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Brookline High School
International Field Trip Application
Zanzibar, Tanzania
July 24 – August 6, 2019

For review and consideration by the
Brookline School Committee

Approval Route:	Approved	Denied	*Returned
Copies to:			
TEACHING & LEARNING	<u>(Signature)</u>	_____	_____
SUPERINTENDENT	_____	_____	_____
SCHOOL COMMITTEE	_____	_____	_____
MEETING DATE	_____	_____	_____
*REASON RETURNED:	_____	_____	_____

Brookline High School Field Trip Application
Brookline – Zanzibar Cultural Immersion Trip
Zanzibar Tanzania July 2019



SUBMITTED BY:

Joanne Burke-Hunter and Stephanie Hunt
BROOKLINE HIGH SCHOOL

PRESENTED TO:
SCHOOL COMMITTEE,
BROOKLINE PUBLIC SCHOOLS
JANUARY 2019

STATEMENT OF PURPOSE

History and Cultural Immersion in Zanzibar, Tanzania

Brookline High School (BHS) students and teachers have traveled to Zanzibar two times in the last two years developing a rich and meaningful experience in the community. Students will see first hand the history of the island and its role as an integral trade center in the Indian Ocean, as well as explore the modern issues of a developing nation including education, gender roles, and economics. Throughout this small island the blending of Arab, Indian, African and European cultures continues to impact every aspect of society. In this trip, students will learn a wide array of perspectives, from simply working with people from a radically different culture, to seeing the mix of cultures in East Africa. The students cannot help but see the world from different points of view, whether in examining how to solve health crises like HIV / AIDS in East Africa or to work with cultural challenges around the status of women in sports. They will hear from staff off two well-known international NGO's as well as local government officials in Tanzania. Through Arts in Tanzania, they will also have cultural experiences and study some of the history of the Swahili Coast.

The goal of this trip is to allow students to directly interact with many facets of local Students will become more culturally sensitive and aware of differing cultural mores and customs around the world. Students will be immersed in a radically different culture, East African, Swahili coast, lower income, predominantly Muslim. There are numerous differences between Brookline and Zanzibar and students will get to see these first-hand each day when they work and play with staff at the NGO's, students at the schools, and local farmers and traders.

The Brookline-Zanzibar Cultural Immersion Trip directly responds to the third goal of the Strategic Plan of the Public Schools of Brookline which commits us to equipping students with the intellectual and social skills necessary to thrive in an increasingly complex and diverse global society. In accordance with strategy 3.1, we will "develop opportunities to enhance the global awareness of every student."

Highlights of the itinerary will include:

SOS School

<http://www.sos-childrensvillages.org/where-we-help/africa/tanzania/zanzibar>

We will also visit Hermann Gmeiner SOS Children's Village School on Zanzibar. Students will have an opportunity to visit with students in various classrooms, particularly English and Physical Education classes. In addition, BHS students will also have a chance to volunteer with the kindergarten classes during recess.

Coaches Across Continents

With Coaches Across Continents, we will hear from CAC staff about the role that Nike, The Ford Foundation, the Clinton Global Initiative, UNICEF, and the Zanzibar Ministry of Sport play in their work on the island. Through CAC, students will meet with, and eventually also play soccer and other sports and games with young women and men of the Island. They will hear from many of the young women the role that sport has played in changing the status of women on the island.

Big Tree School

This is a very small local school that BHS students, parents, and a teacher visited in the summer of 2016, and returned to in 2017. We will spend time with the children who are 5-7 years old. We will also help the school clear ground in a neighboring lot to help them construct a new school.

Trade History and Slave Market Museum and Memorial

Stone Town was host to one of the world's last open slave markets, presided over by Arab traders until it was shut down by the British in 1873. The slaves were shipped here in dhows from the mainland, crammed so tightly that many fell ill and died or were thrown overboard. An Anglican Church now stands where the slave market was once. We will tour the museum and grounds to gain a better understanding of the role of slavery on the island and how the island continues to grapple with this history.

Economic Development

A personalized local spice farm tour provided by our Liaison Fatma Ahmed at her uncle's farm. Students will see first hand how the indigenous spices of Zanzibar are cultivated and harvested. They will also hear about the market prices that local farmers receive and the next steps to the exportation of these spices around the world. Later, students will visit Darajani market, the locals market along with the Stone town tourist market to compare the prices of these spices. Throughout the trip, students will be encouraged to continually reflect on the economic inequalities and disparities in developing nations in comparison to the rest of the world.

Tourism

Cultural and tourist activities and excursions will include:

- Walking tour of the historical quarter of Zanzibar city
- Tour of local restaurants, markets, and shops in Stone Town
- Hiking trails in the Jozani Forest
- Prison Island tour

Tentative Itinerary:

- 7/24 Wednesday Leave Boston to arrive in Zanzibar Thursday night 7/25
- 7/26 Friday - rest and relax in hotel. - afternoon exploring Stone Town seeing sights and getting used to the town. Head to Darajani Market to see the local trade economy and then dinner
- 7/27 Saturday -- Visits Slave Museum and tour the slave market and memorial in Stone town
- 7/28 Sunday - Morning - Prison Island Tour - see historic indigenous tortoises. Afternoon -
- 7/29 Monday - SOS school visit with Kindergarten students afternoon visit with CYD
- 7/30 Tuesday - Coaches Across Continents activities with the Ministry of Sport in Zanzibar
- 7/31 Wednesday - Visit to the Tanwir Islamic School - all day. Local market shopping in evening.
- 8/1 Thursday - UN Fund for Population Assistance - visiting three project sites.
- 8/2 Friday - SOS school high school student shadow day
- 8/3 Saturday - Morning Spice Farm Tour/Cooking Lesson. Afternoon visit the Spice Markets.
- 8/4 Sunday - Jozani forest Tour and tour of Island beyond Stonetown.
- 8/5 Monday - Big Tree School and sunset Dhow boat tour
- 8/6 - Leave

APPLICATION FOR ALL OUT-OF-STATE, OVERNIGHT TRIPS

TRIP LOGISTICS:

1. **Name of Field Trip:** Tanzania - History and Cultural Immersion Trip
2. **Educators Requesting Field Trip Approval:** Joanne Burke-Hunter, Steph Hunt
3. **School:** Brookline High School **Grade Level:** rising 10th, 11th, and 12th grade students
4. **Have you reviewed the new School Committee Policy I 3 a. for Field Trips?** Yes
5. **Have you reviewed the document, Administrative Procedures for School Sponsored Field Trips?** Yes
6. **What is your destination?** Zanzibar Tanzania
7. **What is the date you are leaving Brookline?** Wednesday, July 24th 2019
8. **What is the date you are returning to Brookline?** Tuesday, August 6th, 2019
9. **Do the dates of the trip conflict with any religious holidays or observances?** No
10. **How many days will students miss from school?** Zero
11. **How are students being transported?**
 - a. from Boston to Zanzibar: airplane
 - b. while in Zanzibar: mini buses (reserved prior to trip)
 - d. from Zanzibar to Boston: airplane
12. **How many students will be participating in the field trip?** 12-15 students

13. What members of the student body are eligible for the trip? All 9th, 10th, and 11th grade students who have demonstrated an interest in international affairs and/or travel abroad opportunities. In short, any student who demonstrates sincere and genuine interest in this trip will be eligible.

14. How are students selected to participate in this field trip? Students will be selected based on the following criteria:

- Ability to serve as an ambassador from Brookline and the United States
- Solid academic record (good study habits, participation, attendance)
- Sensitivity to other people and cultures
- Previous experiences away from home
- Successful completion of the application
- Perceived potential for personal growth

15. Where will students be staying?

The Al-Johari hotel in Stonetown, Zanzibar.

16. What are the names and cell phone numbers of the primary staff chaperones on the trip?

Joanne Burke-Hunter

Steph Hunt

Joanne (617) 894-0144

Steph (781) 690-4250

17. Both of our chaperones have experience with international travel, including specifically to Zanzibar with students in the summer of 2017, and have either led student groups and/or participated in exchange trips in the past. They will be supervising the students and available to them on a 24-hour basis. While in Tanzania, each chaperone will have a cell phone that works within the local network and will be able both to contact each other and also make calls to the United States.

18. Other than those listed above, what are the names of other adult chaperones on the trip? Mark Wheeler

EDUCATIONAL RELEVANCE:

19. What is the purpose of the trip and how does it relate to the Brookline High School Course Syllabi?

The purpose of the trip is three-fold. First, students will have a chance to understand the challenges and complexities of non-governmental work in lower income countries, whether an NGO is designed to address a public health crisis like the HIV / AIDS pandemic. Second, students will be able to see how the island has, historically, operated as a point of trade in the Indian Ocean, and how that has shaped their history and culture. Finally, it will help students

understand that they can operate on a global stage and be involved in this kind of change, whether in East Africa or another part of the world, whether in global health, cultural change, education or another area of their own passion.

20. Describe activities planned before the trip to prepare students:

A. Guest Speakers -

- a. Skype Session with Fatma Said Ahmed. Fatma lives in Zanzibar and works closely with several non-profit organizations. She has extensive connections on the island, and has agreed to serve as our tour guide for the duration of our trip.
- b. Q+A sessions with past trip participants and chaperones

B. Films -

- a. Several videos from Coaches Across Continents website.

C. Readings

- a. Project Briefings / Descriptions from Coaches Across Continents.
- b. Blog from Meghan Hayes, Holy Cross student who lived and worked on Zanzibar studying sports and women's health.

21. Describe activities planned after the trip to wrap-up/reflect:

We will work to coordinate with the Sagamore for a possible article or use of social media during and after the event. We will also hold an X block info session during Fall 2019 so that students and staff may learn more about the trip and our takeaways.

ACCESSIBILITY AND STUDENT SAFETY:

22. To what extent does the field trip group reflect the diversity of the school population? What efforts will be undertaken to ensure that, to the greatest extent possible, the participants in this field trip are representative of the school population?

Once the School Committee has approved the trip, we will make a strong and concerted effort to encourage participation from a broad spectrum of BHS students so that the group reflects the makeup of the larger student body.

This trip will have a Needs Blind admissions process whereby applications for financial aid are submitted to Town Hall separate from regular applications and will not be revealed until after selections are made. As determined by Town Hall, the financial aid process will award students a percentage of his or her trip that will be covered and we will do our best to raise funds commensurate with the determinations made.

22. What measures are planned to ensure student safety on the trip, including chaperone coverage, student behavior contracts, etc?

Enrollment in Smart Traveler Enrollment Program (STEP). This is a service of the Bureau of Consular Affairs of the U.S. Department of State that alerts the U.S. Embassy in Tanzania of our travel when we arrive in Tanzania. This is the program recommended by the U.S. Embassy in Tanzania. (<http://tanzania.usembassy.gov/emergency.html>)

Additionally, we will also call the U.S. Embassy after the trip is approved to find out any travel advisories that might exist and against before our departure. We will also consult the following website for any specific information.

http://tanzania.usembassy.gov/information_for_travelers.html

Beyond the typical measures of traveling with any student group on an overnight trip (including a behavior contract), in traveling to a country like Tanzania, there are two particular areas of focus for student safety: health and security.

Health Safety

For health safety, there are several different areas we will address before departure and others as well during our travel:

- 1) Immunizations - We have spoken with the Mt. Auburn travel clinic and they will do a briefing for students and parents, as well as provide an opportunity for students to receive any needed immunizations that they do not have. Those students who do not participate in this will be required to provide proof of visiting a travel clinic and receiving the proper immunizations and medications concerning diseases like tuberculosis, typhoid, malaria, and yellow fever. All students immunizations records must be up to date. This will also include the need for bringing medications like imodium and cipro designed to address gastrointestinal illness or distress.
- 2) Medication - Students will also be advised to bring medication for travel / motion sickness if they are prone to this, as well as medication, both over the counter and prescription, for gastrointestinal illness and possible diarrhea.
- 3) Briefings - Students and parents will attend mandatory briefing concerning travel and health and diet in a low income country. This will cover restrictions on diet, namely strong advisories to avoid certain food (anything that has not been cooked, peeled, boiled, or processed). This is particularly a concern with fruits and vegetables. Students will also be advised that food security in terms of avoiding severe allergies like those with nuts simply cannot be guaranteed. Students will also understand the challenges of water, both in

terms of safety of not using tap water for drinking or brushing teeth, but also the need to consume only bottled water or canned or bottled drinks. This caution includes any consumption of ice.

- 4) Diet - Students will be advised to bring power bars or other nutrition that is easily portable with them so that if there are days with long breaks between meals, they can avoid low blood sugar. They will also be advised to drink considerable amounts of fluid to ensure against dehydration, a common occurrence in more tropical climates. We will also purchase and have available large quantities of safe water for everyone to drink.

Security Safety

This aspect of the trip is paramount and involves understanding risks and taking focused clear steps to avoid those risks.

We are relying on local expertise with Fatma Said Ahmed and other local contacts we have on the ground. Based on past recommendations and experiences, there are several steps that we are taking.

- 1) Registering with the American Embassy in Dar es Salaam.
- 2) Registering with Smart Traveler Enrollment Program
<https://step.state.gov/STEP/Index.aspx> sponsored by the U.S. State Department which delivers updates and alerts about locations around the globe, in this case specifically Tanzania.

Finally we will follow any and all State Department advisories in the event any are issued.

23. What is the name and location of the medical facility closest to your destination?

TASAKHTAA Global Hospital, Zanzibar

Vuga Street, Stonetown, Zanzibar

<http://tasakhtaahospital.co.tz/>

Dar es Salaam - Aga Khan hospital Dar es Salaam

<http://www.agakhanhospitals.org/dar/>

In 2003, the Hospital was awarded the ISO 9001: 2000 (International Standardisation Organisation) certificate. This certification is awarded only when a hospital's clinical, diagnostic, administrative, and support services conform to the ISO standards.

Overseas Patients

Overseas patients seeking treatment at the Aga Khan Hospital, Dar es Salaam can contact the Head of Patient Care for information at:

Head of Patient Care

Tel: +255 22 211 5151/53 (ext. 5161)

Fax: +255 22 211 5904

E-mail: patientcare@akhst.org

Aga Khan Hospital, Dar es Salaam TANZANIA

Postal Address: P.O. Box 2289 Ocean Road Dar es Salaam TANZANIA

Phone +255 22 211 5151/53 Fax +255 22 211 5904

24. Will students be swimming? Yes. All students will have a signed permission slip from their parents if they wish to swim.

25. If travelling outside of the United States, please attach the appropriate Department of State notices and advisories.

As of December 2018, there were no significant warnings concerning Tanzania, except to be aware of petty theft situations and avoiding large political rallies. These are common sense warnings that would be true of any foreign travel. (For example, pick pockets are quite common on Paris Metro cars.)

<https://travel.state.gov/content/passports/en/country/tanzania.html>

We will also be monitoring this site for ongoing alerts and notices.

<http://travel.state.gov/content/passports/en/country/tanzania.html>

FUNDING:

26. What is the cost of the trip? \$3600

The projected cost is \$3600 per student. This cost includes: round trip airfare on scheduled airlines, hotel stays, transportation to and from the airport, all tourist activities most meals during the time. For a detailed budget, please refer to the budget document.

27. How will the field trip be funded?

The trip will be funded by the families of participants. As described in #28 and #29 below, we will actively engage in fundraising efforts to raise money for scholarships, and students will be encouraged to assist their family by contributing to the cost through their own work.

28. What accommodations are made for students who cannot afford the expenses of the trip? Is partial and/or full financial aid available?

Yes, financial aid will be available. We will work to raise money to be divided amongst those students who have financial need, to help ensure that all students who want to go can afford to. Further, we will work with the administration to publicize the trip through various avenues, including international service clubs, METCO, and Steps to Success, among other places.

29. If fundraisers are planned to help lower the cost of the trip for all students, please describe those plans here.

Students to write letters to their friends and family asking for donations. This strategy has proven effective in fundraising for the Sojourn to the Past trip. Additionally, we are exploring the possibility of hosting a fundraising dinner/trivia night at a local restaurant.

Other relevant information for the time in Dar es Salaam and Zanzibar 645³:

Emergency Numbers in Dar es Salaam and Zanzibar:

- Register with the U.S. Embassy - <http://tanzania.usembassy.gov/>
- U.S. Embassy Contact information
 - telephone: [255] (22) 229-4122 fax: [255] (22) 229-4721
 - email: drsacs@state.gov
 - 686 Old Bagamoyo Road, Msasani
 - P.O. Box 9123
 - Dar es Salaam Tanzania

Submitted by:

Educators: Joanne Burke-Hunter

Steph Hunt

Mark Wheeler

Signatures :

Joanne Burke-Hunter
Steph Hunt
Mark Wheeler

Date:

1/22/19

Date:

1/22/19

Date:

1/22/19

Social Studies Curr. Coordinator: Gary Shiffman

Gary Shiffman

Date:

1/22/19

Headmaster: Anthony Meyer

Signature :

Anthony Meyer

Date:

1/22/19

PROJECTED COSTS

Please see attached spreadsheet document. ESTIMATED BUDGET - see attached spreadsheet
 -- Total Cost per student - \$3600

Brookline Soccer - Zanzibar Trip		
-----	One	15 kids & 3 chaperones
Flight - to Dar	1800	32,400
Visa into Tanzania - for chaperones		300
Hotel in Zanzibar \$100/double room/night - 11 nights - 10 rooms		11,000
Transfer from airport to hotel and to airport (\$150 x 2)		300
Transport. around Zanzibar cost per day - only need 11 days)	125	1375
Meals / Food		
Breakfasts - included with hotels	0	
Lunch each day (11 days) (\$12/person)	132	2376
Dinner each day (11 days) (\$15/person)	165	2970
Water in Zanzibar (per day)	20	220
Tourism Activities - group activities	750	750
Tourism - per person activities	100	1800
Tour Guide - Fatma		400
Tips- hotel rooms, van driver etc.		400
Total Cost		52,501
Cost Per Student		3600

PROPOSED TIMELINE**APPLICATION & RECRUITMENT TIME 2018-2019**

December 2018	Teacher chaperones meet with Andrew Kimball, Global Trips coordinator, to discuss itinerary, plan budget, and prepare documents
January 2019	Proposal presented to Headmaster, Superintendent, School Committee
January 2019	Announce formally to students. Applications will be distributed and due towards the end of the month.
February 2019	Review applications. Set up interviews. Applications will include signed relevant documents so that they are prepared if the student is accepted. Accept students. Notify those families of acceptance. \$1000 deposit to secure spot. This will be used to purchase the plane tickets. Advise families on submission of documentation for visas.
March 2018	Orientation for accepted students. Evening meeting - basic information. Organizations - Pathfinder International, Coaches Across Continents, and SOS School. Scheduling of vaccination visit with Travel Clinic at Mt. Auburn Hospital. Logistics - preparations they need in terms of documentation and immunizations. Meeting with Mt. Auburn Travel Hospital
April 2018	\$1100 due to reserve hotel rooms. Total of \$2100 due
April 2018	Work with students on possible fundraising opportunities
May 2018	Skype session Fatma Said Ahmed Parent meeting to discuss the following:

	logistics of the trip, packing list and other necessary preparations (immunizations), safety measures for health (food, drinking water, etc.) Full briefing on security measures, precautions, and plans. \$900 due. Bringing total to \$3000
X Blocks in winter	Organizational Meetings: fund-raising, trip information.
June 2018	Final Parent meeting concerning trip. Final tally of fundraising so that we know how much each student will pay. Check for \$1400 (or reduced balance) due. Bringing total to \$3600 (including fundraising amounts).
July 26th	Departure for Tanzania
August 6th	Return from Tanzania