



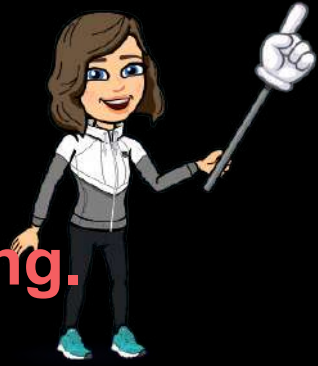
Welcome to P.E.!!

Ms. C





1. If the teacher's talking, you are listening.



2. If you have a question, raise your hand.

3. Water at the end of class



4. Keep hands and feet to self



Warm up: Dice Fitness



Dice Fitness



WHOS

THAT

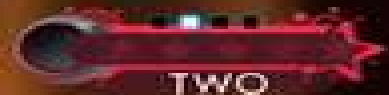


Pokémon

FITNESS EDITION

Cool Down

DYNAMITE



TAIO CRUZ

Mindful Minute:

