

2018 SKY VIEW TRACK AND FIELD ATHLETE EXPECTATIONS

PHILOSOPHY:

Our philosophy is to create and implement a positive athletic track and field program whereby the student athletes will learn a variety of skills specific to track and field, improve upon those skills already known, while at the same time developing healthy, enjoyable habits for lifetime of physical fitness, good health, and enjoyment.

ATHLETE ELIGIBILITY:

- **PHYSICALS** - All 6th, 7th, and 8th grade girls and boys are eligible if they have a medical physical signed by their physician on file in our Athletic Department. 6th graders will need an updated physical. All 7th graders will need an updated physical, even if they had one in 6th grade. 8th graders are required to have an updated physical only if their physical was obtained in 6th grade.
- **PAY-TO-PLAY** – Pay-to-play fee is due by Friday, April 6th. Please talk with our Athletic Secretary Kristi Thompson if you need other arrangements.
- **FAMILY ID** – Bend-LaPine School District uses FamilyID for our online sport registrations.
- Athletes will not be allowed to participate in practices until **ALL** of the above requirements are complete.

ATHLETE PARTICIPATION REQUIREMENTS:

Several areas will be taken into consideration when determining an athlete's eligibility to participate each week at our track meet:

- **Attendance and Being on Time.**
 - If an athlete is going to miss practice, a note is required to excuse the absence. Practice starts daily at 2:55 sharp!!! If tardy to practice, a note is required.
- **Effort and Attitude in school, practice, & meets.**
 - ***Good Sportsmanship*** – Respecting your teammates, coaches, and equipment is required at all time. Be supportive of your peers and be a great example of a Sky View Falcon. Be safe and make good choices in practice and at school.
 - ***Academics*** - Athletes are required to have all passing grades or they will be placed on academic probation. See attached sheet for how the academic accountable will work.
 - ***Behavior.*** Poor behavior is not allowed! Athletes will get a warning for unacceptable behavior. If the behavior continues the athlete will not be allowed to participate in the upcoming meet. Parents & School Administration will be contacted.

SEASON AND PRACTICES:

- Practices will be Monday through Friday from 2:55-4:35. There will be 2 practices on a Wednesday (April 4th & 11th from 1-2:45. After those 2 Wednesday's, we will not have any more Wednesday practices.
- Athletes will be available for pickup at 4:45 MTRF. ***Please be on time to pick up your child!!! Coaches will be supervising athletes until 5:05 MTRF.***
- Season meets are held on Tuesday or Thursday, beginning with field events at 3:30 and running events at 4pm. Most meets are over before 7pm.
- **The 2018 season will end on Wednesday, May 16th. Schedule is below.**

BUSES AND PARENTAL TRANSPORTATION:

- Bus transportation is provided to all meets. We will take roll before athletes get on the bus. **There will be no bus transportation back to Sky View for in-town season meets.**
- Parents are asked to be at the meet by 6pm to transport their child home. Athletes may leave once their events are over. If an athlete plans leave early, please check out with Coach Jones or Coach Conant.

UNIFORMS:

- Sky View provides jersey tops and shorts. Athletes also have the option to wear their own black shorts. Athletes are required to turn in the same uniform that was issued to them at the beginning of the year. If the athlete fails to do so, they will be charged a fine to replace the lost uniform.
- **Full uniform dress is required to compete in every track meet.**
- No jewelry is allowed during track meets.
- During practice time, athletic shorts or sweats and appropriate shirts may be worn. Spaghetti straps or shorts with zipper bottoms and pockets are not allowed. Inappropriate clothing will result in an unexcused absence and the athlete will be sent home. Appropriate running shoes are required and must be laced tightly.

EXPECTATIONS DURING TRACK MEETS:

- We will have a designated "home base." All athletes will drop their bags in this area. This is also where Sky View will hang out during the meet when they are not competing.
- The host team will call out and announce the order of events. For example: "100meter girls' first call," etc. Each athlete is expected to listen closely and will be responsible for getting back and forth from field events to running event.
- All athletes are expected to warm-up on their own at the meet. Coaches will talk with each athlete regarding warm-up times and what to do to make sure their body is ready to compete.

VOLUNTEERS:

- We are very grateful for any parents or family members who would like to volunteer at practices or meets. With 165 or more athletes the more eyes we have the better. We want to make Sky View Track and Field a safe and fun place to be for our student-athletes. Please contact Coach Jones by email (matt.jones@bend.k12.or.us) if you would like to volunteer.

COACHING STAFF:

- Matt Jones – Head Boys Coach, Long Jump,
- Joyce Conant – Head Girls Coach, Distance, Long Relays
- Heidi Price – Sprints, High Jump, Short Relays
- Todd Andresen – Discus
- Jeff Young – Shot Put
- Brady Brent – High Jump
- Michael Sanders – Long Jump, Throws
- Jeff Adkins – Hurdles

No Scheduled Parent Meeting This Year!

- Instead of a set parent meeting, coaches will be available at 4:45 every day after practice to answer questions you might have.
- Coach Jones & Coach Conant can also be reached during the school day. Matt Jones (541-355-7648) or matt.jones@bend.k12.or.us & Joyce Conant (541-355-7649) or joyce.conant@bend.k12.or.us.

***We are practicing the 1ST two Wednesday's – April 4th & April 11th from 1-2:45.**

- After the 4/11 practice, we will no longer have practices on Wednesday's.

***PICTURE DAY – Wednesday, April 11th @ 1:15pm.**

- Uniforms will be passed out during PE/Health class.

Few questions that coaches are asked...

Does my child get to choose their events for the track meets - Yes, and a little No.

- Each athlete will sign-up for a meet on at the beginning of practice on the schedule day. They can sign-up for 4 events. The coaching staff is limited on the number of athletes they can sign up in the 100m, 200m, hurdles, 400m, and Relays. The coaching staff will do the best they can to get all athletes involved. For example, last year we had 42 7th grade girls sign up for 100m and the coaching staff can only take 8. We can have unlimited numbers in the long jump, shot put, discus, 1500m, and 800m. The high jump and the pole vault have an opening height qualification that all athletes have to clear during practice time. If the athlete makes the qualifying height in practice then they can compete in the meet.

How does choosing relay's work?

- The coaching staff will choose the relay teams for the first meet. After the first meet, the coaching staff will go by times posted in meets and challenges that happen during practice time.

How does my child qualify for districts?

- The district team consists of the top 3 athletes that posted the fastest times, jumps, or throws in a regular season meet. The only change is that the 6th graders will compete as 7th graders in the district meet. That means a 6th grade athlete would need to post a faster time, jump, or throw than all the 6th graders and 7th graders so they can compete in the district track meet.

What is Athletic.Net?

- We will post all season meet results on ***Athletic.Net***. It is a great resource to find out how your child is doing compared to the rest of the Sky View team & the entire Central Oregon district.



2018 Sky View Track Schedule

Coaching Staff: Matt Jones, Joyce Conant, Heidi Price,
Todd Andresen, Brady Brent, Jeff Young

<u>Game Date</u>	<u>Host</u>	<u>Schools Attending</u>	<u>Release Time</u>
Wed. 4/18/18	Elton Gregory @ Redmond HS	Sky View, Terrebonne	1:55 (Bus Leaves @ 2:05) Field @ 3pm Running @ 4pm
Thurs. 4/26/18	Sky View @MVHS	Cascade, High Desert	1:40 (Bus Leaves @ 2:05)
Thurs. 5/3/18	Pacific Crest	Sky View, Warm Springs St. Francis	1:40 (Bus Leaves @ 2:05)
Tues. 5/8/18	Sky View @ MVHS	Pilot Butte, St. Francis	1:55 (Bus Leaves @ 2:15)
Wed. 5/16/18	Districts	Summit High School Hosted by Pilot Butte MS	2pm – Field Events 4pm – Running Events

Season Meet Schedule

FIELD EVENTS start at 3:30pm

RUNNING EVENTS start at 4pm

There **will** be a bus back to SV from the Elton Gregory (Redmond HS) meet

There **will not** be a bus back to SV from our final 3 away meets...

(2 @ MVHS, Pacific Crest)

Pick-Up time is no later than 6:30pm

District Meet Qualifying

Top 3 Boys/Girls in 8th grade in each event.

Top 3 Boys & Girls in 6th/7th grade in each event.

*6th grade compete as 7th graders in the district meet.

2018 Sky View Middle School Athletic Academic Accountability Policy

PLEASE RETURN TO COACHES BY FRIDAY, APRIL 13TH

Sky View Middle School and the Bend-LaPine School District believes that student-athletes should be passing all classes for them to be able to compete in each week's game, meet, or match. Our goal is to help prepare our student-athletes to be more successful in the classroom and to be ready for the high school academic accountability policy. Please read the following description with your son or daughter so we are all on the same page when the season begins about our academic policy.

1. At the beginning of each season, the Athletic Director will print a copy of all student athletes that currently have an 'F'. The athletic director will share this information with the coaches and the student athlete so they are aware of the possible consequences that will take place during week #2 of the season. ****All athletes will compete in the first week's contest even if they have an 'F'.***
2. During the week #2, The Athletic Director will print a copy of all student athletes that currently have an 'F'. Those student athletes that have an 'F' will not be allowed to attend that week's contest. ****They will not be allowed on the bus if the contest is away from Sky View.***
3. This process will continue each week until the season is over. We recommend that students and parents update themselves daily with StudentVue and ParentVue so there are no surprises come grade check time.
4. Students who are not eligible for the next contest; are still required to attend all practices. An exception may be made for students who need to attend after school tutoring sessions in order to improve their grades. Arrangements ahead of time need to be made with the coaching staff to attend after school tutoring sessions.

**I HAVE READ THE ABOVE ACCOUNTABILITY STATEMENT. I
UNDERSTAND THAT ATHLETES NEED TO BE PASSING ALL CLASSES IN
ORDER TO PARTICIPATE IN EACH WEEK'S ATHLETIC CONTESTS.**

STUDENT NAME: _____

STUDENT SIGNATURE: _____

PARENT SIGNATURE: _____