



Oh no! The Grinch is
going to steal all of
the presents
and decorations from
Whoville!
Can you help stop
him?!





How to Stop the Grinch:

You will be shown a picture of an object the Grinch is trying to steal.

Your goal is to find and count all of the hidden pictures of that object before the Grinch gets around to steal them.

When the screen changes, perform the exercise above your guess to stop the Grinch!



Get ready...here comes
the Grinch!





The Grinch is after the wreaths! How many can you find and stop him from stealing in the next picture?



How many wreaths did the Grinch try to steal?

6



Windmills



8



Overhead Punches



8

You stopped
the Grinch!



The Grinch is after the ornaments!
How many can you find and stop him
from stealing in the next picture?



How many ornaments did the Grinch try to steal?

9



Side Bends



6



Punches



9

You stopped
the Grinch!





The Grinch is after the lights! How many can you find and stop him from stealing in the next picture?



How many lights did the Grinch try to steal?

10

8



Arm Circles



Running Arms
Run in Place



IO

You stopped
the Grinch!



The Grinch is after the stockings!
How many can you find and stop him
from stealing in the next picture?

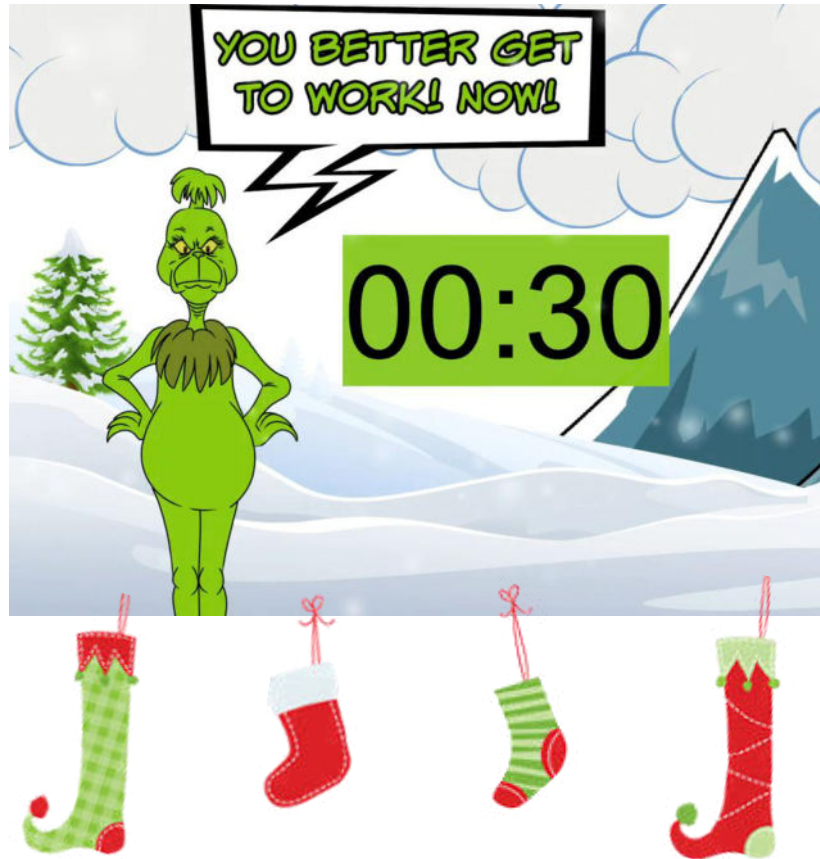


How many stockings did the Grinch try to steal?

3



Chest Openers



5



Front Stroke

5

You stopped
the Grinch!





The Grinch is after the presents! How many can you find and stop him from stealing in the next picture?



How many presents did the Grinch try to steal?

4



Bicep Curls



6



Front Arm Raises

6

You stopped
the Grinch!





The Grinch is after the food! How many can you find and stop him from stealing in the next picture?



How many cans of food did the Grinch try to steal?

3



Side Arm Raises



6



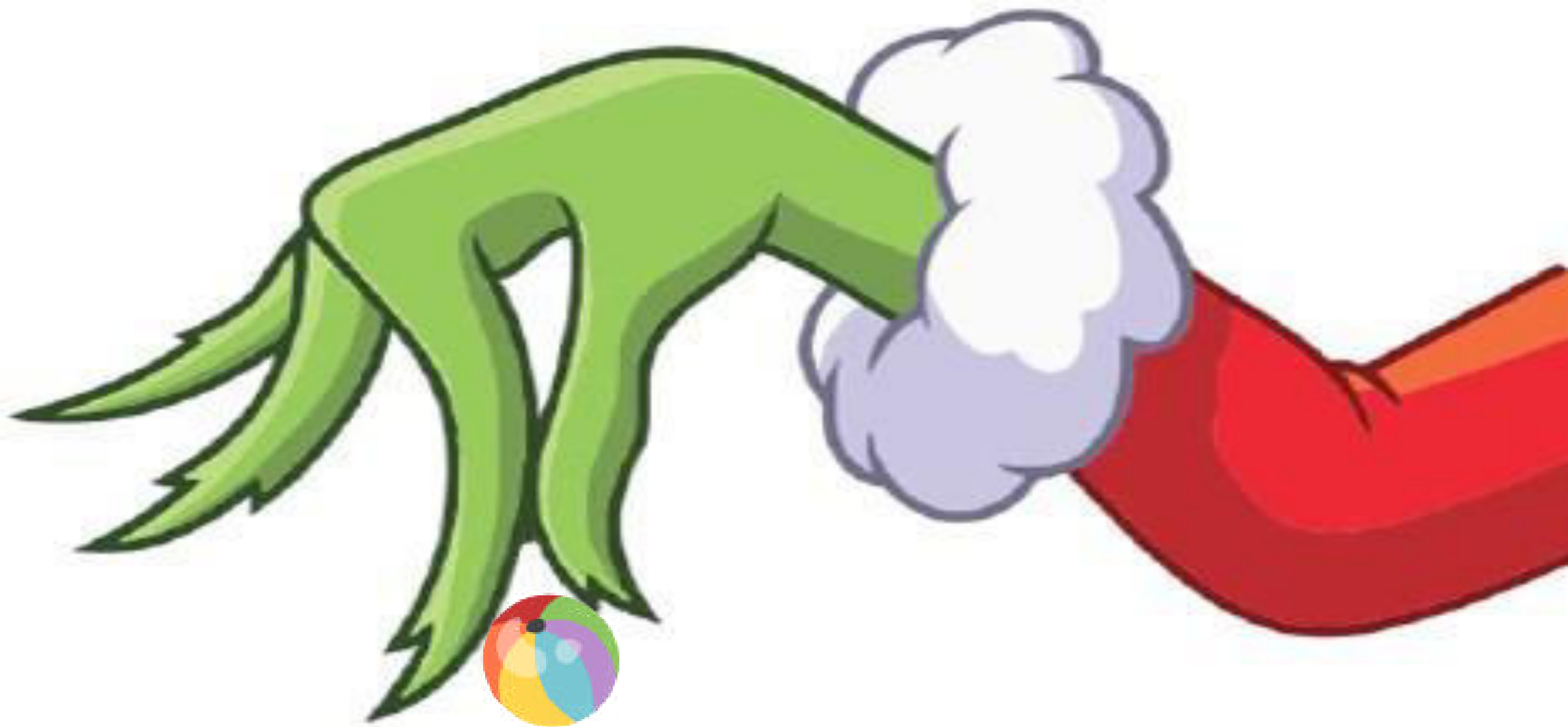
Shoulder Rolls



6

You stopped
the Grinch!





The Grinch is after the toys! How many can you find and stop him from stealing in the next picture?



How many toys did the Grinch try to steal?

5



Side Twists



6



Toe Touches



5

You stopped
the Grinch!



You have stopped
the Grinch and
helped him realize
the true meaning
of the holiday
season.
Great job!

