

Transitioning to PRESCHOOL

Presented by
The Robbinsville Public Schools'
Preschool Department

Dr. Lori Burns
Ms. Leigh Ann Niers
August 14, 2024

Please be aware that this Parent Academy is recorded.



Meet the Preschool Team

Director of Early Childhood

Lori Burns, Ed.D.

**Preschool Instructional Coach & Preschool Intervention Referral
Specials**

Pond Road Middle School – Leigh Ann Niers, M.S.A.

Sharon Elementary School – Kayla Potena, M.Ed.

Community and Parent Involvement Specialist

Courtney Snead, MEd-EdL

Administrative Assistant to the Director of Early Childhood

Margaret Tonry

Welcome to PRESCHOOL!

1. Getting Into the Routine
2. Fostering Independence
3. Take a Potty Break
4. Every Day Counts
5. Nurse's Notes



Getting into Routines

Home Routines You May Have

Bathtime

Bedtime

Mornings

What do Routines Promote?

Help children feel secure and safe (predicting what's coming)

Help children understand expectations

Help reduce behavioral challenges

Foster responsibility and independence

Sample Preschool Schedule

Interest Areas

Blocks

Dramatic Play

Art

Toys & Games

Discovery

Sand and Water

Library

Writing Area

Arrival

Breakfast/Snack

Morning Meeting

Read Aloud

Gross Motor/Outside

Small Group

Choice Time

Large Group

Lunch

Rest Time

Choice Time

Read Aloud

Closing Meeting

Dismissal

Routines Within Routines

Hand Washing and Bathroom Procedures

Rest Time Procedures

Intentional Transitions

Fostering Independence

Builds self-esteem

Builds self-regulation

Teaches responsibility

Encourages a sense of self-reliance

Encourages a sense of control

Helps to develop self-awareness

Supports positivity toward helping others



Age Appropriate Tasks for Preschoolers

- Set forks/spoons out for each person at a table
- Bring plate and cup to the sink after eating
- Put dirty clothing in a hamper
- Sort/match laundry (like socks)
- Start dressing themselves
 - Pulling up underwear and pants
 - Attempting to put shirt over head
 - Putting on socks and shoes
 - Putting on jacket/coat
- Put away toys
- Put books on a shelf
- Throw away garbage



Taking a Potty Break



Being toilet trained is not required for our preschool program. Many children show signs of readiness for potty training by age 3. Classroom teachers will assist with potty training and communicate with parents/guardians on their progress in school.



Tips for Potty Training

Make Them Comfortable

Familiarize your child with the toilet or potty seat you plan to use. Practice sitting on the potty with clothing on first. Practice flushing the potty so children can get used to the sound.

Schedule Breaks

Have your child sit on the potty first thing in the morning, immediately after naps, and at regular intervals (every hour or two) for a few minutes. Sit with your child to read a book or play with a toy.

Trade in the Diapers

After a few weeks of successful potty training and staying dry during the day, it may be time to put your child in underwear. Celebrate the transition!

Offer Praise

Even if they only sit, offer lots of praise for trying! Potty training should be a positive experience!

Don't Worry If...

Your child isn't staying dry at night. It's normal for that to take longer to master.

You hear from the teacher that there have been accidents at school.

They can be busy playing and forget to use the potty!

You try potty training and it doesn't work.

Sometimes, kids need more time. Take a break and try again in a few months.

Every Day Counts!

Preschool aged children (and children of all ages) thrive on routine and consistency.

Children who regularly attend school, especially in grades preschool through early elementary school, develop stronger academic skills and perform better on assessments as they age.

Plant the Seed That School is Important!

- Always come to school on time
- Avoid taking unnecessary breaks from school. Try to schedule routine doctor appointment and vacations during school breaks or weekends
- If separating from your child at school is difficult, try sending them on the bus whenever possible. This minimizes the association between the school building and separating from the parent

Nurse's Notes

If your child has a fever, is vomiting, or has diarrhea, please contact the school nurse. To give your child time to recuperate and to protect classmates and teachers, the child must be symptom/fever free without the aid of medications for a 24-hour day before returning to school.

An oral temperature of 100.0 with a thermometer is considered a fever

Medication forms are on district website

Call the nurse when absent due to illness, and send a note to school when your child returns.

Pond Road Middle School, Preschool Nurse: *Melissa Young, young.melissa@robbinsville.k12.nj.us*

Sharon Elementary School Nurse: *Joanne Knox, knox.joanne@robbinsville.k12.nj.us*



Please Note

Please note that flu vaccination is required for all preschool students by 12/31/24. If a child does not have a flu vaccine by 12/31/24, the child will be excluded from school after that date until the required vaccine is given.

Need Help?

Community and Parent Involvement Specialist

Courtney Snead: snead.courtney@robbinsville.k12.nj.us

Preschool Instructional Coach & Preschool Intervention Referral Specials

Pond Road Middle School, Leigh Ann Niers: niers.leigh@robbinsville.k12.nj.us

Sharon Elementary School, Kayla Potena: potena.kayla@robbinsville.k12.nj.us

Administrative Assistant to the Director of Early Childhood

Margaret Tonry: tonry.margaret@robbinsville.k12.nj.us

Director of Early Childhood

Dr. Lori Burns: burns.lori@robbinsville.k12.nj.us



Thank You for Joining Us!

Reminders

Sharon Elementary School, Preschool Orientation
September 4, 2024 at 12:00pm

Pond Road Middle School, Preschool Orientation
September 4, 2024 at 2:00pm