

NR Youth Services Spring 2022 Programming Newsletter

5th Grade Girls Group (5th grade girls) FREE

YS invites all 5th grade girls to participate in a bi-weekly group that meets every other Thursday at 3-4p. Time will be spent empowering our girls with building self-esteem, leadership skills, teamwork, tolerance, acceptance, and old/new friendships.

Please register here:

<https://www.signupgenius.com/go/60b0548ada928a2fd0-5thgrade>

EarlyAct Club (3rd-5th graders) \$10/annually

YS is thrilled to bring EarlyAct Club back! It is a bi-monthly leadership and community service club which invites students in 3rd-5th grades, from all elementary schools in North Reading to participate every other Thursday. Based on a Rotary International model, the projects and meetings focus on the values of gratitude, community, leadership, commitment, and inclusion. Sponsored by North Reading Rotary, the club meets every other Thursday (3-4p) at various locations to plan and implement a local or international humanitarian project.

Please register here: <https://www.signupgenius.com/go/60b0548ada928a2fd0-earlyact>

FREEFORM Club (middle/high school students) FREE

YS is AMPED to re-introduce the FREEFORM Club created by NRHS graduates, Maddy and Ang. All middle and high schoolers that "choose not to use" (any substances) are invited to come together and enjoy different fun activities together. Be part of the planning or just show up for the fun!!! FREEFORM Club meets every other Tuesday at 7p.

Please register here: <https://www.signupgenius.com/go/60b0548ada928a2fd0-freeform>

March event: <https://www.signupgenius.com/go/60b0548ada928a2fd0-look>

Mentoring (3rd grade and older) FREE

YS is excited to resume weekly in-person Mentoring in Spring 2022. Middle School and Elementary School Mentees will be paired with a HS Mentor that will support with homework as well as facilitate a fun activity. All Mentors will be required to attend an orientation which will include basic Trauma-Informed Care training. Mentoring meets every Wednesday in the MS/HS Media Center.

Please register here:

<https://www.signupgenius.com/go/60b0548ada928a2fd0-mentoring>

Middle School Youth Group (middle school students) FREE

YS is thrilled to offer MS Youth Group weekly on Mondays at 3:15-4:15p at the Middle School. Time will be spent working on homework, team-building challenges and socializing with peers.

Please register here: <https://www.signupgenius.com/go/60b0548ada928a2fd0-middle>

Youth Action Team - "YAT" (middle/high school students) FREE

YAT is a community youth group that is committed to highlighting the importance of healthy living and overall wellness. Our motto is Think.Speak.Act. We fall under the umbrella of the North Reading Youth Substance Use Prevention Coalition whose mission is to reduce the use of harmful substances among North Reading youth and improve the quality of life for all young people through support, education, and action. YAT meets every other Tuesday at 7p.

Please register here: <https://www.signupgenius.com/go/60b0548ada928a2fd0-youth2>

Youth Services' GameChangers (high school students) FREE

YS is psyched to offer a brand new series to high school students. It is a great opportunity for high schoolers to gain knowledge and experience as a **programming assistant** to the Director of Youth Services. Assistants will support all aspects of programming logistics including co-facilitating groups/activities with the Director. This invites youth to highlight their strengths while also developing their skills. In addition to gaining valuable resume-building skills, community service hours will be given for all hours spent on programming as well as prep time for each session.

Please register here: <https://www.signupgenius.com/go/60b0548ada928a2fd0-youth1>

Check out the NR Youth Services updates and new programming here frequently:

<https://www.northreadingma.gov/youth-services/pages/youth-services-programming>