

# **Dickenson County Public Schools**

## **Wellness Policy**

### **2017-2020 Triennial Assessment**

#### **Overview & Purpose**

In accordance with the Final Rule of the Federal Healthy, Hunger Free Kids Act of 2010 and the Virginia Administrative Code: 8VAC20-740, **Dickenson County Public Schools (DCPS)** present the 2017-2020 Triennial Assessment which includes the timeframe from **June, 2017-June, 2021**. The Triennial Assessment indicates updates on the progress and implementation of **Dickenson County's** Wellness Policy and wellness initiatives, and provides required documentation of actions, steps, and information as outlined in the Final Rule. The school(s) included in this Triennial Assessment are: **Clintwood Elementary School, Ervinton Elementary School, Sandlick Elementary School, Ridgeview Middle School, and Ridgeview High School**

#### **Wellness Policy**

The **Dickenson County's** Wellness Policy can be found at **[www.dcps.k12.va.us](http://www.dcps.k12.va.us)**. **Dickenson County Public School district** updates or modifies the Wellness Policy as appropriate. The policy is made available to the public through **the division's website and Facebook page**.

#### **School Wellness Committee**

**Dickenson County Public Schools** established a Wellness Policy leadership of one or more school officials who has the authority and responsibility to ensure each school complies with the Wellness Policy. The Wellness Policy committee meets at least **annually** for periodic review and update of the Wellness Policy. The general public and the school community are allowed and encouraged to participate in the Wellness Policy process. This may include parents, students, and representatives of the School Food Authority, teachers, school health professionals, and the School Board and school administrators. **Meeting notices and announcements are made available on the DCPS' website and Facebook page**.

**Contact Information: Denechia Edwards, Director, Dickenson County Public Schools**

#### **Wellness Policy Compliance**

**Dickenson County Public Schools** must conduct an assessment of the Wellness Policy every three years, at a minimum. The final rule requires State Agencies to assess compliance with the Wellness Policy requirements as a part of the general areas of the Administrative Review every three years.

**Dickenson County Public Schools are in compliance with USDA and Virginia required Wellness Policy regulations.**

### **Division Assessment Results**

**WellSAT 3-Total Comprehensiveness 100 and Total Strength 67**

**WellSAT 1-Total Comprehensiveness 99 and Total Strength 79**

*Use the charts below to assess whether requirements are being met. Indicate that requirements are met by adding a checkmark to the “Met” column. If requirements are not met at all schools, indicate which schools are out of compliance in the “Not Met” column.*

### **Standards and Nutrition Guidelines for all Foods and Beverages Sold (Question IV on VDOE School Level Report Card)**

<b>Standard/Guideline</b>	<b>Met</b>	<b>Not Met</b>
We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.	*	
We have implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: a la carte offerings, items in school stores, and items in vending machines.	*	
We follow <b>Dickenson County</b> ’s policy on exempt fundraisers as outlined in our Division’s Wellness Policy. <i>This language may be replaced with the requirements stated in your Wellness Policy, not to exceed 30 exempt school-sponsored fundraisers per school year.</i>	*	

### **Standards and Nutrition Guidelines for all Foods and Beverages Sold (Question V on VDOE School Level Report Card)**

<b>Standard/Guideline</b>	<b>Met</b>	<b>Not Met</b>
We follow <b>Dickenson County</b> ’s policy on standards for all foods and beverages provided, but not sold, as outlined in our Division’s Wellness Policy.	*	*

**Policy for Food and Beverage Marketing**  
**(Question VI on VDOE School Level Report Card)**

Standard/Guideline	Met	Not Met
All food and beverage marketing meets Smart Snacks standards.	*	

**Description of Public Involvement**

Standard/Guideline	Met	Not Met
<b>Dickenson County Public Schools</b> permit participation by the general public and the school community in the Wellness Policy process. This includes parents, students, and representatives of the School Food Authority, teachers of physical education, school health professionals, the School Board, and school administrators.	*	

**Description of Public Updates**

Standard/Guideline	Met	Not Met
The Wellness Policy is made available to the public on an annual basis, at minimum. This includes any updates to and about the Wellness Policy.	*	
The Triennial Assessment, including progress toward meeting the goals of the policy, will be made available to the public on or before June 30, 2021.	*	

**Description of Policy Leadership**

Standard/Guideline	Met	Not Met
<b>Dickenson County Public Schools</b> established a Wellness Policy leadership of one or more LEA's and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.	*	

### Description of Evaluation Plan

Standard/Guideline	Met	Not Met
<b>Dickenson County Public Schools will perform a triennial review of the wellness policy every three year.</b>  <b>In June, 2020 an extension was given for the triennial review process because of COVID. Dickenson County began the triennial review process in April, 2021 and a new wellness policy will be drafted by June, 2021.</b>	*	

### Quality of Wellness Policy

Thoroughly reviewed by USDA Food and Nutrition Service, the Alliance for a Healthier Generation's model policy template is in compliance with the requirements set forth in the final rule.

**The Model Local School Wellness Policy provided by the Department of Education will be used as a guide in the develop of the Wellness Policy.**

### Progress towards Goals

**The division is making adequate progress towards meeting the goals in the Wellness Policy. However, based upon the triennial review and input from schools, some areas of improvement are needed: healthy classroom celebrations and snacks, nutrition education and healthy food promotions, fitness programs for students and adults, and student involvement in growing and learning about growing crops.**

### Progress towards Nutrition Promotion and Education Goals (Question I on VDOE School Level Report Card)

Description	Met	Not Met
<b>The division will promote healthy food and beverage choices for all students throughout the school campus, as well as encourage participation in school meals.</b>	*	

### Progress towards Physical Activity Goals (Question II on VDOE School Level Report Card)

Description	Met	Not Met
<p><b>All students will be provided equal opportunity to participate in physical education classes. The District will make appropriate accommodations to allow for equitable participation for all students and will adapt physical education classes and equipment as necessary.</b></p>	<p>*</p>	

**Progress towards other School-Based Wellness Activity Goals  
(Question III on VDOE School Level Report Card)**

Description	Met	Not Met
<b>The District offers opportunities for students to participate in physical activity either before and/or after the school day (or both) through a variety of methods. The District will encourage students to be physically active before and after school.</b>	*	