

## Clinical Studies

### Syllabus, Clinical Studies, Dual Credit

Clinical Studies is designed to provide information on the aging process, the physical care skills and psychosocial care skills of the geriatric client, hospitalized patient and the role of the nurse aide. Students are prepared to perform nursing-related services to patients and residents in hospitals or long-term care facilities, under the direction and supervision of a registered nurse. To assure students' eligibility for the South Carolina Department of Health and Human Services nurse aide certification, both school-based and long-term care facility training must be provided. SUCCESSFUL COMPLETION OF THIS COURSE MAY RESULT IN CERTIFIED NURSING ASSISTANT CERTIFICATION AVAILABLE THROUGH VARIOUS NATIONAL CERTIFYING BODIES IF THE STUDENT COMPLETES THE REQUIREMENTS SUCCESSFULLY AND CHOOSES TO CERTIFY.

***Student MUST provide their own transportation to and from their clinical sites during clinical rotations. Hours for clinical rotations may start as early as 6:00 am for C.N.A. training, and hours will vary by clinical site. Hours could also be after regular school hours, if mutually arranged by student, instructor and clinical site.***

#### **General Requirements:**

This course is recommended for students in grade 12.

#### **Prerequisite(s):**

Health Science 1 AND Health Science 2 course and teacher recommendation and final grade of 80 or above; attendance and discipline issues will be considered (ALSO REQUIRED TO HAVE MED TERM OR HEALTH SCIENCE 3 OR ANATOMY AND PHYSIOLOGY PRIOR TO TAKING CLINICAL STUDIES).

**Units:** 2 units (weighted course)

6 credits with York Tech/dual credit

Dual credit for Responding to Emergencies AHS 120 2 credits and AHS 117 The Care of Patients 4 credits. Good towards Patient Care Technician or Nursing Care Certificates.

An additional experience for clinical studies students is the clinical rotations. Your student will be excited to experience some real life work situations during the semester. Their participation in this experience will require the student to be professional at all times.

I am available for student assistance/tutoring in the mornings prior to the start of classes and after classes. Other times are by prior arrangement. I can be reached at 981-1132 or by email at: [lgeorge@rhmail.org](mailto:lgeorge@rhmail.org).

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Clinical Rotations Handbook/Clinical Requirements:

### **Clinical Studies Student Requirements for Clinical Placement**

Students in Clinical Studies will have the opportunity to participate in a clinical C.N.A. training in a long term care facility. In addition to the classroom preparation for the experiences, students must meet minimum employability standards to participate in the off-campus experiences. There will also be a possibility of a clinical rotation/shadowing experience at another placement of the student's interest. Because of the confidential nature of the experiences in healthcare, students must always be mindful of the professional and personal qualities of healthcare workers as taught in the various Health Science courses.

#### **Objectives for Clinical Rotations:**

1. Expose the student to the routine of job orientation.
2. Observe a variety of activities, procedures, treatments, patient care.
3. Have an opportunity to become a part of the healthcare team and make choices that are best for them.
4. Assist the students in becoming more focused on career goals.
5. Encourage the development of personal traits of integrity, enthusiasm, self-motivation, honesty, trustworthiness, promptness, and dependability in the workplace.
6. Promote better understanding of the relationship between rigorous and relevant education and employment success.
7. Facilitate transition from school to work.
8. Demonstrate basic communication and confidentiality skills. (Phone skills, reporting skills, recording skills, charting and filing skills, interpersonal skills).
9. Demonstrate infection control procedures with all patients using Standard precautions.
10. Demonstrate competent safety practices/ body mechanics.
11. Demonstrate understanding and competence in HIPAA / confidentiality.
12. Identify risk factors and care needs of different diagnoses that are encountered.
13. Identify positive issues, encounters and care delivery. Identify issues and encounters that could have been improved.
14. Assist staff members within the scope of their training/practice of a health sciences cluster student under the direct supervision of a facility staff member or instructor.
15. Demonstrate basic patient care including: height and weight, vital signs, bed-making, feeding, oral care, nail care, backrubs, shaving, turning and positioning, transfers and ambulation, and Activities of Daily Living/Personal care skills.

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### **Minimum requirements to participate in clinical internships include:**

1. Minimum course grade in Clinical Studies must be maintained: 80
2. Attendance during Clinical Studies class this semester must also be no more than 6 days. Attends clinical site promptly. Calls off as directed in timely manner.
3. Discipline: Have no major disciplinary referrals during the current school year and display exemplary behavior, attitude and professionalism
4. Require each student to have written parent permission to participate in the experience.
5. Have written documentation of completed HBV vaccine on file at ATC.
6. Have written documentation of negative Mantoux tuberculin skin tests or a proper follow-up of treatment following a reaction within the last 90 days prior to clinical placement. (two step)
7. Have written documentation of background check if placement requires it.
8. Each student is responsible for providing their own transportation to and from the clinical site and returning to their next class in a timely manner.
9. Each student will have current AHA certification in BLS for the Healthcare Provider including the Heimlich maneuver and First Aid. Record of certification will be kept at the Applied Technology Center and available upon request.
10. Each student will have passed a nationally recognized, SCDHEC authorized 8 hour course in paid feeding assistant. Record of the Dining Assistant Certification will be kept at the Applied Technology Center and available upon request.
11. Require all students to wear an identification badge and the required ceil blue uniform while in the facility/office. (or while at Piedmont Medical Center, wear their required attire) The students will also be required to have their hair up and back, wear clean, mostly white shoes and limited jewelry, and keep their nails short and clean. Clear or light pink fingernail polish is acceptable, artificial nails are not allowed.
12. Require each student to have successfully completed blood borne pathogen and infection control information and training as well as HIPAA, confidentiality, and legal aspects training.

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13. Students who do not meet the standard for clinical placement should not expect to go to clinical rotation and will be given written assignments as an alternative to receive high school credit for this course. Students who fail to perform acceptably during clinical rotations or do not display exemplary behavior, attitude or professionalism during clinical may be removed from the clinical setting and given written assignments as an alternative to receive high school credit for this course. Clinical rotation placement is a privilege, not an expectation or a right. (If a student is removed from clinical experience the student will no longer be eligible for a passing grade from their dual credit/York Tech course.)
14. You will need to arrive promptly to clinical. Sign in and out with instructor at the group clinical sites. Sign in and out with designated staff member at your individual clinical sites if applicable. It is the student's responsibility to keep up with this attendance log. The attendance log from the individual clinical sites must be turned in at the end of each week. You must be on time for your next class daily.
15. Parents/guardians are encouraged to share the responsibility for the conduct and safety of the student while rotating through clinicals.
16. A student will be withdrawn immediately from a clinical area in which there is a conflict. The student will be allowed to discuss the conflict with the instructor. Steps will be taken to resolve the conflict.
17. Missed c.n.a. training time will be made up on designated Fridays. If the student is completing the nurses' aide clinical hours, they will need to complete at least 40 hours.
18. Students will keep a journal/notes for each day of clinical for their own reference. Journal entries should be written each day. Weekly summaries will be turned in for both the c.n.a. training experience and the individual allied placement experiences.
19. Grading for clinical rotations will be as follows:
  - i. Weekly summary- (make up assignments will be averaged in with these)
  - ii. Weekly performance -Reasons for loss of points: uncooperative with instructor or staff, improper use of infection control or confidentiality, failure to follow taught procedures, failure to be in assigned place, improper uniform, late, did not get signed daily, no call no show, missed a clinical day
  - iii. Weekly evaluation- includes employability skills
20. All patient information must be kept confidential! Students will sign a HIPAA acknowledgement prior to clinical rotations.
21. Dress requirements for clinical include:

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- a. Scrub tops (ceil blue) and scrub pants (ceil blue). A solid white short-sleeved or long-sleeved t-shirt may be worn under the scrub top. All pieces of the uniform must be clean and free of wrinkles.
- b. Solid white socks that come above the ankle and solid clean shoes must be worn. Preferably white tennis shoes or nursing shoes, but any solid clean sneakers or shoes that are mostly white or not flashy and attention-getting are acceptable. No open-toe shoes are allowed.
- c. A name badge from ATC indicating your role as a student must be visibly worn at all times.
- d. A watch with a second hand.
- e. Long hair should be pulled back neatly while in uniform. Hair must be off the collar and out of the face.
- f. Nails will be short. False fingernails are not allowed.
- g. Only one pair of simple stud-like earring should be worn. No facial jewelry allowed, including tongue rings.
- h. No rings except wedding rings. No necklaces, no other jewelry
- i. No visible tattoos.
- j. No chewing gum while in uniform.
- k. Any infraction of the dress code prohibits clinical experience until dress meets code acceptably. This includes the fingernails expectation
- l. Students who choose to leave their uniform on at their home school or ATC after returning from clinical must abide by all dress code requirements for the remainder of the school day.
- m. No cell phone at a clinical site. Leave it in your car. Possession of a cell phone will result in a deduction of daily points and possible removal from clinical rotation experience.
- n. Never any pictures or social media at clinical sites!

No student is allowed to perform any invasive procedures such as drawing blood or injections. Students are not allowed to administer medications. The student may observe any of these procedures but is not allowed to do this type of work. The student should only perform skills that are within their scope as a health sciences student on the shadowing experiences or nurse aide trainee on the nurse aide clinical experience that they have been trained to do.

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## Agreement for Clinical Studies

I have discussed the clinical program with my child and I understand that

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(name of student)

will be working on the job and will receive credit for this in their grade. They will be considered a volunteer and will not be paid any money for this work.

I also understand that a school educator will/may not be present the entire time of placement but will be supervising some clinical areas either in person or by phone if other placements are made beyond the C.N.A. training.

My student has my permission to participate fully in this course and will be responsible for their own transportation to work sites and then to home or school afterward.

If a student is unable to attend clinical on a certain day, he/she will notify the instructor and the site half an hour prior to start of the shift of that morning. School number is: 981-1100. Instructor cell phone is: 448-9799. Site numbers are given out before clinical rotation.

I agree to have accident insurance and/or will accept the responsibility for any accidents that occur while the student is in transit from the school or site. I will not hold the instructor or school responsible for any accidents that may occur.

I am aware of the potential sources of illnesses as students are exposed to illnesses in the medical facilities. I will not hold the instructor, the school, or the facility responsible for any complications due to these exposures.

I fully accept the responsibility to have all immunization records accurate and current. These records will be provided to the instructor before beginning clinical if not available from the school nurse.

I and my student understands that to do the nurse aide training clinical they understand that the course will require early hours, for a total of at least 40 or more.

I understand that if my student is unable to go to clinical placement or is withdrawn from clinical placement, the school is not responsible to reimburse the student for their expenses of preparation for clinical. I also understand that the students will be given written assignments for their replacement work for their class grade.

I understand and agree to all policies, regulations, and rules contained within the clinical rotations handbook/requirements. I understand that failure to abide by the aforementioned will result in consequences as determined by the instructor.

In signing this form I agree to all of these regulations listed in the syllabus and/or discussed here.

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Student signature

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date

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Parent//Guardian signature

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date

## Clinical Studies



The Applied Technology Center of Rock Hill School System partners with our community to provide real world learning experiences for our upper level students. Our Clinical Studies students are high school seniors who have taken Health Science classes for several years and are completing their nursing assistant training while still in high school. They understand and abide by HIPAA standards and Patient's Rights.

Part of the Clinical Studies is to offer these students an experience in a setting that they are considering as a career. Only responsible students who have proven themselves are allowed this extended opportunity.

This would be a shadowing experience. It would be ten mornings (or the equivalent time during the evenings or weekends) Two mornings a week. The times would be 7-10 am or 8-11 am or your opening time until 11 am if you do not open until later. There is an option if the placement is more convenient to do the shadowing in the evening or weekends on special arrangement, the goal is to experience approximately 30 or more hours of shadowing. The student would shadow, watch and learn. There would be a time sheet provided by the student that would need to be signed each day and a one page evaluation form to fill out at the end of the experience.

Our students will be dressed professionally in blue scrubs and name tag unless you require some other professional attire and prohibit the scrubs. If that is the case please communicate requirements to the instructor.

The teacher, Mrs. George, would be available by phone for any concerns, 803-448-9799 or email, lgeorge@rhmail.org. She or another ATC teacher would stop by personally at least once during the shadowing experience to check on the student.

Please consider partnering with our school and this student. We appreciate your time and involvement with our future health professionals.