



Summer 2017 Tornado Times

Mount Carmel Area High School Student Publication

Got news? Email us at: TornadoTimes@mca.k12.pa.us

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Summer

Summer gives us three whole months of time to generally do whatever we please. Some may plan vacations while others may stay at home. More often than not, people overstress

the way they spend their time. There's no need to do this. Relax; it is summer vacation after all.



Take the time to plan out events you'd like to go to, but also take time to unwind. After summer parties and festivals, be sure to take it easy. It's the time of year to do all those things you were too busy to do during school. Finish that novel, perfect that recipe, or record that song. No matter what you do, it's important even if it is just relaxing under the sun or the cool indoors. This is your time and you can do with it as you please. With a balance of activity and relaxation you can maximize your summer time. Just remember; don't stress it. Go with the flow of the summer vibes.

~Zach Hunter '18

Helping the Community

Summer days can be very long and hot, especially if you're sitting at home with nothing to do. Here are some examples of ways to kick boredom, as well as help your community during the summer. If you have elderly neighbors, it can sometimes be too strenuous for them to get outside in the heat and cut their grass. Mowing for them is something nice to do, and it gets you outside too. Flowers are a great way to brighten up any area, so planting them is a great idea to bring some color to someone's day. If you live in Mount Carmel, the Public Library is looking for volunteers to help keep their new Reading Garden looking up to par. Even if you can't help with that, drop off some garden tools that you don't use, because the Library is also looking for those. Picking up trash around your town is a good way to clean up your community and save our planet too. Even if you have to work during the summer, there are ways to get out and help your community to make your town a better place for everyone that lives there!

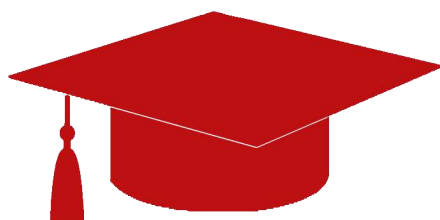


~Alexa Collins '18

Tip for Upcoming Seniors...As Told by a Graduating Senior:

As the days of being a student of the Mount Carmel Area Jr/Sr High School are coming to an end, I look back on my days throughout my high school career and reflect on what advice I could give to all of the upcoming seniors. First thing is first, treasure every moment you have during your senior year. The light at the end of the tunnel for your high school career is coming closer and faster than you know it. Take the time to appreciate the little things. One of those "little things" is seeing all of your friends almost every day, at the same place, around the same time. In a few short months, you all will be going separate ways and graduation may be the last time you see your class as a whole. Another piece of advice I have is create memories. You want to remember your high school days as one of the best times in your life. Now is the time to do crazy, adventurous things with your friends while you have the chance. Your days are limited here at Mount Carmel. Make the most of it with the time you have.

~Sara Parker '17



End of the Year Events



Promenade
Fri. June 2
6:00 p.m.
High School
Auditorium



Graduation
Sunday June 4
2:00 p.m.
High School Gym

A Night in the Big Apple: Prom 2017

Bright lights, a big city, where you could see a Broadway show or even the Statue of Liberty. Set in New York City, the Mount Carmel Area Prom takes place on Friday, June 2. The prom will have many different entertaining aspects such as a photo booth, a “candy bar” and great music! The annual promenade will start at 6 p.m. with prom following immediately at 7 p.m. Between all the dancing and fun, dinner will be served at 8 p.m. and crowning of the Prom King and Queen will take place at 10:15 p.m. Be sure to come out on June 2, and have some fun in the greatest city in the world! ~Katie Flynn '19



Join the Big Red Marching Band!!

During football season, there is music and hundreds of people. At home games, the MCA Big Red Marching Band marches down Third Street to the Silver Bowl playing “Go Big Red” and “Notre Dame”. At pre-game or halftime the band gets ready to perform their show to hundreds of fans. What if there wasn't a band to play at pep rallies, games, or in the parade? The Band needs your help recruiting new members for the 2017 - 2018 school year. With about 24 senior members graduating this year, the band is growing smaller. Band is an amazing group to be involved in, from the band trips to marching on the field at football games. Even though the football season doesn't start until September, the band holds band camp for three days at the beginning of June and a week at the end of July. There are a variety of instruments to play, such as trumpet, trombone, flute, clarinet and saxophone. In each section of instruments, support is always offered to struggling beginners, so don't be afraid to ask for help. Lessons are provided for beginning musicians. If you don't think playing an instrument is for you, then color guard is a great



choice. Color guard is an amazing part of the band, and without a color

guard, there is no band front. The colorful flags and spinning rifles of color guard is a great opportunity. Band is a lot of work, but when you are doing what you love with your friends, it's all worth it. If you are interested in joining the Big Red Marching Band, we encourage you to talk with Band Director, Mr. Bernard Stellar in the District Office at (570) 339-3139 or the Color guard Instructor, Mrs. Jennifer Haas at (570) 933-4008.. ~Lily Britt '20



Around the School

Spring High School Fun Fair April 13, 2017



The 2nd annual Spring Fun Fair sponsored by Student Council was held in April to reward and pump up students to do well on the PSSA's and Keystone testing. The Fun Fair had many different clubs hosting tables such as the Spanish Club selling nachos, Reading Club selling baked goods, Tech Ed selling potato cakes, FBLA selling popcorn, and many more.



Three lucky students got to pie a teacher in the face. Winners were Amar Kanafani who pied Mr. Niglio, next was Sarah Cooper who pied Mrs. Rumbel, and finally Jeremiah Smith pied Mr. Lombardo. Also the School



Wide Positive Behavior Team had an Easter themed pick an egg game to win prizes. Throughout the day students alternated between the Fun Fair activities, a kickball games and the movie *The Secret Life of Pets*. ~Tyler Krah '18

PSSA & Keystone Door Decorating Contest



Student Council hosted a PSSA and Keystone door decorating contest. Seventh grade winners were 1st place: Miss Harner's "Shoot for Success" basketball door and 2nd place: Mrs. Giles and Mr. Rompolski's "To Proficiency and Beyond" Toy Story doors. Eighth grade, 1st place: Mrs. Haden and Mr. Lombardo's SpongeBob and Patrick doors. Ninth grade, 1st place: Miss. Werley with a Dr. Seuss door, and tied for 2nd was Mrs. Betsock with a flower-themed door and Ms. Michaels with an owl door.

~Katie Flynn '19



Art & Tech Ed Show - Wednesday, May 10, 2017

Category	First	Second	Third	Honorable Mention
Painting, acrylic	Kasey Rompallo	Beth Wesloskie	Brianna Madison	Manus McCracken
Graphic design	Manus McCracken	Lauren Shirmer	Nicole Hough	Tommy Cichon
Water color	Manus McCracken	Maura Olley	Ryan Green	Katie Flynn
Drawing pen and ink	Rosolino Mangiapane	Kasey Rompallo	Sophia Sargunam	Makenna Lengle
Charcoal & Pastels	Rosolino Mangiapane	Manus McCracken	Rosolino Mangiapane	Alexa Ericson
Ceramics- sculptural	Rosolino Mangiapane	Maura Olley	Kimberly Schmidt	Zoey Rompallo
Ceramics- dishware	Maura Olley	Rosolino Mangiapane	Nicole Hough	Makenna Lengle
Arts and Crafts	Brianna Madison	Emilee Barnhardt	Alexa Ericson	Emilee Barnhardt
Fibers- Scarves	Brooke Andruscavage	Emilee Barnhardt	Alexa Ericson	Brooke Andruscavage
Fibers- Shirts	Maddie Lyash	Brooke Andruscavage	Christina Kleman	Christine McGovern
Fibers (baskets)	Grace Menko	Maddie Lyash	Alexa Ericson	Kimberly Schmidt
Mixed Media/ Book Binding	Grace Menko	Alexa Ericson	Tyler Barnhardt	Alexa Ericson
Clocks and masks	Maura Olley	Jade Witmer	Julieann Dunn	Mackenzie Pyle
Plaster sculptures	Rosolino Mangiapane	Zoey Rompallo	Dante Sabolchick	Christina Kleman
Glass	Nicole Hough	Alexa Ericson	Tommy Cichon	Emilee Barnhardt
Wood burning	Rosolino Mangiapane	Allora Koch	Allora Koch	Kasey Rompallo
Jewelry & pendants	Emily Wills	Skye Witmer	Emily Wills	Maddie Lyash
Origami, cardboard sculptures/ paper cubes	Kimberly Schmidt	Maggie McCracken	Molly McCracken	Adam Weissinger
Photography	Erin Bossler	Doherty Fesniak	Jade Witmer	Doherty Fesniak



Best Of Show - Rosolino Mangiapane



Congratulations!

Rotary Student of the Month:

Mar - Maura Fiamoncini

Apr - Nicole Hooper

May - Haley Weidner

Elks Students of the Month:

Mar - Marissa Kleman

Apr - Kevin Stancavage

May - Aleah Alderson

Jr. Student:

Mar - Nicole Varano

Apr - Ben McFadden

May - Mia Kaminsky

Teen:

Mar - Andrew Rooney

Apr - Colin Herb

May - Nicholas Troutman

Jr. Teen:

Mar - Judy Kanafani

Apr - Molly Petrucci

May - Ammar Kanafani

HS Merit Award:

Mar - Kasey Rompallo

Apr - Maci Mazzatesta

Junior High Pride

Mar 7th - Devin O'Hearn

8th - Michael Balichik

Apr 7th - Azure Bosland

8th - DaniRae Renno

Student Council Awards

Mar - Connor Krakowski

Wesley Shurock

Teacher: Mr. Joe Varano

April- Ryan Baranoski

Allyn Reigle

Teacher: Mr. Keith Fourspring

SAT's 1300 Club Members

Aleah Alderson

Brendan Boris

Matthew Cimino

Manus McCracken

Elks Students of the Year:

Student— Carl Darrup

Jr. Student—Nicole Varano

Teenager— Tyler Barnhardt

Jr. Teen—Judy Kanafani

Hoops for Heart Winners



(L-R) Dylan Pupo, Michael Balichik, Tom Reisinger

Catholic Daughters Essay Contest



Kathryn Schauer, Coordinator; 1st Sara Parker, 2nd Marissa Kleman, Mary Snyder, Mary Catherine Wydra, Catholic Daughters Representatives; Missing 3rd place Sierra Gratti



Envirothon State Qualifiers

Tyler Barnhardt, Mackenzie Pyle, Olivia Rusk, Ryan Green, Erin Bossler, and Jennifer Biddinger, Adviser



PMEA District 8 Jazz Scholarship Recipient Noah Adams

Computer Fair

Middle School:

Graphic Design

DaniRae Renno,

Kiara Blocker

Regional: 1st place

State: 2nd place



High School: Regional

1st place Graphic Design

Danielle Hooper, Hailey Swaldi

3rd place Graphic Design

Sara Davit, Kourtney Honicker

VFW Patriotic Art Contest



VFW Ladies Auxiliary Vice-president and Patriotic Art Contest Chairman, Barbara Stief; 1st Rosolino Mangiapani; 2nd Jacob Weissinger; 3rd Coby Mickel.

Jr High Envirothon

3rd place Regionals: Damon Dowkus, Reed Witkoski, Connor Krakowski



Senior, Aleah Alderson wrote an essay nominating English teacher, Mrs. Shanna Haden, for WVIA teacher of the year in our region. Aleah won \$500 for her winning essay. The essay and a video spotlight of both is featured on WVIA.org.

Congratulations



Around the School

The Mount Carmel Area Education Foundation

At Mount Carmel Area, academics, athletics, and the arts are frequently affected from the decline in state and federal funds. However, the Mount Carmel Area Education Foundation was founded to benefit our school. The Mount Carmel Area Education Foundation is a non-profit organization, and all proceeds directly support the area in which the donation has been signified to aid. Thanks to the generous donations made to the foundation, MCA purchased several Chrome book carts for high school classrooms, a new sound system for the Big Red Band, a golf cart for use at the Silver Bowl and more. Funds are currently being accepted for ongoing and upcoming projects, including the restoration of the planetarium, purchasing more Chromebooks for the high school, and a new addition to the education foundation – scholarships. This year, three \$250 scholarships will be awarded to three deserving seniors that actively participated in either academics, athletics, or the arts. If you would like to support the school district in any of these areas, go to the Mount Carmel Area Education Foundation website at:

<http://www.mca.k12.pa.us/wp/mca-education-foundation/> to donate.

~Mackenzie Witt '18



Save the MCA Planetarium!

A planetarium is a building where images of stars, planets, and constellations are projected on the inner surface of a dome for public entertainment or education. MCA has a lot of exciting things for students and one of those is our very own planetarium! Although it has been out of use for many years, it was first built in 1977 when the school was built and some teachers and administrators here at MCA are working toward rebuilding it. Mr. Dave McFee and Mr. Jesse Wagner are fixing the planetarium for students to use in Wagner's Earth and Space classes as well as his 8th grade science classes for a more hands on learning experience. A long range goal is to open the planetarium to the public for shows and events. Mr. Wagner said, "It's a work in progress and it's a lot to do but once it's done it'll be an amazing thing for this school." Mr. McFee has been working on the electronics aspect of the planetarium and there's a lot of work that needs to be done as well. There's a lot of missing parts that if they don't find, they'll need to order, which is where the public's help is needed. They're looking for donations for this great cause that could possibly help your child learn! You can donate through the Mount Carmel Area Education Foundation. For more information or to donate, go to www.mca.k12.pa.us and click on the link under the Contribute drop down bar. Remember to specify the cause for which you are donating. Help your fellow students and your children reach for the stars and donate to repair the school's planetarium! ~Alexa Collins '18



Chromebooks for All!

With new advancements in computers surfacing every day, computers are becoming an important resource to use in day to day life. Many schools use technology to their advantage to stay up to date with new information and get their students ready to be a part of the digital age. Recently, several elementary school teachers raised over \$23,000 through the Donor's Choice website and received

Chrome books to use in their classrooms. While many teachers reached their goal and received their chrome books, some teachers are still in the fundraising process. If you would like to help out some our teachers go to www.donorschoice.org, enter Mount Carmel Area's zip code, 17851, and choose which project you would like to support, or go to the Mount Carmel Area website and donate through the MCA Education Foundation. Help get our schools up to date and consider donating to this project. ~Sarah Cooper '18



SPRING SPORTS

Track and Field The Track and Field Team had a very successful season as the Girls would end up winning the PHAC championship and the boys would finish 4-2. The girls not only won the PHAC championship, but made history as three school records would be broken: Maci Mazzatesta in the 1600 meter run with a time of 5:11.81, Nicole Varano in the 100 meter hurdles with a time of 15.62, and Maura Fiamoncini with a throw of 160 feet in the javelin. All three girls qualified for the state championship meet along with the boys 3200 meter relay consisting of juniors Tyler Adams and Anthony Moser, along with seniors Kevin Stancavage and Patrick Rooney. At the state meet, Fiamoncini would defend her state title while the 4x8 made finals placing 9th and Varano made semi-finals. To wrap up the weekend the track team added a new member as coach catton welcomed his daughter, Pearl, into the world. Congratulations!

The coaches for this year include: girls head coach Anna Ditchey, boys head Coach Chris Catton, sprint Coach Cassandra Niglio, pole vault Coach Rob Varano, jumping Coaches Jeff Sluck and Dannielle Bernini, and throwing Coach Brian Carnuccio. Anna Ditchey also received the honor of being named Division III PHAC coach of the year. Next season is looking to be just as successful and a big year as many underclassmen will be stepping up and looking to break even more records.

—Nick Troutman '20



Varsity Baseball Wrap Up The Mount Carmel Area Varsity baseball's season has come to a close, ending 10-9 on the regular season. The varsity team qualified for playoffs and hoped to make a run in a district championship with a strong team this season. Having a back and forth year, the team and Head Coach Duane Winnie kept good composure to pull through advancing to the post season. Senior Austin Reed led the team as a captain this year, and they had a strong bull pen of Thomas Schultz who according to Max Preps leads the Heartland III conference with 51 strikeouts. Other ace pitchers include Tommy McDonald and John Ayres who bring the heat as soon as they step on the mound. Relieving pitchers stepped up as well, including Freshman



Tommy Reisinger, Blair Wagner, and Reed. Due to the new PIAA rule allowing only 100 pitches by a pitcher per game, a larger bull pen for the team was needed. Players had to step up throwing remarkable games and did so proving they could deliver. The Red Tornadoes played at Loyalsock against the Lancers in the first round of district playoffs, however lost 4-0 putting their season to a close. We wish the team luck next year. With many returning players the season looks good!

—Nick Diminick 19'

Girls' Softball Returns in 2018 season

In past years, Mount Carmel Area softball players joined with Our Lady of Lourdes in some sports including softball. But after a tough year in 2016, the Lourdes team could not put together enough girls to have a varsity team. Fortunately the junior high softball team of Mount Carmel and Lourdes had enough players for a season. Made up of predominantly MCA junior high players, the future looks bright for the team. The girls had a great year ending with a record of 9-6. The most successful in years. Varsity Head Coach Clay Funk feels next year will have enough girls to support a varsity team, and he has plenty of confidence in the young team he will be coaching next spring. Kudos to our junior high girls wearing the Lourdes jersey. —Nick Diminick 19'



Around the School

2017 ThinkBIG Student Leaders Dance Marathon: Saturday, November 4, 2017 BE THERE!



1st Row (L-R) Bailey Little, McKenna Fletcher, Angel Barwicki, Josilyn Adams, Nicole Varano, Myia Miriello, Mia Kaminsky, Kourtney Honicker, Hannah Nolter

2nd Row (L-R) Sarah Cooper, Peyton Galitski, McKayla Purcell, Chloe Smith, Maci Mazzatesta, Ireland Reed, Allison Shurock, Halie Kimsal, Camlin Bogutskie, Emilee Wasilewski

3rd Row (L-R) CJ Chapman, Michael Scicchitano, Tyler Krah, Tommy McDonald, Ben McFadden, John Ayres, Walter Kalinoski, Anthony Moser, Elijah Watkins

Refreshing Refreshments

Raspberry Lemonade Spritzers



Ingredients:

- 6oz San Pellegrino Limonata
- 1 Tbsp. raspberry jam
- Juice of 1/2 a lemon
- Fresh raspberries for muddling & garnish
- Lemon slices for garnish
- Mint

Instructions:

In a glass muddle 4 raspberries. Stir in 1 Tbsp. raspberry jam and top with a splash of Limonata. Stir to combine. Fill glass with ice. Top with Limonata and fresh lemon juice. Garnish with more berries, lemon slices and mint.



Strawberry-Lemon Punch

Ingredients:

- 1 can frozen pink lemonade concentrate
- 1 pt. ripe strawberries
- 6½ c. cold water
- 1 qt. ginger ale
- whole strawberries



Instructions:

Process lemonade concentrate, hulled strawberries and 1 cup of the water in blender or food processor until berries are liquefied. Pour lemonade mixture into punch bowl. Stir in remaining 5 1/4 cups cold water. Gradually stir in ginger ale. Serve over ice. Garnish with berries.

Summer Fun Check List:

- ☐ Sleep Under The Stars
- ☐ Have A Campfire
- ☐ Go Night Swimming
- ☐ Go For A Hike
- ☐ A Movie At The Drive In
- ☐ Take A Nap
- ☐ Read A Good Book
- ☐ Knoebels
- ☐ Grow a garden!
- ☐ Ice Cream at Pepes!

Ridin' and Rippin' With school coming to an end, there are many different things to do in the summer with all the extra time. Some students work, while others just chill out, but a very popular thing to do in the coal region is to ride four-wheelers and dirt bikes. Riding in all the old coal mined lands is very popular in our area, and most people take advantage of the opportunities. Along with Riding ATVs and dirt bikes comes some risk, but practicing safe riding techniques, and being aware of your surroundings makes for a safe, great day out on the trails. Make sure you have the proper attire and always wear a helmet when riding anywhere or anytime. If you don't take advantage of this opportunity, and would like to learn how to ride a dirt bike or ATV, there are many safety courses and videos to teach you the basics. People who like to do-it-yourself can buy a smaller ATV or dirt bike and learn yourself. With today's society being very tech-savvy the internet is filled with resources to help you out. Don't worry, everyone started out somewhere and learned somehow. When your beginning you may end up with a few nicks and scratches but don't give up! This summer have a great, safe, and fun time, and for you beginners take it slow and get the basics down. Get ready to rip out there MCA!

-Shawn Sheptock '21

