

WA Sexual Health Education Academic Learning Standards, Grades K-2

Curriculum:		Reviewer:		Date:	
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Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.		N/A	SD	D	A	SA
Grade K¹ ☐ Understand boys and girls have some body parts that are the same and some that are different. ☐ Understand living things grow and mature. ☐ Understand there are many ways to express gender. ☐ Recognize characteristics of a friend. ☐ Recognize ways to express feelings. ☐ Identify safe and unwanted touch. ☐ Recognize people have the right to refuse giving or receiving unwanted touch.	Grade 1 ☐ Identify medically accurate names for body parts, including external reproductive anatomy. ☐ Describe how living things grow and mature. ☐ Explain that there are many ways to express gender. ☐ Describe characteristics of a friend. ☐ Identify healthy ways to express feelings. ☐ Explain safe and unwanted touch. ☐ Describe how to tell a trusted adult about unwanted touch.	Grade 2 ☐ Use medically accurate names for body parts, including external reproductive anatomy. ☐ Understand physical changes are part of growth and development. ☐ Understand living things can reproduce. ☐ Understand there is a range of gender roles and expression. ☐ Understand importance of treating others with respect regarding gender expression. ☐ Identify characteristics and benefits of healthy friendships. ☐ Explain why unwanted touches should be reported to a trusted adult.				

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.	N/A	SD	D	A	SA
<i>There are no WA state grade level outcomes for this standard in this grade band.</i>					

Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health.	N/A	SD	D	A	SA
<i>There are no WA state grade level outcomes for this standard in this grade band.</i>					

¹ There is no sexual health content required for grades K-3 in Washington state. The K-2 outcomes are provided for reference if using a comprehensive program.

Circle one response (N/A= Not applicable, SD=Strongly Disagree, D=Disagree, A=Agree, SA=Strongly Agree) for each of the standards. Example sexual health ed outcomes are included as a reference but are not required to be taught. Further, if districts use the example outcomes, they may be taught at different grade levels than presented in this rubric.

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Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.			N/A	SD	D	A	SA
Grade K ☐ There are no WA state grade level outcomes for this standard in this grade.	Grade 1 ☐ Describe how to tell a trusted adult about unwanted touch.	Grade 2 ☐ Describe healthy ways for family members and friends to express feelings toward each other. ☐ Demonstrate how to tell trusted adults about unwanted touch until action is taken.					

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.			N/A	SD	D	A	SA
There are no WA state grade level outcomes for this standard in this grade band.							

Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.			N/A	SD	D	A	SA
There are no WA state grade level outcomes for this standard in this grade band.							

Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.			N/A	SD	D	A	SA
There are no WA state grade level outcomes for this standard in this grade band.							

Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.			N/A	SD	D	A	SA
There are no WA state grade level outcomes for this standard in this grade band.							