

WA Personal Responsibility Education Program (WA PREP) for Schools (FP 684)

Project Description

A. Overview:

The *Washington State Personal Responsibility Education Program for Healthy Youth* (WA PREP) is a teen pregnancy prevention program funded by the Administration for Families and Children through the Patient Protection and Affordable Care Act of 2010. This funding was established to decrease disproportionate teen birth rates, pregnancies and sexually transmitted infections among Hispanic/Latino, American Indian, African American, and non-Hispanic White adolescents, and other at risk youth at the middle school and high school development level (primarily age 11-18).

The purpose of WA PREP is to increase capacity of *Intervention Partners* (schools, agencies, and youth-serving community-based organizations) to use evidence-based interventions (EBIs) to educate adolescents on both abstinence and contraception for the prevention of pregnancy and sexually transmitted infections, including HIV/AIDS, and at least three adulthood preparation subjects (Healthy Relationships, Parent-Child Communication, and Healthy Life Skills).

WA PREP is managed by the WA Department of Health (DOH), in partnership with the WA Office of Superintendent of Public Instruction (OSPI), WA Department of Social and Health Services (DSHS) and Cardea. Cardea, a non-profit organization based in Seattle, is responsible for providing training, technical assistance and other support to Intervention Partners.

Project Outcomes:

Short Term	Intermediate Term	Long Term
<ul style="list-style-type: none">▪ Increased knowledge of how to prevent pregnancy, STI and HIV▪ Increased positive attitudes/beliefs about safer sex, including abstinence/safer-sex practices▪ Increased self-efficacy and skills to use condoms and other forms of contraception	<ul style="list-style-type: none">▪ Increased condom use▪ Decreased unprotected sex▪ Decreased sexual intercourse	<ul style="list-style-type: none">▪ Decreased teen birth and pregnancy rates in <i>Intervention Partner</i> communities▪ Lower incidence of HIV/STI sexual risk-taking behavior among teens in <i>Intervention Partner</i> communities

B. Timeline and Project Period:

May 15, 2014 – iGrants applications due

May 19-22, 2014 – iGrants application review and selection

May 28-29 – Districts notified of selection

Fall 2014 – Site assessment meetings and staff training on selected EBI

Winter 2014/15 through June 2016 – Delivery of EBI to students

C. Target Audience & Service Priorities:

This program is geared towards youth populations that are at highest risk or vulnerable for pregnancy and sexually transmitted infections. These may include specific racial or ethnic populations, foster youth, homeless youth, LGBTQ youth, youth in detention, pregnant youth who are under 21 years of

age, mothers who are under 21 years of age, and/or youth residing in areas with high birth, STI, and/or HIV/AIDS rates for youth. For the purpose of this funding, youth are defined as 10-20; up to age 21 for pregnant youth or mothers.

D. Eligibility Criteria:

Applications will be accepted from all school districts in Washington State, with the following exceptions: districts currently receiving support through iGrants FP 687 (Exemplary Sexual Health Education) are not eligible to apply at this time; districts with current WA PREP, and/or Teen Outreach Projects may apply only on behalf of schools that do not currently house those projects.

E. Number of sites to be served:

WA PREP will serve 10-15 secondary schools (buildings) for this project period. Selected districts will be referenced as "*Intervention Partners*."

F. Evidence-Based Interventions Offered:

Intervention Partners will receive training in one of the following EBIs:

- [*jCuidate!*](#)
- [*Making Proud Choices*](#)
- [*Reducing the Risk*](#)
- [*Sistas, Informing, Healing, Leading, Empowering \(SIHLE\)*](#)
- [*Be Proud! Be Responsible!*](#)
- [*Draw The Line/Respect the Line*](#)

G. Funding and Support Offered:

Funding is available for the first year of implementation only. WA PREP encourages schools to continue providing programming after the initial year, however no additional funding will be provided. For schools that continue as WA PREP sites with an amended MOA after their initial year, complimentary training and technical assistance will be made available.

Intervention Partners will receive the following for each school site:

- Two copies of the selected EBI and associated materials
- At least two staff trained on selected EBI (all training costs covered, including substitute reimbursement)
- Individualized technical assistance to support the capacity of the organization to implement the chosen EBI
- Access to a support network of other *Intervention Partners*
- A maximum of \$10,000 per school site to cover start-up (such as materials), data collection, and other project related expenses

H. Intervention Partner Responsibilities:

- Participate in initial site assessment meeting (to include EBI facilitators and key administrative staff)
- At least 2 staff released for EBI training

- Deliver EBI, with fidelity, to a minimum number of youth (minimum of 25 to 100) during the project period (to be determined during the assessment process, based on full-time student enrollment, intervention partner capacity, etc.)
- Participation in evaluation activities as described below

I. Evaluation:

Applicants will track and report on the following evaluation activities:

- *Implementation:* On a monthly basis, provide Cardea with a summary of WA PREP activities completed, challenges with implementation, how challenges are being addressed, and any community partnerships formed or strengthened through the WA PREP work
- *Output Measures:* Each time a cycle of the EBI is implemented (a cycle refers to the curriculum presented from beginning to end): record the number of youth served for each session or module (attendance), note demographic characteristics of youth, and track the number of hours of service delivery. Provide these data to Cardea on a monthly basis
- *Outcome Measures:* Administer and collect youth entry and exit surveys before and after implementation, respectively; check completed forms for potentially identifiable information and black out identifiable information. In addition, all facilitators involved in the EBI cycle will complete a *staff perceptions survey*

J. Funding Restrictions:

WA PREP funds cannot be used for the following:

- To support inherently religious activities, including, but not limited to, religious instruction, worship, prayer, or proselytizing
- For building alterations or renovations, construction, fundraising activities, political education or lobbying
- To supplant or replace current public or private funding
- To supplant ongoing or usual activities of any district involved in the project
- To purchase or improve land, or to purchase, construct, or make permanent improvements to any building
- To reimburse pre-award expenses

K. Application Review Process:

Grants will be awarded through a competitive review process. If a proposal is submitted late, is incomplete, fails to submit through and follow the iGrants format or a project cannot establish its eligibility, the proposal may be omitted from the competition. An expert panel will evaluate eligible applications using the established criteria reflected in the scoring rubric. The expert panel will review each eligible application and determine approval. Districts that propose implementing WA PREP at more than one school site may be accepted for all or some of those sites.

L. Scoring Rubric:

Section I: Organization Background and Capacity (maximum points: 25)

Does the section include:	Possible points	Points awarded	Comments
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Description of district's interest in participating in the PREP Project.	5		
Identified sexual health champion	5		
Identified leadership team	5		
A description of the district's ability to implement EBIs	5		
A description of the district's experience with sexual health programming	5		
Total Score	25		

Section II: Target Audience and Service Priorities (maximum points: 20)

Does the section:	Possible Score	Awarded Score	Comments
1. Identify number of intended school sites	5		
2. Describe the target population for the interventions			
a) Anticipated number of youth served	5		
b) Anticipated race/ethnicity of participant	2		
c) Geographic location (rural, urban, etc.)	2		
d) Targeted age range	3		
e) Other risk factors	3		
Total Score	20		

Section III: Program Plan and Sustainability (maximum points: 55)

Does the section:	Possible Score	Awarded Score	Comments
1. Discuss goals and outcomes	6		
2. Describe the intended EBI	6		
3. Explain the plan to implement the EBI/Curriculum	12		

4. Describe how a PREP EBI fits into the district's plans to provide comprehensive sexual health education	10		
5. Describe plans for outreach and retention of participants	6		
6. Address how the project activities will be sustained after the funding period	10		
7. Describe district needs to accomplish sustainability plan	5		
Total Score	55		