

# Protecting and Improving the Health of Iowans

Kim Reynolds, Governor

Adam Gregg, Lt. Governor

Kelly Garcia, Interim Director

# **Summary of Enhanced Public Health Measures**

Effective Thursday, Dec. 17 at 12:01 a.m. through Wednesday, Jan. 8 at 11:59 p.m.

#### Mask Use: Indoor spaces open to the public & State executive branch buildings

No change

## **Gathering Restrictions**: Social, community, business, or leisure gatherings

• Ensure 6-feet distance between groups or individuals attending alone

#### **Sporting and Recreational Events**:

- Only two spectators for each youth or adult athlete, cheerleader, pep band member, or organizer staff, unless all spectators are from the same household, must wear a mask and maintain 6 feet distance from other spectators
- Youth and adult participants can be closer than 6-feet and are not required to wear masks

## High School Sports & Extracurriculars: Sporting, recreational, and extracurricular events

- Only two spectators for each high school athlete, performer, competitor, cheerleader, pep band
  member, or staff member, unless all spectators are from the same household, must wear a mask
  and maintain 6 feet distance from other spectators
- Students participating can be closer than 6-feet and are not required to wear masks

# <u>Restaurants and Bars</u>: Restaurant or bar, including a wedding reception venue, winery, brewery, distillery, country club, or other social or fraternal club

- Masks required when not seated at a table, booth, or bar (while playing games, dancing, etc.)
- Six feet distancing between groups
- Groups limited to 8 people unless larger group is all same household
- Seated when eating or drinking and limit congregating

# Fitness Centers: Fitness centers, health clubs, health spas, gyms

Group fitness activities are allowed if a 6-foot distance is maintained

# **Casinos & Gaming Facilities**:

Masks required except when seated to eat or drink.

<u>Closer/Prolonged Contact Establishments</u>: Bowling alleys, pool halls, bingo halls, arcades, indoor playgrounds, children's play centers

- Mask required when not seated to eat or drink
- Ensure that groups and individuals are six feet apart at establishment
- Groups limited to eight people unless larger group is all same household

**Nonessential/elective surgeries**: A hospital must reserve at least 10% of intensive care unit (ICU) beds and 10% of medical/surgical beds for COVID-19 patients.