

TK INVITATIONAL MEET RECORDS

Varsity

	<u>Boys</u>		<u>Girls</u>	
Triple Jump	Brady Heyen, Richland	41'8.5	Vanessa Johnson, Northern Cass	33'11.5
Long Jump	Jenner Manske, Lisbon	21'7.5	Rikka Bergstrom, Oak Grove	17'2.75
High Jump	Contreras, Graf/Hurlbet, MVE/Dooley, CC	6'0	Vanessa Johnson, Northern Cass	5'8
Shot Put	Jack Plankers, Kindred	49'9	Kelsey Laufenberg, Maple Valley-Enderlin	38'6
Discus	Adolfo Vasquez, MWL	144'7	Miranda Ripplinger, Lisbon	112'11
Javelin	Thomas Lindgren, MVE	171'5.5	Amber Hunsaker, Thompson	117'8
Pole Vault	Austin Pithey, Lisbon	13'0	Brittany Dixon, Oak Grove	10'0
4 x 800 meter relay	Quibbell, Lingen, Moffett, Freitag Kindred	8:47.73	Krack, Hegg, Sorby, Shirek Thompson	10:18.54
300 meter hurdles	Eric Bachmeier, Kindred	40.73	Shaice Marx, Thompson	46.74
100 meter dash	Jalen Ham, Central Cass	11.14	Paige Slemmons, Central Cass	13.08
4 x 200 meter relay	Zetocha, Meehl, Zetocha, Hollingsworth Oakes	1:33.89	Hegg, Shirek, Cunningham, Marx Thompson	1:50.74
1600 meter run	Cody Christ, BCN	4:30.14	Ashley Perez, Oak Grove	5:13.51
4 x 100 meter relay	Bresnahan, Breske, Volk, Knutson Central Cass	44.87	Grommesh, Stroh, Stein, Slemmons Central Cass	51.61
400 meter dash	Eric Bachmeier, Kindred	50.78	Shaice Marx, Thompson	1:00.84
110/100 meter hurdles	TJ Hochstettler, Northern Cass	15.35	Vanessa Johnson, Northern Cass	15.69
800 meter run	Dalton Herding, Hankinson	2:00.91	Brooke Shimek, Thompson	2:24.03
200 meter dash	Travor Flaa, Richland	22.43	Gabby Grommesh, Central Cass	26.46
3200 meter run	Cody Christ, BCN	10:16.52	Ashley Perez, Oak Grove	11:46.48
4 x 400 meter relay	Boara, Vogsland, Anderson, Thompson Grafton	3:32.76	Heisler, Grommesh, Slemmons, ? Central Cass	4:21.84

8th Grade Meet Records

	<u>Boys</u>		<u>Girls</u>	
Triple Jump	Evan Braaten, MWL	38'3	Laura Limesand, BCN	29'6
Long Jump	Evan Braaten, MWL	17'1	Thyra Peterick, Hatton-Northwood	14'5
High Jump	Evan Braaten, MWL	5'6	Abby Sharpe, Oak Grove	4'8
Shot Put	Zach Wulfekuhle, Richland	38'8	Jolene Kuchera, MWL	35'1
Discus	Chase Zinker, Richland	113'6	Jolene Kuchera, MWL	80'7
Pole Vault	Logan Wakefield	9'0	Emily McKay, Oak Grove	8'6
200 meter hurdles	Evan Braaten, MWL	27.86	Noelle Freeman, Sullivan	31.81
110/100 meter hurdles	James Hollister, Northern Cass	18.14	Elizabeth Johnson, Northern Cass	18.24
100 meter dash	Wes Koetz, Central Cass	12.56	Kate Gallagher, Sullivan	13.69
200 meter dash	Adam Breske, Central Cass	25.94	Emily McKay, Oak Grove	28.16
400 meter dash	Adam Breske, Central Cass	57.84	Emily McKay, Oak Grove	1:05.49
800 meter run	Arthur Punton, Maple Valley-Enderlin	2:17.37	Taylor Heisler, Central Cass	2:42.64
1600 meter run	Jacob Hendrickson, Thompson	5:06.92	Autumn Gossett, Oak Grove	6:01.24

7th Grade Meet Records

	<u>Boys</u>		<u>Girls</u>	
Triple Jump	Aurthur Punton, MVE	33'7	Jessica Kuchera, MWL	30'5
Long Jump	Carter Kochman, Sullivan	17'5	Rikka Bergstrom, Oak Grove	13'9.75
High Jump	Evan Braaten, MWL	5'0	Madi Erickson, Kindred	4'5
Shot Put	Zach Wulfekuhle, Richland	38'8	Josie Lundquist, Kindred	32'5
Discus	Josh Moeller, MPCG	98'8	Jenna Makar, Northern Cass	68'4
Pole Vault	Frankki/Buchholz, MWL	7'6	Brittany Dixon, Oak Grove	7'0
200 meter hurdles	Evan Braaten, MWL	29.03	Jamie Reinke, Lisbon	33.54
110/100 meter hurdles	Devin Houska, Kindred	20.02	Jamie Reinke, Lisbon	18.32
100 meter dash	Bryar Erickson, MWL	12.90	Olivia Abraham, Kindred	13.91
200 meter dash	Caleb Sell, Northern Cass	26.08	Makenna Bares, Sullivan	29.24
400 meter dash	Emmet Kenney, Sullivan	59.96	Emma Baasch, MVE	1:02.63
800 meter run	Tom Erie, Sullivan	2:20.81	Emma Baasch, MVE	2:40.02
1600 meter run	Lane McCleary, MVE	5:30.21	Lana Krack, Thompson	6:00.35

Junior High Relays

	<u>Boys</u>		<u>Girls</u>	
4 x 100 Relay	Northern Cass	52.14	Kindred	56.05
4 x 200 Relay	Maple Valley-Enderlin	1:49.35	Mayville-Portland-Clifford-Galesburg	2:02.30
4 x 400 Relay	Maple Valley-Enderlin	4:09.71	Thompson	4:49.04