

Helen's Handwriting Worksheet

PT.1: NORMAL PRINTING

Helen likes the
Pentel EnerGel
Gelna 0.5mm!



Reference of
writing sample

Trace & get
familiar

your turn!

Aa Aa Aa

Bb Bb Bb

Cc Cc Cc

Dd Dd Dd

Ee Ee Ee

Ff Ff Ff

Gg Gg Gg

Hh Hh Hh

Ii Ii Ii

Jj Jj Jj

Kk Kk Kk

Ll Ll Ll

Mm Mm Mm

Nn Nn Nn

Oo Oo Oo

Pp Pp Pp

Qq Qq Qq

Rr Rr Rr

Ss Ss Ss

Tt Tt Tt

Uu Uu Uu

Vv Vv Vv

Ww Ww Ww

Xx Xx Xx

Yy Yy Yy

Zz Zz Zz

1 2 3 4 5 6 7 8 9 0 ? ! @ # \$ %

1 2 3 4 5 6 7 8 9 0 ? ! @ # \$ %

challenge:

The quick brown fox jumped
over the lazy dog.

Laundry Laundry
time! time!

regular *Italics* **BOLD**
regular *Italics* **BOLD**

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Jj Jj Jj

Kk Kk Kk

Ll Ll Ll

Mm Mm Mm

Nn Nn Nn

Oo Oo Oo

Pp Pp Pp

Qq Qq Qq

Rr Rr Rr

Ss Ss Ss

Tt Tt Tt

Uu Uu Uu

Vv Vv Vv

Ww Ww Ww

Xx Xx Xx

Yy Yy Yy

Zz Zz Zz

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