

WARRIORS WRESTLING CLINIC
FEATURING:
DANIEL FRISHKORN
4X VA STATE CHAMP (1999-2003)
2005 NCAA ALL-AMERICAN AT OSU
NATIONAL WRESTLING HALL-OF-FAME INDUCTEE (2003)



Where: Nandua High School Gym
26350 Lankford Highway
Onley, VA 23418

When: August 11th and 12th, 2017

- Check-in on August 11th will begin at noon
- Friday:
 - Session One : 1pm – 3pm
 - Session Two: 5pm – 7pm
- Saturday:
 - Session Three: 9am – 11am
 - Session Four: 1pm – 3pm

Grade Requirements: All wrestlers entering 8th – 12th grade are welcome
(experience is recommended)

Cost: \$50 per wrestler; cash or check only
Please make checks payable to Nandua High School

Registration: Either email Coach Metzger at Nathan.metzger@accomack.k12.va.us or call/text 716-491-5888 to register by August 10th to ensure your spot.

SPACE IS LIMITED TO THE FIRST 60 REGISTERED WRESTLERS

Please print and bring this form with you, filled out, to check-in on August 11th

Participants Name: _____

Grade: _____

Address: _____

Parent/Guardian Signature: _____

Relationship to Participant: _____

Date: _____