

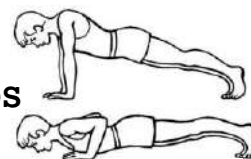
# TOUCH 10



Walk to Touch 10 spots **THEN** do 10 Jumping Jacks



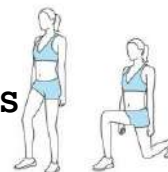
Skip to Touch 9 spots **THEN** do 9 Push Ups



Gallop to Touch 8 spots **THEN** do 8 Line Jumps



Side Slide to Touch 7 spots **THEN** do 7 Lunges



Jog to Touch 6 spots **THEN** do 6 Body Weight Squats



Leap to Touch 5 spots **THEN** do 5 Tuck Jumps



Jump to Touch 4 spots **THEN** do 4 Mountain Climbers



Power Walk to Touch 3 spots **THEN** do 3 Calf Raises



Hop to Touch 2 spots **THEN** do 2 Arm Circles



Run to Touch 1 spot **THEN** do 1 *Victory Lap*

