

	P/K	K	1/2	3/4	5/6	7/8
1	Movement cards -10	Movement cards -10	Relay races	Relay races	Snake pit	Snake pit
2	Red light, green light	Red light, green light	Tag (Reads & Halifax) • Line tag • Ninja tag - OPEN • Yoga tag • Helping tag • Bridge tag	Tag (Reads & Halifax) • Line tag • Ninja tag • Yoga tag • Helping tag • Dice • Star Wars	Tag (Reads & Halifax) • Line tag • Ninja tag • Yoga tag • Helping tag • Dice • Star Wars	Tag (Reads & Halifax) • Line tag • Ninja tag • Yoga tag • Helping tag • Dice • Star Wars
3	Musical hoops	Musical hoops	Student leader - dynamic exercise + run or jump	Toss/Kick/ Pass 3	Student leader - dynamic exercise + run or jump	Student leader - dynamic exercise + run or jump
4	Pick a card OPEN	Pick a card OPEN	Pick a card OPEN	Yoshi	Yoshi	Yoshi
5	Toss/Kick/ Pass 3	Toss/Kick/ Pass 3	Toss/Kick/ Pass 3	Long ball chaos	Long ball chaos	Long ball chaos
6	Lets go skating PE CENTRAL	Race track fitness PE CENTRAL	Race track fitness PE CENTRAL	Great Wall	Great Wall	Great Wall
7	Spots and body parts PE CENTRAL	Lets go skating PE CENTRAL	Four Corners	Four corners	Four corners	Four Corners
8	Alternate between bear crawl/ crab walk and "sleeping" (stretch/ balance) with music	Spots and body parts PE CENTRAL	Lets go skating PE CENTRAL	Pick a card OPEN	Pick a card OPEN	Pick a card OPEN

	P/K	K	1/2	3/4	5/6	7/8
9	Exploring pathways, levels, position/ direction (in/ out/beside, etc.) using scarf, ball, hoop, scooter, etc.	Alternate between bear crawl/ crab walk and "sleeping" (stretch/ balance) with music	Spots and body parts PE CENTRAL	Speedway	Speedway	Speedway
10	Messy backyard	Exploring pathways, levels, position/ direction (in/ out/beside, etc.) using scarf, ball, hoop, scooter, etc.	Speedway	Race track fitness PE CENTRAL	Race track fitness PE CENTRAL	Race track fitness PE CENTRAL