When your child is sick... Page 1

Because of COVID-19 and due to other infectious illnesses, we are asking students who do not feel well to remain home. In the past, it would not be surprising that students would come to school when "feeling under the weather." We understand that students and/or parents do not want their child to get behind on school work. That is to be commended; However, in our current situation, we ask that this no longer occur.

Please review the symptoms below and keep your student home accordingly. Please be specific when calling your student off school and contact the school nurse at 330-669-7011 if your child or someone in the home is suspected of COVID-19, Is awaiting results of a COVID test, has had a positive test or been in contact with someone who had a positive test. If you are ever unsure what to do, call your student off and call the school nurse at 330-669-7011 for guidance.

GROUP B SYMPTOMS-2 OR GROUP A SYMPTOMS MORE SYMPTOMS OR IN **COMBINATION WITH GROUP A SYMPTOMS** Fever 100 degrees F or Higher-Stay Home-You must Sore throat be fever free for 24 hours without the use of medication Runny nose/Congestion before returning back to school. If more symptoms occur 0 10-day isolation from date of first symptom. Muscle aches/body aches 0 *Cough (new uncontrolled cough, for students with Nausea chronic allergic/asthmatic cough, a change in their Headache cough from baseline)-Stay home- Contact your Fatigue **doctor-**10-day isolation from the date symptom Occurred-Return earlier if note from doctor stating cough is due to another illness or condition Two or more of group B Shortness of Breath/Difficulty Breathing-Stay homesymptoms or in combination Contact your doctor-10-day isolation-return earlier if with Group A symptoms = note from doctor stating symptom is due to another illness **AUTOMATIC 10-day isolation** Vomiting-Stay Home-You must have no vomiting from the date symptom onset. without the use of medication unless a doctor provides a note stating student can return earlier or known A negative COVID test while documented medical condition. If more symptoms occur symptomatic does not decrease 10-day isolation from date of first symptom vour isolation time. You still Diarrhea-Stav Home-You must have no diarrhea for 24 must complete the 10-day hours without the use of medication unless a doctor isolation from date of symptom provides a note stating student can return earlier or known onset. documented medical condition. If more symptoms occur 10-day isolation from the date of first symptom. Only a doctor's note provided to Loss of taste with no other diagnosis to explain It-Stay the school stating you can home-call your doctor and isolate for 10 days unless return because illness is given a doctor's note to return earlier. something other than COVID-Loss of smell with no other diagnosis to explain it-stay 19 will allow your student to home- call your doctor and isolate for 10 days unless return at an earlier date.

given a doctor's note to return earlier.

Any one or more of these symptoms could indicate possible COVID-19 or other infectious illness and will require immediate isolation and student dismissal from school. **This does not mean your child has COVID-19.**

Symptoms could also be a result of many other illnesses such as influenza (the flu), ear infection, common cold, strep throat, allergies or norovirus. **Symptoms of COVID-19 include**: New onset of cough by itself-for those with chronic allergic/asthmatic cough, a change in their cough from baseline, shortness of breath by itself, OR at least 2 of the following: Fever 100.0F or higher, chills, muscle pain/body aches, sore throat, loss of smell or taste, headache, runny nose/congestion and GI symptoms of diarrhea, vomiting or nausea. COVID-19 symptoms will worsen in severity.

If a person has a new symptom (for example new loss of smell only) with no other diagnosis to explain it, they should stay home and talk to their health care provider even if it is the only symptom they are experiencing

- A NEGATIVE COVID TEST WHILE SYMPTOMATIC DOES NOT DECREASE YOUR ISOLATION TIME, you still must complete the 10-day isolation from date of symptom onset. Only a doctor's note provided to the school stating you can return because your illness was/is something other than COVID-19 will permit your student to return at an earlier date. THIS MUST BE PROVIDED PRIOR TO YOUR STUDENT RETURNING BACK TO SCHOOL. If YOU CAN NOT PROVIDE THE SCHOOL NURSE WITH A NOTE PRIOR TO YOUR STUDENTS RETURN, THEN THE FULL 10 DAY ISOLATION WILL NEED TO BE COMPLETED.
- IF YOU HAVE BEEN A DIRECT CONTACT TO SOMEONE WITH A POSITIVE COVID-19 TEST (Less than 6ft for an accumulative time of 15 minutes or longer in a 24-hour period) PLEASE SELF ISOLATE FOR 10 DAYS MONITORING SYMPTOMS FOR 4 DAYS AFTER THE 10 DAYS IS UP. CONTACT OUR SCHOOL NURSE AT 330-669-7011
- IF A FAMILY MEMBER or SOMEONE LIVING WITH IN THE HOME HAS SYMPTOMS OF COVID-19 ALL HOUSEHOLD MEMBERS AND SIBLINGS SHOULD ISOLATE FOR 10 DAYS FROM THE ONSET OF SYMPTOMS. CONTINUE TO MONITOR FOR SYMPTOMS FOR UP TO 4 DAYS AFTER YOUR 10 DAY ISOLATION IS COMPLETE AND DON'T RETURN TO NORMAL ACTIVITIES UNTIL FEVER FREE FOR 24 HOURS.
- IF SOMEONE WITH IN THE HOME IS BEING TESTED FOR COVID ALL INDIVIDUALS IN THE HOME MUST QUARANTINE UNTIL THE RESULTS COME BACK.
- PLEASE REMEMBER THAT WHEN DEALING WITH THE SCHOOL AND HEALTH DEPARTMENT SOME SITUATIONS AND QUARANTINE TIMES MAY VARY DEPENDING ON THE SPECIFIC SITUATION. PLEASE DO NOT COMPARE YOUR SITUATION TO SOMEONE ELSE'S. MANY FACTORS GO INTO ISOLATION/QUARANTINE TIMES SUCH AS SYMPTOM ONSET, POSITIVE TEST RESULT DATES, WORK SITUATIONS, IF YOU ARE A CONTACT TO A POSITIVE OR THE INDIVIDUAL WITH THE POSITIVE TEST ETC.