



Sweeney Grade 1

CoLD Choice Board #1

- Students will choose 1 activity from each column with the goal to spell "SABERS" at the end of their day. This is due no later than 1 week after the CoLD day.
- Initial the box when your child has completed each task.

S	A	B	E	R	S
Social Studies	Arithmetic (Math)	Brain Break	Engineering (PLTW)	Read or Write	Specials
Draw a map of your bedroom (or another room in your house).	Create a word problem	Go sledding	Do a puzzle	Draw a picture and write a sentence about it	Art Draw what you see outside the window showing sky and land.
Do something to help at home	Make a pattern with objects at your home	Play a game with your family	Build the tallest tower you can	Write a letter to someone	Music Sing your favorite song from music class for someone while keeping the steady beat.
Make a healthy snack	Write the numbers from 0-100 (or as far as you can)	Turn on music and dance for 10 minutes	Make a paper airplane	Read a book to a stuffed animal	PE Play outside for 10 minutes OR Count to 100 while marching in place
Practice your phone number and address	Find the total of a combination of coins	Draw a picture or color a picture	Build a snowman	Write the ABC's with your best handwriting	Media Read for 10 minutes inside the fort you made.