

Walking Tacos

Ingredients

- 1-pound ground beef
- 1 envelope reduced-sodium chili seasoning mix
- ¼ teaspoon pepper
- 1 can (10 oz) diced tomatoes and green chilies
- 1 can (15 oz) Ranch Style beans (pinto beans in seasoned tomato sauce)
- 5 packages (1 oz each) corn chips (Fritos)
- Toppings: Shredded Cheddar cheese, sour cream and sliced green onions
- Items needed: Skillet, spoons, mixing spoon

Step 1:

In a large skillet (pan) cook beef over medium heat until no longer pink, breaking into crumbs. (6-8 mins)



Step 2:

Stir in chili seasoning mix, pepper, tomatoes and beans and bring to a boil



Step 3:

Cut open corn chip bags



Step 4:

Add Beef mixture and toppings



Step 5:

Eat and Enjoy!



Monster Toast

Ingredients

- 1 cup milk
- 4 colors food coloring
- 6 slices of white bread
- Butter or margarine
- Items needed: toaster, measuring cups, 4 small bowls, clean paint brushes, plastic knives

Step 1:

Wash your hands



Step 2:

In a small bowl pour $\frac{1}{4}$ cup of milk and add several drops of food coloring. (do it 3 times with different colors)



Step 3:

Toast bread slice



Step 4:

Paint wild monster faces on toast with food coloring mixture



Step 5:

Butter toast and munch your monsters!



Frozen Banana Cereal Pops

Ingredients

- 13/4 cup (6 oz) strawberry yogurt
- 2 cups fruity pebbles cereal
- 4 medium bananas, peeled and cut crosswise in half
- 8 wooden pop sticks
- Wax paper and baking sheet

Step 1:

Wash your hands



Step 2:

Place yogurt into a bowl



Step 3:

Place cereal into a bowl



Step 4:

Insert pop stick through cut side of bananas.



Step 5:

Dip banana into yogurt, then roll in cereal to coat.



Step 6:

Place dipped bananas on wax paper



Step 7:

Place tray in freezer for one hour.



Step 8:

Eat and Enjoy!

