# Newsletter Date: February 5, 2010 Volume 3, Issue 1

The Communicator

Lakeview Elementary School: 475-7803

We spoke briefly in the last Communicator about setting goals and success as a family. It is so obvious that the children of Lakeview are not new to setting goals because they achieve so much each and everyday. In our busy lives today it becomes more and more important to plan time together and talk about what it is we want to be and become. Here at Lakeview we use many different styles of goal charts. We have included a sample chart used by parents in the past for those of you who would like to reference it in your goal setting efforts during the winter months.

Weekly Activities	Check When Completed
Share a favorite/least favorite part of day	
Take a family hike	
Play a game together	
Go through family pictures	
Make dinner together	

These are just ideas to get you started. Have fun with it and enjoy each other.

Mrs. Peterson & Mrs. Boase



# 100th Day of School is coming....



The 100th day of school will be February 11th (unless we get a snow day!) and we will have our annual penny drive! This year we are again asking for students to bring in 100 pennies which will be used to begin the "Penny Wars/Change Challenge" that our school will be doing the week of February 22-26. Money

collected for both of these events will be donated to UPDON and for our new playground at Lakeview School. So, don't forget your pennies on February 11th and read more about the "Penny Wars/Change Challenge" in the Wellness article.

#### SCHOOL CALENDAR



No School: Feb. 12

Spring Break: Apr. 2 through Apr. 9

No School: May 31

Last Day of School: June 11

A big **THANK YOU** to everyone who helped to make this year's Friendship Festival a success and a fun day for Lakeview kids! Special thanks goes to the the following businesses who donated: Shelly's Floral, Super One Foods, Paisano's Pizza, Little Caesars, Pizza Hut and Subway.

The Seaborg Mathematics & Science Center 2010 Winter Weekend College for Kids Saturday, March 20, 2010



K & 1st Grade: About Paper - Learn about paper by investigating the properties and changing the paper

Grades 2 & 3: Sound Travel & Challenges - Investigations about sound travel

Grades 4, 5, 6: Landforms - Simulations with stream tables to go with the flow, guaranteed messy

Each session is \$5.00 per student. Sign by calling the Seaborg Center at **227-2002** All classes run from 9:00 - 12:00 Noon

The Seaborg Center accepts credit cards or checks payable to: Northern Michigan University

#### It's Swell to be Well!



February is recognized as Wellness Month during which we promote health, safety and wellness. We have many exciting activities planned for all the students at Lakeview, such as sledding, swimming, ice skating and bowling. Permission slips have been sent home for these activities. Also in observation of Wellness Month, guest speakers will be presenting to the students; we are fortunate to have Bell Memorial's Wellness group return again this year and attend a full week of fun activities for the students.

In conjunction with Wellness Month, we are promoting Diabetes Awareness by encouraging small healthy lifestyle changes to prevent the risk of diabetes. We are calling this "Change for Diabetes, Change Challenge". Along with weekly goals to assist with these changes, we plan to help raise money through a "Change Challenge" (penny jug war) for a local organization known as The Upper Peninsula Diabetes Outreach Network (UPDON). It is UPDON's mission "to promote innovative partnerships to strengthen diabetes prevention, detection, and treatment throughout the Upper Peninsula of Michigan." 75% of the money raised will be donated to UPDON and 25% will be contributed to the new playground at Lakeview. Students will compete by grade level against faculty members during the last week of Wellness Month to see who can raise the most pennies in the Penney Jug War. The 100th day of school penny collection will also be included with the money we raise.

We look forward to all the fun festivities in February. Please feel free to contact either of us if you have any questions regarding our programs.

Ronda Mattila, Health Coordinator, Ext 105 Tori Sager, Guidance Counselor, Ext 110

### **Lakeview Country Store**

Store Hours Monday-Thursday 3:15-3:30 Friday 3:00-3:15

Monday: 2nd Grade Tuesday: 3rd Grade Wednesday: 4th Grade Thursday: 5th Grade Friday: 1st Grade



The lowest priced items are 25 cents

There is a \$5.00 spending limit; items range from .25 - \$2.00

#### HELP PREVENT HEAD LICE ON YOUR CHILD

Any time children come together, particularly at the start of the school year or the end of a school break or any social grouping like Girl/Cub Scouts, Brownies, or Sport Camps, Birthday Parties, head lice cases commonly increase. Please encourage your child not to share or trade personal items such as hats, combs, brushes, headbands, or barrettes, as well as helmets or headphones with foam ear protectors.

Direct, physical, head-to-head contact is the usual method of transmission. Lice do not jump, fly, or swim. They are, however, good crawlers. Check your child's head weekly for lice and/or nits (eggs). Mature lice, which are no bigger than a sesame seed, avoid light and are hard to see. Lice eggs or "nits" are usually found close to the scalp - usually within 1/4 inch. They cannot easily be flicked away as dandruff can. Head lice do not transmit diseases and are not a serious medical condition. They cannot survive on your pets. If you find head lice on your child, please contact me and keep the child home until properly treated. Continue to examine all family members for 3 weeks and treat if live lice or nits close to the scalp are found.

## CHECK REGULARLY - TREAT QUICKLY - HELP KEEP HEAD LICE OFF YOUR CHILD

For more information regarding head lice or its treatment, please feel free to contact the school nurse office at 475-7803, ext 105 or the local Health Department. Thank you for your help and support.

Ronda Mattíla, RN School Nurse



<u>Popcorn Sales for the last 14 weeks:</u> The cost is 25 cents a bag with a limit of one bag per student. To make it easier for kids AND parents, popcorn can be ordered in advance by filling out the form below. Return the form to the SHINE office. The cost for the last 14 weeks is \$ 3.50. If you wish to pay by check, please make it payable to **Lakeview Popcorn**. Popcorn will still be sold for 25 cents every Friday for those who do not order in advance.

Student'sName		_ Teacher	
Parent/Guardian	Phone		
Dates I want popcorn (please o	check)		
February 5	March 12	April 23	May 21
February 19	March 19	April 30	May 28
February 26	March 26	May 7	
March 5	April 16	May 14	A THE
I have enclosedfor	weeks of popcorr	at 25 cents each.	