

Tenth Street Elementary School- Grade 3

Special Area Lessons for the week of March 30, 2020

Class	Lesson/Activity for the Week
Beginning Orchestra Lesson	<p>Third grade orchestra students will continue string instrument lessons using Zoom meetings. The lessons will take place once a week on <u>Tuesdays from 10:00 to 10:30 PM</u>. The link to join the Zoom lesson will be sent to parents every week via email. If a student was unable to join us for our most recent Zoom lesson (or will miss a future lesson), I will continue to record every lesson and email parents with a link to it. If any student is missing any of the following please email Mr. Libell (jlibell@rsd.k12.pa.us):</p> <ul style="list-style-type: none"> • assigned practice pages from the Essential Elements book • ensemble music • play along links for our ensemble music <p>This week's assignment (from our 2/24/20 Zoom Lesson): Practice Two Terrific Tunes and pg. 18 of Essential Elements Book 1 (learning how to read music notes without letter names).</p>
Library	<p>In our last library class, students had to decipher a secret message. Many enjoyed it so much, they asked to do it again! This week's secret message is the assignment. Students should go to our newly created RSD Literacy website (https://sites.google.com/view/rsdliteracy/home). Once there, hover over the home button, find Grades 3-4, click on the drop-down arrow and click on Library Assignments. There they will find the secret code (hints will be provided the farther they scroll down the webpage). After they decode the message, they will need to go to the Grade 3-4 Read Alouds page and listen to the first two chapters of <i>I Survived the Sinking of the Titanic</i>. The video is embedded on the page, so students will not need to go to YouTube. IF they enjoy the story, they can continue listening to the author read it. In their notebook, they should write the title of the book and give it a star rating (defined on the webpage).</p>
Music	<p>Learning music at home can be a great break from other work. First, start with some movement. Take a minute to dance to a favorite song. If you have internet access, use this link to a Spotify playlist for some movement warm-ups! https://open.spotify.com/playlist/502h4FX9NqsgCtPgLn3YVZ</p> <p>If you find other songs that would work for our class, let me know!</p> <p>New learning: Pick a song from a movie or TV show and identify some of the instruments you hear.</p>

Phys Ed

Physical Education

Lesson Plans for Third & Fourth Grades

****Note to parents/guardians – while I feel that is beneficial to your child’s overall***

health and well-being to be physically active each day, not to mention helpful to their cognitive learning as well, it may not be possible to get out and do some of

these activities every day. You child may only have Phys Ed scheduled once a week,

but please encourage them to do more! At the bottom of this activity guide, I have

listed some resources that you and/or your child may want to take a look at.

Warm-up Activities

Pick **one** of these activities to do at least one day for 20 consecutive minutes:

Walk or jog outside

Jump rope

Ride your bike

Dance to your favorite music

Climb up & down your stairs

Stretch

Do the following stretches after your warm-up activity:

Touch your toes

Squat down then jump up

Twist your body

Make your arms swing in a circle

Cross your arms like scissors

Jumping jacks

Push-ups

Crunches

Fundamental Activities

Pick **one** of these activities to practice for at least 20 minutes a day, at least once this week:

Balancing

- Yoga poses that will help your balance: tree, bridge, warrior, dancer, flamingo
- Challenge yourself by timing how long you can balance yourself on one foot or in different poses

Fitness Stations

	<ul style="list-style-type: none"> Set up a series of stations you can go through for 5 minutes each <p>Examples: Push-ups, crunches, squats, shoulder raises, planks, lunges, shoulder press</p> <p>Sports Skills (get outside for most of these activities)</p> <ul style="list-style-type: none"> Throwing – point, step & throw at your target Throw with a partner, throw at a target Catching – reach & squeeze with your hands Bounce & catch, toss & catch, throw & catch Rolling – step, bend & swing your arm Set up a little bowling challenge game Kicking – step, swing your leg & kick middle of the ball Kick with a partner, kick at a target Striking – swing back, keep your eye on the ball, swing through the ball (you can use a bat or a racquet of any kind) Hit off a tee, hit soft toss, pitch and hit <p><u>Assessment</u> Please note in your journal the activity you chose, the amount of time you participated, how you did during the activity and maybe even a photo of you doing it (email it to me!)</p> <p><u>Additional Resources</u> pecentral.org – challenges tab pegames.org – weekly challenges, warm-ups & fitness circuits tabs physedgames.com – fitness, warm-up and fun tabs peuniverse.com – any of the videos</p>
Art	<p>Art with Mrs. Benard</p> <p>For Grades 2nd & 3rd</p> <p>Use an empty cereal box and any materials that you have to create a project of your choice! Most materials stick best to the less shiny boxes. Feel free to look online for ideas!</p> <p>You can use any materials that you have including glue, paint, markers, cereal, glitter, yarn, beads, pipe cleaners, eyeballs, fabric or any other materials you may have at home!</p>

You will name your project and write a short story about it. The short story should include why to choose to make this particular project and what used to make it. have fun with your story!

You may have family members work with you!

Be sure your name is on.

Completed projects will be due upon return to school.

Bring to art class at your regular scheduled time.

Incomplete projects that are not turned in may result in an "I" for incomplete on your report card.

Have Fun!

Thank you, Mrs. Benard



Guidance

Hello 2nd 3rd Grade Parents and Students,
As always, Guidance is here to support the Tenth Street Families, more so now than ever! I will be updating the School Counseling Webpage to

include support services and Guidance lessons for you to access. You can continue to email or call me as needed.

In the Springtime, we usually begin our Career lessons with the students.

If you have time and would like to use this activity, please know that it is optional.

Watch the videos on I **want to be**:

<https://www.youtube.com/watch?v=LHn887lZAdc>

<https://www.youtube.com/watch?v=OSd2URRIKAQ>

Answer the question:

If I could do anything, I imagine myself in the future being? And why?

Students can discuss this with you, draw a picture, or even dress up and take a picture and send it to me or save for later. Again, this is an optional activity created to increase career awareness and have fun!

Please contact me if you have any questions or concerns, Mrs. Gross.

Rgross@rsd.k2.pa.us

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