

Track and Field Assignment

Directions: Click on the track image below, to watch an introductory video on Track and Field Events. After watching the video, utilize the hyperlinks provided as well as your own personal knowledge to answer the following questions. Be sure to put ***responses in your own words or cite the sources*** in MLA format for credit.

↓ **Click on the Image to Watch Video** ↓



- Use the following website ([Track and Field](#)) to organize **ALL 24 Olympic Events** into “throwing”, “running”, and “jumping” groups.

Throwing	Running	Jumping

- Use the same website provided above - Where and when will Track and Field Olympic athletes get to perform, since the Summer 2020 Olympics were postponed?

- Of the 24 Olympic Track and Field Events,
 - Which event would you most likely try and why?

- Which event would you least want to try and why?

4. Match the Track and Field “Athlete” to their “Event”. Utilize reliable resources to find the correct answers, feel free to also explore the USA Track and Field Website ([USATF](https://www.usatf.org/)) to discover some of these athletes and more. **Some answer may be used more than once, be sure that you fully explore the athlete’s history of participation before selecting an answer***

- | | |
|-------------------------|-------------------------|
| A. ____ Usain Bolt | 1. Sprint |
| B. ____ Michelle Carter | 2. Shot Put |
| C. ____ Allyson Felix | 3. Javelin |
| D. ____ Carl Lewis | 4. Sprint/Long Jump |
| E. ____ Allie Ostrander | 5. Long Distance Run |
| F. ____ Jesse Owens | 6. Pentathlon/Decathlon |
| G. ____ Jim Thorpe | |
| H. ____ Kara Winger | |

5. Choose one of the athletes from above, learn about that athlete and provide 5 facts about their Track and Field participation and 3 facts about their personal life, aside from track and field.

6. [Trivia](#) - “In track events, an athlete is deemed to have finished when which part of their body has reached the finish line?”

7. Which Track and Field Events would be considered “lifetime physical activities” and why?

8. Source Citations - MLA Format