


Early Childhood - 12th Grade Menu - March 2021 - Decorah Community School District

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
French Toast Sticks Sausage Patty, Fruit, Milk	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk	Grilled Cheese & Egg Sandwich Fruit, Milk
Fish Sticks *Homemade Sliced Bread Tartar Sauce, Mashed Potatoes Steamed Broccoli Frozen Blueberries, Milk	Chicken & Gravy Homemade Dinner Rolls Mashed Potatoes, Butter Corn, Peaches, Milk	Turkey & Cheese Sandwich Homemade Bun *Lettuce, *Tomato, *Onion Carrot Sticks with Ranch Applesauce, Milk	Beef & Cheese Taco Soft Shell Tortilla Mixed Greens, Salsa *Spanish Rice, Refried Beans Pears, Milk	French Toast Sticks & Syrup Scrambled Eggs, Hash Browns Apples, Steamed Broccoli, Milk
8	9	10	11	Breakfast EC-4th: \$1.40 Breakfast 5th -8th: \$1.45 Breakfast 9th-12th: \$1.55 Breakfast Adult: \$2.20 Lunch EC-4th: \$2.55 Lunch 5th -8th: \$2.65 Lunch 9th-12th: \$2.80 Lunch Adult: \$3.85
French Toast Sticks Sausage Patty, Fruit, Milk	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk	
Iowa Breaded Pork Tenderloin Homemade Buns Carrot sticks with Ranch Mixed Fruit, Milk	Hamburger Gravy Homemade Sliced Bread Mashed Potatoes, Corn Butter, Peaches, Milk	BBQ Chicken Sandwiches Cucumber Slices with Ranch Potato Wedges Oranges, Milk	Chicken Fajita *Sautéed Peppers & Onions Mixed Greens, Salsa *Spanish Rice, Refried Beans Pears, Milk	
15	16	17	18	19
French Toast Sticks Sausage Patty, Fruit, Milk 	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk	Grilled Cheese & Egg Sandwich Fruit, Milk
Chicken Strips Homemade Dinner Roll Mashed Potatoes, Butter Corn, Peaches, Milk	Hamburgers with Cheese Homemade Bun Green Beans, French Fries Mixed Fruit, Milk	 Orange Chicken Brown Rice, Steamed Broccoli Fortune Cookie Frozen Blueberries, Milk	Mini Taco Pizzas Ground Beef, Chips, Cheddar Mixed Greens, Salsa, Baked Beans, Pears, Milk	French Toast Sticks & Syrup Scrambled Eggs, Hash Browns Applesauce, Steamed Broccoli, Milk
22	23	24	25	26
French Toast Sticks Sausage Patty, Fruit, Milk	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk	Grilled Cheese & Egg Sandwich Fruit, Milk
Spaghetti Ground Beef and Tomato Sauce *Homemade Focaccia Bread Steamed Carrots Applesauce, Milk	Breaded Chicken Leg Homemade Sliced Bread Mashed Potatoes, Butter Corn, Peaches, Milk	Grilled Cheese Sandwich Green Beans, French Fries Mixed Fruit, Milk	Chicken Taco Flour Tortilla, Diced Chicken Cheddar, Mixed Greens, Salsa *Spanish Rice, Refried Beans Pears, Milk	Shrimp Poppers Homemade Sliced Bread Cocktail Sauce, Mashed Potatoes Steamed Broccoli Frozen Blueberries, Milk
29	30	31	Daily Main Dish Alternatives Meatless versions of menued main dishes are available upon request. Entree Salads Kale Chicken Caesar Johnny Appleseed Fiesta Chicken	
French Toast Sticks Sausage Patty, Fruit, Milk	Egg & Cheese Tortilla Wrap Fruit, Milk	2 Pancakes, Syrup Sausage Patty, Fruit, Milk		
Goulash Homemade Focaccia Bread Steamed Carrots Applesauce, Milk	Hamburgers with Cheese Homemade Bun Green Beans, French Fries Mixed Fruit, Milk	Orange Chicken Brown Rice, Steamed Broccoli Fortune Cookie Strawberries, Milk	Chef Ham Sandwiches & Wraps Turkey & Cheese Ham & Cheese Bologna & Cheese Chicken Salad Egg Salad Sunflower & Veggie	

Reimbursable meal consists at least 3: Grain, Meat / MA, Veggie, Fruit or Skim, 1% or Chocolate Milk
 Lunch (3rd-8th 600-650 calories, 9-12th 750-850). USDA is an equal opportunity provider and employer.