

Activities

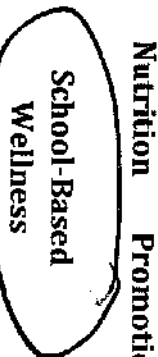
Person Responsible

Timeline

Person (s) to Monitor Progress

Action Work Plan for School Year 2023-2024

Issue Area:



Nutrition Promotion and Education

Nutrition Guidelines (Check One)
Physical Activity to Promote Student

(Areas of focus may include, but are not limited to: Strengthening Local Wellness Councils & Policy, Public Notification, Fundraising, Breakfast Strategies, Scratch Cooking, Healthy Snacks, Farm to School, Share Tables, Feed to Achieve, Smarter Lunchrooms, School Gardens, After School Running Clubs)

Goal: To begin to supply school pantries with separate nutritional foods, study stable items

Objective: Using Grant funding for pantries

When purchasing food supplies we need to select more protein, study stable milk, and learn to prepare food items	Monthly	16 sites are now using the program	Marie Miller Joni Janice Lynette Case	

County/Sponsor: *Haverhwa*

Contact Person:

Diane M. Miller

Action Work Plan for School Year 2023-2024 Issue Area:

<u>Nutrition</u> School-Based Wellness	Promotion and Education	Nutrition Physical Activities	Guidelines (Check to Promote	One) Activity Student	Other

(Areas of focus may include, but are not limited to: Strengthening Local Wellness Councils & Policy, Public Notification, Fundraising, Breakfast Strategies, Scratch Cooking, Healthy Snacks, Farm to School, Share Tables, Feed to Achieve, Smarter Lunchrooms, School Gardens, After School Running Clubs)

Goal: *To provide resources to help with Classroom Celebrations*

Objective: *Provide Support for healthier classroom events*

<i>Smarter Snacks hardbook</i>	<i>web site</i>			<i>Send to each Principal</i>
<i>Updated Policy</i>	<i>2023-2024</i>			<i>Send with BZS items</i>

Activities

Person Responsible

Timeline

Person (s) to Monitor Progress

Action Work Plan for School Year 2023-2024

Issue	Area:				
Nutrition	Promotion	and	Education	Nutrition	Guidelines (Check One)
School-Based				Physical	Activity
Wellness				Activities	to Promote Student

(Areas of focus may include, but are not limited to: Strengthening Local Wellness Councils & Policy, Public Notification, Fundraising, Breakfast Strategies, Scratch Cooking, Healthy Snacks, Farm to School, Share Tables, Feed to Achieve, Smarter Lunchrooms, School Gardens, After School Running Clubs)

Goal: To resume using some Smarter Lunchroom strategies to help improve program

Objective:

Use Smarter Lunchroom			
Check off sheets to help assess during ASCP Promoters	Take Summary to each school		Lori Hansen Lynette Case Diane Muller
focus on	family style eating in PK		

57.05.5 Classroom Celebrations: Kanawha County Schools have continued to support the many successes and celebrations that take place during the school year. Kanawha County Schools wishes to continue to support the students, teachers, and parents in each individual classroom during these celebrations but must reflect concern for the health and well-being of all students, including those with special dietary needs. Therefore;

- Individual School Administration and Site Wellness Committee's will govern the frequency of celebrations per school year at their site.
- All foods served must meet all requirements of this policy and have approval from on-site school administrators.
- Items brought into the school must be considered safe for all children to consume in the classroom setting. Special dietary needs of students must be taken into account when planning a classroom celebration or party.
- Healthier food items shall be considered and preferred. Focus of the celebrations shall continue to be on the event or celebration activities.
- For student safety, no homemade treats are permitted.
- Foods must be commercially prepared, packaged and factory sealed with a visible ingredient and nutrition label so that they may be properly evaluated for possible allergy reactions with students or staff. The exception would be fresh vegetables, fruits, and plain bottled water.
- Food Allergens and ingredients- Food items containing the 8 most common allergens must be considered for children while at school (peanuts, tree nuts, milk, egg, wheat, soy, fish, and shellfish). Treats that contain these allergens will not be permitted if any of these allergens exist with any student in the individual classrooms. Food items that include peanuts or tree nuts (almonds, Brazil nuts, cashews, hazelnuts, macadamias, pecans, pine nuts, pistachios, and walnuts) may not be served. Cross contact can occur with food manufacturers when a safe food comes in contact with a food allergen. Precautions must be used when approving all foods containing these allergens if being brought into the school.
- Approved school-wide party times may be scheduled after the end of the last lunch period.
- These guidelines regulating foods served at celebration events is subject to change as often as the WVDE and USDA regulations are revised and updated. These guidelines may change annually or as needed.
- The county Child Nutrition Office will always be available to assist schools and to offer support and guidance in the selection of appropriate food items for all children. We will continue to utilize the Smart Snacks criteria and the Nutritional Calculator available on the KCS website to assist in determination of qualifying products to choose for celebrations and parties.

SMARTER LUNCHROOM INDIVIDUAL SCHOOLS IMPROVEMENTS OR FOCUS POINTS

The smarter lunchroom movement has become a foundation for improvement in Kanawha County Schools. It has been the foundation to providing techniques to improve participation and provide simple cost saving techniques to how our cafeteria function.

Our focus in the cafeterias are to encourage healthier selections of fruits, vegetable, and milk variety. Emphasis has been on removing non-functional lunchroom equipment; Empowering Good rapport and communication by cafeteria supervisors; and Promoting a clear and more pleasant atmosphere in the cafeterias.

A brief description follows for each school applying for the challenge. These are repeated because we as a county focused on the same three objectives: Menu posting; milk placement; and promoting fresh fruit and vegetables.

Alban Elementary: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Alum Creek: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Andrew Heights: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Anne Bailey: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%- Farm to school delivery of fresh fruits and vegetables.

Belle: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Bridge: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%; also role modeling happy staff

Bridgeview: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

SMARTER LUNCHROOM INDIVIDUAL SCHOOLS IMPROVEMENTS OR FOCUS POINTS

Cedar Grove Elementary and Middle: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Central: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Chamberlain: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%- Attractive signage to promote wellness topics

Chesapeake: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%; promoting wellness with attractive signage

Clendenin: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Cross Lanes: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white 1% and skim offered daily; entrée option are highlighted on colorful and descriptive menu boards.

Dunbar Primary: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Dunbar Intermediate: Creative artwork made by students;

Edgewood: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Elk: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Elm: Salad bar featuring local vegetables from Farm to school

Grandview: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

SMARTER LUNCHROOM INDIVIDUAL SCHOOLS IMPROVEMENTS OR FOCUS POINTS

Holz: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Kanawha City: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Kenna: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Lakewood: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Malden: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Marmet: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Mary Ingles: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Midland Trail: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Montrose: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white 1% and skim offered daily; entrée option are highlighted on colorful and descriptive menu boards.

Nitro Elementary: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Overbrook: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

SMARTER LUNCHROOM INDIVIDUAL SCHOOLS IMPROVEMENTS OR FOCUS POINTS

Piedmont: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%- School garden carrots grown and used for snack!

Pinch: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Point Harmony: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white 1% and skim offered daily; entrée option are highlighted on colorful and descriptive menu boards.

Pratt: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Richmond: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Ruffner: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Ruthlaw: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white 1% and skim offered daily; entrée option are highlighted on colorful and descriptive menu boards.

Sharon Dawes: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white 1% and skim offered daily; entrée option are highlighted on colorful and descriptive menu boards.

Shoals: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Sissonville Elementary: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white 1% and skim offered daily; entrée option are highlighted on colorful and descriptive menu boards.

Weberwood: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

SMARTER LUNCHROOM INDIVIDUAL SCHOOLS IMPROVEMENTS OR FOCUS POINTS

Weiherer: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Westside: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Andrew Jackson: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white 1% and skim offered daily; entrée option are highlighted on colorful and descriptive menu boards. Plus the addition of a fast and fresh grab n go lunch line all compartmentalized meeting the HHFKA. Kids love this!

Dunbar Middle: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Dupont Middle: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

East Bank Middle: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Elkview Middle: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

Hayes Middle: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white 1% and skim offered daily; entrée option are highlighted on colorful and descriptive menu boards. Plus the addition of a fast and fresh grab n go lunch line all compartmentalized meeting the HHFKA. Kids love this!

Horace Mann Middle: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white skim white 1%

John Adams Middle: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladles; milk consumption- NF flavored, white 1% and skim offered daily;

SMARTER LUNCHROOM INDIVIDUAL SCHOOLS IMPROVEMENTS OR FOCUS POINTS

entree option are highlighted on colorful and descriptive menu boards. Plus the addition of a fast and fresh grab n go lunch line all compartmentalized meeting the HHFKA. Kids love this!

McKinley: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladies; milk consumption- NF flavored, white skim white 1%

Sissonville Middle: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladies; milk consumption- NF flavored, white skim white 1%

South Charleston: Menu options; salad bar featuring variety of local vegetables and school made salad dressing with smaller ladies; milk consumption- NF flavored, white 1% and skim offered daily; entree option are highlighted on colorful and descriptive menu boards. Plus the addition of a fast and fresh grab n go lunch line all compartmentalized meeting the HHFKA. Kids love this!

Stonewall Jackson Middle: Menu options; salad bar featuring variety of vegetables and school made salad dressing with smaller ladies; milk consumption- NF flavored, white skim white 1%