
Sun Valley High School

9th Grade Classroom Guidance

Making Your High School Experience a Success

School Counseling Staff:

Ms. McDuffie	9th Grade Students
Ms. Jaquish	10th Grade Students
Mrs. Grexa	11th Grade Students
Mrs. Johnson	12th Grade Students, Last Names A-K
Mrs. Hill	12th Grade Students, Last Names L-Z
Ms. Clark	Registrar
Ms. Schehl	College Advisor, Room 117



Objectives

- ❖ To increase understanding of the role of school counselors
 - ❖ To increase knowledge of graduation requirements and Grade Point Average (GPA)
 - ❖ To explain the importance of your high school transcript
 - ❖ To understand the importance of making a plan for your high school career in order to be prepared for your future
 - ❖ To begin exploring and researching options for post high school graduation
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School Counselor



- ❖ **Academic**
Scheduling, course selection, study skills, graduation requirements
 - ❖ **Career**
Career exploration, college & scholarship information, job search and interview skills, resume writing
 - ❖ **Personal/Social**
Peer pressure, stress, time management, conflict resolution
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Confidentiality

- ❖ Confidentiality is an ethical principle upheld by your school counselor, but as required by law, it cannot be maintained in the event that a student reports:
 - The desire to harm oneself
 - The desire to harm others



Naviance

<https://succeed.naviance.com/auth/signin>



A Brief Overview

- Request Transcripts
- Request Letters of Recommendation
- Scholarship Search

Tasks

- There are many tasks that need to be completed in a timely manner.
 - **Make sure you are checking due dates frequently!**



How to PLAN for your future: Research Careers

- ❖ Not sure what you want to be when you grow up?
 - Take career inventory surveys at www.CFNC.org - these use your interests and skills to determine good major/career options
 - Tasks and Assessments in Naviance
- ❖ What to know what the fastest growing careers are in NC?
 - Look online at www.CFNC.org
 - The top 5 fastest growing careers right now are:
 - Dental hygienists
 - Medical sonographers
 - Dental assistants
 - Physician assistants
 - Medical equipment repairers



How Can I Begin Preparing for College Now?

- ❖ Get your GPA as high as possible
 - Take challenging classes, work hard in your classes, and earn high grades
 - Colleges will only see your final grades through junior year
 - Improve your class rank
- ❖ Get involved with Extracurricular Activities
 - Sports
 - Clubs
 - Volunteering
 - Part-time job or job shadowing
- ❖ Participate in a summer experience
- ❖ You can begin studying for the ACT and SAT
- ❖ Visit college campuses



What are Graduation Requirements?

- ❖ Earn 28 credits/classes
- ❖ Earn passing scores on 4 EOC exams
 - Math I, Biology, Math III, and English II
- ❖ You must meet the course requirements for the Future Ready Core course of study.
- ❖ Successfully complete Cardiopulmonary Resuscitation (CPR) Training



What is a High School Transcript?

- ❖ A transcript is a record of your academic accomplishments in high school. It lists every class you take, what year you take the class and the grade you received in each class.
 - ❖ You can check historical grades in Powerschool, but have to get a transcript from your counselor.
 - ❖ When you receive your transcript, check it for accuracy
 - Personal information
 - Address
 - Phone Number
 - Birthday
 - Courses completed
 - GPA(Grade Point Average)
 - Class Rank
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October 12, 2016 Student Name: Sun Valley High		Student No: School No:				
		Sun Valley High School 5211 Old Charlotte Hwy Monroe, NC 28110-7343 (704) 296-3020 Official NC Transcript				
10/12/2016						
STUDENT INFORMATION						
Name:		Student No:				
Address:		Birthdate:				
		Gender:				
		Expected Graduation Date: 06/09/2017				
Contacts:		Course Of Study: Future Ready Core				
		Endorsement(s)*: Yes				
		CTE Concentrator**: No				
		Math Rigor: Yes				
SCHOOL INFORMATION						
Principal: Dr. Shaun Poole (704) 296-3020		School No: 900360				
L.E.A.: Union County Public Schools (704) 296-9898		Grades: 9-12				
		Accreditation: SA				
		College Board Code: 342685				
CREDIT HISTORY						
	Course	Mark	Weighted	Unweighted	Earned Credits	Flags
Grade: 8	2012/13					
20232Z	Algebra I	98			1.00	EU
Grade: 9	2013/14					
52552X0	Band (Beginning) / Band I	97	4.000	4.000	1.00	
10215X0	English I Honors	96	5.000	4.000	1.00	U
22005X0	Common Core Geometry Honors / Math II Honors	98	5.000	4.000	1.00	U
95012X0	ROTC I / Rotc I-Cadet Field Manual	99	4.000	4.000	1.00	
52552X0	Band (Beginning) / Band I sem 2	96	4.000	4.000	1.00	
33205X0	Biology Honors / Biology I Honors	95	5.000	4.000	1.00	U
95022X0	ROTC II / ROTC II -Intro to NJROTC	96	4.000	4.000	1.00	
43035X0	World History Honors	96	5.000	4.000	1.00	U
Grade: 10	2014/15					
34205X0	Chemistry Honors / Chemistry I Honors	96	5.000	4.000	1.00	U
60492X0	Health and PE Grades 9-12 / Health and Physical Education	97	4.000	4.000	1.00	
23015X0	MATH III HONORS	100	5.000	4.000	1.00	U
95032X0	ROTC III / ROTC III Maritime History	100	4.000	4.000	1.00	
42095X0	Amer His: Found Prin, Civ & Econ Honors / Civics & Economics Honors	95	5.000	4.000	1.00	U
10225X0	English II Honors	94	5.000	4.000	1.00	U
95022X0	ROTC II / ROTC II -Intro to NJROTC	99	4.000	4.000	1.00	
11422X0	Spanish II	100	4.000	4.000	1.00	U
Grade: 11	2015/16					
43045X0	American History I Honors	95	5.000	4.000	1.00	
10235X0	English III Honors / English III-H AP Companion	96	5.000	4.000	1.00	U

October 12, 2016 Student Name: Sun Valley High		Student No: School No:			
Course	Mark	Weighted	Unweighted	Earned Credits	Flags
95032X0 ROTC III / ROTC III Maritime History	98	4.000	4.000	1.00	
11435X0 Spanish III Honors	97	5.000	4.000	1.00	U
1A007X0 AP English Language and Composition	95	6.000	4.000	1.00	
4A077X0 AP United States History / AP US History/American History II	91	6.000	4.000	1.00	
95045X0 ROTC IV Honors / Naval Skills - Honors	97	5.000	4.000	1.00	
24035X0 Pre-Calculus Honors	90	5.000	4.000	1.00	U
Grade: 12 2014/15					
23015X0 MATH III HONORS / MATH III HONORS					U
Grade: 12 2016/17					
2A007X0 AP Calculus AB / AP Calculus AB					S
1A017X0 AP English Literature and Composition / AP English Literature and Composition					S
3A027X0C AP Environmental Science / AP Environmental Science					P
10245X0CC English IV Honors / English IV Honors - AP Companion					PU
28005X0CAB Math Local Elective / Adv Calculus Topics AB Honors					P
95042X0C8 ROTC IV / ROTC IV-Leadership Theory-Responsibility					S
95045X0LT ROTC IV Honors / Leadership Theory - Ethics Honors					P
11445X0C Spanish IV Honors / Spanish IV Honors					SU
UNIVERSITY OF NORTH CAROLINA BOARD OF GOVERNORS MINIMUM COURSE REQUIREMENTS REMAINING No Requirements Remaining					
PERFORMANCE INFORMATION					
Cumulative GPA Total Points are Calculated as of the end of 10/12/2016					
Cumulative GPA Weighted:		4.7083	Total Points Weighted:		113.0000
Cumulative GPA Unweighted:		4.0000	Total Points Unweighted:		96.0000
Class Rank as of 10/12/2016:		7 out of 267	Total High School Credits: 24.000		Potential: 24.000
			Total Credits Toward Graduation:		25.000
TESTING INFORMATION					
Test Name / Score Name			Score	Test Date	
CPR				11/27/2	
CPR_Pass_Fail			P		
Math I End of Course				06/01/2	
MathI_EOC_Percentile			99		
MathI_EOC_Achievement_Level			IV		
MathI_EOC_Scale			273		
Biology End of Course				06/01/2	
Biology_EOC_Achievement_Level			V		
Biology_EOC_Scale			267		
Biology_EOC_Percentile			96		
English II End of Course				06/01/2	
EnglishII_EOC_Achievement_Level			V		
EnglishII_EOC_Percentile			99		
EnglishII_EOC_Scale			169		

GRADING AND GPA DETAILS					
Note: Effective July 1, 2015 North Carolina changed to a standardized 10-point grading scale.					
Prior to July 2015, North Carolina school districts used a variety of 7-point grading scales.					
Note: All courses taken at the middle school for high school requirement(s) will not calculate in the GPA.					
Note: High School Earned Credits only are calculated.					
Grading Scale					
90-100 = 4.0	80-89 = 3.0	70-79 = 2.0	60-69 = 1.0	≤59 = 0.0	WF = 6.0
FF = 0.0	WP = 0.0	INC = 0.0	AUD = 0.0	P = 0.0	
CDM = Credit by Demonstrated Mastery (SBE-GCS-M-001)					
Course Flags					
E	Course is excluded from GPA				
N	Course is non-credit course				
P	Course is in progress				
S	Course is scheduled to be taken				
U	Course contributes toward UNC minimum course requirements				
** CTE CONCENTRATOR DETAILS					
AGNR-Agriculture, Food & Natural Resources	EDUC-Education & Training				
ARCH-Architecture & Construction	HUMA-Human Services				
AAVC-Arts, AV Technology & Communication	INFO-Information Technology				
BMA-Business Management & Administration	LAW -Law, Public Safety, Corrections & Security				
FINA-Finance	MANU-Manufacturing				
HLTH-Health Science	MRKT-Marketing				
HOSP-Hospitality	STEM-Science, Technology, Engineering & Mathematics				
GOVT-Government & Public Administration	TRAN-Transportation, Distribution & Logistics				

Graduation Requirements Cont. - Future Ready Track

- ❖ Check your transcript to make sure you are on track to graduate
 - English I, II, III, IV
 - Math I, II, III, and 4th Math course aligned with students post high school plans
 - Earth Science, Biology, and a Physical Science (Physical, Chemistry, Physics)
 - World History, Civics, American History I & II
 - Health & PE
 - If you plan to attend a 4 year college, you will need at least 2 credits of the same foreign language
 - This is a minimum requirement so at least 3 years of the same foreign language is recommended - Check your desired 4 year institution as 3 credits may be required
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- ❖ In addition to core classes, earn enough electives for 28 total credits

Calculating GPA (Grade Point Average)

- ❖ You receive quality points for each final grade you get in a class
- ❖ Honors and AP classes give you more quality points based on the grade you receive

<u>Regular</u>	<u>Honors</u>	<u>AP</u>
A=4	A=4.5	A=5
B=3	B=3.5	B=4
C=2	C=2.5	C=3
D=1	D=1.5	D=2

- ❖ When does your GPA begin? **NOW! YOUR FRESHMAN YEAR!**
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Example of Calculating GPA :

<u>Class</u>	<u>Grade</u>	<u>Quality Points</u>
Honors English III	A	4.5
Math III	B	3
Honors American History I	A	4.5
AP Biology	A	5

- ❖ Add up your quality points $\rightarrow 4.5 + 3 + 4.5 + 5 = 17$
 - ❖ Divide the total by 4 (number of classes) $\rightarrow 17/4 = \mathbf{4.25 \text{ GPA}}$
 - ❖ Your GPA is calculated at the end of each semester
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MAKE A PLAN: What can you do academically beyond the minimum requirements?

- ❖ Take Honors Courses
 - ❖ Take Advanced Placement (AP) Courses
 - You can earn college credit
 - You will demonstrate that you can do college level work
 - You can increase your GPA
 - You may qualify for APALS
 - ❖ Take Challenging Electives
 - ❖ Take Three Levels of the same language
 - ❖ Be a Global Scholar
 - ❖ Be a North Carolina Academic Scholar
 - ❖ [Explore Electives](#)
 - ❖ Practice for college entrance exams: ACT & SAT
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MAKE A PLAN: Why It Is Important To Get Involved through Extracurricular Activities?

- ❖ Joining clubs at school (listed on the SVHS website)
 - Get to know students outside of your classes, make new friends, and be a part of a group with goals and a purpose
- ❖ Playing sports at school or in your community
 - Gain experience working with a team to reach goals and build self-confidence
- ❖ Having a part-time job (if it does not interfere with school work and grades) and job shadowing
 - Explore careers, gain experience, and build skills that will be useful in your future career
- ❖ Volunteering in your community
 - Teach you how to help other people and open your eyes to the needs of others



MAKE A PLAN: IMPORTANT POINTS TO REMEMBER

- ❖ To be promoted to 10th grade → need 6 credits including Eng. I
 - ❖ You must score a level III, IV or V to meet the Exit Standard on the English II, Math I and Biology EOC's .
 - ❖ Students will not receive credit for a class if they miss 7 or more days
 - Will be required to do attendance recovery.
 - ❖ Students must pass three out of four classes to be eligible to take Drivers Education
 - ❖ Students must pass 3 out of 4 classes and be in attendance at least 85% from the previous semester to be eligible to play sports
 - ❖ Students can earn college credits in high school through College and Career Promise Program at SPCC (typically as a junior and /or senior).
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Sexual Harassment

- ❖ The Union County Board of Education defines sexual harassment as:
 - Unwelcome sexual advances
 - Requests for sexual favors
 - Other verbal or physical conduct of a sexual nature
- ❖ Sexual Harassment is a “power play” and may include:
 - Suggestive comments, propositions, or gestures
 - Touching someone inappropriately
 - Spreading Sexual Rumors
 - Repeatedly propositioning someone when he/she has said no
 - Sexually provocative comments about another person’s body



Bullying

- ❖ IS A FORM OF HARASSMENT
- ❖ IS AN IMBALANCE OF POWER
- ❖ HAPPENS REPEATEDLY OVER TIME TO INTIMIDATE OTHERS
- ❖ APPEARS IN VERBAL, PHYSICAL, WRITTEN, OR ELECTRONICALLY TRANSMITTED FORMS
- ❖ Bullying Offenses:
 - FIRST OFFENSE: Discretionary action by the principal, Referral to school counselor, and Conversation with parent
 - SECOND OFFENSE: Automatic 2-3 days of out of school suspension for Block Schedule, Referral to school counselor, and Parent contact
 - THIRD OFFENSE: Automatic 3-6 days out of school suspension for Block Schedule and Recommendation for Long Term Suspension

