

WA Sexual Health Education Academic Learning Standards, Grades 3-5

Curriculum:		Reviewer:		Date:			
Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.			N/A	SD	D	A	SA
Grade 3¹ ☐ Recognize medically accurate names for body parts, including internal and external reproductive anatomy. ☐ Understand puberty is part of the process of growth and development. ☐ Understand humans can reproduce. ☐ Explain that gender roles can vary considerably. ☐ Understand importance of treating others with respect regarding gender identity. ☐ List characteristics of healthy and unhealthy friendships. ☐ Understand that a child is not at fault if an unwanted touch occurs.		Grade 4 ☐ Label medically accurate names for body parts, including internal and external reproductive anatomy. ☐ Understand physical, social, and emotional changes occur during puberty. ☐ Recognize puberty and physical development can vary considerably. ☐ Understand reproductive organs allow living things to reproduce. ☐ Understand how communicable diseases are transmitted. ☐ Define sexual orientation. ☐ Describe characteristics of healthy friendships and other relationships.		Grade 5 ☐ Understand functions of reproductive systems. ☐ Describe how puberty and physical development can vary considerably. ☐ Recognize puberty prepares the body for reproduction. ☐ Define human immunodeficiency virus (HIV). ☐ Identify methods of transmission and prevention of HIV. ☐ Differentiate between healthy and unhealthy relationships. ☐ Explain importance of using social media safely, legally, and respectfully. ☐ Define sexual abuse.			
Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.			N/A	SD	D	A	SA
Grade 3 ☐ There are no WA state grade level outcomes for this standard in this grade.		Grade 4 ☐ Identify how friends and family can influence ideas regarding gender roles, identity, and expression. ☐ Explain importance of communicating with trusted adults about relationships. ☐ Understand ways family, friends, and peers can have a positive or negative influence on relationships.		Grade 5 ☐ Describe how media, society, and culture can influence ideas regarding gender roles, identity, and expression. ☐ Identify trusted adults to ask questions about gender identity and sexual orientation.			
Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health.			N/A	SD	D	A	SA
There are no WA state grade level outcomes for this standard in this grade band.							

¹ There is no sexual health content required for grades K-3 in Washington state. The Grade 3 outcomes are provided for reference if using a comprehensive program. Circle one response (N/A= Not applicable, SD=Strongly Disagree, D=Disagree, A=Agree, SA=Strongly Agree) for each of the standards. Example sexual health ed outcomes are included as a reference but are not required to be taught. Further, if districts use the example outcomes, they may be taught at different grade levels than presented in this rubric. Revised 3/4/2021.

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Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.			N/A	SD	D	A	SA
Grade 3 ☐ Identify trusted adults to communicate with about relationships. ☐ Identify positive ways to communicate differences of opinion while maintaining relationships.	Grade 4 ☐ Demonstrate ways to show respect for all people. ☐ Demonstrate positive ways to communicate differences of opinion and feelings while maintaining relationships.	Grade 5 ☐ There are no WA state grade level outcomes for this standard in this grade.					
Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.			N/A	SD	D	A	SA
There are no WA state grade level outcomes for this standard in this grade band.							
Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.			N/A	SD	D	A	SA
There are no WA state grade level outcomes for this standard in this grade band.							
Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.			N/A	SD	D	A	SA
Grade 3 ☐ There are no WA state grade level outcomes for this standard in this grade.	Grade 4 ☐ There are no WA state grade level outcomes for this standard in this grade.	Grade 5 ☐ Identify ways to manage physical, social, and emotional changes that occur during puberty.					
Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.			N/A	SD	D	A	SA
Grade 3 ☐ There are no WA state grade level outcomes for this standard in this grade.	Grade 4 ☐ There are no WA state grade level outcomes for this standard in this grade.	Grade 5 ☐ Promote ways to show respect for all people. ☐ Understand how to support a peer to recognize healthy and unhealthy relationships.					

Circle one response (N/A= Not applicable, SD=Strongly Disagree, D=Disagree, A=Agree, SA=Strongly Agree) for each of the standards. Example sexual health ed outcomes are included as a reference but are not required to be taught. Further, if districts use the example outcomes, they may be taught at different grade levels than presented in this rubric. Revised 3/4/2021.