

The Exposure Triangle

Steps for deciding ISO, Aperture, and Shutter Speed

As with any creative process, people do things in different ways, but the same outcome can be achieved. As a guide, my process for choosing which settings to use is set out below. This process is for the use of ambient light and does not include the use of additional lighting such as speedlights/flashes and strobes. Follow the process below, then take a photo and assess whether you have achieved the photo you desired. If you have not achieved your desired photo, go back and change your settings (Examples: If you haven't been able to freeze motion, make your shutter speed faster, then assess the other settings to get correct exposure. If you want more motion blur, then slow down your shutter speed, and change the ISO and aperture accordingly to get correct exposure.)

