

First Grade Week 5: Listen to or think about a song that calms you or makes you feel peaceful. Choose a way to show how it makes you feel: Create a dance for it, sing along, draw while you listen to it, write or tell someone a story inspired by it, or combine a couple of these ways. When you are finished answer these questions in writing or thinking about them. What does it feel like to be calm? Why does this song make you feel calm? What way did you choose to show how it makes you feel? Why did you choose that way? Use the space below, the back of this paper, or your own paper if you choose to draw.

Visit the Coffin school website to find Mrs. Murphy's website under Faculty and Staff or go to [www.brunswick.k12.me.us](http://www.brunswick.k12.me.us) .

There you will find songs, videos, online resources, and information. Email me with any questions and/or picture or videos. I have been enjoying hearing from you. Miss you!