

**Brunswick School Department
Symphonic Band
Proper Breathing Technique for Wind Players**

Essential Understandings	<ul style="list-style-type: none"> Instrumental music requires basic breathing skills and proper techniques.
Essential Questions	<ul style="list-style-type: none"> What is proper playing posture? What is meant by “diaphragm” breathing? What is proper tone production?
Essential Knowledge	<ul style="list-style-type: none"> Wind tone production begins with good posture. Use of the diaphragm muscle is needed for proper air pressure. Use of firm air pressure is important at all volumes.
Vocabulary	<ul style="list-style-type: none"> <u>Terms</u>: <ul style="list-style-type: none"> posture, tone production, “hissing air”, diaphragm
Essential Skills	<ul style="list-style-type: none"> Demonstrate proper body/instrument position. Maintain even flow at most dynamic levels. Hold long tones with an evenness of tone.
Related Maine Learning Results	<p><u>Music</u></p> <p>A. Disciplinary Literacy</p> <p>A1.Music Difficulty</p> <p>Students perform music that requires well-developed technical skills, attention to phrasing and interpretation, and the ability to perform various meters and rhythms in a variety of keys while modeling proper posture and technique alone or with others.</p> <p>A2.Notation and Terminology</p> <p>Students apply accumulated knowledge of musical notation, symbols, and terminology to perform music with greater complexity and variation including sudden dynamic contrasts.</p> <p>A3.Listening and Describing</p> <p>Students listen to, analyze and evaluate music using their understanding of pitch, rhythm, tempo, dynamics, form, timbre, texture, harmony, style and compound meter.</p> <p>E. Visual and Performing Arts Connection</p> <p>E3.Goal Setting</p> <p>Students make short-term and long-term goals based on rigorous criteria and related to time management, interpersonal interactions, or skill development that will lead to success in the arts.</p>
Sample Lessons And Activities	<ul style="list-style-type: none"> Use videos on “wind tone production” Demonstrate the effects of improper vs. proper breath

Music

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Sample Classroom Assessment Methods	<ul style="list-style-type: none">▪ “Long tone” playing quiz▪ Pitch control using electronic tune for visualization
Sample Resources	<ul style="list-style-type: none">▪ <u>Videos:</u><ul style="list-style-type: none">○ SmartMusic computer system videos