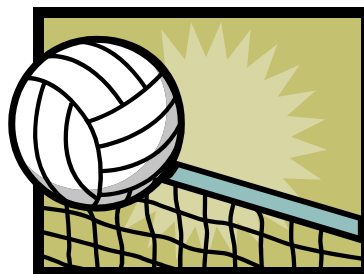Name _____ Block _____

Volleyball Assignment/Homework

Answer the following questions using the study guide found on   the
back.

Circle the correct answer.

1. How many players on a regulation volleyball team?

    Six   Nine   Twelve   Fifteen

2. In regulation volleyball, how many hits are allowed before the ball must go over the net?

    One   Three   Five   Unlimited

3. If the ball hits the net on a serve or during a rally and goes over, it is considered?

    A Replay   Out of Bounds   Legal, Good & In Play

4. In a regulation volleyball game, how many points do you have to score to win a game?

    Eleven   Fifteen   Twenty-one   Twenty-five

5. How many players on a Newcomb volleyball team?

    Six   Ten   Twelve   Unlimited

6. In regulation volleyball, the same person can hit the ball more than one time in a row.

    True   False

7. If the ball lands on the court boundary line, it is considered?

    Replay or Do-Over   Out of Bounds   In Bounds

8. Team 1 hits the ball over the net to Team 2. The ball hits a player on Team 2 and lands
    out of bounds.   Which team receives the point?

    Team A   Team B

9. A player from Team 1 legally spikes the volleyball. The player does not touch the net but
    the ball touches the net and then hits the floor inbounds onTeam 2's side. Which team
    receives the point?

    Team A   Team B

10. During a Newcomb game, Team 1 is giving the ball the Team 2 for service and a player
    from Team 1 throws the ball over the net instead of rolling it under the net. What is the
    consequence of this action?

    Team 1 is awarded a point   Team 2 is awarded a point

Basic Regulation Volleyball Rules & Newcomb Rules

During regulation game play, each team has 6 players on the court - 3 front row players and 3 back row players.

Each team is allowed to have a maximum of 3 touches before hitting the ball over the net. Less than 3 touches are also allowed.

The same player cannot hit the ball twice in a row.

The ball is ruled "IN" (inbounds), if any part of the ball hits the boundary lines or hits the floor inside of the boundary lines.

The ball is ruled "OUT" (out of bounds), if the ball lands outside the boundary lines (without touching the opponent).

Players are NOT allowed to catch, hold or throw the ball.

Players are NOT allowed to hit or block the opponents serve.

The ball may be legally played off the net on a volley or when receiving a served ball.

When serving, the server must hit the ball over the net without help from teammates.

Rally scoring will be used. The offense will score a point on a defensive miss or out of bounds hit. The defense will score a point on an offensive miss, out of bounds hit, or a serve into the net. Basically, if a team makes a mistake, the other team receives a point.

Game will be played to 25 points, must win by 2 points.

The server is allowed to serve the ball from any place behind the backline.

Sideout is a change in ball possession and happens when the team that served the ball makes a mistake, causing the ball to be given to the other team for service.

It is legal to hit the ball with any part of the body, the foot and leg included.

Basic rule violations include touching the net while the ball is in play, stepping on or over the back line when serving and failure to serve the ball over the net. One point will be awarded to the other team for each violation.

Newcomb Volleyball or Nuke 'Em

The game is played with rules similar to the traditional volleyball rules with the following exceptions: Each team can have an unlimited number of players on the court. The ball can be hit/bumped/spiked over the net or caught and thrown back over the net. When serving, the ball is thrown over the net. Players catching the ball can take one step to pass the ball to another player on their team or try to throw the ball over the net to the opponent's side where the opponent tries to hit/bump/spike or catch the ball before it hits the ground on or inside the boundary lines. There are an unlimited number of hits per side before the ball goes over the net. Game is played to 21 points, must win by 2 points.