

'Our Time to Shine' brings out school spirit









Left: These freshmen love their P.Js!

Above: Kylynn Clary goes all out for senior blue color block day. Below: Mr. Bruening and Mrs. Besler are a science dynamic duo. (photos by Paige Winter)



Above: Miguel Bojorquez, Amaya Hunt, Carissa Sabers and Kylie Chesnut go all out on PJ Day. Above right: Madeline Gellersen and Jake Gellersen are Russell and Carl from the movie Up.

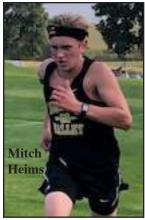
Right: Cy Huber and Nolan Ries are yin and yang for Dynamic Duo Day.



Sport Connecton

XC boys beat ranked teams

by Chantel Crowley



Last Thursday, the Maquoketa Valley Cross Country team competed at Cascade. This second game was rescheddue uled to the weather. The girl's team placed fourth in the JV competition over-

all, and the boy's varsity team placed third overall.

"A highlight for the girls," Coach Meehan commented, "was Josie Teymer who ran five minutes faster than previously at MFL Mar-Mac." Josie placed 38th with a time of 32:24.6, shortly behind Allison Hogan, 32nd, with a time of 31:02.6, Zari Ambundo, 33rd, with a time of 31:04.5, and Jordan Hogan, 34th, with a time of 31:09.0. Cecily Trenkamp placed 44th with a time of 36:22.3.

"The boy's race featured five rated teams. Dubuque, Wahlert, Clear Creek Amana and Monticello are rated teams in Class 3A. Cascade and Maquoketa Valley are rated in Class 1A," Coach Meehan commented also. Cy Huber placed 5th with a time of 17:54.2, followed by Nolan Ries in 7th with a time of 18:08.4. Michael Schaul finished in 17th, and a time of 19:02.2, wth Mitch Heims in 23rd and a time of 19:32.1, Landin Frasher in 41st and a time of 20:35.0, and Brock Trenkamp in 51st with a time of 21:00.3.

In the boys JV race, Caleb Livingston finished in 26.09, and George Livingston ran a 27:15.

The next meet is scheduled for this Saturday at Independence.

Wildcats take down conference rival Vikings (twice)



Carissa Sabers sets up Taya Tucker Tuesday night against Starmont. (photo by Lesa Parmely)

by Tara Goedken

The volleyball team has seen a lot of action on the court with two conference match ups and a tournament in the past week.

Last Thursday night, the Wildcats played against Ed-Co and won 3-0 with scores of 25-8, 25-17 and 25-16.

Leading in kills was Kylie Chesnut with 11 kills, Emerson Whittenbaugh with 10 kills, and Payton Beaman with 9 kills. Carissa Sabers led in assists with 24 assists. Whittenbaugh led in serves with 20 serves followed by Chesnut and Avery Krapfl with 13 serves each.

On defense, Whittenbaugh led in digs with 12 digs followed by Ella Imler with 10 digs. Krista Ries led in blocks with 3 blocks and Sabers with 2 blocks.

On Saturday the Volleyball team traveled to West Delaware for a tournament. The Wildcats played against Oelwein winning 2-0 with scores of 22-20 and 21-12. Then the Wildcats played Ed-Co, winning 2-0 with scores of 21-15 and 21-3. The

Wildcats also played West Delaware, losing 0-2 with scores of 9-21 and 15-21. The volleyball girls finished their day against Independence losing 0-2 with scores of 17-21 and 13-21. The Wildcats ended the day 2-2.

On Tuesday, the Lady Cats played against Starmont ending the night 1-3 with scores of 21-25, 25-16, 20-25 and 22-25.

On offense, Whittenbaugh led in kills with 24 kills, followed by Beaman and Taya Tucker each with 10 kills. Leading in assists was Sabers with 53 assists. Tucker led in serves with 17 followed by Whittenbaugh with 16 serves and Imler and Sabers with 11 serves each.

On defense, Whittenbaugh led in digs with 26 digs and Imler had 20 digs, Sabers and Beaman each had 12 digs. Whittenbaugh, Sabers, and Chestnut each had 1 block.

Last night the Lady Wildcats played against the North Linn Lynx. Details will be in next week's Echo.

Dramatic finish



MV lost a close one to North Linn last Friday night, 36-39. Above: QB Parker Sternhagen gets ready for the ball from center Tanner DeMoss. Tonight the team hosts West Branch. The Wildcats were scheduled to play Bellevue, but due to COVID-19 issues, Bellevue had to cancel. AD/Coach Arnold quickly looked for a replacement team, and the Bears agreed to play here. (photos by Lesa Parmely)

Comedy Corner

—compiled by Paige Panosh
(Advisor's warning: This one's an eyeroller! You've been warned!)

A guy asks a girl to go to a dance. She agrees, and he decides to rent a suit. The rental has a long line, so he waits and waits, and finally he gets his suit.

He decides to buy flowers, so he goes to the flower shop. The flower shop has a long line, so he waits and waits, until he finally buys flowers.

He picks up the girl and they go to the dance. There is a long line into the dance, so they wait and wait.

Finally, they get into the dance, and the guy offers to get the girl a drink. She asks for punch, so he goes to the drink table, and there is no punch line.

Fine Artists of the Week

Name: Paige Panosh

What is your role in the fall play? I am

the Skin Horse.

What do you enjoy most about being a part of this show? Even with masks and distancing, we continue to have plenty of blooper moments and laughs during



practice. Right now that small sense of normalcy is comforting and definitely my favorite part about being involved in play this year.

What will audience members enjoy most about the play? Audience members will enjoy the characters coming to life and the comic relief here and there in The Velveteen Rabbit.

If you could star in any TV show, what would it be? If I could star in any TV show, I think it would have to be "Supernatural." I absolutely love all 15 seasons of the show!

Name: Zach Mineart

What is your role in the fall play?
The wooden lion

What do you enjoy most about being a part of this show? Having that sense of "family"



What will audience members enjoy most about the play? All of the witty comments and remarks from the characters.

If you could star in any TV show, what would it be? "Grey's Anatomy"

Athletes of the Week

Name: Kylie Chesnut

What do you enjoy most about volley-ball?

We have a lot of fun as a team but we still get the work done.

What's your favorite drill in practice? Hitting Lines or 18-0 What's your least favorite drill in prac-



tice? Net shuffles

What's your goal for the team this season? Earning another conference title and making a run in the state tournament

What has made this year unique for you? Corona has definitely been making a lot of changes throughout the season but it shows us how strong we are as a team and how well we can adapt and work around unpredictable complications.

Kylie was key in our win over Ed-Co. She was able to answer their double blocks and was able to find the open holes. Kylie also brings great enthusiasm to the court and is an awesome teammate!" —Coach Whittenbaugh

Name: Parker Sternhagen

What do you enjoy most about football?
The atmosphere of

The atmosphere of playing Friday night under the lights.

What lessons about life have you learned from the sport?

Football has taught

me how to handle things when life starts to get tough and how to overcome many obstacles.

How have you changed as an athlete over the past few years?

Over the past few years I have focussed a lot more on the very small details of the game which have helped me get a lot better. I have also gotten a lot faster and stronger.

Why is football a sport worth going out for? There is no better feeling than playing this game on Friday with your best friends

Who is your football role model?

Gardner Minshew

Parker leads all of Class A in Total Yards with 913 yards.

Best Buds



Haley Ronnebaum & Livia Hermanson by Kaitlyn Nolan

What caused you guys to be close friends?

Livia: In the fifth grade on the very first day of school, she just started talking to me and we clicked from then on (and of course she had to show me her teeth that came out).

Haley: Volleyball.

Who's the most responsible one of the group?

Livia: I would say we are both pretty equal, but if I had to choose, I would say

Haley: Me.

Favorite thing to do together?

Livia: My favorite thing to do with Haley would be all of our long (or short) talks together and just making a bunch of memories.

Haley: Tik Toks.

Pet peeve about her?

Livia: Haley has braces now and can't do it anymore, but she used to click her teeth in and out and it sounded like chomping gum.

Haley: When she gets super crazy.

Best thing about her?

Livia: She is always there for me when I need it and can make me laugh endlessly. Haley: She's always in a good mood.

Greatest memory about the other?

Livia: We were at Haley's house, and we were staying in her camper. It was Haley, Isabel, Alia, and me, and we were all laughing hard and Haley said, "I just peed," and we all just laughed even harder. Haley: Beating her in a wrestling match.

Band + dance team = great halftime performance



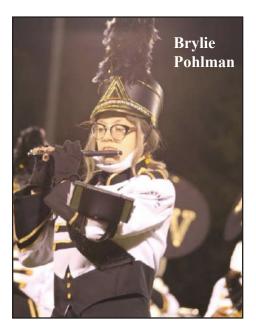
The MVDT performs its *Friends*-themed routine with the marching band last Friday night. (photos by Lesa Parmely)

by Paige Winter

If you weren't at the North Linn vs MV game last Friday night, you not only missed a great game, but a great performance by the MV Marching Band and Dance Team at halftime.

The band performed its 90's themed halftime show as well as the MV fight song and the national anthem. Mr. Ford thought they gave a fantastic performance and endured through new challenges including missing key members of the band and battling through block scheduling. Mr. Ford said that in terms of the rest of the year he is looking forward to "taking every moment we get together and enjoying it, making sure I never take it for granted." He also said that he was proud of the band members for always bringing energy and excitement to rehearsals, even when those happen to be at 8am.

Though this was the second performance of our marching band, this was the debut of our 2020 Dance Team. The



girls gave a high energy dance including umbrellas while the band provided the Friends theme song "I'll Be There For You." Coach Teymer said that though the girls only had four practices and two WIN times to prepare with the band, she was very pleased with the performance.

This Friends dance was choreographed by sophomore and team co-captain Mckenna Thompson who added that she was also very proud of all the girls and was looking forward to making more memories with the team.

One thing that made this dance a little more difficult for the girls was using umbrellas instead of poms. According to senior and also co-Captain Allie Dunn, this was the first time any of the girls had worked with umbrellas but that wasn't obvious when they were out on the field.

If you want to see the team performing again, they will premiere a new pom routine at the pep rally this afternoon and if you missed it the first time you can catch them at halftime again tonight. Co-Captain Leah Ries also added that she was looking forward to trying new things this season with all the talent that the team contains this year.

The girls will officially start their season in October when they start preparing for the basketball season. Though they don't have a state competition this year, you can still look forward to a fun filled season with the dance team. Allie commented, "We are not guaranteed a full season, so I will not be taking anything we get for granted."

Make sure you get to our home-coming game TONIGHT to see the foot-ball team, dance team, and marching band showcase the skills they have all worked so hard for!



Lauren, Haley, Karson & Adeline

Name: Lauren Knock

Siblings: 3 younger and 3 older siblings Activities you plan to be in: Choir and

track

Favorite subject: Algebra Career aspirations: Lawyer Hobbies: Go on walks

Something cool about you: I have a hamp-

ster

Name: Karson Bush

Siblings: Kody, Kiersten, and Megan Favorite subject: Social Studies Hobbies: Playing on my phone

Something cool about you: I don't know

Name: Adeline Rudd

Siblings: Emily and Lucy (both younger) Activities you plan to be in: Volleyball,

band, choir, musical, and play

Favorite subject: Art

Career aspirations: Artist or Phycologist Hobbies: Drawing, reading, playing video

games, and watching cartoons

Something cool about you: I do drawing requests for free on my instagram (@ad-

dielina rudd)

Name: Haley Ronnebaum Siblings: Bianka and Braden

Activities you plan to be in: Volleyball,

basketball, softball, and FFA Favorite subject: Math

Career aspirations: Veterinarian Hobbies: Sports and showing livestock Something cool about you: I don't know

—typist: Leah Ries

MV TEL-ALL

compiled by Paige Panosh

About 21 million Americans have one or more addictions; however, only

10% receive treatment. According to the Addiction Center statistics

Meet the Freshmen Hall Smarts

by Cadence Freiburger

It's Homecoming Week! And because homecoming is a big deal here at MV and the homecoming game is the game most alumni of Maquoketa Valley decide to return to to reminisce



about their high school years, I decided to ask some of MV's alumni-turned-teachers questions about Maquoketa Valley's history.

What was the state average graduation rate of classes between the years 2010 and 2016?

Mrs. Downs: 95% Mrs. Besler: 97% Mrs. Hunt: 92%

Answer: ≥90% (State average: 89%)

What is the highest graduation rate MV's

had since 2000? Mrs. Downs: 100% Mrs. Besler: 100% Mrs. Hunt: 90% Answer: 100%

What is Maquoketa Valley's ranking in the

state of Iowa?

Mrs. Downs: Top 25% of the state

Mrs. Besler: 21st

Mrs. Hunt: Top 5% of Iowa

Answer: Number 21

Which graduate class had the most stu-

dents since 2000?

Mrs. Downs: 64 just a few years ago

Mrs. Besler: 2001 Mrs. Hunt: 194

Answer: The Class of 2001

How many students are enrolled in Ma-

quoketa Valley (K-12)? Mrs. Downs: 700-725 Mrs. Besler: 700ish Mrs. Hunt: 675 Answer: 645

Go Cats!

STUDENT OF THE WEEK

Madeline Gellersen



You have been nominated for your work in Advanced Fashion Design. What do you enjoy most about the class? I love designing and creating something that expresses yourself. Through design you create your own style, and this class is a way to bring art into clothing.

How have you used your skills to help others? If my classmates have a question I love helping them and encouraging them to continue to sew even if the design is tough. What project would you like to take on **next?** I would like to take on the challenge of a formal dress or a matching pant suit.

"Even though she is in Advanced Fashion Design and the expectations are higher in this class, she has gone above and beyond in making masks and also taking charge of designing Marching band apparel along with creating an order form and placing the final order. Her willingness to take charge is so admirable."—Mrs. Downs



If you were a mermaid/merman what color would your tail be?

by Paige Winter

Nolan Ries: green Kylie Chesnut: teal/aqua Carissa Sabers: purple Brock Trenkamp: black Paige Panosh: baby blue Ethan Doyl: rainbow

Mr. Dunlap: black like my soul Tristan Wrisley: yellow

Zach Mineart: yellow

Kennedy Rausch: pink and blue

Parker Ries: red Lacee Barry: orange Mrs. DeVore: iridescent