

## Early Childhood - 12th Grade Menu - March 2021 - Decorah Community School District

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
French Toast Sticks Sausage Patty, Fruit, Milk	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk	Grilled Cheese & Egg Sandwich Fruit, Milk
<b>Fish Sticks</b> *Homemade Sliced Bread Tartar Sauce, Mashed Potatoes Steamed Broccoli Frozen Blueberries, Milk	<b>Chicken &amp; Gravy</b> Homemade Dinner Rolls Mashed Potatoes, Butter Corn, Peaches, Milk	<b>Turkey &amp; Cheese Sandwich</b> Homemade Bun *Lettuce, *Tomato, *Onion Carrot Sticks with Ranch Applesauce, Milk	<b>Beef &amp; Cheese Taco</b> Soft Shell Tortilla Mixed Greens, Salsa *Spanish Rice, Refried Beans Pears, Milk	<b>French Toast Sticks &amp; Syrup</b> Scrambled Eggs, Hash Browns Apples, Steamed Broccoli, Milk
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	Breakfast EC-4th: \$1.40 Breakfast 5th-8th: \$1.45 Breakfast 9th-12th: \$1.55 Breakfast Adult: \$2.20 Lunch EC-4th: \$2.55 Lunch 5th-8th: \$2.65 Lunch 9th-12th: \$2.80 Lunch Adult: \$3.85
French Toast Sticks Sausage Patty, Fruit, Milk	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk	
<b>Iowa Breaded Pork Tenderloin</b> Homemade Buns Carrot sticks with Ranch Mixed Fruit, Milk	<b>Hamburger Gravy</b> Homemade Sliced Bread Mashed Potatoes, Corn Butter, Peaches, Milk	<b>BBQ Chicken Sandwiches</b> Cucumber Slices with Ranch Potato Wedges Oranges, Milk	<b>Chicken Fajita</b> *Sauteed Peppers & Onions Mixed Greens, Salsa *Spanish Rice, Refried Beans Pears, Milk	
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
French Toast Sticks  Sausage Patty, Fruit, Milk	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk	Grilled Cheese & Egg Sandwich Fruit, Milk
<b>Chicken Strips</b> Homemade Dinner Roll Mashed Potatoes, Butter Corn, Peaches, Milk	<b>Hamburgers with Cheese</b> Homemade Bun Green Beans, French Fries Mixed Fruit, Milk	 <b>Orange Chicken</b> Brown Rice, Steamed Broccoli Fortune Cookie Frozen Blueberries, Milk	<b>Mini Taco Pizzas</b> Ground Beef, Chips, Cheddar Mixed Greens, Salsa, Baked Beans, Pears, Milk	<b>French Toast Sticks &amp; Syrup</b> Scrambled Eggs, Hash Browns Applesauce, Steamed Broccoli, Milk
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
French Toast Sticks Sausage Patty, Fruit, Milk	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk	Grilled Cheese & Egg Sandwich Fruit, Milk
<b>Spaghetti</b> Ground Beef and Tomato Sauce *Homemade Focaccia Bread Steamed Carrots Applesauce, Milk	<b>Breaded Chicken Leg</b> Homemade Sliced Bread Mashed Potatoes, Butter Corn, Peaches, Milk	<b>Grilled Cheese Sandwich</b> Green Beans, French Fries Mixed Fruit, Milk	<b>Chicken Taco</b> Flour Tortilla, Diced Chicken Cheddar, Mixed Greens, Salsa *Spanish Rice, Refried Beans Pears, Milk	<b>Shrimp Poppers</b> Homemade Sliced Bread Cocktail Sauce, Mashed Potatoes Steamed Broccoli Frozen Blueberries, Milk
<b>29</b>	<b>30</b>	<b>31</b>	<b>Daily Main Dish Alternatives</b> Meatless versions of menued main dishes are available upon request.  <b>Entree Salads</b> Kale Chicken Caesar Johnny Appleseed Fiesta Chicken  Chef Ham <b>Sandwiches &amp; Wraps</b> Turkey & Cheese Ham & Cheese Bologna & Cheese Chicken Salad Egg Salad Sunflower & Veggie	
French Toast Sticks Sausage Patty, Fruit, Milk	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk		
<b>Goulash</b> Homemade Focaccia Bread Steamed Carrots Applesauce, Milk	<b>Hamburgers with Cheese</b> Homemade Bun Green Beans, French Fries Mixed Fruit, Milk	<b>Orange Chicken</b> Brown Rice, Steamed Broccoli Fortune Cookie Strawberries, Milk		

Reimbursable meal consists at least 3: Grain, Meat / MA, Veggie, Fruit or Skim, 1% or Chocolate Milk  
 Lunch (3rd-8th 600-650 calories, 9-12th 750-850). USDA is an equal opportunity provider and employer.