

# **Habit 4:**

## **Think Win-Win**



# Win-Lose

- Getting ahead at the expense of others
- Putting others down so you feel better
- Always getting your way no matter what
- Becoming jealous/envious of others



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# **Lose-Win**

- Always being the one to cave in
- Not standing up for your principles
- Giving into peer pressure
- Always compromising your standards



# Lose-Lose

- If I can't have it, no one can mentality
- Revenge plots
- Codependency



# Win-Win

- Caring about yourself AND others
- Compromising, but not sacrificing your standards
- Being secure enough to not compete or compare with others

