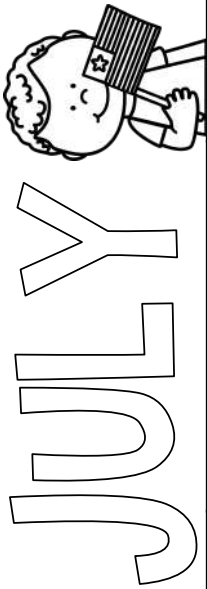


Monday	Tuesday	Wednesday	Thursday	Friday
When is a time you felt really happy. Why?	Read a book where the main character learns a lesson.	What's one way you could give back to your community this summer?	Who has shown you empathy? How did you feel?	Give a family member a hug "just because."
Read a book where things don't go the main character's way.	What's an extra responsibility you can take on to help your parents this summer?	When is the last time you told someone how you felt?	Read a book about forgiveness.	What does "integrity" mean? How do you show it?
When is the last time you showed cooperation?	Try something new this week – a food, an activity...	Read a book about a conflict with friends.	Complete a random act of kindness at home.	Set one goal for this summer.
What went really well this school year?	Read a book that demonstrates perseverance.	What could you improve on for next school year?	Why is it important to participate in school and activities?	What was the best part of this month?



JUNE

Monday	Tuesday	Wednesday	Thursday	Friday
Name 3 things you like about yourself.	Read a book that shows gratitude.	What is something you used to not be able to do, but now you can?	Write a "thank you" note.	Read a book that displays integrity.
Read a book that displays a growth mindset.	Do something nice for someone else without any one asking you to.	Tell a family member one thing you appreciate about them.	What's a way to make a new friend?	How can you make today better for someone else?
What is a challenge or struggle you've overcome?	How do you calm down when you are angry?	Do another family member's chore.	Read a book about kindness.	Do something you should do, even if you'd rather be doing something else.
What's something you can't do... yet?	Read a book that demonstrates respect.	How are you feeling today? Tell someone how you feel and why.	Make someone smile today.	What is a quality you look for in friends?



Monday	Tuesday	Wednesday	Thursday	Friday
Read a book where the main character learns responsibility.	How do you cool down when you are frustrated?	What's the best compliment you've ever received?	What's a quality you avoid in friends?	Read a book where the main character appreciates their differences.
What do you want to be when you grow up?	What is your favorite quality about yourself?	Read a book where the main character overcomes a challenge.	What is one thing you wish you could change?	How does "happy" feel?
How are you a team player and a good sport?	How are you feeling today? Tell someone why.	What do you do when you feel scared?	Read a book that displays self-control.	Read a book about a career you're interested in.
When is the last time you laughed out loud?	Read a book that a character has worries or fears.	Do you want to go to college?	What is one thing you are really good at?	Read a book where a character gets angry.