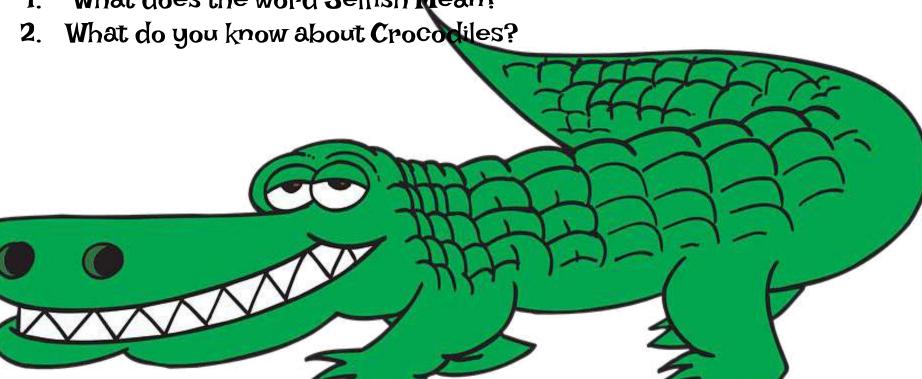




1. What does the word Selfish Mean?





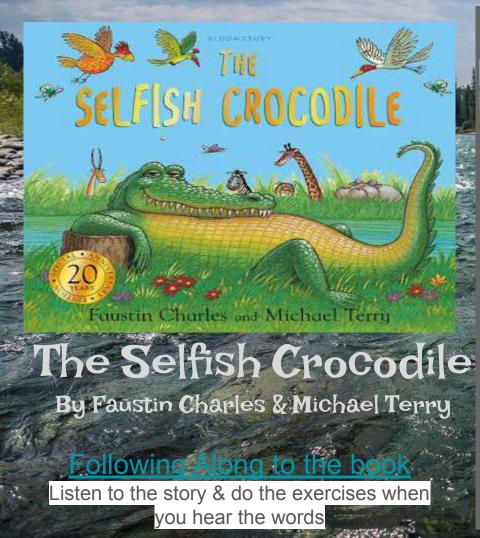
Warm-ups: Pick 1 or 2 dances to start

Just Dance Crocodile - 3mins

Zumba Kids Rock - 3mins

Crocodile Rock Jive Dance - 4mins

There was a Crocodile Song -4 mins



## Crocodile = 2 Jumping Jacks





River = 3 squats





Mouse = 2 Tip Toe right - 2 Tip Toe Left







