeteria**

## Swing & Ballroom Dance - Let's Continue

Continue to perfect and review your East Coast Swing, Hustle and Waltz dance steps as it is a key element in helping students relax, learn and experience success. You'll receive individual attention in a group setting, something you won't find in every dance class. Singles are welcome. If you are unable to attend class on your scheduled night, see Jay about other options or call him at 952-830-0062.

*Instructor: Jay Dudding*

**7004-W01** 2 Sessions - \$24  
**Wednesdays, Feb. 12 & 19** 6:30-8 p.m.  
**OLM Cafeteria**

**7004-S01** 3 Sessions - \$29  
**Wednesdays, May 6-27** 6:30-7:45 p.m.  
**(No Class May 20)**  
**OLM Cafeteria**



## Dabbling in Songwriting

**New Class!** In this fun class you will learn how to take those melodies that play in your head and put them down on paper. You don't need to be able to play the piano or guitar to become a songwriter. Just let your creativity flow! No previous experience is necessary. You'll be having a fun time as you learn the basic "do's" and "don'ts" of beginning to pen your new hit song.

*Instructor: Homeward Bound Theatre*

**7086-W01** 1 Session - \$42  
**Monday, Feb. 24** 6:30-9 p.m.  
**CEC 232**

## Beginning Guitar - "Guitar from Scratch"

Do you want to learn to play the guitar? In a fun and relaxed atmosphere we will learn basic picking and strumming techniques, how to read and play notes and chords, and some basic songs. Previous knowledge of music is not required. We'll start from scratch and have you playing music in no time. Students must provide their own guitar and prior to first class please purchase Hal Leonard Guitar Method Book 1 (2nd Edition), by Will Schmid. This class must be taken before advancing to Guitar II (Advanced Guitar).

*Instructor: Matt Levitt*

**7060-S01** 6 Sessions - \$72  
**Tuesdays, Mar. 31-May 5** 7:30-8:20 p.m.  
**OLM Orchestra Room**

## Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar, but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Topics include: How to form the three main types of chords; How to tune your guitar; Basic strumming patterns; and how to play along with simple tunes and more. Bring your own acoustic guitar. Class fee includes online book and online video instruction.

*Instructor: Greg Sampson*

**7072-W01** 1 Session - \$65  
**Monday, Feb. 24** 6:30-9 p.m.  
**OLE Music Room**

**7072-S01** 1 Session - \$65  
**Tuesday, Apr. 14** 6:30-9 p.m.  
**OLE Music Room**



## Chords are Key for Piano

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn how to play the piano. In just a few hours, you can learn enough secrets to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. You can learn enough chords to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Fee includes an online book and online video instruction.

*Instructor: Jim Anderson*

**7046-W01** **1 Session - \$65**  
**Monday, Mar. 2** **6:30-9:30 p.m.**  
**OLE Music Room**

**7046-S01** **1 Session - \$65**  
**Monday, May 4** **6:30-9:30 p.m.**  
**OLE Music Room**

## Intro to Ballet for Adults

Learn basic ballet movements to improve posture, flexibility, strength and grace. No experience necessary.

*Instructor: Continental Ballet Company*

**7033-W01** **11 Sessions - \$165**  
**Wednesdays, Jan. 8-Mar. 18** **8-9 p.m.**  
**Bloomington Civic Plaza - Center for the Arts**  
**- 1800 W Old Shakopee Rd Ballet Studio**

**7033-S01** **10 Sessions - \$150**  
**Wednesdays, Apr. 1-Jun. 3** **8-9 p.m.**  
**Bloomington Civic Plaza - Center for the Arts**  
**- 1800 W Old Shakopee Rd Ballet Studio**

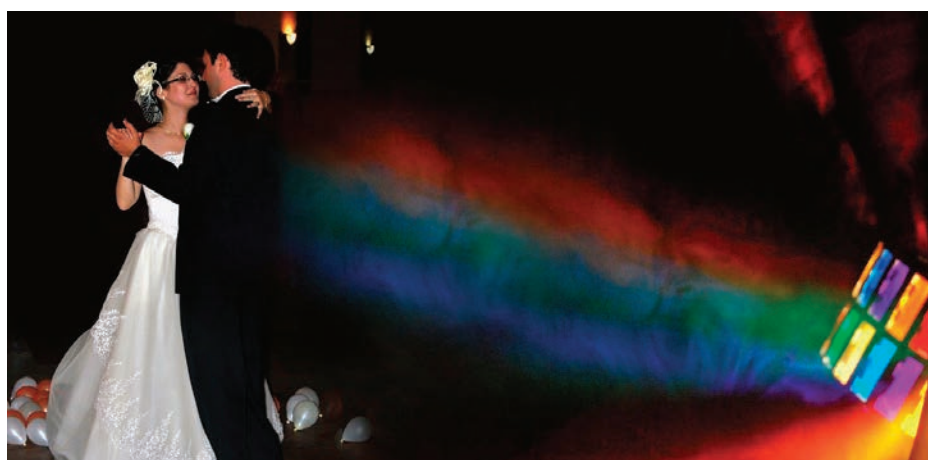
## Ballet - Intermediate

Weekly ballet classes for adults who have some experience and want to improve technique, gain strength and balance.

*Instructor: Continental Ballet Company*

**7035-W01** **9 Sessions - \$144**  
**Mondays, Jan. 6-Mar. 16** **7:30-8:30 p.m.**  
**(No Class Jan. 20 and Feb. 17)**  
**Bloomington Civic Plaza - Center for the Arts**  
**- 1800 W Old Shakopee Rd Ballet Studio**

**7035-S01** **8 Sessions - \$128**  
**Mondays, Apr. 6-Jun. 1** **7:30-8:30 p.m.**  
**(No Class May 25)**  
**Bloomington Civic Plaza - Center for the Arts**  
**- 1800 W Old Shakopee Rd Ballet Studio**



## "2-Left Feet" Social Dance Workshop

Convinced that you have 2-left feet and that dancing is not meant for you? Or do you know someone like this? But still... it would be helpful to know a few steps, just in case... This workshop is easy and only 1 session! Geared to beginners and guided by a dance champion, you'll have basic patterns, plus a couple of turns by the end of the night! More than enough to provide a full night of dancing! Couples only please! Enter Door 18, (southwest corner of building) off of 3rd Avenue.

*Instructor: Monica Mohn*

**7090-W01** **1 Session - \$34/couple**  
**Tuesday, Feb. 4** **7-9 p.m.**  
**VVE Lunchroom**

## "Git Up Dance" - Line Dance Workshop

**New Class!** Super fun! Super easy! Come and learn the latest dance that has everyone out on the floor. No partner needed for a fun way to get some exercise and enjoy the music. Invite you family and friends! Enter Door 18, (southwest corner of building) off of 3rd Avenue.

*Instructor: Monica Mohn*

**7071-W01** **1 Session - \$9**  
**Tuesday, Feb. 4** **6-7 p.m.**  
**VVE Lunchroom**

## "Mamma Mia - Dancing Queen" - Line Dance Workshop

Dance the night away with a fabulous line dance to this toe tapping song. Who knew exercise could be this fun! No partner needed. Enter Door 18, (southwest corner of building) off of 3rd Avenue.

*Instructor: Monica Mohn*

**7085-W01** **1 Session - \$9**  
**Friday, Mar. 20** **6-7 p.m.**  
**VVE Lunchroom**

## Wedding Dance - It's Not Too Late to Look Great

You thought about it! You wanted to! But where did the time go? Not to worry. In this 2 hour workshop, Monica Mohn, nominated by MN Bride for "Best Wedding Dance Instruction" will guide you with fun moves and simple tips to have you feeling comfortable and looking great for any event! Couples only please. Enter Door 18, (southwest corner of building) off of 3rd Avenue.

*Instructor: Monica Mohn*

**7082-S01** **1 Session - \$34/couple**  
**Monday, May 4** **7-9 p.m.**  
**VVE Lunchroom**

## Line Dance for Weddings and Parties

Just in time for the wedding & party season! No need to sit and watch any more, step into the party with this workshop of the popular line dances: Electric Slide, Cha Cha Slide and the Cupid Shuffle. No partner needed for an entire evening of fun! Enter Door 18, (southwest corner of building) off of 3rd Avenue.

*Instructor: Monica Mohn*

**7029-S01** **1 Session - \$9**  
**Monday, May 4** **6-7 p.m.**  
**VVE Lunchroom**

## Swing Dance Workshop

One night. One dance. A lifetime of fun! An "Arch" and a "Loop" are just two of the patterns that can take you from the sidelines onto the dance floor. Get ready for the summer party season! Couples only, please. Enter Door 18, (southwest corner of building) off of 3rd Avenue.

*Instructor: Monica Mohn*

**7019-W01** **1 Session - \$34/couple**  
**Friday, Mar. 20** **7-9 p.m.**  
**VVE Lunchroom**



## Choosing Your Power of Attorney and Health Care Agent

**New Class!** Learn about incapacity planning and considerations to make when choosing a Health Care Agent and Power of Attorney. Estate Planning and Probate Attorney Zachary A. Wiegand will walk you through situations he has encountered during his legal career and options to help you choose a representative for your health and financial welfare.

*Instructor: Zachary A. Wiegand*

**1370-S01** 1 Session - \$23  
Tuesday, May 5 6:30-8:30 p.m.  
CEC 232

## Don't Trust Your Will

Many people believe that once their will is created, their planning is complete. This very common misconception can cost hundreds or thousands of dollars and months of delay after death. Elizabeth Michaelis, an Estate Planning and Elder Law Attorney, will explain why you should not trust your will. Learn the steps to take to ensure your assets are properly managed if you are incapacitated and are efficiently distributed upon your death.

*Instructor: Elizabeth Michaelis*

**1305-S01** 1 Session - \$23  
Tuesday, Apr. 14 6:30-8 p.m.  
JHS A101

## Estate Planning Solutions

This class will help you understand Wills, Trusts, Health Care Directives and Powers of Attorney. You'll learn ways to avoid probate. Discussion of common mistakes will help you avoid the unwanted consequences that others have faced.

*Instructor: Bonnie Wittenburg*

**1408-W01** 1 Session - \$23  
Tuesday, Mar. 10 6:30-7:30 p.m.  
JHS C104

**1408-S01** 1 Session - \$23  
Tuesday, May 12 6:30-7:30 p.m.  
CEC 226

## How to Create an Estate Plan for Less than \$30

Attorney Jasper Berg will outline and describe inexpensive ways to create an estate plan including a will and accompanying documents. For example, a health care directive (living will), power of attorney and related documents in case of an emergency.

*Instructor: Jasper Berg*

**1401-W01** 1 Session - \$23  
Tuesday, Feb. 18 6:30-8:30 p.m.  
CEC 232

**1401-S01** 1 Session - \$23  
Tuesday, Apr. 21 6:30-8:30 p.m.  
JHS C102

## Medicare - Long-Term Care and You

What are the government programs for senior health care? What are parts A, B, C & D and how do they work? When do you sign up? How are medications covered? How is long-term care covered? These topics and more will be covered in this informative class.

*Instructor: Mark Suchy*

**1351-W01** 1 Session - \$23  
Tuesday, Feb. 4 6:30-8:30 p.m.  
CEC 229

**1351-S01** 1 Session - \$23  
Thursday, May 7 6:30-8:30 p.m.  
CEC 229

## Healthcare, Retirement and Making Your Money Last

We'll discuss strategies designed to help you work toward fulfilling your retirement expectations and address key concerns: inflation, healthcare expenses, market volatility, as well as ways to prepare for the unexpected. We'll examine: Medicare coverage, traditional medical expenses and long-term medical expenses.

*Instructor: Jack Reed*

**1364-W01** 1 Session - \$23  
Tuesday, Feb. 11 7-8:30 p.m.  
JHS C104

**1364-S01** 1 Session - \$23  
Tuesday, May 12 7-8:30 p.m.  
CEC 229

## Home Buyer Boss

**New Class!** The landscape of real estate is changing. Learn information and tools to help you navigate the home buying process now and in the future, whether you're downsizing or upgrading. Discuss reasons for selling your current home, comparable home values, buying a new or existing home, condos and more.

*Instructor: Blanca Schellsmidt, Sean Schellsmidt*

**1349-S01** 1 Session - \$23  
Saturday, May 2 10-11:30 a.m.  
CEC 229



## Moving Mom and Dad

Many baby boomers today are facing the tough decision of finding appropriate housing options for their parents. Moving mom and dad is often a challenge, especially when mom and dad are reluctant to address the issue. In this class, we will discuss and give an overview of the housing market in general for those considering buying or selling a home. We also provide a guide called Moving Mom & Dad, a \$24.95 value. The guide covers the 5 common mistakes children of aging parents make and how to avoid them. The guide also includes the following topics: Conversation starters for discussing late-life housing choices with aging parents, Solutions for remodeling homes designed for aging-in-place, Descriptions of common senior living options and 55+ communities, Key questions to ask when researching assisted living and long-term care communities, Tips and criteria for hiring key service providers, Facts about estate sales and auctions, and Frequently Asked Questions and much more. Access to preferred service providers and discount coupons are provided to all attendees, as well as a no cost home evaluation for those who want to know the value of their home and recommended suggestions to make it more salable.

*Instructor: John Mazzara*

**1314-S01** **1 Session - \$23**  
**Monday, Apr. 20** **7-9 p.m.**  
**JHS C104**

## Home Buying - Your Essential Guide

**New Class!** This workshop will explain the steps and process to buying a home (house, condo, townhouse, 2-4 unit property). Learn about mortgage programs, grants, down payment assistance, and how to get qualified. You'll also learn about the latest search technology, tips and tricks to find homes for sale, how to make a strong offer, and strategies to get your offer accepted. Get a great deal on your new home while making the buying experience low cost and low stress!

*Instructor: Chris O'Connell*

**1332-W01** **1 Session - \$23**  
**Saturday, Feb. 15** **11 a.m.-12:30 p.m.**  
**CEC 232**



## Navigating New Construction Home Buying

**New Class!** Trouble finding what you want in a home? Learn how to build your dream home! Including lot selection, pricing, interviewing builders and negotiations, selecting floor plans and finishes, latest technology, energy efficiency, and home warranties. There's a lot to navigate, but the reward is a perfect home built just for you.

*Instructor: Joe Allen*

**1366-W01** **1 Session - \$23**  
**Tuesday, Feb. 4** **6:30-8:30 p.m.**  
**JHS C104**

**1366-S01** **1 Session - \$23**  
**Tuesday, Apr. 7** **6:30-8:30 p.m.**  
**CEC 232**

## Update Your Home to Sell

**New Class!** Cover trends on home decor and money-saving techniques that will transform your home on a budget. Learn what improvements will bring the most return on investment. Attend this fun and informative (NO Pressure) workshop. See before and after pictures and case studies on how home sellers have made an additional \$20k-\$50k more when they follow these strategies.

*Instructor: Blanca Schellsmidt, Sean Schellsmidt*

**1346-W01** **1 Session - \$23**  
**Saturday, Mar. 21** **10-11:30 a.m.**  
**CEC 232**

## Probate - To Be or Not to Be

Do you know what probate is? Do you know how to avoid it? If you are unsure of the answers to these questions, you need this class! Explore the different options available to you as you make plans for the possessions you would like to leave to your loved ones. The Probate laws have changed some in recent years, so come hear the latest if you think you want your estate to avoid probate.

*Instructor: Andrew M Lehner*

**1397-W01** **1 Session - \$23**  
**Tuesday, Jan. 28** **6:30-8 p.m.**  
**JHS C104**

**1397-S01** **1 Session - \$23**  
**Tuesday, Mar. 31** **6:30-8 p.m.**  
**CEC 229**

## Retirement Answers 101

**New Class!** In this in-depth financial education course students will learn real-life concepts through interactive exercises, case studies, and audience participation that is engaging, fun and informative. This 2-session course covers all areas specific to preparing you to navigate the details of creating a successful retirement plan. From Investment Risks to Medicare, Social Security, Life Planning, Long-Term Care and more, Retirement Answers is the answer to your top retirement concerns. This course is taught by a Certified Financial Educator and Professional Retirement Specialist. Class fee includes a detailed workbook. Students may bring a guest or spouse at no additional charge.

*Instructor: Terri Collymore*

**1358-W01** **2 Sessions - \$49**  
**Thursdays, Mar. 5 & 12** **6-9 p.m.**  
**JHS C102**

**1358-W02** **2 Sessions - \$49**  
**Saturdays, Mar. 7 & 14** **9 a.m.-12 p.m.**  
**CEC 229**



## Retirement Planning Today

**New Class!** Learn how to manage investment risks, use new tax laws to your advantage, make informed decisions about your company retirement plan and adjust your estate plan to function properly under the new laws. Money is only one aspect of retirement planning. This course will blend financial education with life planning to help you build wealth, align your money with your values and achieve your retirement lifestyle goals. Class fee includes a workbook; second person can attend at no cost and share a workbook.

*Instructor: Danica Goshert*

**1335-W01** 2 Sessions - \$49  
Thursdays, Feb. 6 & 13 6:30-9:30 p.m.  
CEC 232

**1335-W02** 2 Sessions - \$49  
Tuesdays, Feb. 11 & 18 6:30-9:30 p.m.  
JHS C102

**1335-S01** 2 Sessions - \$49  
Thursdays, Apr. 23 & 30 6:30-9:30 p.m.  
CEC 230

**1335-S02** 2 Sessions - \$49  
Tuesdays, Apr. 28 & May 5 6:30-9:30 p.m.  
JHS C102

## Wills, Trusts and Other Estate Planning Tools

What is the difference between a Will and a Trust? Which tools are right for you given your goals and intentions for your estate? This class will review the key planning tools available to you, including Wills, Trusts, Powers of Attorney and Health Care Directives. Information will also be provided on probate avoidance and recent shifts in the laws that may impact your planning options and strategies.

*Instructor: Elizabeth Michaelis*

**1326-W01** 1 Session - \$23  
Tuesday, Feb. 4 6:30-8 p.m.  
JHS A101

## Write Your Own Health Care Directive

Have you heard of a Health Care Directive or "Living Will"? These are critically important documents that afford you the option to decide who you would like to advocate for you if you ever become unable to do so for yourself. It also allows you to state your preferences in healthcare. You can leave with Directives in place.

*Instructor: Andrew M Lehner*

**1390-S01** 1 Session - \$23  
Tuesday, Apr. 21 6:30-8 p.m.  
CEC 229

## Savvy College Planning

**New Class!** The cost of college is getting out of control. The decisions you make about college now can have a tremendous impact on the financial future of you and your child. In this educational workshop, we will be covering what you need to know to reduce college costs.

*Instructor: Cal Treicher*

**1307-W01** 1 Session - \$23  
Thursday, Jan. 23 6:30-8 p.m.  
JHS C104

## Revocable Trust

A revocable living trust may not be for everyone, but for many people, taking the time to secure a trust now can save time, money and frustration for their loved ones in the future. Learn what a revocable living trust is, how it can help you avoid probate and secure your estate, and how to assess if a revocable trust makes sense for you.

*Instructor: Elizabeth Michaelis*

**1383-W01** 1 Session - \$23  
Tuesday, Feb. 11 6:30-8 p.m.  
JHS A101

**1383-S01** 1 Session - \$23  
Tuesday, Apr. 28 6:30-8 p.m.  
JHS A101

## Savvy Social Security Planning for Couples

The Social Security decisions spouses make when they are in their 60's will determine the amount of total income they will receive over their lifetime - including the lifetime of the spouse who lives the longest. This workshop will cover some little-known rules that can help married couples get more out of the Social Security system. This workshop is primarily for married couples as it discusses Social Security benefits available to spouses. \$5 supply fee paid to instructor in class.

*Instructor: Robert Stai Davis*

**1344-W01** 1 Session - \$23  
Wednesday, Feb. 5 6:30-8:30 p.m.  
JHS C104

**1344-S01** 1 Session - \$23  
Thursday, Apr. 23 6:30-8:30 p.m.  
CEC 229

## What To Do When Someone Dies

Do you know the important tasks that must be taken care of if someone dies? Estate Planning and Elder Law Attorney Elizabeth Michaelis will discuss the practical considerations in handling someone's affairs, as well as the main tasks for settling the estate. This presentation explains the role of the Trustee, Personal Representative (Executor), the family members and others, in an orderly estate administration.

*Instructor: Elizabeth Michaelis*

**1367-W01** 1 Session - \$23  
Tuesday, Jan. 28 6:30-8 p.m.  
JHS A101

## What You Need to Know Before Buying a Condo

**New Class!** Association living comes with special financial and lifestyle considerations. We'll give you 12 savvy tips to make sure condo/townhouse living is for you before you buy.

*Instructor: Renee Wilson*

**1371-W01** 1 Session - \$23  
Wednesday, Jan. 15 6-7 p.m.  
JHS C102

**1371-S01** 1 Session - \$23  
Wednesday, May 13 6-7 p.m.  
CEC 232





## Core Strength Plus

Studies have shown how important it is to have a strong core and strong muscles throughout life. Core strength is a great supplement to the other cardio workouts you do throughout the week. This class will focus on strength, endurance and flexibility through a variety of means (functional fitness, weights, bands and workouts you can do at home). Class formats will vary, but the goal is the same: improving your core strength! All levels from beginner to advanced are welcome. Eventually this class will use bands and weights, however you will be able to simply use body weight as well. During the first class, we will talk about inexpensive options. Park in the west parking lot and use the Activity Center entrance.

*Instructor: Sharon Robinson Stewart*

**3558-W01** 9 Sessions - \$90  
**Saturdays, Jan. 18-Mar. 21** 8:10-9:10 a.m.  
 (No Class Feb. 22)  
 JAC Dance Studio

**3558-S01** 10 Sessions - \$100  
**Saturdays, Apr. 4-Jun. 6** 8:10-9:10 a.m.  
 JAC Dance Studio

## Get Strong

Whatever your age, it is important to continue to improve your overall bone health and muscle strength. This class is a mix of flexibility, strength, balance and endurance and to enhance good alignment and posture. We will focus on exercises specifically designed to strengthen the muscles of the back, hip and core. Getting stronger is essential and staying strong is easy. Join us! Each participant will need a ball and an exercise band. Instructor will email details on where to purchase or the class will order together and get a discounted rate. Park in the west parking lot and enter the Activity Center entrance.

*Instructor: Sharon Robinson Stewart*

**3526-W01** 8 Sessions - \$80  
**Mondays, Jan. 13-Mar. 16** 5-6 p.m.  
 (No Class Jan. 20 and Feb. 17)  
 JAC Dance Studio

**3526-S01** 9 Sessions - \$90  
**Mondays, Mar. 30-Jun. 1** 5-6 p.m.  
 (No Class May 25)  
 JAC Dance Studio

## Group F.I.T.® Beginner

Are you looking to start a fitness program you can stay with and will get you to your goals? Try Group F.I.T.®. Group fit is a series of small group trainings that combine strength, flexibility, cardio and an individual plan to get you to your goals. Each session combines both a group workout and individual time to work on specific goals and melds with the goals of its participants. Who: Group F.I.T.® Beginning is for you if you are out of shape, starting an exercise program or haven't been exercising for a while. \*\*This is not a substitute for physical therapy or injury rehabilitation. Please bring a towel and/or mat. Park in the west parking lot and enter the Activity Center entrance.

*Instructor: Sharon Robinson Stewart*

**3511-W01** 18 Sessions - \$180  
**Wednesdays, Jan. 15-Mar. 11** 7:15-8:15 p.m.  
 JAC Dance Studio  
**Saturdays, Jan. 18-Mar. 14** 9:30-10:30 a.m.  
 (No class Feb. 22)  
 JAC Weight Room

**3511-S01** 18 Sessions - \$180  
**Wednesdays, Apr. 1-Jun. 3** 7:15-8:15 p.m.  
 JAC Dance Studio  
**Saturdays, Apr. 4-Jun. 6** 9:30-10:30 a.m.  
 JAC Weight Room



## Group F.I.T.® Intermediate:

"Fitness happens through group determination and individual effort." This synergistic small group and personal training workout asks you to name your goals and then work towards them via small group trainings and individual workout plans each session. Sessions include numerous training techniques to get the group and individual to its goals. This session is for seasoned exercisers who have taken Group F.I.T.® Beginning, actively participating in consistent workouts weekly, or has spoken with the instructor for approval. Park in the west parking lot and enter the Activity Center entrance.

*Instructor: Sharon Robinson Stewart*

**3542-W01** 18 Sessions - \$180  
Mondays, Jan. 13-Mar. 16 7:30-8:30 p.m.  
(No Class Jan. 20 and Feb. 17)  
JAC Dance Studio  
Wednesdays, Jan. 15-Mar. 18 6-7 p.m.  
JAC Weight Room

**3542-S01** 19 Sessions - \$190  
Mondays, Mar. 30-Jun. 1 7:30-8:30 p.m.  
(No Class May 25)  
JAC Dance Studio  
Wednesdays, Apr. 1-Jun. 3 6-7 p.m.  
JAC Weight Room

## Low-Impact Cardio Plus

Start 2020 off right with a workout that will make you glow from the inside out! We will spend 35 minutes doing low-impact cardio, including some low impact dance, circuits and functional fitness. Then we'll move to muscular strength and flexibility. Each session will include a relaxation segment to end your day! This class is full of workouts that are fun and refreshing! All kinds of music genre will keep you dancing! Wear comfortable clothing and sneakers. Optional: Bring a set of weights and your own mat. Park in the west parking lot and enter the Activity Center entrance.

*Instructor: Sharon Robinson Stewart*

**3519-W01** 8 Sessions - \$80  
Mondays, Jan. 13-Mar. 16 6:15-7:15 p.m.  
(No Class Jan. 20 and Feb. 17)  
JAC Dance Studio

**3519-S01** 9 Sessions - \$90  
Mondays, Mar. 30-Jun. 1 6:15-7:15 p.m.  
(No Class May 25)  
JAC Dance Studio

## 50+ Fitness

Are you over 50? Feel like you should exercise, but don't know where to start? Want to rev up your metabolism to burn more calories? Have more energy? Relieve stress? If so, join us for low impact aerobics and balance, strength and core exercises. Bring a mat, hand weights, resistance band, a water bottle and a smile!

*Instructor: Caren Olson*

**3593-W01** 15 Sessions - \$60  
Mon./Wed./Fri., Jan. 13-Feb. 14  
Bloomington Ice Gardens - 3600 W 98th St Multi Purpose Room

**3593-W02** 14 Sessions - \$56  
Mon./Wed./Fri., Feb. 17-Mar. 20  
(No Class Feb. 28)  
Bloomington Ice Gardens - 3600 W 98th St Multi Purpose Room

**3593-S01** 11 Sessions - \$44  
Mon./Wed./Fri., Mar. 23-Apr. 10  
Bloomington Ice Gardens - 3600 W 98th St Multi Purpose Room

**3593-S02** 14 Sessions - \$56  
Mon./Wed./Fri., May 4-Jun. 5  
(No Class May 25)  
Bloomington Ice Gardens - 3600 W 98th St Multi Purpose Room



## Biggest Loser Competition

**New Class!** Are you ready to make a lifestyle change? Are you ready to lose that pesky weight you've gained? Are you ready to begin a happier and healthier tomorrow? Join us for the Biggest Loser Competition! This is an 8 week program that includes a membership to the Bloomington Activity Centers (Jefferson & Kennedy) while you are participating in this class, weekly meetings, workouts, and contact with a fitness professional to help you lose those lbs. A fun, engaging, and healthy community is waiting for you! Register for the class and you can attend either the Sunday session at the KAC or the Tuesday session at the JAC. Both classes held during the week are on the same topic. Each week will have a short education class along with a group workout to get that blood pumping! Prize for the highest percent weight loss is a Free One Year Activity Center Membership!

*Instructor: Trevor Schrupp*

**3528-W01** 16 Sessions - \$149  
Sundays, Jan. 12-Mar. 1 7-8:00 p.m.  
Sunday, Feb. 2 4-5:00 p.m.  
KAC Indoor Track, Weight Room, Team Room  
Tuesdays, Jan. 14-Mar. 3 7:30-8:30 p.m.  
JAC Indoor Track, Weight Room, Team Room

**3528-S01** 16 Sessions - \$149  
Sundays, Apr. 19-Jun. 14 7-8:00 p.m.  
(No class May 24)  
KAC Indoor Track, Weight Room, Team Room  
Tuesdays, Apr. 21-Jun. 16 7:30-8:30 p.m.  
(No class May 26)  
JAC Indoor Track, Weight Room, Team Room





## Feel Good Slow Flow Yoga

**New Class!** This yoga class is a slow flow style of yoga focused on aligning breath with movement, along with feel good music as the backdrop adding a feel good beat. Throughout the class, students will invite the practice of calming the mind, deepening the breath, and being present in our bodies. Please bring a yoga mat to class. It is recommended that you bring a blanket and yoga block as well.

*Instructor: Kelly Finco*

**3556-W01** 4 Sessions - \$50  
Sundays, Jan. 26-Feb. 16 6-7 p.m.  
JAC Dance Studio

**3556-S01** 4 Sessions - \$50  
Sundays, Apr. 5-May 3 6-7 p.m.  
(No Class Apr. 12)  
JAC Dance Studio

**3556-S02** 4 Sessions - \$50  
Sundays, May 17-Jun. 7 6-7 p.m.  
JAC Dance Studio

## Hatha Yoga with Glen

New to yoga or looking for a class that allows you to find comfort within daily living. Expand your physical and mental virtues through asanas (yoga postures) and pranayama (breathing exercises). This class will move slow through postures, focusing on breath and alignment. Bring a Yoga mat.

*Instructor: Glen Creuziger*

**3518-W01** 9 Sessions - \$90  
Sundays, Jan. 19-Mar. 15 4:15-5:15 p.m.  
JAC Dance Studio

**3518-S01** 9 Sessions - \$90  
Sundays, Mar. 29-May 31 4:15-5:15 p.m.  
(No Class Apr. 12)  
JAC Dance Studio

## Yoga Basics with Alicia

A fluid and guided practice through yoga foundations. You will build balance and restore confidence, strengthen your core and reduce mental and physical stress. Wear comfortable clothing that allows you to move, yoga mats required, and straps and blocks recommended.

*Instructor: Alicia Schaeffer*

**3550-W01** 10 Sessions - \$100  
Thursdays, Jan. 16-Mar. 19 6:15-7:15 p.m.  
JAC Dance Studio

**3550-W02** 10 Sessions - \$100  
Thursdays, Jan. 16-Mar. 19 7:30-8:30 p.m.  
JAC Dance Studio

**3550-S01** 10 Sessions - \$100  
Thursdays, Apr. 2-Jun. 4 6:15-7:15 p.m.  
JAC Dance Studio

**3550-S02** 10 Sessions - \$100  
Thursdays, Apr. 2-Jun. 4 7:30-8:30 p.m.  
JAC Dance Studio

## Yoga with Andrea

This yoga class is for beginner to intermediate participants. You will be guided through a Vinyasa style practice working with the physical body and breath. Modifications will be offered for various abilities. Explore the numerous mind and body benefits while improving your quality of life. Wear comfortable clothes and bring a yoga mat.

*Instructor: Andrea Kennedy*

**3583-W01** 9 Sessions - \$90  
Wednesdays, Jan. 15-Mar. 11 6-7 p.m.  
JAC Dance Studio

**3583-S01** 9 Sessions - \$90  
Wednesdays, Apr. 1-May 27 6-7 p.m.  
JAC Dance Studio

## Zumba - Basics 1 with Zan Zan

Zumba takes the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

*Instructor: Sandra Sanchez*

**3565-W01** 8 Sessions - \$80  
Tuesdays, Jan. 14-Mar. 17 5:45-6:45 p.m.  
(No Class Feb. 25 and Mar. 3)  
JAC Dance Studio

**3565-W02** 8 Sessions - \$80  
Saturdays, Jan. 18-Mar. 14 9:30-10:30 a.m.  
(No Class Feb. 22)  
JAC Dance Studio

**3565-S01** 10 Sessions - \$100  
Tuesdays, Mar. 31-Jun. 2 5:45-6:45 p.m.  
JAC Dance Studio

**3565-S02** 8 Sessions - \$80  
Saturdays, Apr. 4-May 30 9:30-10:30 a.m.  
(No Class May 23)  
JAC Dance Studio

## Zumba 2 - with Zan Zan

Challenge yourself with this faster paced class. Zumba takes the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

*Instructor: Sandra Sanchez*

**3568-W01** 9 Sessions - \$90  
Sundays, Jan. 19-Mar. 15 2-3 p.m.  
JAC Dance Studio

**3568-S01** 7 Sessions - \$70  
Sundays, Apr. 5-May 31 2-3 p.m.  
(No Class Apr. 12 and May 24)  
JAC Dance Studio



For classes held at the JAC Dance Studio, please park in the west parking lot and use the Activity Center entrance.



## Lynch Camps Adult Pickleball - Beginner/Advanced Beginner

You'll love Pickleball! America's fastest growing sport is fun and easy to learn. It's played on a shortened tennis court with a paddle and plastic balls and combines many elements of tennis, badminton and ping-pong. Come and meet new people or bring a friend. Led by a certified USAPA instructor you'll learn the rules and how to play with fun lessons and drills. We'll match you up with a partner of like ability to practice the various skills in a low-key, fun environment. Equipment provided. Bring a water bottle. Park in the west parking lot and enter the Activity Center entrance.

*Instructor: Sandy Lynch*

**3512-W01** 4 Sessions - \$79  
**Wednesdays, Jan. 8-29** 6-7:30 p.m.  
**JAC Court #3**

**3512-W02** 4 Sessions - \$79  
**Wednesdays, Feb. 5-26** 6-7:30 p.m.  
**JAC Court #3**

**3512-S01** 4 Sessions - \$79  
**Wednesdays, Apr. 22-May 13** 6-7:30 p.m.  
**JAC Court #3**

## Lynch Camps - Pickleball - Intermediate

This class is appropriate for those who have learned the basic skills and scoring and are ready to advance their game. We'll work on skill development, shot selection, and strategies of the game with fun and challenging drills and bring it into action ending with game play.

*Instructor: Sandy Lynch*

**3514-W01** 4 Sessions - \$79  
**Wednesdays, Jan. 8-29** 7:30-9 p.m.  
**JAC Court #3**

**3514-W02** 4 Sessions - \$79  
**Wednesdays, Feb. 5-26** 7:30-9 p.m.  
**JAC Court #3**

## Badminton Fundamentals

**New Class!** Have fun learning to play the fastest racquet sport in town! Learn proper swing mechanics, footwork, court knowledge, and game strategies. Improve your strength and speed. Practice new skills and techniques to expand and enhance your game. All levels welcome. \$5.00 supply fee paid to the instructor in class. It is advisable that participants bring their own badminton racquet. Discount racquets are available - contact: coachkit@mnvbc.com for more information.

*Instructor: Kit and Didi Tran*

**3547-W01** 8 Sessions - \$100  
**Fridays, Jan. 10-Mar. 6** 7-8:30 p.m.  
**(No Class Jan. 17, Feb. 7 & Feb. 28)**  
**JAC Court #2**

**Fridays, Mar.13 & 20** 7-8:30 p.m.  
**KAC Court #2**

**3547-S01** 8 Sessions - \$100  
**Fridays, Apr. 17 & 24** 7-8:30 p.m.  
**KAC Court #2**

**Fridays, May 1-Jun. 5** 7-8:30 p.m.  
**JAC Court #2**

## Volleyball - Level II

This Level II co-ed (skilled volleyball) offers you competitive volleyball without joining a league. Teams are made by the facilitators to have fair and competitive play. We want players to bump, set, hit and have FUN! For safety reasons, we as designated facilitators reserve the right to refuse play. Participants must be 18 years or older. When space is available, some walk-ins welcomed using the punch card option. Park on the west side (back of school), enter Door 7. Our goal is to provide a safe and competitive environment for players that don't want to join a league. Also, this is a great way to meet new people.

*Instructor: Jason/Jill Torgersen*

**3524-W01** 10 Sessions - \$50  
**Fridays, Jan. 17-Mar. 20** 7-9:30 p.m.  
**VVM Gym A/B**

**3524-S01** 9 Sessions - \$45  
**Fridays, Apr. 3-Jun. 5** 7-9:30 p.m.  
**(No Class Apr. 10)**  
**VVM Gym A/B**

## Volleyball - Level III

This co-ed session is offered to the player that possesses knowledge of the rules and advanced passing, setting, spiking, blocking, digging and serving abilities. For safety reasons, the designated facilitators reserve the right to place participants in other levels. Participants must be 18 years or older. When space is available, walk-ins are allowed by using a punch card. Park on the west side (back of school), enter Door 7.

*Instructor: Jason/Jill Torgersen*

**3522-W01** 10 Sessions - \$50  
**Wednesdays, Jan. 15-Mar. 18** 7-9:30 p.m.  
**VVM Gym A/B**

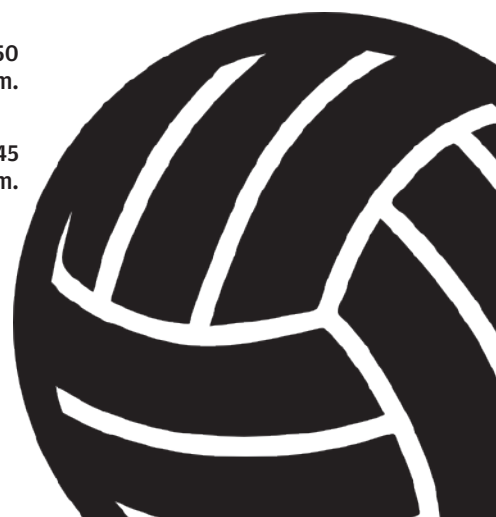
**3522-S01** 9 Sessions - \$45  
**Wednesdays, Apr. 8-Jun. 3** 7-9:30 p.m.  
**VVM Gym A/B**

## Volleyball Punch Cards

Punch cards provide you the flexibility to attend the Volleyball - Level II or Volleyball - Level III class of your choice with the approval of the facilitators and if space is available. Punch cards must be purchased prior to class through the Community Education office by calling 952-681-6132, in person or by mail at 2575 West 88th Street in Bloomington. Cards will not be available for purchase at class. Winter punch cards expire March 20, 2020. Spring punch cards expire June 5, 2020. 5 Sessions \$25

**VOL-INFO-PCW20**  
**5 Sessions** \$25

**VOL-INFO-PCS20**  
**5 Sessions** \$25





## Health & Wellness

### Arthritis - Alternatives Beyond Medication

Relief without the risks and side effects of medication is the focus of this class on the inflammatory nature of arthritis and how to calm inflammation. Self-care for inflamed joints, beneficial dietary factors, the role of exercise and anti-inflammatory nutrition will be taught.

*Instructor: Dr. Kaye Otter*

**4560-W01** **1 Session - \$23**  
**Tuesday, Mar. 10** **7:30-9 p.m.**  
**CEC 232**

### Baby Massage

Healthy nurturing touch is a building block in the foundation of a healthy family. Newborn massage enhances bonding, improves sleep patterns, circulation, digestion and elimination. Giving your healthy baby a daily massage soothes and decreases stress, and it helps heal birth trauma. With your baby (or a baby doll) parents and grandparents learn 15 gentle massage strokes, early infant communication, baby time out signals, comfort techniques and when not to massage a baby. The Baby's First Massage booklet will be used during class and may be purchased after class for \$7.00. Please bring a small blanket to class to swaddle and keep your baby warm during the lesson, and a blanket or mat to use on the floor or table. You may use the table or floor during the lesson. Siblings and grandparents are encouraged to attend. Siblings may wish to bring a baby doll and follow along with the lesson. Breast-feeding babies may receive a massage right after being fed; otherwise a 45-minute wait is necessary.



*Instructor: Eileen T. Newsome*

**4531-S01** **1 Session - \$43**  
**Saturday, May 2** **10-11:30 a.m.**  
**CEC 236/237**

**4531-S02** **1 Session - \$43**  
**Saturday, Jun. 6** **10-11:30 a.m.**  
**CEC 236/237**

### Essential Oils: Natural Gifts for You and Your Family

Essential oils have over a million uses - cleaning supplies, personal care products, natural supplements, emotional support, etc. Gina will walk you through a variety of oils and their benefits. It's easy, simple, and it's a small change to benefit your family's wellness. \$5 supply fee collected by instructor in class for supplies needed to create your foaming hand soap.

*Instructor: Gina A Corradi*

**4528-W01** **1 Session - \$19**  
**Tuesday, Jan. 21** **7-9 p.m.**  
**JHS C104**

**4528-S01** **1 Session - \$19**  
**Thursday, Apr. 16** **7-9 p.m.**  
**CEC 232**

### Food as Medicine - Your Food and Mood Connection

You are what you eat. Learn about foods that impact anxiety, depression, stress, and inflammation using a lecture format. This class will describe how food affects mental health, how to eat foods to balance your mood, food rules, and how stress and inflammation affect your body.

*Instructor: Monica Peterson*

**4542-W01** **1 Session - \$29**  
**Monday, Feb. 24** **6-8:30 p.m.**  
**CEC 229**

### Get Ready for Spring Allergy Season

Learn safe, natural ways to calm a stressed-out immune system. Breathe easier this spring. Taught by Dr. Kaye Otter, Bloomington Chiropractor, board certified in nutrition.

*Instructor: Dr. Kaye Otter*

**4518-S01** **1 Session - \$23**  
**Tuesday, Mar. 31** **7:30-9 p.m.**  
**CEC 232**

### Natural Living: Ditch the Chemicals and Switch to Nature

**New Class!** Learn about many of the chemicals found in conventional products and even some organics and how they affect the body. Discover natural substitutions and easy DIY recipes using essential oils. Each attendee will make a scrub cleaner, all purpose cleaner, and room spray using Young Living Essential Oils. \$20.00 supply fee paid to the instructor in class.

*Instructor: Gina A Corradi*

**4522-W01** **1 Session - \$19**  
**Tuesday, Feb. 18** **6:30-8 p.m.**  
**JHS C104**

### Natural Sleep Strategies - Beauty Rest for All

Daylight savings is 3-8-2020 and sleep may be affected. Learn about sleep hygiene and steps to natural, restful sleep. Course uses lecture to explain common challenges to sleep as well as hands-on practice of using holistic mind and body techniques you can use to get your own beauty rest.

*Instructor: Monica Peterson*

**4652-W01** **1 Session - \$29**  
**Monday, Mar. 2** **6-8:30 p.m.**  
**CEC 229**

### Open Meditation

Several safe, easy ways to meditate for mental balance, emotional calm, and physical health: nonreligious and science friendly. Wear comfortable clothing and bring a chair-seat cushion (optional). The facilitator has practiced meditation for fifty years and just retired from teaching college English with multiple teaching awards.

*Instructor: Richard Jewell*

**4515-W01** **1 Session - \$19**  
**Thursday, Mar. 12** **6:30-8 p.m.**  
**JHS Media Center**

### Secrets of Weight Loss That Last

This course will include the four keys to healthy weight loss, seven signs of metabolism shift, why water is important, fat-burning and appetite areas in the brain, fat-burning exercises, reflex massage techniques, an assessment to identify what to do and an individual weight loss program.

*Instructor: Dr. Kaye Otter*

**4508-W01** **1 Session - \$23**  
**Tuesday, Jan. 14** **7:30-9 p.m.**  
**CEC 232**

**4508-S01** **1 Session - \$23**  
**Tuesday, Apr. 28** **7:30-9 p.m.**  
**CEC 229**

### Essential Oils: Delightful for Dogs

**New Class!** Essential oils aren't just for humans; they're also for your dogs. Learn how to safely use essential oils with your dog. DIY recipes included. Please leave your dog at home.

*Instructor: Gina A Corradi*

**4524-S01** **1 Session - \$19**  
**Thursday, May 21** **6:30-8 p.m.**  
**CEC 232**



## Adult CPR with AED Certification

Learn with a Red Cross instructor who will guide you through hands-on practice of lifesaving skills. Learn to recognize and respond to cardiac and breathing emergencies. Successful students will receive a certificate of Adult CPR/AED valid for two years. A book will be available for you to borrow during the class. Feel welcome to download the book, or purchase First Aid/CPR/AED Participant's Manual (r.2016) before class. Download: [http://embed.widencdn.net/pdf/plus/americanredcross/8chdrkbqij/FA\\_CPR\\_AED\\_PM\\_Optimized.pdf?u=0aormr](http://embed.widencdn.net/pdf/plus/americanredcross/8chdrkbqij/FA_CPR_AED_PM_Optimized.pdf?u=0aormr). Participants can bring: beverage, snacks, garden mat for kneeling and reading glasses.

*Instructor: Beth Berzelius*

**4555-W01** **1 Session - \$69**  
**Monday, Feb. 3** **5-9 p.m.**  
**CEC 236/237**

**4555-S01** **1 Session - \$69**  
**Monday, May 18** **5-9 p.m.**  
**CEC 236/237**

## First Aid Certification

Learn with a Red Cross instructor who will guide you through hands-on practice of first aid skills. Learn to recognize and respond to first aid emergencies. Successful students will receive a certificate of First Aid valid for two years. A book will be available for you to borrow during the class. Feel welcome to download the book, or purchase First Aid/CPR/AED Participant's Manual (r.2016) before class. Download: [http://embed.widencdn.net/pdf/plus/americanredcross/8chdrkbqij/FA\\_CPR\\_AED\\_PM\\_Optimized.pdf?u=0aormr](http://embed.widencdn.net/pdf/plus/americanredcross/8chdrkbqij/FA_CPR_AED_PM_Optimized.pdf?u=0aormr). Participants can bring: beverage, snacks, garden mat for kneeling and reading glasses.

*Instructor: Beth Berzelius*

**4553-W01** **1 Session - \$69**  
**Tuesday, Jan. 28** **5-9 p.m.**  
**CEC 203**

**4553-S01** **1 Session - \$69**  
**Tuesday, May 26** **5-9 p.m.**  
**CEC 203**

## Pediatric & Child CPR with AED Certification

Participants learn how to prevent, recognize and respond to cardiac and breathing emergencies in infants and children under 12 years of age. Along with CPR, topics include first aid for choking, using a breathing barrier and disposable gloves, and reducing the risk of injury. You will learn through discussion, lecture, movies, textbook and hands-on practice. Quarterly online refreshers are now available and convenient email reminders when your recertification is due. Class participants who provide a valid email address will receive an email with a link to their digital certificate after the end of the course. Certification received: Pediatric & Child CPR/AED - recognized as valid for two years. Bring a brown bag lunch to class.

*Instructor: Beth Berzelius*

**4502-W01** **1 Session - \$79**  
**Saturday, Mar. 14** **8:30 a.m.-2:30 p.m.**  
**CEC 236/237**

**4502-S01** **1 Session - \$79**  
**Saturday, Apr. 18** **8:30 a.m.-2:30 p.m.**  
**CEC 236/237**

## Making the Switch to a Plant-Based Diet

**New Class!** Learn how to make the transition to eating a plant-based diet. This class will discuss common obstacles and easy solutions to help make the switch to a healthier diet. We will discuss how to stock the kitchen with plant-based staples as well as meal planning. We will also look at how to read labels for animal products when shopping and even how to swap out and make your favorite recipe plant-based. Come see how fun and easy plant-based eating can be!

*Instructor: Lauren Godfrey-Singh*

**4516-W01** **2 Sessions - \$25**  
**Mondays, Jan. 27 & Feb. 3** **6:30-8:30 p.m.**  
**CEC 232**

**4516-S01** **2 Sessions - \$25**  
**Thursdays, May 7 & 14** **6:30-8:30 p.m.**  
**JHS C104**



## Hobbies & Special Interests

### Mike Lynch Minnesota Starwatch Party

Make the stars your old friends as we watch the great celestial show in the skies over Bloomington. We start off with an indoor orientation followed by quality time outside under the heavens. Get to know the constellations like The Big Bear, Cygnus the Swan, Pegasus the Winged Horse. We'll also use large reflecting telescopes, including two giant 20 inch wide reflector scopes that are among the biggest mobile telescopes in the upper Midwest, for close up views of star clusters, nebulae, galaxies and other wonders in our March skies. You'll get a great handout package with user-friendly star maps and constellation charts, apps, websites, a telescope-buying guide, and more! Mike is the author of the "Mike Lynch's Minnesota Star Watch" which will be available for purchase at a discount. Even if it's cloudy you'll learn a lot, have a great time and get a Mike Lynch "Cloud Check" for a future Minnesota Starwatch class.

You're invited to bring lawn chairs for the outside viewing portion of the class. Dress for the weather! Children 12 and older are welcomed to register for this class as long as a registered adult accompanies them.

*Instructor: Mike Lynch*

**5589-W01** **1 Session - \$39 single**  
**Wednesday, Mar. 11** **\$59 parent with child**  
**HC Lunchroom** **7:30-9:30 p.m.**

### Photo Organization - Print & Digital

Imagine all your photos organized and all in one place, permanently, safely and you have a system that lets you find any photo in literally seconds. This includes old slides, movies and memorabilia too. We will talk about scanners and digitizing old media, cloud storage accounts as well as software for creating digital books, and how to repair older damaged photos.

*Instructor: Kathy Povolny*

**5508-W01** **1 Session - \$23**  
**Wednesday, Jan. 29** **6:30-8:30 p.m.**  
**JHS C104**

**5508-S01** **1 Session - \$23**  
**Wednesday, Apr. 1** **6:30-8:30 p.m.**  
**CEC 232**

## Planting for Pollinators in Minnesota

**New Class!** Are you worried about the health of the Minnesota pollinator habitat? The decline of bee populations and beneficial insects worldwide is causing concerns about our food production methods and climate change. Come learn how using native plants in your landscape and lawn can attract important pollinators. And how you can become a part of the movement to expand a high quality pollinator habitat in Minnesota and at the same time enjoy beautiful color throughout the growing season. This class is taught by Lori Murphy, Bloomington resident and certified Hennepin County Master Gardener.

*Instructor: Lori Murphy*

**5520-W01** **1 Session - \$19**  
**Saturday, Mar. 7** **10-11:30 a.m.**  
**CEC 236/237**

## The Ups and Downs of Juggling

**New Class!** Come discover the secrets of multi-object manipulation in this beginning juggling class. Even if you have said to yourself "Oh, I tried it once and it didn't work," in this hands-on, interactive class, we promise that you will leave the class having succeeded in learning how to juggle.

*Instructor: Homeward Bound Theatre*

**5598-W01** **1 Session - \$42**  
**Thursday, Mar. 19** **7-9 p.m.**  
**CEC 232**

## Personal Development

### Kennedy Assassination Research

**New Class!** Bloomington resident Jim Koepke will give a presentation about his research into the assassination of President Kennedy. Jim is recognized as a national expert on this subject and has interviewed a variety of persons who held positions of power in the Federal government about the death of JFK including; CIA Directors, White House Insiders and Covert Operatives. His research is fascinating and he has given this presentation in many locations across the country. Jim has been interviewed on radio stations throughout the USA. Hollywood Director Oliver Stone has read Jim's research and has stated it is insightful and valuable.

*Instructor: Jim Koepke*

**6503-W01** **1 Session - \$21**  
**Monday, Feb. 10** **7-8 p.m.**  
**CEC 232**

## Home Improvement

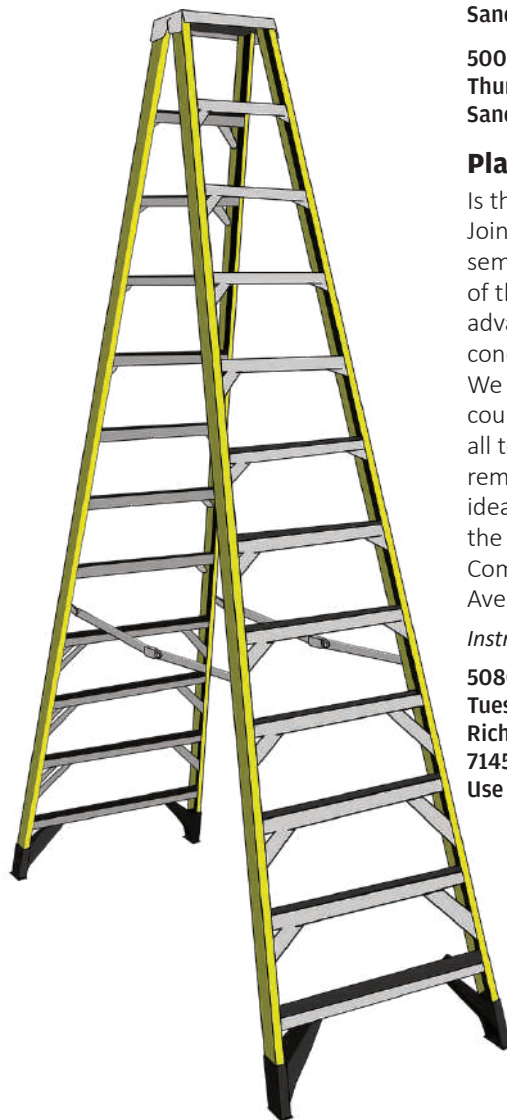
### Your Home as a System. Performance, Comfort and Efficiency

**New Class!** Learn how to improve your home's comfort and efficiency. Whether it's DIY or hiring a contractor, gain the knowledge needed to ask the right questions or do the upgrades yourself. Learn which improvements have a great ROI, and which do not. Protect your home, enjoy more comfort, save money. \$10 supply fee collected by instructor in class.

*Instructor: Brian Larson*

**5087-W01** **1 Session - \$31**  
**Thursday, Jan. 16** **6-9 p.m.**  
**JHS C104**

**5087-S01** **1 Session - \$31**  
**Thursday, May 14** **6-9 p.m.**  
**CEC 232**



## Homeowners Guide to Siding and Windows

Are you considering investing in new siding or windows for your home. There are many options to consider as you weigh the pros and cons of this big investment. You will learn terminology, product types, general cost comparisons, proper installation procedure and warranties. Installing the appropriate siding or windows can save you 20-30% in energy costs and can extend the life of your furnace and air conditioner. You'll discover ways to save money and become more confident as you evaluate the right options for your home. By having this class in the showroom, Graham can show life size windows, doors and siding samples. Class is held at Sandau Construction, located at 9025 Hwy. 101 W. in Savage.

*Instructor: Graham Anderson*

**5005-W01** **1 Session - \$23**  
**Thursday, Mar. 5** **6:30-8:30 p.m.**  
**Sandau Construction Showroom**

**5005-S01** **1 Session - \$23**  
**Thursday, May 7** **6:30-8:30 p.m.**  
**Sandau Construction Showroom**

### Planning Your Kitchen Remodel

Is there a kitchen remodel in your future? Join Ann Haws of Mindful Kitchens in this seminar that will take the mystery out of the process! We will talk about the advantages and disadvantages of open concept and how to make selections. We will talk about cabinetry, layout, countertops and the task of putting it all together. You will be helped with a remodeling project. If you are looking for ideas on improving your kitchen, this is the class for you! Class is held at Richfield Community Education, 7145 Harriet Avenue in Richfield. Enter Door #5.

*Instructor: Ann Haws*

**5080-W01** **1 Session - \$21**  
**Tuesday, Feb. 18** **6:30-8:30 p.m.**  
**Richfield Central Education Center**  
**7145 Harriet Avenue South, Richfield**  
**Use Door 5**

# Open Gym Hours

Open gym is available at both the Jefferson Activity Center and the Kennedy Activity Center for Activity Center members. Check out our new Open Gym Hours schedule for December - April.

## Jefferson Activity Center

Mondays, 6:00 - 9:00 p.m.  
Basketball

Tuesdays, 6:00 - 9:00 p.m.  
Pickleball

Wednesdays, 6:00 - 9:00 p.m.  
Basketball

Thursdays, 6:00 - 9:00 p.m.  
Pickleball

Fridays, 6:00 - 8:00 p.m.  
Basketball

## Jefferson Activity Center

4001 West 102nd St.  
Bloomington  
952-806-7880

## Kennedy Activity Center

Mondays, 6:00 - 9:00 p.m.  
Pickleball

Tuesdays, 6 - 9:00 p.m.  
Basketball

Wednesdays, 6 - 9:00 p.m.  
Pickleball

Thursdays, 6 - 9:00 p.m.  
Basketball

Fridays, 6:00 - 8:00 p.m.  
Basketball

[activitycenters.org](http://activitycenters.org)

## Weekends at JAC/KAC

Check the activity centers website for information on weekend open gym hours.  
[activitycenters.org](http://activitycenters.org)



## Kennedy Activity Center

150 East 98th Street  
Bloomington  
952-681-5280

## Activity Centers & Facilities

### Activity Centers

Bloomington Public Schools operate two activity centers: one at Jefferson High School and one at Kennedy High School. These centers are available on a membership basis, which gives you use of the fitness facilities and community locker rooms during non-school hours. Each center offers 5 gym courts, an indoor walking/running track, free weights, weight machines, and cardio equipment. Discounts on Community Education Fitness classes are part of your membership. Contact the Kennedy main desk at 952-681-5280 or the Jefferson main desk at 952-806-7880 for more information.

### Membership

Choose from a convenient monthly or annual membership. Bloomington residents receive a discount as do non-residents who work in Bloomington. District 271 employees and Active/Retired Military Members also receive a discount.

Here's a cost sample of a yearly membership. Now is the perfect time to get active with an Activity Center membership.

### Yearly Membership Fee

	Bloomington Resident	Non-Resident	District 271 Employee/Military Active and Retired
Student (13-21)	<b>\$88</b>	\$115	\$72
Track Only	<b>\$92</b>	\$115	\$74
Senior (age 60+)	<b>\$136</b>	\$170	\$109
Adult	<b>\$240</b>	\$306	\$192
Family	<b>\$360</b>	\$456	\$288

### Biggest Loser Competition

The Activity Centers are hosting a Biggest Loser competition! This new 8-week class will be held at both the JAC and KAC and gives you access to a personal trainer who will help you get in shape and lose those lbs. Register for the class and attend either the Sunday or Tuesday session. Topics cover nutrition, exercise, weight loss myths and facts, and so much more! The contestant with the highest percentage weight loss wins a free one year Activity Center membership! Check under the Fitness section of this catalog for more information.

### Facility Reservations

School buildings are available for use by the community during non-school hours and are great locations for group activities and meetings. There are 19 different buildings, available with various amenities to fit your needs. We offer convenient locations and fair rental prices. Have a special event coming up or planning a meeting and need a large space? Take a look to see what we have to offer. Contact our facility staff: [rbellinger@isd271.org](mailto:rbellinger@isd271.org) or [mlarson@isd271.org](mailto:mlarson@isd271.org) to learn more.



**W**e all learn differently and when the traditional high school setting isn't working, CHOICE Alternative High School may be the right fit for you. Located at the Community Education Campus at 2575 West 88th Street, students take a variety of high school classes in a setting that fits their unique needs.



**IF YOU THINK CHOICE MIGHT BE RIGHT FOR YOU,  
CALL 952-681-6172 TO GET STARTED.**



**Metro South | Education**  
ESL • ADULT DIPLOMA • GED

**FREE ADULT CLASSES**  
TO REGISTER –  
CALL 952-681-6170!

- ESL
- ADULT DIPLOMA
- GED PREP
- COLLEGE PREP
- CAREER PATHWAYS

Metro South is a Department of Education site for Edina, Eden Prairie, Richfield & Bloomington

**2575 W. 88th St. Bloomington, MN 55431 • [metrosouth.org](http://metrosouth.org)**

Help students learn English, earn a GED or Adult Diploma or prepare for college. Help adults with disabilities in social & life skills classes. **To volunteer call 952-681-6109.**

This program is partially funded with a grant from the Minnesota Department of Education using state and/or federal funding, Minnesota Statute Section 124D.522 and/or CFDA 84.002, Adult Basic Education- Grants to States.

A wide variety of classes are offered through Learning Exchange for adults with disabilities. Classes this term run January through March, with a Spring/Summer catalog to follow, and are based in the four cities of Bloomington, Edina, Eden Prairie, and Richfield. For more information, call Janet at 952-681-6121 or email [jclarke@isd271.org](mailto:jclarke@isd271.org).



**Learning Exchange classes are for adults, 18 years-old and older.**

### On-line Registration Site and Website

For on-line registration, go to <https://bloomington.ce.eleyo.com> and login or create an account. To link to our web page, go to [www.ARLEMN.org](http://www.ARLEMN.org), go to the bottom of the page and click on Learning Exchange. For registration by phone, call Learning Exchange at 952-681-6109 between 9 a.m. and 3 p.m. Monday through Friday.

Register at least 2 weeks before the class - many classes fill, early registration recommended.



Dance classes are a blast! For more information or to volunteer at our fun classes, email Janet at [jclarke@isd271.org](mailto:jclarke@isd271.org) or call 952-681-6121.

## Personal Leisure & Healthy Lifestyles



- Minute to Win It, Feb. 6, \$5
- Friendship Skills: What to do when you disagree, Feb. 13, \$9
- Wildlife Near and Far!, Mar. 26, \$9
- Uptown Funk Line Dance, Mar. 30, \$11
- Wacky Words and You!, Mar. 31, \$9
- Shooting Pool, Mar. 23, \$9
- Mindfulness of Martial Arts, twice a month, \$21 per session
- Chair Yoga and Relaxation, once a month, \$16
- Hope and Wonder Theater Workshop, April 4
- Safety Out and About, April 6 & 13
- Plus monthly cooking classes and crafts!

## Featured Event: Eat Smarter!

Come join us for an engaging evening discussing healthy meal options at restaurants, surprising sources of sugar, fat and salt, plus fun ways to eat your veggies! This presentation will provide helpful, practical tips to improving your daily nutrition habits. Presented by: Minnesota Independence College and Community (MICC)

Watch for more free workshops in future catalogs!



**Thursday, April 16**  
**7:00 p.m. - 8:30 p.m.**  
**Location: Woodlake Church,**  
**Rooms C & D,**  
**2120 76th St. W, Richfield**  
**Cost: Free! Pre-registration**  
**requested, space limited.**

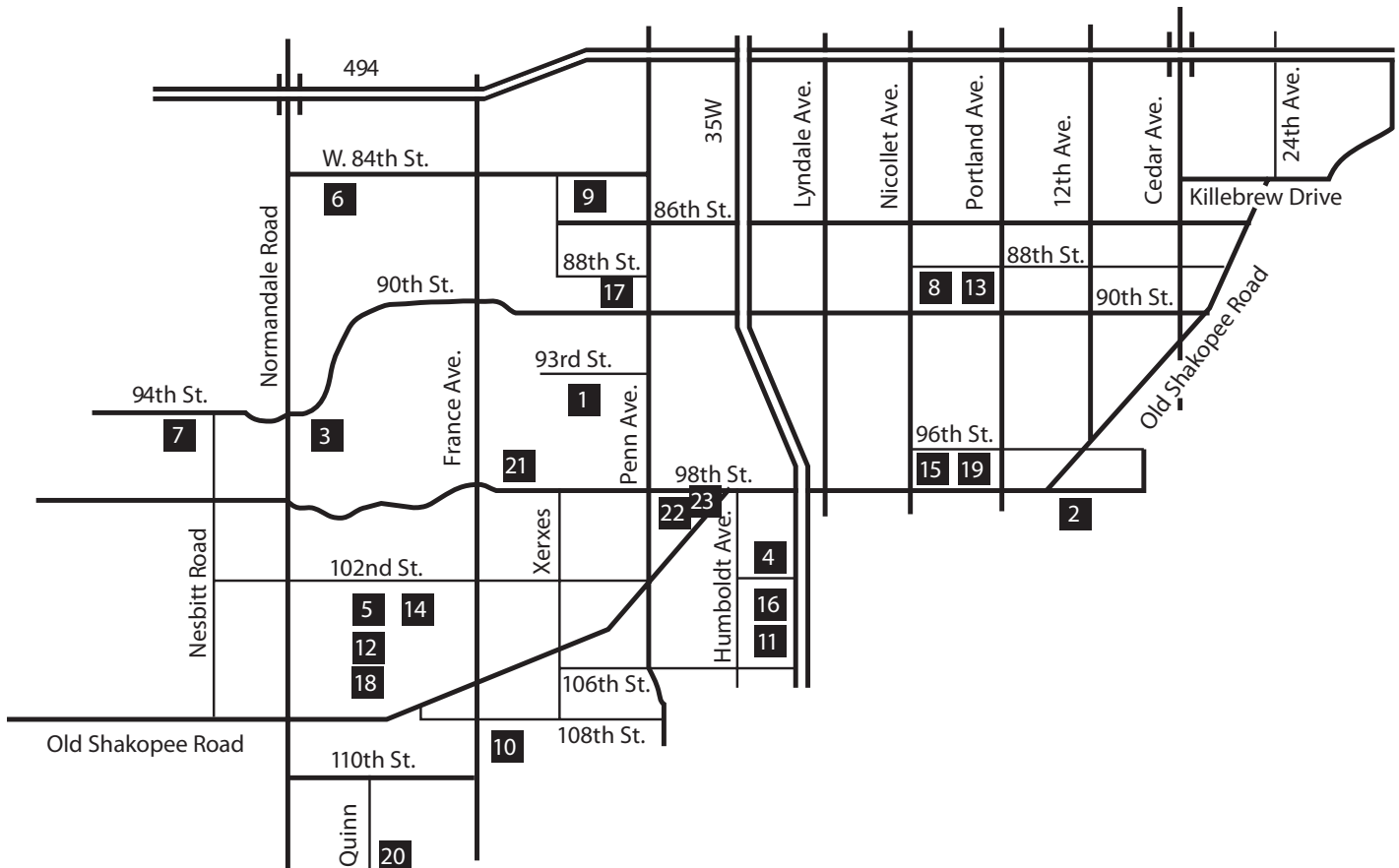
**Register by Monday, April 13**  
**On-line link for registration:**  
**<https://tinyurl.com/Eat-Smarter>**  
**By phone:**  
**Judy Stelmazek, 952-681-6109**

## Class locations

Classes in this catalog meet at the school buildings as noted in each description. Please refer to the map below for locations. Check your class description to see where your class is held. Some classes may meet off school district property.

## Kids' SAFARI

Enrichment classes that are part of the Kids' SAFARI program meet at the child's respective elementary school.



## BLOOMINGTON CLASS SITES

- |   |  |  |
|---|--|--|
| <b>1 Hillcrest Community (HC)</b><br>9301 Thomas Road         | <b>9 Washburn Elementary (WB)</b><br>8401 Xerxes Ave. S.   | <b>16 Educational Services Center (ESC)</b><br>1350 West 106th St. |
| <b>2 Indian Mounds Elementary (IM)</b><br>9801 11th Ave. S.   | <b>10 Westwood Elementary (WW)</b><br>3701 West 108th St.  | <b>17 Community Ed. Campus (CEC)</b><br>2575 West 88th St.         |
| <b>3 Normandale Hills Elementary (NH)</b><br>9501 Toledo Ave. | <b>11 Oak Grove Middle (OGMS)</b><br>1300 West 106th St.   | <b>18 District Support Services</b><br>4571 West 102nd St.         |
| <b>4 Oak Grove Elementary (OGE)</b><br>1301 West 104th St.    | <b>12 Olson Middle School (OLMS)</b><br>4551 West 102nd St.  | <b>19 Pond</b><br>9600 - 3rd Ave S.                                |
| <b>5 Olson Elementary (OLE)</b><br>4501 West 102nd St.        | <b>13 Valley View Middle School (VVMS)</b><br>8900 Portland Ave. S.  | <b>20 Southwood (SW)</b><br>4901 West 112th St.                    |
| <b>6 Poplar Bridge Elementary (PB)</b><br>8401 Palmer Road    | <b>14 Jefferson High School (JHS)</b><br>4001 West 102nd St.<br><b>Jefferson Activity Center (JAC)</b>                 | <b>21 Bloomington Ice Gardens</b><br>3000 West 98th St.            |
| <b>7 Ridgeview Elementary (RV)</b><br>9400 Nesbitt Road       | <b>15 Kennedy High School (KHS)</b><br>9701 Nicollet Ave.<br><b>Kennedy Activity Center (KAC)</b><br>150 East 98th St. | <b>22 Creekside</b><br>9801 Penn Ave. S.                           |
| <b>8 Valley View Elementary (VVE)</b><br>351 East 88th St.    |  | <b>23 Bloomington Civic Plaza</b><br>1800 W. Old Shakopee Road     |



# Youth Learner Registration Form

Student Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_

Special Accommodations \_\_\_\_\_

Allergies \_\_\_\_\_ Epi-pen/medications \_\_\_\_\_

Guardian Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Primary Email: \_\_\_\_\_

Following class during after school hours (3:30-6PM), my child will:

☐ Return to Kids' SAFARI (must be registered for that same day) ☐ Be picked-up by parent/guardian

COURSE #	TITLE	START DATE	TIME	LOCATION	FEE
_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	\$ _____

Donate to the Bloomington Community Education Youth Scholarship Fund (optional) \$ \_\_\_\_\_

☐ Check (payable to ISD 271) ☐ Cash Charge my: ☐ MasterCard ☐ Visa ☐ Discover Card Total = \$ \_\_\_\_\_

Card #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Expiration: \_\_\_\_\_

I have read and understand the policies and procedures found on the website for ISD 271 youth and family programs, related to marketing, cancellations, emergencies, late fees, etc. All participants enrolled in the class are participating of their own initiative and assume all risk of personal injury relating to or resulting from their participation in the class. By signing below, the named class participant RELEASES the Bloomington Public School District and Bloomington Community Education, their officers, employees, and/or volunteers, and the Class Instructor from any action, claims, and/or expenses of any kind the participant may acquire which arise directly or indirectly from the student's participation in the class. The undersigned further agrees to INDEMNIFY Bloomington Public Schools, Bloomington Community Education, their officers, employees, and/or volunteers and the Class Instructor from any loss, damage or costs resulting from the undersigned's participation in the class.

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

(Duplicate this form as needed)

You have been asked to supply private or confidential information concerning yourself and/or your child(ren) to Independent School District (ISD) No. 271. Pursuant to M.S. 13.04, the School District is required to supply you with the following information:

1. The school district intends to use the requested personal information to identify the student in order to accomplish class registration and emergency contacts.
2. You may refuse to supply the requested personal information.
3. The following are known consequences arising from the refusing to supply the requested personal data: your registration cannot be processed and you will not be notified in an emergency.
4. The following persons are entities who are authorized by state or federal law to receive the data: school official needing the information for the purpose of the registration; school instructor for the purpose of taking attendance; health and safety organization in case of emergency; federal and state officials for federal program purposes; school officials for the purpose of remedial instruction or student transfer; or to anyone authorized by valid court order or subpoena to receive such information.

Volunteer Checkout: ☐ Volunteer with Adults ☐ Volunteer with Youth

Please send me information about volunteer opportunities in Community Education. (Please see The Volunteer Connection page for information on volunteer positions available.)

Bloomington Public Schools is using a service to electronically recover any insufficient fund checks returned to the school district along with a \$30 state allowed fee.

## Register Early for Classes!

Don't forget to register for your class early. Classes that are cancelled due to low enrollment are usually the result of people waiting to register. We make the decision to cancel classes due to low enrollment a minimum of one week before the class starts.

Don't miss your opportunity by waiting!

# Adult Learner Registration Form

Name \_\_\_\_\_ Day phone \_\_\_\_\_ Evening phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Optional Information: Age Group: ☐ Under 18 ☐ 18 to 54 ☐ 55 and older ☐ I have special needs

E-mail address: \_\_\_\_\_ UCare ID# \_\_\_\_\_

COURSE #	TITLE	START DATE	TIME	LOCATION	FEE
_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	\$ _____
Donate to the Bloomington Community Education Youth Scholarship Fund (optional)					\$ _____

☐ Check (payable to ISD 271) ☐ Cash Charge my: ☐ MasterCard ☐ Visa ☐ Discover Card Total = \$ \_\_\_\_\_

Card #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Expiration: \_\_\_\_\_

All participants enrolled in the class are participating of their own initiative and assume all risk of personal injury relating to or resulting from their participation in the class. By signing below, the named class participant RELEASES the Bloomington Public School District and Bloomington Community Education, their officers, employees, and/or volunteers, and the Class Instructor from any action, claims, and/or expenses of any kind the undersigned may acquire which arise directly or indirectly from the undersigned's participation in the class. The undersigned further agrees to INDEMNIFY Bloomington Public Schools, Bloomington Community Education, their officers, employees, and/or volunteers and the Class Instructor from any loss, damage or costs resulting from the undersigned's participation in the class.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Duplicate this form as needed)

You have been asked to supply private or confidential information concerning yourself and/or your child(ren) to Independent School District (ISD) No. 271. Pursuant to M.S. 13.04, the School District is required to supply you with the following information:

1. The school district intends to use the requested personal information to identify the student in order to accomplish class registration and emergency contacts.
2. You may refuse to supply the requested personal information.
3. The following are known consequences arising from the refusing to supply the requested personal data: your registration cannot be processed and you will not be notified in an emergency.
4. The following persons are entities who are authorized by state or federal law to receive the data: school official needing the information for the purpose of the registration; school instructor for the purpose of taking attendance; health and safety organization in case of emergency; federal and state officials for federal program purposes; school officials for the purpose of remedial instruction or student transfer; or to anyone authorized by valid court order or subpoena to receive such information.

## Are you interested in teaching an Adult Enrichment Class?

Do you have a special skill or talent that you would like to share with other Bloomington residents? Have you ever wanted to teach a Community Education class? Then this opportunity is for you!

Bloomington Community Education is always looking for Adult Enrichment instructors for classes.

Contact our Enrichment and Marketing Coordinator at 952-681-6108 or [mglynn@isd271.org](mailto:mglynn@isd271.org) for an application.

# Community Education Bulletin Board

## Community Education Advisory Council

Are you interested in helping to shape the future of Community Education in Bloomington?

We are looking for residents like you to help advise the Executive Director of Community Education and the School Board regarding the planning, growth, development and evaluation of Community Education services in the Bloomington School District.

For an application call 952-681-6103 or email [mjelleberg@isd271.org](mailto:mjelleberg@isd271.org)

## Where is the CEC located?

The Community Education Campus (CEC) is located at 2575 West 88th Street.

Park on the north side of the building and enter the doors that have **2575** above them.

Classes are on the 2nd floor.

## Bloomington Bookfest

Leap into Books!



### Save the Date

February 29, 2020  
9:00 a.m. - 12:00 p.m.

Oak Grove Middle School  
1300 W. 106th St., Bloomington

- Meet Belinda Jensen  
KARE 11 Meteorologist & Author of Bel the Weather Girl
- Visit Reading-Themed Rooms
- Meet Costumed Characters
- Explore Literacy with Local Authors
- Receive a Free Book!



## Bloomington Community Education Leadership Team



Michael Larson  
Facilities and Activity  
Centers Manager



Alex Locke  
Director of Youth and  
Adult Services



Kellie McGowan  
Director of Metro South  
Adult Basic Education



Jeanna Miller  
Director of  
Early Learning Services



BLOOMINGTON COMMUNITY EDUCATION  
Bloomington I.S.D. #271  
Community Education Campus  
2575 West 88th Street, Suite 200  
Bloomington, MN 55431-1925

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Dated Material: Please deliver by December 13, 2019

