

The Dice Game



## **Directions**:

- Roll the dice with your group. Each member must complete the task.
- Complete the activity for the number you roll. Roll the dice two times and add the number together to complete numbers 7-12.
- Example: If you roll a 2, find number 2, read the activity, and complete the activity.
- If you roll a 2 and a 6, find number 8 and complete the activity.
- If you roll a number you have already completed, roll again.
- The first group to complete all activities and sit in a line wins!

## 1. 10 Jumping Jacks

- 2. Jog 1 lap
- 3. Candlestick for 10 seconds (count out loud)
- 4.10 Push-Ups
- 5. Give a high five to each person in your group
- 6.10 Sit-Ups
- 7. Partner Balance
- 8. Crab Walk cone to cone
- 9. Bear Crawl cone to cone
- 10. Thumb wrestle one person from your group
- 11. Rock, Paper, Scissors against two people from your group
- 12. Staring contest against one person in your group