



Sweeney Grade 1

CoLD Choice Board

#2

- Students will choose 1 activity from each column with the goal to spell "SABERS" at the end of their day. This is due no later than 1 week after the CoLD day.
- Initial each box after your child completes the task.

S	A	B	E	R	S
Social Studies	Arithmetic (Math)	Brain Break	Engineering (PLTW)	Read or Write	Specials
Draw a map of your dream playground.	Make \$1.00 with a variety of coins.	Play a game with a family member.	Build a structure with Legos or blocks.	Read for 15 minutes.	Art: Look in the mirror and draw yourself.
Create a timeline of your day. Include time of day and activity.	Write two addition and two subtraction equations.	Clean your room.	Build a fort (inside or outside).	Draw a picture and write a story about your day.	Music: Sing your favorite music class song for someone while keeping a steady beat.
Draw a picture of your family. Label each family member and write a character trait of each member.	Count aloud by 1's, 5's, and 10's, up to 100.	Do 10 jumping jacks and 10 toe touches.	Make something out of recyclables.	Write sight words you find in your home (wall hangings, newspapers, food boxes).	P.E. Play outside for 10 minutes - OR - Count to 100 while marching in place.
Do something kind for	Write all the partners of 10.	Color a picture.	Help a parent measure	Write a sentence using one of	Media: Read a book you

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someone.			ingredients for a recipe.	your spelling words.	love.
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