



DECEMBER

December 2022

FIRST SEMESTER ENDING

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The 2022 year is coming to an end, so is the first semester at the Oelrichs School. We hope it has been an enjoyable experience and all students have gained the knowledge needed to make their time with us into a lifelong love of learning.

The winter Solstice will be upon us just shortly. Along with that comes the Christmas Season and break and no school for three weeks. Classes will resume Monday January 2nd at 8:05AM. Please remember attendance is vital to a student's learning and grades.

We at the Oelrichs school would like to take this opportunity to wish ALL a very Merry and safe Christmas and all the best of the coming New Year!

Dr. Stone

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Office hours:

Mon-Fri. 7:30 AM-4:00 PM

CEO/Superintendent Mitch Stone

Principal Darla Peterson

School Board Members:

David Osmotherly-President

Marty Schommer

Lance Tlustos

John Cope
Katie Merdanian

The Oelrichs School District #23-3 does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies: Superintendent or designee, PO Box 65 - 214 West 7th Street, Oelrichs, South Dakota 57763-0065, 605-535-2631

Christmas Break
December 12th through
January 1st.

Counselor's Corner by :Nancy Fleming

In 2019 the Surgeon General of the United States and through the Department of Health and Human Services issued an Advisory related to marijuana use by adolescents and pregnant women. The Surgeon General noted that "increases in the accessibility of marijuana, potency increases and misperceptions of the safety of marijuana has endangered our most precious resource, our youth." It is important to take this very seriously!

The Surgeon General and HHS note that marijuana today is not the marijuana of yesterday. He reports, "the THC content in commonly cultivated marijuana plants has increased three-fold between 1995 and 2014 (4% and 12% respectively)". "Higher doses of THC are more likely to produce anxiety, agitation, paranoia and psychosis." The Surgeon General also pointed out that "the legalization movement may be impacting youth perception of harm from marijuana." He explains that "frequent marijuana use during adolescence is associated with changes in the areas of the brain involved in attention, memory, decision making, and motivation." He also states that "frequent use is linked to declines in IQ, school performance that jeopardizes professional and social achievements and life satisfaction" and noting that, "regular use of marijuana in adolescence is linked to increased rates of school absence and drop-out, as well as suicide attempts." Our young people have growing brains and they are very different from adult brains. Newer research and THC increases has prompted this important advisory. The last advisory related to marijuana use was provided by the Surgeon General in 1982. This is significant news! The advisory is share with our students. Let us work together to protect our future, our children located on the HHS.gov website, Surgeon General's advisory on marijuana and the developing adolescent brain. Since this time, even more research on marijuana has been completed.

Please check out the information and suggestions to parents. I have shared all the information with our school staff so they can also .

The first great gift we can bestow on others is a good example!

School Board Meeting
The Oelrichs Board of Education will hold a regular meeting Monday December 12th at 5:30 PM.

December

2022

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

				1	2	3
4	5	6	7 Pearl Harbor Day Christmas Program 1:30PM	8	9	10
11	12 School Board	13	14	15	16	17
18	19	20	21 First Day of Winter or Winter solstice	22	23	24 Christmas Eve
25 Christmas Day	26	27	28	29	30	31 New Years Eve

HAPPY BIRTHDAY

HAPPY BIRTHDAY

December Birthdays

12/5 Adam
12/8-Edwin
12/10 Lacey
12/11 Anthony
12/11 Dani
12/13 Jessalyn
12/13 Delilah
12/13 Isabella
12/14 Zachary
12/16 Elias
12/17 Keva
12/17 Lori
12/17 Brighton
12/19 Este
12/23 Shayna
12/28 Angelita
12/28 Archer