

Transition to Adulthood Sessions 2022

CMS Programs for Exceptional Children, in partnership with Mental Health America of Central Carolinas, is excited to provide families an opportunity to hear from representatives of various community partners to assist in planning for adulthood and a successful post secondary transition. Please register for any session you would like to attend, or that you would like us to email you a copy of the recording. We will also post the recording and presentation for each session on our [WEBSITE](#).

Questions? Contact Tracy Hales, Transition Coordinator (tracy.hales@cms.k12.nc.us).

SPANISH FLYER

Date and Times:	Session and Description:
Monday March 14, 6:30PM-8:00PM	<p>Transition Overview:</p> <p>This session is hosted by CMS and will give a brief overview of information and resources essential for successful post secondary planning. This is a kick off to a week of speakers presenting on a variety of transition topics.</p> <p>Margaret Gaffney, A Special Needs Plan will provide a parent's perspective on Transitioning to Adulthood.</p> <p>MHA ParentVOICE Empowerment will provide an opportunity for parents/caregivers to engage with one another and ParentVoice Family Partners to receive information, ask questions and discuss topics related to raising children with behavioral, emotional and/or mental health challenges.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaoaad9SfLYIQvg/viewform</p>
Tuesday March 15, 2:00PM-2:30PM	<p>ILEAD Program:</p> <p>This session will be hosted by Central Piedmont Community College. The program is for students who are in the Extensions Program who would like to continue their learning after high school.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaoaad9SfLYIQvg/viewform</p>
Tuesday March 15,	RCCC SOAR Program:

2:30PM-3:00PM	<p>This session will be hosted by Rowan-Cabarrus Community College. The program is for individuals 18+ (Extensions or OCS) who would like to continue learning in the areas of academics, social, vocational and life skills.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Tuesday March 15, 3:00PM-3:30PM</p>	<p>More Cheddar is Better, Youth Employment Programs:</p> <p>This session will be hosted by DSS and will cover DSS services that will stretch the budget like Food and Nutrition Services, Medicaid, and Work First, as well as their two Employment Programs and how they can be of assistance. They help pay for trainings and supportive services like transportation, child care, uniforms, tools, etc., and connect people to all sorts of resources.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Tuesday March 15, 3:30PM-4:00PM</p>	<p>NC's Health Insurance (Medicaid/Health Choice) Programs:</p> <p>This session gives basic eligibility and benefit information on North Carolina's Health Insurance Programs and information on Medicaid Transformation.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Wednesday March 16, 1:00PM-1:30PM</p>	<p>Rise 2 Work:</p> <p>This session will be hosted by CPCC which offers low income degree or continuing education seeking individuals (receiving EBT/SNAP/Food Stamps) with education and training opportunities.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Wednesday March 16, 1:30PM-2:00PM</p>	<p>Creating Real Transition IEPs:</p> <p>This session will be hosted by ECAC and will discuss how to make the Transition Plan of the IEP meaningful and useful.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>

<p>Wednesday March 16, 2:00PM-2:30PM</p>	<p>FUN! FUN! FUN!: This session will be hosted by Mecklenburg County Parks and Recreation. This is for those who need therapeutic recreation and/or opportunities for socialization now and after high school. Join us to learn about the fun of Parks and Recreation.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Wednesday March 16, 6:00PM-6:30PM</p>	<p>What's Next, Special Needs Planning: Information and resources to support planning for future care and financial well being for individuals with disabilities. Included will be an overview of the NC ABLE Account which helps to save for qualified disability expenses without the risk of losing benefits.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Wednesday March 16, 6:30PM-7:00PM</p>	<p>Help Line for Children and Youth with Special Health Care Needs: This session provides information for children's health insurance, community supports, financial resources, and services available under government programs.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Wednesday March 16, 7:00PM-7:30PM</p>	<p>The "Bridge" from High School to Adulthood and TEACCH Services: This session is for students with Autism on the standard course of study (FRC diploma) hosted by UNC TEACCH, who will discuss their services and programs that support individuals with autism successfully transition from high school to adulthood. They will give an overview of the TSTEP support program at CPCC.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Wednesday March 16, 7:30PM-8:00PM</p>	<p>Youth Transition Services and Travel Training: This session will be hosted by Disability Rights and Resources. Their <i>Powerful Youth with Disabilities</i> program is committed to the success of youth and assisting them to move on to the next phase of their lives. <i>Let's All Go</i> Travel training will provide guidance to understand and navigate the transportation system.</p>

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<p>Thursday March 17, 2:00PM-2:30PM</p>	<p>Guardianship and Alternatives: This session is for parents with children approaching 17 ½ who feel their child will be unable to make sound decisions regarding healthcare, finances, education, and other legal matters. We will discuss guardianship facts, alternatives such as Power of Attorney and supported decision making.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Thursday March 17, 2:30PM-3:00PM</p>	<p>Working and Your Supplemental Security Income (SSI) Benefits: This session will be hosted by NCDHHS. This session is open to Social Security beneficiaries 16-22yrs, representative payees and legal guardians who need to gain a better understanding of Social Security work incentives and how earnings will affect benefits.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>
<p>Thursday March 17, 3:00PM-3:30PM</p>	<p>Navigating Service Providers: Innovations Waiver and B3 Services: This session will be hosted by Alliance Healthcare. It is for those with an Intellectual Disability and/or Mental Health diagnosis who need current and long term supports so they may fully engage in their home and community.</p> <p><i>Register for this session at the link below to receive the meeting link:</i> https://docs.google.com/forms/d/e/1FAIpQLSes-L6rF9IGtNMq9xL_IJpsrIncwCnUzzrOaaaad9SfLYIQvg/viewform</p>

Want additional information on Transitioning to Adulthood?

Check out our [Transition Resources and Support Guide/](#) [Transition Resources and Support Guide-Spanish!](#)