

# Chokio-Alberta Community Education Group Swimming Lesson Registration

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Preferred phone number: \_\_\_\_\_

Email: \_\_\_\_\_

I hereby waive Chokio-Alberta Community Education and Chokio-Alberta Schools and their employees from any and all liabilities from any damages or injuries while participating in any activities.

Parent Signature \_\_\_\_\_ date \_\_\_\_\_

## Swim Lesson Level Descriptions.

Contact Rachel Schott at [rschott@chokioalberta.k12.mn.us](mailto:rschott@chokioalberta.k12.mn.us) or

Kayla Morrill at [kmorrill@chokioalberta.k12.mn.us](mailto:kmorrill@chokioalberta.k12.mn.us) if you have questions.

- ▶ Level 1(30 min-\$45) - All floating and swimming techniques can be completed with support.
- ▶ Level 2 (30 min - \$45) - All introductory floating and swimming techniques are completed without support.  
Student is comfortable with face in the water.
- ▶ Level 3 (60 min - \$55) - Intro to front crawl/back crawl/elementary backstroke/treading/diving.
- ▶ Level 4 (60 min - \$55) - Building skill and endurance in front crawl/back crawl/elementary backstroke/  
treading/diving and intro to breaststroke and side stroke.
- ▶ Level 5 (60 min - \$55) - Endurance and distance in front crawl/back crawl/elementary  
backstroke/breaststroke/sidestroke/treading/diving and intro to butterfly.
- ▶ Level 6 (60 min - \$55) - Distance swimming in in front crawl/back crawl/elementary backstroke/  
breaststroke/sidestroke/butterfly. Intro to lifeguarding techniques.
- ▶ Level 6+ (60 min - \$55) - For swimmer who have tested out of level 6 but would like to keep honing  
their swimming skills and endurance. Choices include Fitness Swimming or Personal Water Safety.
- ▶ Tiny Tots (60 min, 8 sessions - \$40) Parent/Child class w/some instruction. Unused sessions can be carried  
over or converted to swim passes. Dates Mon and Wed, June 7, 9, 14, 16, 21, 23, 28, and 30.

## Date and times

Week 1 June 7-11 11:30a-12:00p (level 1 only)

Week 2 June 14-18 11:30a-12:00p (level 1 only)

Week 1 June 7-11 12:00p-12:30p (level 2 only)

Week 2 June 14-18 12:00p-12:30p (level 2 only)

Week 1 June 7-11 11:30a-12:30p (levels 3-6+)

Week 2 June 14-18 11:30a-12:30p (levels 3-6+)

TinyTots June Mon and Wed June 7-30.

| <u>Child(ren) Name(s)</u> | <u>Age</u> | <u>Swim Level</u> | <u>Week 1 or 2</u> | <u>Fee</u> |
|---------------------------|------------|-------------------|--------------------|------------|
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**\*\*Space is limited in group lessons. Please turn in your registration \_\_\_\_\_ Total due \_\_\_\_\_**

**AND payment to secure your preferred dates.**