

Measurement Reference sheet

Name: _____

Date: _____

Period: _____

We are going to create a reference list for you to start to understand how big different measurements are. Using the ruler provided you are going to fill in the chart below.

Measure the following	standard	metric
Length of index finger		
Width of index finger		
Length across palm of hand		
Length from tip of finger to elbow		
Length from wrist to elbow		
Length of foot		

You are going to use your arms, hands, legs and feet as reference. Find parts of your body that match these measurements.

Measurement	
1 inch	
1 centimeter	
1 foot (12 inches)	
1 meter (1.09 yards)	
1 millimeter	

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